

CURRICULUM VITAE

YOSHIE SANO

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EDUCATION

- Ph.D. 2005 Human Development and Family Sciences
 College of Health and Human Sciences
 Oregon State University, Corvallis, Oregon
- M.A. 1997 Psychology
 College of Arts and Sciences
 University of Oregon, Eugene, Oregon
- B.A. 1993 Psychology
 Faculty of Human Sciences
 Sophia University, Tokyo, Japan

RESEARCH INTERESTS

Family well-being of low-income households including family health, access to healthcare, food insecurity, economic well-being, and family relations. My primary research project is a multi-state longitudinal research project *Rural Families Speak* which examines interactions of individual, family, community, and policy contexts on the well-being of diverse rural, low-income families.

PROFESSIONAL EXPERIENCE

- 2023-present Academic Director
 College of Agricultural, Human, and Natural Resource Sciences
 Washington State University Vancouver, Washington
- 2022-2023 Interim Academic Director
 College of Agricultural, Human, and Natural Resource Sciences
 Washington State University Vancouver, Washington
- 2022-present Professor & Prevention Science Graduate Faculty
 Department of Human Development
 Washington State University Vancouver, Washington
- 2020-present Affiliate Faculty
 School of Social and Behavioral Sciences, College of Public Health & Human Sciences
 Oregon State University, Corvallis, Oregon.
- 2012-2022 Associate Professor & Prevention Science Graduate Faculty

- Department of Human Development
Washington State University, Vancouver, Washington
- 2006-2012 Assistant Professor
Department of Human Development
Washington State University Vancouver, Vancouver, Washington
- 2005-2006 Faculty Research Associate
Data analyst/manager for the *Rural Families Speak Project: A longitudinal study of rural communities and rural low-income families* funded by National Research Initiative, USDA/CSREES
Department of Human Development and Family Sciences
Oregon State University, Corvallis, Oregon
- 2005 Oregon Even Start Family Literacy Program Evaluation Consultant
Oregon Even Start Statewide Evaluation project
Department of Human Development and Family Sciences
Oregon State University, Corvallis, Oregon
- 2000-2004 Graduate Research Assistant / Data Manager
AES NC223/NC1011 Regional Research Project, *Rural Families Speak: Tracking their well-being and functioning in the context of welfare reform.*
Department of Human Development and Family Sciences
Oregon State University, Corvallis, Oregon
- 2000-2004 Graduate Research Assistant / Program Evaluation Team Member
Oregon Even Start Statewide Evaluation project
Department of Human Development and Family Sciences
Oregon State University, Corvallis, Oregon
- 1998-2000 Assistant Head Teacher / Graduate Teaching Assistant
Child Development Center
Department of Human Development and Family Sciences
Oregon State University, Corvallis, Oregon
- 1988-1989 Technical Consultant
Department of Data Bank, Japan Economic Journal, Co., LTD., Tokyo Japan.
- 1987-1988 Editorial Member
Department of Data Bank, Japan Economic Journal, Co., LTD., Tokyo, Japan.

FUNDING AWARDED

Co-Principal Investigator, *Impacts of social distancing due to COVID-19 on health behaviors.* Vancouver mini-grant, Washington State University Vancouver, 2020-2021. \$13,860. Co-principal investigators: Jane Lanigan & Linda Eddy. Washington State University Vancouver.

Principal Investigator, *Understanding rural low-income families through the patient protection and affordable care act.* Vancouver mini-grant, Washington State University Vancouver, 2016-2017. \$4,000. Co-principal investigators: Suzanne Smith.

Co-Principal Investigator, *Dissemination of core health messages: Using community based participatory research to strengthen the health of rural, low-income families*. Rural Health and Safety Education Competitive Grants Program, National Institute of Food and Agriculture, Grant number 2011-46100-31135. 2011-2013. \$250,062. Other principal Investigators: Sheila Mammen, University of Massachusetts; Bonnie Braun, University of Maryland.

Co-Principal Investigator, *Core health messages: A strategy to improve the health and well-being of rural, low-income families*. Rural Health and Safety Education Competitive Grants Program, National Institute of Food and Agriculture, Grant Number 2010-46100-21791. 2010-2012. \$349, 958. Other principal Investigators: Sheila Mammen, University of Massachusetts; Bonnie Braun, University of Maryland.

Principal Investigator, *Understanding the interplay of poverty and health among rural low-income families: Pilot data collection for Rural Families Speak phase 2*. Vancouver mini-grant, Washington State University Vancouver, 2009-20010. \$4,500.

Principal Investigator, *The role of social networks in family well-being of rural low-income families*. Vancouver mini-grant, Washington State University Vancouver, 2007-2008. \$4,000.

Research Associate, *Rural Prosperity: A longitudinal study of rural communities and rural low-income families*. National Research Initiative Competitive Grants Program, Rural development section, USDA/CSREES. Grant number 2004-35401-14938. 2004-2006. \$499,998. Principal Investigator: Dr. Jean Bauer, University of Minnesota.

GRANTS APPLIED BUT NOT FUNDED

Co-Principal Investigator, *A causal AI framework for understanding environmental impact of human activities on disadvantaged communities*. Submitted to WSU Vancouver Faculty Collaborative Research Project Initiative. 2023-2024. Total project cost requested: \$20,000. Principal Investigator: Dr. Xinghui Zhao, Washington State University Vancouver.

Co-Principal Investigator, *Race, rurality, and resilience: Intersections among resilience, social infrastructure, and mental health outcomes in low-income White, Mexican-American, Asian, and Native families*. Submitted to National Institute of Health. 2020-2024. Total direct cost requested: \$1,613,552. Principal Investigator: Dr. Loriena Yancura, University of Hawaii.

Principal Investigator, *Increasing school success through community-based family health education in rural America*. Submitted to Spencer Foundation Midcareer Grant program. 2015-2016. Total project cost requested: \$77,545.00.

Program Evaluator, *Washington State University sustainable community project*. Children, Youth and Families at Risk (CYFAR) Sustainable Community Project. National Institute of Food and Agriculture. 2014-2019. Principal Investigators: Dr. Christopher Blodgett & Dr. Jane Lanigan. Washington State University.

Subcontract Co-Principal Investigator. *Preventing childhood obesity among rural low income families through assessing and modifying home environments*. Submitted to Rural Health and Safety Education Competitive Grants Program, National Institute of Food and Agriculture. 2011-2012. Principal Investigator, Dr. Kimberly Greder; Co-Principal investigators Dr. Michelle Ihmels, Dr. Greg Welk, Dr. Amy Welch, Iowa State University. Subcontract Principal Investigator: Dr. Jane Lanigan, Washington State University.

PUBLICATIONS

Professional Articles, Published, Refereed:

- Weaver, R. **Sano, Y.**, Lanigan, J., Parker, L., Eddy, L. Power, T., & Houghten, M. (2023). Perceived changes in social connectedness across the life course: A mixed method approach. *International Journal of Aging and Human Development*, 96(2), 201-218.
<https://doi.org/10.1177/00914150221077955>
- Routh, B., Feeney, S., Wiles, B., Intagliata, M., Cancel-Tirado, D., Conteras, D., Pylate, L., **Sano, Y.**, & Greder, K. (2003). Resilient rural food access. *Journal of Nutrition Education and Behavior*, 55(7), 5.
<https://doi.org/10.1016/j.jneb.2023.05.013>
- Sano, Y.**, & Mammen, S. (2022)*. Mitigating the impact of the Coronavirus pandemic on rural low-income families. *Journal of Family and Economic Issues*. 43, 227-238. doi:10.1007/s10834-021-09800-5.
(*Identified as a promotion article of the journal).
- Jackson, A., **Sano, Y.**, Parker, L., Cox, A.E., Lanigan, J. (2022). Intuitive eating and dietary intake. *Eating Behaviors*, 45. <https://doi.org/10.1016/j.eatbeh.2022.101606>
- Jackson, A.M., Cox, A.E., **Sano, Y.**, Parker, L., Lanigan, J. Body image and eating behaviors: A latent profile analysis. (2022) *Body Image*. 41, 396-406. <https://doi.org/10.1016/j.bodyim.2022.04.013>
- Jackson, L. A., **Sano, Y.**, Cox, A. E., Lee, S. Y., Lanigan, J. (2022). Communication about food and nutrition in the parent-child dyad. *American Journal of Health Promotion*.
<https://doi.org/10.1177/08901171221087221>
- Jackson, L. A., Parker, L., **Sano, Y.**, Cox, A. E., & Lanigan, J. (2022). Associations between body image, eating behavior, and diet quality. *Nutrition and Health*. <https://doi.org/10.1177/02601060221090696>
- Sano, Y.**, Mammen, S., & Houghten, M. (2021)*. Well-being and stability among low-income families: A 10-year review of research. *Journal of Family and Economic Issues*, 42(2), 395. 10.1007/s10834-020-09746-0 (*Invited to contribute with peer-review process; Originally published in 2020 but changed to 2021 due to a copyright issue.)
- Weaver, R. H., Jackson, A., Lanigan, J., Power, T. G., Anderson, A., Cox, A. E., Eddy, L., Parker, L., **Sano, Y.** & Weybright. (2021). Health behaviors at the onset of the COVID-19 pandemic. *American Journal of Health Behavior*, 45(1), 44-61.
- Sano, Y.**, Bolkan, C. R., & Mammen, S. (2020). Maternal depression and family health context: Tracking depression trajectories of rural, low-income mothers. *Journal of Family Social Work*, 23(3), 293-312. doi: 10.1080/10522158.2019.1709244
- Sano, Y.**, Greder, K., Mammen, S. (2020). Development of food security messages with rural, low-income mothers. Submitted to *The Forum for Family and Consumer Issues*. 23(1).
<https://www.theforumjournal.org/2021/03/01/development-of-food-security-messages-with-rural-low-income-mothers/>
- Yancura, L., Barnett, M., **Sano, Y.**, & Mammen, S. (2020). Context matters: Critical grandparent contributions to low-income rural families. *Child & Family Social Work*, 25(2), 267-276.
<https://doi.org/10.1111/cfs.12682>
- Sano, Y.**, Routh, B., & Lanigan, J. (2019). Food parenting practices in rural poverty context. *Appetite*, 135(1), 115-122. doi: [10.1016/j.appet.2018.11.024](https://doi.org/10.1016/j.appet.2018.11.024)

- Mammen, S., **Sano, Y.**, Braun, B., & Maring, E.F. (2019). Shaping core health messages: Rural, low-income mothers speak through participatory action research. *Health Communication*, 32(10), 1141-1149.
- Sano, Y.**, Mammen, S., & Oliver, B. (2018). Food insecurity among rural, low-income families. *Family Science Review*, 22(1), 26-38.
- Mammen, S., & **Sano, Y.** (2018). Rural, low-income families and their well-being: Findings from 20 years of research. *Family Science Review*, 22(1).
- Dyk, P. D., Radunovich, H., **Sano, Y.** (2018). Health challenges faced by rural, low-income families: Insights into health disparities. *Family Science Review*, 22(1), 54-69.
- Cancel-Tirado, D., Feeney, S., Washburn, I. Greder, K., & **Sano, Y.** (2018). Health, wellbeing, and healthcare access in rural communities: Comparing Latino and non-Latino white low-income families. *Family & Community Health*, 41(2):73-82 doi: 10.1097/FCH.0000000000000193
- Sano, Y.**, Greder, K., & Mammen, S. (2017). Relationship between rural, low-income mothers' health literacy and depressive symptoms in the family context. *Medical Research Archives*, 5(1). doi: <http://dx.doi.org/10.18103/mra.v5i1.948>
- Barnett, M. A., Yancura, L., Wilmoth, J., & **Sano, Y.** (2016). Wellbeing among rural grandfamilies in two multigenerational household structures. *GrandFamilies: The Contemporary Journal of Research, Practice and Policy*, 3(1). Available at: <http://scholarworks.wmich.edu/grandfamilies/vol3/iss1/4>
- Manoogian, M. M., Jurich, J., **Sano, Y.**, & Ko Ju-Lien. (2015). "My kids are more important than money:" Parenting expectations and commitment among Appalachian, low-income mothers. *Journal of Family Issues*. 36(3), 326-350. doi: 10.1177/0192513X13490402.
- Tabatabaei-Moghaddam, H., **Sano, Y.**, & Mammen, S. (2014). A case study in creating oral health messages for rural low-income families: A comparison to the Cultural Appropriateness (CA) framework. *Health Promotion and Practice*, 15(5). doi: 10.1177/1524839914533567.
- Jeong, Y. J., Zvonkovic, A. M., **Sano, Y.** & Acock, A. C. (2013). The occurrence and frequency of overnight job travel in the US. *Work, Employment, and Society*, 27(1). 138-152. doi:10.1177/0950017012460328
- Mammen, S., & **Sano, Y.** (2012). Gaining access to economically marginalized rural populations: Lessons learned from non-probability sampling. *Rural Sociology*, 77(3), 462-482. doi: 10.1111/j.1549-0831.2012.00083.x
- Sano, Y.**, Manoogian, M., & Ontai, L. (2012). "The kids still come first:" Creating family stability during partnership instability in rural, low-income families. *Journal of Family Issues*, 33, 942-965. doi: 10.1177/0192513X11430820
- Sano, Y.**, Smith, S. R., & Lanigan, J. (2011). Predicting presence and level of nonresident fathers' involvement in infants' lives: Mothers' perspective. *Journal of Divorce and Remarriage*, 52, 350-368. doi: 10.1080/10502556.2011.586613
- Sano, Y.**, & Manoogian, M. (2011). "I wanted a fresh start from where I was:" Rural low-income women's experiences of multiple partnership transitions. *Michigan Family Review*, 15(1), 1-15. <http://quod.lib.umich.edu/cgi/p/pod/dod-idx?c=mfr;idno=4919087.0015.101>

- Sano, Y.**, Garasky, S., Greder, K., Cook, C.C., & Browder, D. E. (2011). Understanding food security among Latino immigrant families in rural America. *Journal of Family and Economic Issues*, 32(1), 111-123. doi: 10.1007/s10834-010-9219-y
- Sano, Y.**, Katras, M. J., Lee, J., Bauer, J., & Berry, A. (2010). Working toward sustained employment: A closer look on intermittent employment of rural low-income mothers. *Families in Society: The Journal of Contemporary Social Services*, 91(4), 342-349. doi: 10.1606/1044-3894.4039
- Bolkan, C. R., **Sano, Y.**, De Costa, J. L., Acock, A. C., & Day, R. D. (2010). Early adolescents' perceptions of mothers' and fathers' parenting styles and problem behavior. *Marriage and Family Review*, 46, 563-579. doi: 10.1080/01494929.2010.543040
- Greder, K., **Sano, Y.**, Cook, C. C., Garasky, S., Ortiz, L. & Ontai, L. (2009). Understanding the relationship between transnationalism and the housing and health risks of rural Latino immigrant families. *Family and Consumer Sciences Research Journal*, 38(2), 186-207. doi: 10.1111/j.1552-3934.2009.00020.x
- Sano, Y.**, Richards, L. N., & Zvonkovic, A. M. (2008). Are mothers really “gatekeepers” of children?: Rural mothers' perception of nonresident father's involvement in Low-Income Families. *Journal of Family Issues*, 29, 1701-1723. doi:10.1177/0192513X08321543
- Sano, Y.**, Dolan, E. M., Richards, L. N., Bauer, J., & Braun, B. (2008). Employment patterns, family resources, and perception: Examining depressive symptoms among rural low-income mothers. *Journal of Rural Community Psychology*. E11 (1).
- Ontai, L., **Sano, Y.**, Pong, H. N., Conger, K. (2008). Low-income rural mothers' perceptions of parent confidence: Role of family health problems and partner status. *Family Relations*, 57, 324-334. doi: 10.1111/j.1741-3729.2008.00503.x
- Berry, A., Katras, M. J., **Sano, Y.**, Lee, J., & Bauer, J. (2008). Job volatility of rural low-income mothers: Mixed method approach. *Journal of Family and Economic Issue*, 29, 5-22. doi: 10.1007/s10834-007-9096-1

Professional Articles Published, Non-Refereed:

- Yancura, L., Barnett, M., Pylate, L., **Sano, Y.**, Routh, B., & Contreras, D. (2022). *Helping rural families navigate conflict*. *NCFR Network*. 35(2), 10-11.
- Porter, N. & **Sano, Y.** (2009). Father involvement in Japanese families. *NCFR Report Family Focus*. 54(1), F13, F15.
- Sano, Y.** (2006). Single-mother families and social welfare in Japan. *NCFR Report Family Focus*, 51(1), F9-F11.

Encyclopedia Entries Published, Non-Refereed:

- Greder, K., & **Sano, Y.** (2011). Health seeking behavior in families. In M. J. Craft-Rosenberg & S. R. Pehler (Eds.) *Encyclopedia of family health* (pp.2:595-597). Thousand Oaks, CA: Sage.
- Acock, A. C., & **Sano, Y.** (2003). Research: Methodology. In Ponzetti, J. (ed.) *International encyclopedia of marriage and family*, 2nd Ed. (pp. 1331-1337). NY: Macmillan.

Book Chapters Published:

- Sano, Y.**, Berry, A., & Sneed, C. T. (2004). Extension's role in addressing child, youth, and family well-being in rural communities. In M. R. de Guzman, & H. Hatton-Bowers (Eds.) *Extension Education and the Social Sciences*. New York, NY: Cambridge University Press.
- Berry, A., **Sano, Y.**, Katras, M. J., Lee, J. (2014) Staying-at-home: Cases of rural low-income mothers. In. E. R. Boyd & G. Letherby (Eds.). *Stay at home mothers: An international perspective*. Bradford, ON, Canada: Pemeter Press.
- Sano, Y.** & Yasumoto, S. (2014). Policy responses to population declining society: Development and challenges of family policies in Japan. In M. Robila (Ed.). *Family policies across the globe*. (pp. 319-331.) New York, NY: Springer Publishing.
- Sano, Y.**, Richards, L. N., & Lee, J. (2011). Invisible barriers to employment: Mental and behavioral health problems that hinder self-sufficiency. In J. W. Bauer & E. M. Dolan (Eds). *Rural mothers and work: Contexts and problems*. (pp. 77-98.) New York, NY: Springer Publishing.
- Sano, Y.** & Richards, L. N. (2011). Physical health and economic well-being: The rural perspective. In J. W. Bauer & E. M. Dolan (Eds). *Rural mothers and work: Contexts and problems*. (pp. 99-116). New York, NY: Springer Publishing.
- Greder, K., Cook, C., Garasky, S., **Sano, Y.**, & Randall, B. (2009). Rural Latino immigrant families: Hunger, housing, and economic well-being. In R. L. Dalla, J. DeFrain, J. Johnson, & D. A. Abbott (Eds.) *Strengths and challenges of new immigrant families: Implications for research, policy, education and service*. (pp. 345-368). Lanham, MD: Lexington Books.
- Sano, Y.** (2005). The unanticipated consequences of promoting father involvement: A feminist perspective. In V. L. Bengtson, A. C. Acock, K. R. Allen, P. Dilworth-Anderson, & D. M. Klein (Eds.) *Sourcebook of family theory & research*. (pp. 355-356). Thousand Oaks, CA: Sage.

Articles in Research Proceedings, Refereed:

- Bauer, J. W., Son, S., Lee J., Katras, M. J., **Sano, Y.**, & Berry, A. A. (2009). Challenges with employment: Trajectories and supportive environments. *Consumer Interest Annual*, 55, 80-82.
http://www.consumerinterests.org/images/CIA_2009_Final.pdf
- Sano, Y.**, Dolan, E. M., Richards, L. N., Bauer, J., & Braun, B. (2008). Employment patterns, family resources, and perception: Examining depressive symptoms among rural low-income mothers (Abstract). *Consumer Interest Annual*, 54, 164-165.
<http://www.consumerinterests.org/files/public/55.SanoDolanRichardsBauerBraun.pdf>
- Cook, C., Bentzinger, A., Greder, K., Garasky, S., **Sano, Y.**, Ontai, L., & Browder, D. (2008). The road to homeownership: Examining housing histories among recent Latino immigrants. *Proceedings of the 2008 Annual Conference of the Housing Education and Research Association*, Indianapolis, IN.
- Sano, Y.**, & Acock, A. C. (2005). Predicting presence and level of nonresident fathers' involvement. *Proceedings of the 35th Annual Theory Construction and Research Methodology Workshop of the National Council on Family Relations*, Phoenix, AZ.
- Jeong, Y., Zvonkovic, A. M., **Sano, Y.**, & Acock, A. (2005). Gender and work-related travel: Understanding the absence and the frequency of job travel. *Proceedings of the 35th Annual Theory Construction and Research Methodology Workshop of the National Council on Family Relations*, Phoenix, AZ.

Dolan, E. M., Richards, L. N., **Sano, Y.**, Bauer, J., & Braun, B. (2005). Linkages between employment patterns and depression over time: The case of low-income rural mothers. *Consumer Interest Annual*, 51, 225-229. <http://www.consumerinterests.org/i4a/pages/Index.cfm?pageid=4043>

Technical Reports, Non-Refereed:

Mammen, S. & **Sano, Y.** (2013). *Rural Families Speak about Health: Basebook*. Technical report prepared for the Rural Families Speak about Health project team.

Bauer, J. W., Katras, M. J., Lee, J., **Sano, Y.**, Richards, L., Swanson, J., & Seiling S. (2007). *Rural prosperity: A longitudinal study of rural communities and rural low-income families*. Technical report prepared for the USDA, National Research Initiative Cooperative Grant Program (NRICGP).

Richards, L. N., **Sano, Y.**, & Merrill, M. (2004). *Expansion in a time of challenge. Outcome evaluation of Oregon's 2002/2003 Even Start programs*. Technical report prepared for the Oregon Even Start Programs and Department of Community Colleges & Workforce Development, Oregon Department of Education. Corvallis, OR: College of Home Economics and Education, Oregon State University.

Richards, L. N., Merrill, M., & **Sano, Y.** (2003). *A year of expansion: Outcome for 2001/2002 Even Start programs in Oregon*. Technical report prepared for the Oregon Even Start Programs and Department of Community Colleges & Workforce Development, Oregon Department of Education. Corvallis, OR: College of Home Economics and Education, Oregon State University.

Richards, L. N., **Sano, Y.**, & Guyer, A. (2002). *Looking forward, looking back: Outcomes of Oregon's 2000/2001 Even Start programs*. Technical report prepared for the Oregon Even Start Programs and Department of Community Colleges & Workforce Development, Oregon Department of Education. Corvallis, OR: College of Home Economics and Education, Oregon State University.

Richards, L. N., **Sano, Y.**, & Corson, C. (2001). *A foundation for the future: Outcomes of Oregon's 1999/2000 Even Start programs*. Technical report prepared for the Oregon Even Start Programs and Department of Community Colleges & Workforce Development, Oregon Department of Education. Corvallis, OR: College of Home Economics and Education, Oregon State University.

Richards, L. N., Merrill, M., Corson, C., **Sano, Y.**, Graham, N., & Weber, P. (2000). *After we say goodbye: A follow-up of Oregon's Even Start families*. Technical report prepared for the Office of Community Colleges and Work Force Development, Oregon Department of Education. Corvallis, OR: College of Home Economics and Education, Oregon State University.

PRESENTATIONS

International / National: Refereed:

2024

Radunovich, H., Fenton, M., Ontai, L. & **Sano, Y.** (June, 2024). *How do level of maternal depressive symptoms relate to the behavioral functioning of rural, low-income children, and does parenting alliance moderate the relationship?* Paper presentation at the XXV World Congress of the International Federation for Home Economics (IFHE), Galway, Ireland.

Sano, Y., Big Eagle, T., Morris, J., Arreola, H. E., & Dyke, P. H. (November, 2024). *Resilience and empowerment in context of rural health challenges*. Paper presentation at the annual meeting of National Council on Family Relations, Bellevue, WA.

Routh, B., Pylate, L. B. P., **Sano, Y.**, Dyk, P. H., & Ontai, L. (November, 2024). *Family resilience, food insecurity, and life events in the past year*. Paper presentation at the annual meeting of National Council on Family Relations, Bellevue, WA.

Dyk, P., Chandler, K., Greder, K., & **Sano, Y.** (November, 2024). *Rural, low-income families speak about resilience*. Poster presentation at the annual meeting of National Council on Family Relations, Bellevue, WA.

2023

Routh, B., Feeney, S., Wiles, B., Intagliata, M., Cancel-Tirado, D., Conteras, D., Pylate, L., **Sano, Y.**, & Greder, K. (July, 2023). *Resilient rural food access*. Poster presentation at the annual meeting of Society for Nutrition Education and Behavior, Washington DC.

Big Eagle, T., Arreola, H., Morris, J., & **Sano, Y.** (October, 2023). *Empowering Latinx mothers: Confronting healthcare barriers in rural communities*. Poster presentation at the annual meeting of SACNAS National Diversity in STEM conference, Portland, OR.

Sano, Y. Big Eagle, T., Morris, J. Arreola, H., & Dyk, P. (November, 2023). *Remember this, our favorite town: Agency and access to healthcare in rural communities*. Remote paper presentation at the annual meeting of National Council on Family Relations, Orlando, FL

Wiles, B., Dyke, P., Pylate, L., & **Sano, Y.** (November 2023). *I See the states across this big nation: Policy implications for conducting multi-state, rural community research among 17 land-grant universities*. Virtual poster presentation at the annual meeting of National Council on Family Relations, Orlando, FL

Chandler, K. D., Lombardo, C. J., Dyk, P. H., Greder, K. A., **Sano, Y.** (November, 2023). *Rural, low-income families' resilience across time and place*. Poster presentation at the annual meeting of National Council on Family Relations, Orlando, FL

2022

Kaur, P., Big Eagle, T. R., Morris, J., & **Sano Y.** (April, 2022). *Healthcare inequities in rural America*. Oral presentation at the annual meeting of Northwest Council on Family Relations. Virtual conference.

Big Eagle, **Sano, Y.**, Arreola, H., Morris, J., & Kaur, P. (October, 2022). *"We do what we have to make do": Agency and access to healthcare in rural communities*. Oral presentation at the annual meeting of Co-Occurring Disorders and Treatment conference, Yakima, WA.

Sano, Y., Berry, A., & Sneed, C. (November, 2022). *Extension's Role in promoting food security and nutrition in rural communities*. Paper presentation at the annual meeting of National Council on Family Relations, Minneapolis, MN.

2021

Weaver, R. H., **Sano, Y.**, Eddy, L., Lanigan, J., Parker, L. & Power, T. G. (May, 2021). *Exploring social connectedness during COVID-19: Differences by developmental age groups*. Paper symposium at the annual meeting of the Society for Prevention Research. Virtual conference.

Jackson, A., **Sano, Y.**, Parker, L., Cox, A.E., Lanigan, J. (June, 2021) *Intuitive eating and diet intake in US adults*. Pre-recorded oral presentation at the International Society for Behavioral Nutrition and Physical Activity virtual conference.

Jackson, A., Parker, L., **Sano, Y.**, Cox, A.E., Lanigan, J. (June, 2021) *Adaptive eating behaviors support improved diet quality*. Pre-recorded oral presentation at the International Society for Behavioral Nutrition and Physical Activity virtual conference.

Jackson, A., Cox, A.E., **Sano, Y.**, Parker, L., Monsivais, P., Lanigan, J. (June, 2021) *Body image and dietary behaviors: A latent profile analysis*. Pre-recorded oral presentation at the International Conference on Eating Disorders virtual conference.

Sano, Y., Ward, C., Houghten, M., Dyk, P. H., & Radunovich, H. (November, 2021). *Navigating health care challenges in rural communities*. Interactive paper presentation at the annual meeting of National Council on Family Relations. Virtual conference.

2020

Dyk, P., Radunovich, H., **Sano, Y.**, Berry, A., & Counts, K. (February, 2020). *Challenges accessing healthcare: Insights from rural low-income mothers*. Presented at the annual meeting of Southern Rural Sociological Association, Louisville, KY.

Houghten, M., **Sano, Y.**, Ward, C., & Dyke, P. (August, 2020, Accepted but not presented)*. *“I just wasn’t getting the help that I needed”*: Health management and coordination among rural low-income families within the context of healthcare reform. Rural Sociological Society, Westminster, Colorado. [*Conference canceled due to Coronavirus global pandemic]

Sano, Y., Greder, K., & Mammen, S. (August, 2020. Accepted but not presented)*. *Development and evaluation of food security messages with rural, low-income mothers*. Paper presentation at the annual meeting of American Evaluation Association [*Changed to online only conference due to Coronavirus global pandemic. Not presented due to reduced size of presentation].

Sano, Y., Greder, K., Mammen, S., & Bao, J. (November, 2020)*. *Health understanding and health outcomes among rural, low-income mothers*. Poster presentation at the annual meeting of National Council on Family Relations [*Changed to online only conference due to Coronavirus global pandemic].

2019

Jackson, A., Cox, A., **Sano, Y.**, Lee, S., Lanigan, J. (June, 2019). *The influence of parent perceived health on food parenting practices used in parents with young children*. International Society for Behavioral Nutrition and Physical Activity Conference. Prague, CZ.

Jackson, A., Cox, A., **Sano, Y.**, Lee, S., Lanigan, J. (June, 2019). *Communication about food and nutrition within the parent-young child dyad*. International Society for Behavioral Nutrition and Physical Activity Conference. Prague, CZ.

Dyk, P., Radunovich, H., **Sano, Y.**, & Berry, A. (August, 2019). *Accessibility of healthcare: Perceptions of rural low-income mothers*. Paper presented at the annual meeting of the Rural Sociological Society. Richmond, VA.

Sano, Y., Greder, K., & Mammen, S. (November, 2019). *Development of food security messages with rural, low-income mothers*. Paper presentation at the annual meeting of National Council on Family Relations, Fort Worth, TX.

Barrett-Rivera, B. C., Chandler, K. D., & **Sano, Y.**, Smith, S., & Bird, C. (November, 2019). *Duel or dance? Rural, low-income mothers’ experiences managing work and family time*. Poster presentation at the annual meeting of National Council on Family Relations, Fort Worth, TX.

Wiles, B. B., Ferraro, A. J., Piper, J. L., Radunovich, H. L. Dyk, P. & **Sano, Y.** (November, 2019). *The experiences, orientation, and beliefs of rural, low-income mothers' health insurance and health care access and use*. Poster presentation at the annual meeting of National Council on Family Relations, Fort Worth, TX.

2018

Chandler, K., Barrett-Rivera, B., **Sano, Y.**, Smith, S., & Bird C. (July, 2018). *A duel or a dance? Rural, low-income mothers' experiences managing work and family time*. Paper presented at the annual meeting of the Rural Sociological Society conference, Portland, OR.

Radunovich, H., Wiles, B., Dyk, P., **Sano, Y.**, Smith, S., Berry, A., Ferraro, A., & Piper, J. (August, 2018). *Rural mothers' understanding of the Affordable Care Act and implications for health and mental health*. Presentation at the National Association for Rural Mental Health 44th annual conference, New Orleans, LA.

Sano, Y. Yancura, L., & Ontai, L. (November, 2018). *Promoting family resilience in rural communities*. Presented at the annual meeting of National Council on Family Relations, San Diego, CA.

Dyk, P., Radunovich, H., & **Sano, Y.** (November, 2018). *Rural low-income families' health challenges: health disparities insights*. Poster presented at the annual meeting of National Council on Family Relations, San Diego, CA.

2017

Davis, L., Cancel-Tirado, D., Feeney, S., **Sano, Y.**, & Greder, K. (October, 2017). *Addressing child care deserts in Oregon: Eliminating upstream barriers to promoting maternal and child well-being*. Presented at the annual conference of the Oregon Public Health Association conference, Corvallis, OR.

Sano, Y., Routh, B., & Lanigan, J. (November, 2017). *Understanding the food environment of rural low-income families*. Poster presented at the annual meeting of the National Council on Family Relations, Orlando, FL.

Cancel-Tirado, D., Feeney, S., Washburn, I., **Sano, Y.**, & Greder, K. (November, 2017). *Rural Latino and non-Latino White families' health outcomes and healthcare access*. Poster presented at the annual meeting of the National Council on Family Relations, Orlando, FL.

2016

Sano, Y. & Mammen, S. (June, 2016). *A strategy to improve the health and well-being of rural, low-income families*. Poster presentation at the annual meeting of the Society for Prevention Science, San Francisco, CA.

Sano, Y., Mammen, S., & Greder, K. (November, 2016). *Degree of privation among rural Hispanic families*. Poster presentation at the annual meeting of the National Council on Family Relations, Minneapolis, MN.

Greder, K., Routh, B., Mammen, S., & **Sano, Y.** (November, 2016). *The effects of rural low-income mothers' understanding of health information on obesogenic behaviors and mothers' body weight*. National Council on Family Relations, Minneapolis, MN.

2015

Sano, Y., McGuire, J., Greder, K., & Greer, B. (November 2015). *Food insecurity, family environment and child health outcomes of rural families*. Poster symposium at the annual meeting of the National Council on Family Relations, Vancouver, B.C.

Mammen, S., Berry, A., Bird, C., Burney, J. & **Sano, Y.** (November 2015). *Empowering marginalized rural families through health security*. Poster symposium at the annual meeting of the National Council on Family Relations, Vancouver, B.C.

Ontai, L., Hollis, N., Barnett, M. Greder, K., McGuire, J., Radunovich, H., & **Sano, Y.** (November 2015). *Psycho-social risk and hilec obesity in low-income, rural families*. Paper presentation at the annual meeting of the National Council on Family Relations, Vancouver, B.C.

Routh, B., Greder, K., Katras, M. J., **Sano, Y.** & De Alvarez, S. (April, 2015). *Rural low-income mothers using the internet for health information*. Paper presentation at the annual Rural Multiracial and Multicultural Health Conference, Philadelphia, PA.

2014

Greder, K., **Sano, Y.**, Mammen, S., & Doudna, K. (November, 2014). *Relationships between health and rural low-income mothers' internet use*. Poster symposium at the annual meeting of the National Council on Family Relations, Baltimore, MD.

Yasumoto, S., & **Sano, Y.** (August, 2014). *Recreating the meaning of masculinity: A content analysis of letters written by Japanese working fathers*. Paper presentation at the annual meeting on the American Sociological Association, San Francisco, CA.

2013

Yasumoto, S. & **Sano, Y.** (October, 2013). *Balancing the "father" and the "worker": A content analysis of letters written by fathers who took a parental leave*. Paper presented at the annual meeting on the Ethnographies of Hope in Contemporary Japan. Osaka, Japan.

Sano, Y. Gibbs, L., & Vaughn, L. (April, 2013). *Family environment during meal time in rural low-income families*. Poster presentation at the annual meeting on the American Council for Consumer Interests, Portland, OR.

Yancura, L. A., Ontai, L., & **Sano, Y.** (March, 2013). *Effects of family structure on food, nutrition, and physical activity in the rural families speak about health project*. Paper presentation at the International Conference on Health, Wellness and Society, Sao Paulo, Brazil.

2012

Reina, A., DeSlowing, F. R., Greder, K., & **Sano, Y.** (November, 2012). *Core health messages: A strategy to improve the health and well-being of rural low-income families*. Poster presentation at the annual meeting of the National Council on family Relations, Phoenix, AZ.

Greder, K. **Sano, Y.**, & Mammen, S. (April, 2012). *Link between health status, health literacy and Internet use among rural low-income mothers*. Paper presentation at the 15th annual Priester National Extension Health Conference, Washington, D.C.

Yasumoto, S., & **Sano, Y.** (March, 2012). *Recreating cultural discourse of masculinity: Japanese fathers who took a parental leave*. Paper presentation at the annual conference of Association of Asian Studies, Toronto, Canada.

2011

Sano, Y. & Manoogian, M. (2011, November). *Rural low-income women's experiences of multiple partnership transitions*. Poster presentation at the annual meeting of the National Council on Family Relations, Orlando, FL.

Lee, J., Richards, L. N., & **Sano, Y.** (2011, November). *Physical and mental health as a barrier to employment*. Paper presentation at the annual meeting of the National Council on family Relations, Orlando, FL.

Holman, E., Oswald, R., Greder, K., **Sano, Y.**, & Mammen, S. (2011, November). *Social support and financial stress: Moderators between poverty & well-being*. Poster presentation at the annual meeting of the National Council on family Relations, Orlando, FL.

Braun, B., Maring, E. F., Mammen, S., **Sano, Y.**, & Aldoory, L. (2011, October). *Exploring oral health literacy messages among rural, low-income mothers*. Paper presentation at the American Public Health Association's (APHA) 139th Annual Meeting and Exposition, Washington D. C.

Greder, K., Young, S., & **Sano, Y.** (2011, July). *Factors related to the prevalence of health insurance and health issues among rural, low-income Mexican families in the United States*. Poster presentation at the biennial meeting of Asian Consumer & Family Economics Association, Seoul, Korea.

2010

Sano, Y., & Richards, L. N. (2010, November). *Invisible barriers to work: Mental and behavioral health problems in context of employment*. Paper presented at the annual meeting of the National Council on Family Relations, Minneapolis, MN.

Zvonkovic, A., Kostina-Ritchey, R. E., & **Sano, Y.** (2010, November). *Fathers who travel for work: Constructing father involvement intermittently*. Paper presented at the annual meeting of the National Council on Family Relations, Minneapolis, MN.

2009

Sano, Y., Manoogian, M. M., & Ontai, L. (2009, November). *Creating stability in fragile partnerships in rural low-income families*. Poster presented at the annual meeting of the National Council on Family Relations, San Francisco, CA.

Bauer, J. W., Son, S, Lee, J., Katras, M. J., **Sano, Y.**, Berry, A., &. (2009, July). *Challenges with intermittent employment: Trajectories and supportive environments*. Paper presented at the annual meeting of American Agricultural Economics Association & American Council on Consumer Interest joint conference, Milwaukee, WI.

Sano, Y. (2009, April). *The role of social networks in nonresident fathers*. Paper presented at the biennial meeting of the Society for Research in Child Development, Denver, CO.

2008

Sano, Y., Katras, M. J., Lee, J., Bauer, J, Berry, A. (2008, November). *Struggle for stable employment: Examination of mothers with intermittent employment*. Paper presented at the annual meeting of the National Council on Family Relations, Little Rock, AR

Berry, A., Katras, M. J., **Sano, Y.**, Lee, J., & Bauer, J. (2008, November). *Job volatility of rural low-income mothers: How policy can make a difference?*. Paper presented at the annual meeting of the National Council on Family Relations, Little Rock, AR

Cook, C., Bentzinger, A., Greder, K., Garasky, S., **Sano, Y.**, Ontai, L., & Browder, D. (2008, October). *The road to homeownership: Examining housing histories among recent Latino immigrants*. Paper presented at the annual conference of the Housing Education and Research Association, Indianapolis, IN.

Sano, Y., Dolan, E. M., Richards, L. N., Bauer, J., & Braun, B. (2008, July). *Employment patterns, family resources, and perception: Examining depressive symptoms among rural low-income mothers*. Poster presented at the annual meeting of American Agricultural Economics Association & American Council on Consumer Interest joint conference, Orlando, FL.

2007

Sano, Y., Ontai, L., & Pong, H. (2007, November). *Health and parent confidence in single and coresident low-income, rural mothers*. Paper presented at the annual meeting of the National Council on Family Relations, Pittsburgh, PA.

Sano, Y. (2007, August). *The role of social support systems and nonresident fathers' involvement*. In a sociology of family roundtable. Paper presented at the annual meeting of the American Sociological Association, New York, NY.

Pong, H., Ontai, L., Varcoe, K., & **Sano, Y.** (2007, March). *Life skills as a resilient factor for parenting in low-income rural families*. Poster presented at the biennial meeting of the Society for Research in Child Development, Boston, MA.

2006

Greder, K., **Sano, Y.**, Cook, C., & Garasky, S. (2006, November). *Rural Latino families: Hunger and housing*. Paper presented at the annual meeting of the National Council on Family Relations, Minneapolis, MN.

Cook, C., Greder, K., Garasky, S., **Sano, Y.**, & Randall, B.. (2006, October). *Housing hardship and food insecurity: Understanding the circumstances of rural Latinos*. Paper presented at the annual meeting of the Housing Education and Research Association, Ithaca, NY.

Taylor, A., **Sano, Y.**, Manoogian, M., & Feeney, S. (2006, August). *Is marriage important for relationship longevity?: Factors predicting long term stable relationships in rural low income families*. Poster presented at the annual meeting of the American Psychological Association, New Orleans, LA.

2005

Sano, Y., & Acock, A. C. (2005, November). *Predicting presence and level of nonresident fathers' involvement*. Presented at the annual meeting of the Theory Construction and Research Methodology Workshop of the National Council on Family Relations, Phoenix, AZ.

Jeong, Y., Zvonkovic, A. M., **Sano, Y.**, & Acock, A. (2005, November). *Gender and work-related travel. Understanding the absence and the frequency of job travel*. Presented at the annual meeting of the Theory Construction and Research Methodology Workshop of the National Council on Family Relations, Phoenix, AZ.

Sano, Y. (2005, September). *Methodological considerations in social science: Report from the United States*. Presented at a round table at the annual meeting of the Japanese Society for Family Sociology, Matsue, Shimane, Japan.

Dolan, E. M., Richards, L. N., **Sano, Y.**, Bauer, J., & Braun, B. (2005, April). *Linkages between employment patterns and depression over time: The case of low-income rural mothers*. Paper presented at the annual meeting of the American Council on Consumer Interests, Columbus, OH.

Pong, H. Ontai-Grzebik, L., & **Sano, Y.** (2005, April). *Predictors of parental efficacy in single parent low-income rural families*. Poster presented at the biennial meeting of the Society for Research in Child Development, Atlanta, GA.

2004

Sano, Y., & Richards, L. N. (2004, November). *Women around fathers: The role of social support systems in promoting father-child interaction after separation*. Paper presented at the annual meeting of the National Council on Family Relations, Orlando, FL.

Sano, Y. (2004, March). *The role of nonresident fathers on early adolescents' depression*. Poster presented at the annual meeting of the Japanese Society of Developmental Psychology, Tokyo, Japan.

2003

Sano, Y., & Richards, L. N. (2003, November). *Are mothers really gatekeepers of children?: Mothers' perception of nonresident fathers' involvement after separation*. Paper presented at the annual meeting of the National Council on Family Relations, Vancouver, BC.

Sano, Y. (2003, June). *Single mother families and social welfare in Japan*. Poster presented at the International Women's Policy Research Conference, Washington, DC.

Moon, E., **Sano, Y.**, & Matsumoto, M. (2003, June). *U.S. militarism and women in East Asia*. Poster presented at the International Women's Policy Research Conference, Washington, DC.

Sano, Y. (2003, March). *The influence of maternal employment on children: Comparison of Japan and the United States*. Poster presented at the annual meeting of the Japanese Society of Developmental Psychology, Kobe, Japan.

2001

Richards, L. N., Merrill, M., Corson, C., **Sano, Y.**, Graham, N., & Weber, P. (2001, November). *After we say goodbye: A follow-up of Oregon's Even Start families*. Paper presented at the annual meeting of the National Council on Family Relations, Rochester, NY.

Regional/State: Refereed:

Sykalo, C., & **Sano, Y.** (April, 2015). Cultural effects on family nutrition and health. Poster presentation at the annual meeting on the Northwest Council on Family Relations. Portland, OR.

Fellows, T., & **Sano, Y.** (April, 2014). The impact of mothers' perceptions on family health management. Poster presentation at the annual meeting on the Northwest Council on Family Relations. Portland, OR.

Tabatabaei-Moghaddam, H. & **Sano, Y.** (April 2013). Oral health communication: Creating culturally appropriate messages for rural communities. Oral presentation at the annual meeting on the Northwest Council on Family Relations. Portland, OR.

Sano, Y., Manoogian, M. M., & Ontai, L. (2010, March). *Creating stability in fragile partnerships in rural low-income families*. Poster presented at the biennial meeting of the Northwest Council on Family Relations, Vancouver, WA.

Jeong, Y., Zvonkovic, A. M., **Sano, Y.**, & Acock, A. (2006, June). *Impact of gender on work-related travel*. Paper presented at the Northwest Council on Family Relations, Calgary, Alberta.

Richards, L. N., **Sano, Y.**, & Merrill, M. (2005, April). *A longitudinal look at family well-being in rural low-income Latino families in three states*. Presented at the Western Poverty Research Conference, Logan, UT.

Sano, Y. (2003, May). *Protecting mothers and children: Custodial mothers' perception of nonresident fathers' involvement after divorce*. Presented at the annual Graduate Students Conference, Corvallis, OR.

Sano, Y. (2003, April). *Intersection of gender and culture: Comparison of adolescents' ideologies in Japan and the United States*. Presented at the annual conference of the Gender and Culture, Corvallis, OR.

Sano, Y., Corson, C., & Richards, L. N. (2002, June). *Health, well-being and financial self-sufficiency of low-income families in the context of a family literacy program*. Paper presented at the biennial meeting of the Northwest Council on Family Relations, Vancouver, BC.

USDA "Rural Families Speak" annual research review meeting: Non-refereed:

Sano, Y., Greder, K., Cook, C., & Garasky, S. (2006, October). *Rural Latino immigrant families: Hunger, housing, and economic well-being*. Rural Families Speak annual meeting, Lexington, KY.

Berry, A., Katras, M. J., **Sano, Y.**, Bauer, J., & Lee, J. (2006, October). *Job volatility of rural low-income mothers: Mixed method approach*. Rural Families Speak annual meeting, Lexington, KY.

Pong, H. N., Ontai, L., Vercoe, K., & **Sano, Y.** (2006, October). *Differential influence of social supports on parenting for single vs. partnered low-income rural mothers*. Rural Families Speak annual meeting, Lexington, KY.

Ontai-Grzebik, L., **Sano, Y.**, & Pong, H. N. (2005, October). *Development of analytical models of Health risk, single-motherhood, and parental efficacy in rural low-income families*. Rural Families Speak annual meeting, Portland, OR.

Invited Presentations

Klein, K., **Sano, Y.**, Hill, C. & Weaver, R. C.* (2024, January). *Organizing your research: A professional development discussion*. Prevention Science Colloquium. Washington State University. (*by the order of presentations).

Big Eagle, T. & **Sano, Y.** (2023, November). *Breaking Barriers: Bridging the Healthcare Divide for Rural Low-Income Families*. Human Development Coffee & Conversations. Washington State University Vancouver.

Sano, Y. (2021, June). How can health messaging work within rural communities? Presented at the *Relying on Rural Resilience: Translating 20+ years of research into practice*. Webinar.

Sano, Y. (2020, November). *Rural families speak projects: Overview of longitudinal, multi-state research efforts*. Presentation at Latino Workshop, Washington State University.

Sano, Y. (2020, February). *Rural families speak about health*. Poster presentation at WSU Vancouver Celebration of 30 Years of Research and Community Partnership, Vancouver, Washington.

Sano, Y. (2019, June). *Food insecurity on college campuses*. Presentation at Student Affairs and Enrollment Staff meeting, Washington State University Vancouver.

Sano, Y. (2019, May). *Family meal environment in context of food insecurity in rural communities*. Webinar presentation at Youth and Family Unit Zoom meeting, Washington State University Extension.

- Sano, Y.** (2016, November). *Maternal depression and family comorbidity*. Human Development Colloquium. Washington State University Vancouver.
- Tabatabaei-Moghaddam, H., & **Sano, Y.** (March, 2013). *Oral health communications: Creating culturally appropriate messages for rural communities*. Human Development Colloquium. Washington State University Vancouver.
- Sano, Y.** (2011, November). Panelist. In J. W. Bauer & E. M. Dolan (Chairs). *Policies that facilitate rural, low-income families' ability to work*. Symposium conducted at the annual meeting of the National Council on Family Relations, Orlando, FL.
- Sano, Y.** (2010, January). *Rural families speak about health: Interactions of individual, family, and community on the mental and physical health of low-income families*. Poster presented at the Washington State University Vancouver Regents meeting. Washington State University Vancouver, Vancouver, WA.
- Sano, Y.** (2009, May). *Understanding food insecurity of Latino immigrant families in rural America*. Presented in a webinar: Examining the well-being of rural Mexican immigrant mothers: A look at food security, housing, and depression. Iowa State University Extension.
- Sano, Y.** (2008, March). *Rural Families Speak projects*. KON Colloquium. Washington State University Vancouver.
- Sano, Y.** (2005, November). Panelist. In A. Zvonkovic (Chair). *Builders of theory: Theorizing as students and new professionals*. Student/New Professional & Research and Theory Session. Symposium conducted at the annual meeting of the Theory Construction and Research Methodology Workshop of the National Council of Family Relations, Phoenix, AZ.
- Sano, Y.** (2004, March). *Personal experience of medical systems in the United States*. In *The Future of Community Health Care*. Presented at the Ibaraki Medical Association, Tsuchiura, Ibaraki, Japan.

ACADEMIC ADVISING & MENTORING / STUDENT SUPERVISION

Washington State University

Mentoring Committee Chair for Tenure and Promotion

- Amy Salazar, (Chair, 2022-present). Associate Professor, Department of Human Development (Vancouver Campus).
- Caitlin Bletscher, (Chair, 2019-2022). Scholarly Assistant Professor, Department of Human Development (Vancouver Campus).
- Kristine Munholland, (Chair, 2016-2018). Clinical Assistant Professor, Department of Human Development (Vancouver Campus).

Mentoring Committee Member for Tenure and Promotion

- Minxi Cheng (Member, 2023-present). Scholarly Assistant Professor, Department of Human Development (Pullman Campus).
- Tanja Burkhard, (Member, 2022-2023). Assistant Professor, Department of Human Development (Vancouver Campus).
- Jennifer Duckworth, (Member, 2020-present). Assistant Professor, Department of Human Development (Pullman Campus).

Robby Cooper, (Member, 2020-present). Scholarly Associate Professor, Department of Human Development (Pullman Campus).

Sammy Perone, (Member, 2019-2020). Assistant Professor, Department of Human Development (Pullman Campus).

Amy Salazar, (Member, 2017-2018). Assistant Professor, Department of Human Development (Vancouver Campus).

Robby Cooper, (Member, 2016-2017). Clinical Assistant Professor, Department of Human Development (Pullman Campus).

Dissertation Major Advisor

Michael Williams (Co-Chair, 2022-2024; Chair, 2020-2022). Ph.D. candidate in Prevention Science, Department of Human Development (Vancouver Campus).

Myah Houghten (2016-2024). Ph.D. in Prevention Science, Department of Human Development (Spokane Campus). Dissertation title: “*Community risk and protective characteristics associated with early academic achievement.*”

Dissertation Committee Member

In Progress:

Michael Williams (2024-present). Ph.D. candidate in Prevention Science, Department of Human Development (Vancouver Campus).

Sara Mills (2024-present). Ph.D. student in Prevention Science, Department of Human Development (Vancouver Campus).

Bryony Stokes (2023-present). Ph.D. student in Prevention Science, Department of Human Development (Pullman Campus).

Sooyoun Park (2023-present). Ph.D. student in Prevention Science, Department of Human Development (Vancouver Campus).

Tosha Big Eagle (2022-present). Ph.D. student in Prevention Science, Department of Human Development (Vancouver Campus).

Brenda Barrett-Rivera (2020-present). Ph.D. Candidate in Human Development and Family Studies, Oregon State University. Dissertation title: “*Family resilience across place and process: An examination of low-income rural families’ housing strategies.*”

Completed:

Meenakshi Richardson (2023-2024). Ph.D. in Prevention Science, Department of Human Development (Vancouver Campus). Dissertation title: “*Caregiving and Cultural Connectedness: Community Perspectives of the Urban Indigenous Experience.*”

Alexandra Malia Jackson (2017-2021). Ph.D. in Prevention Science, Department of Human Development (Vancouver Campus). Dissertation title: “*Body image, eating behaviors, and dietary intake in adults.*”

Karina Silva Garcia (2016-2020). Ph.D. in Prevention Science, Department of Human Development (Pullman Campus). Dissertation title: “*The impact of a parent education program for helping mothers help their children cope with stress on children’s coping and adjustment.*”

Yadira Olivera (2015-2017). Ph.D. in Prevention Science, Department of Human Development (Pullman Campus). Dissertation title: “*Preliminary evaluation of a program to help low-income Latina mothers help their children cope with stress: A mixed method approach.*”

Master’s Thesis Committee Member

Hana Nishikawa. (2011-2013). M.A. in Human Development, Department of Human Development (Pullman Campus). Thesis title: *“Intercultural marriage: Parenting and communication.”*

Lana Ione Wood. (2009-2012). M.A. in Human Development, Department of Human Development (Pullman Campus). Thesis title: *“Religiosity and heteronormativity: Parent-Adolescent communication about sex and sexual identity.”*

Wendy Ewest. (2009-2010). M.A. in Human Development, Department of Human Development (Pullman Campus). Thesis title: *“Economic pressure and support among economically disadvantaged mothers of Mexican descent: An examination by marital and generational status.”*

Amy Nicole Dyer. (2007-2009). M.A. in Human Development, Department of Human Development (Pullman Campus). Thesis title: *“Family structure, couple processes, and child physical abuse.”*

Undergraduate Research Supervisor

Haili Arreola (2022-2023). Undergraduate student in Human Development. Enrolled in HD485 participation in human development research. Project title: *“Access to healthcare in rural low-income communities.”*

- Presented at the Co-Occurring Disorder & Treatment Washington, October, 2022
- Presented at the Vancouver Research Showcase, April, 2023.

Parminder Kaur (2021-2022). Undergraduate student in Biology. Enrolled in HD485 Participation in human development research. Project title: *“Access to healthcare in rural low-income communities.”*

- Applied for and awarded funding through the *WSU Vancouver Undergraduate Research Fellows Award*.
- Presented at the Vancouver Research Showcase, April, 2022.
- Presented at the Northwest Council on Family Relations, April, 2022.
- Presented at the Co-Occurring Disorder & Treatment Washington, October, 2022

Tosha Big Eagle (2021-2022). Undergraduate student in Human Development. Enrolled in HD485 Participation in human development research. Project title: *“Access to healthcare in rural low-income communities.”*

- Applied for and awarded funding through the *WSU Vancouver Undergraduate Research Fellows Award*.
- Presented at the Vancouver Research Showcase, April, 2022.
- Presented at the Northwest Council on Family Relations, April, 2022.

Jillian Morris (2021-2022). Undergraduate student in Human Development. Enrolled in HD485 Participation in human development research. Project title: *“Access to healthcare in rural low-income communities.”*

- Presented at the Vancouver Research Showcase, April, 2022.
- Presented at the Northwest Council on Family Relations, April, 2022.
- Presented at the Co-Occurring Disorder & Treatment Washington, October, 2022

Chelsea Ward (2020-2021). Undergraduate student in Human Development. Enrolled in HD485 Participation in human development research & HD499 Independent study. Project title: *“Family health management and coordination among rural, low-income families”*.

- Earned an *Exceptional Undergraduate in Prevention Science Research Award*.
- Presented at the Vancouver Research Showcase, April, 2021.

Shara Parker (2018). Undergraduate student in Human Development. Enrolled in HD485 Participation in human development research. Project title: *“Family health in context of Affordable Care Act”*.

Christine Sykalo (2014-2015). Honor student, University Scholars and Honors Program. Enrolled in Honors 450 & HD485 Participation in human development research. Project title: “*Slavic families speak about health.*”

- Applied for and awarded funding through the *University Scholar Program Research Award*.
- Earned 1st place for poster presentation in the Undergraduate Students Category at the Vancouver Research Showcase, April, 2015.
- Earned 1st place at the annual meeting on the Northwest Council on Family Relations. Portland, OR.

Tamicka Fellows. (2013-2014). Undergraduate student in Human Development. Enrolled in HD485 Participation in human development research. Project title: “*The impact of mothers’ perceptions on family health management.*”

- Applied for and awarded funding through the *Human Development Undergraduate Research Award*.
- Earned 2nd place at the annual meeting on the Northwest Council on Family Relations. Portland, OR.

Jody Guerra. (2012). Undergraduate student in Human Development. Enrolled in HD485 Participation in human development research. Project title: “*Health beliefs and behaviors of rural, Hispanic mothers.*”

Leslee Gibbs. (2011). Undergraduate student in Human Development. Enrolled in HD485 Participation in human development research. Project title: “*Understanding childhood obesity and family environment among rural low-income households.*”

- Applied for and awarded funding through the *College of Agricultural, Human, & Natural Resource Sciences Undergraduate Research & Creative Project*.

Lorrie Vaughn. (2011). Undergraduate student in Human Development. Enrolled in HD485 Participation in human development research. Project title: “*Understanding childhood obesity and family environment among rural low-income households.*”

- Applied for and awarded funding through the *College of Agricultural, Human, & Natural Resource Sciences Undergraduate Research & Creative Project*.

Rebecca Bawal. (2011). Undergraduate student in Human Development. Enrolled in HD485 Participation in human development research. Project title: “*Core health messages: Examining the effectiveness of the messages on low-income mothers in rural Washington.*”

- Earned 1st place for poster presentation in the Undergraduate Students Category at the Vancouver Research Showcase, April, 2011.

Jocelyn Glessing. (2010-2011). Undergraduate student in Human Development. Enrolled in HD485 Participation in human development research. Project title: *Core health messages: Examining the effectiveness of the messages on low-income mothers in rural Washington.*”

- Applied for and awarded funding through the *College of Agricultural, Human, & Natural Resource Sciences Undergraduate Research & Creative Project*.
- Earned 2nd place for poster presentation in the Human Sciences Category at the CAHNRS Undergraduate Research and Creative Project Poster Fair, April, 2011.

Richelle Ellison. (2009-2010). Undergraduate student in Human Development. Enrolled in HD485 Participation in human development research. Project title: “*Breaking the cycle of poverty and poor health: Identifying factors that improve health status of rural low-income families.*”

- Applied for and awarded funding through the *College of Agricultural, Human, & Natural Resource Sciences Undergraduate Research & Creative Project*.
- Presented a research poster at the CAHNRS Undergraduate Research and Creative Project Poster Fair, April, 2010.

Karen Furnanz. (2008-2009). Undergraduate student in Human Development. Enrolled in HD485 Participation in human development research. Project title: “*Building emergent literacy in young children: A collaborative study with Fort Vancouver Regional Library.*”

- Applied for and awarded funding through the *College of Agricultural, Human, & Natural Resource Sciences Undergraduate Research & Creative Project.*
- Presented a research poster at the CAHNRS Undergraduate Research and Creative Project Poster Fair, April, 2009.

Karen Weber. (2008-2009). Undergraduate student in Human Development. Enrolled in HD485 Participation in human development research. Project title: “*Child support trajectories of rural low-income mothers.*”

Tamra Lafrazia. (2008). Undergraduate student in Human Development. Enrolled in HD485 Participation in human development research. Project title: “*Effects of military deployment on families.*”

Undergraduate Internship Supervisor

Logan Binder. (2011, Summer). Undergraduate student in Human Development. Enrolled in HD499 Special problems. Press intern for Washington Senator Patty Murray in Washington, D.C.

Undergraduate Academic Adviser/Mentor

Advising 20~25 undergraduate students per semester (2006-2012). Department of Human Development.

Oregon State University

Supervisor

Supervised 5 graduate and 32 undergraduate students’ research initiatives.

Honors Thesis Committee Member

James M. Tatum. (2005-2006). Honors College, Oregon State University. Thesis title: “*Comparing the health and healthcare needs of poor rural Hispanics and non-Hispanic Whites.*”

Internship Supervisor

Yu Jin Jeong. (2005). Ph.D. candidate in Human Development and Family Sciences, Department of Human Development and Family Sciences, Oregon State University.

TEACHING EXPERIENCE

Washington State University Vancouver: 2006-present

Graduate Courses Taught

Human Development 513	Research Methods in Human Development (Co-instructor)
Human Development 550	Family Relationships

Undergraduate Courses Taught

Human Development 101	Life Span Approach to Human Development
Human Development 200	Introduction to the Field of Human Development
Human Development 220	Human Development Theories
Human Development 306	Child Development

Human Development 310	Research Approaches to Human Development
Human Development 320	Family Resource Management
Human Development 384	Prevention and Intervention
Human Development 403	Families in Poverty
Human Development 410	Public Policy Issues Impacting Families and Individuals
Human Development 485	Participation in Human Development Research
Human Development 487	Special Topics—Human Development in Action: Research and Outreach

Guest Lectures

Honors 301	University Scholars Lecture Series
Human Development 101	Life Span Approach to Human Development
Human Development 200	Introduction to the Field of Human Development (in-person & podcast)
Human Development 220	Human Development theories
Human Development 302	Parent-Child Relationship
Human Development 350	Diversity in Contemporary Families
Human Development 360	Death and Dying
Human Development 403	Families in Poverty
Human Development 487	HD in Action: Research and Outreach
Human Development 586	Prevention Science Proseminar
Family Social Science 8106	Families from an Economic Perspective Guest lecture via Skype at University of Minnesota

Course Development

Nursing 500-level	Individual/Family Systems in Nursing and Healthcare This advanced-level course explores theories, research methodologies, and key topics related to individual and family systems within the context of nursing and healthcare. The proposed course is currently under review by the Faculty Senate for approval.
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Oregon State University: 2000-2005

Courses Taught

Human Development and Family Sciences 221	Infant and Child Development
Human Development and Family Sciences 447	Families and Poverty
Women's Studies 199	U.S. Militarism and Women in East Asia
Women's Studies 402	Women and Global Economy

Guest Lecturer

Human Development and Family Sciences 211	Infant and Child Development
Human Development and Family Sciences 341	Family Development
Human Development and Family Sciences 432	Children with Special Needs
Human Development and Family Sciences 471	World Consumer
Human Development and Family Sciences 546	Theories of Family Studies

Teaching Assistant

Human Development and Family Sciences 211	Infant and Child Development
Human Development and Family Sciences 432	Children with Special Needs

University of Oregon: 1996-1997

Teaching Assistant

Psychology 385 Developmental Psychology

PROFESSIONAL ACTIVITIES**Grant Reviewer: National**

Grant review panelist. (2022, January-March). USDA NIFA 1890 Institution Teaching, Research and Extension Capacity Building Grants (CBG) Program.

Grant reviewer. (2021, April-May). Reducing Inequality Program. William T Grant Foundation.

Grant review panelist. (2021, January). USDA NIFA 1890 Institution Teaching, Research and Extension Capacity Building Grants (CBG) Program.

Grant review panelist. (2019, August). USDA NIFA 1890 Institution Teaching, Research and Extension Capacity Building Grants (CBG) Program.

Grant review panelist. (2018, August). USDA NIFA 1890 Institution Teaching, Research and Extension Capacity Building Grants (CBG) Program.

Grant review panelist. (2017, September). USDA NIFA 1890 Institution Teaching, Research and Extension Capacity Building Grants (CBG) Program.

Grant review panelist. (2015, July). USDA NIFA 1890 Institution Teaching, Research and Extension Capacity Building Grants (CBG) Program.

Grant Reviewer: Washington State University

Grant review panelist (2017, March). New Faculty Seed Grant Competition.

Editorship

Co-editor, Family Science Review (2018, Volume 22, Issue 1). Rural, low-income families and their well-being: Findings from 20 years of research.

Professional Service: National and Regional

Editorial Board Member. (2013-present).
Journal of Family and Economic Issues

External Reviewer for Tenure and Promotion (2019-2023)

Tenure and Promotion to the rank of Associate Professor for Dr. Christopher Sneed. Department of Family and Consumer Sciences, The University of Tennessee, Knoxville, TN. (2023).

Promotion to the rank of Scholarly Associate Professor for Dr. Benjamin McCamish. School of Engineering and Computer Science, Washington State University, Vancouver, WA. (2023).

Tenure and Promotion to the rank of Associate Professor for Dr. Leslie Frankel. Department of Psychological, Health, & Learning Sciences, University of Houston. Houston, TX. (2020)

Tenure and Promotion to the rank of Associate Professor for Dr. Heather Wallace, Human Development Specialist, University of Tennessee Institute of Agriculture/Knoxville. (2019)

Service to National Council on Family Relations

Elected Position, Inclusion and Diversity Committee Member-at-Large (2023-present)

Award Committee Member.

Rueben Hill Award (2012-2013)

Jessie Bernard Proposal Award (2006). Feminist and Family Studies section

Affiliate Secretary/Treasurer. (2005-2011). Northwest Council on Family Relations

Service to national research collaboration: Rural Families Speak

[NC1171 USDA multi-state longitudinal research project, *Rural Families Speak about Health &*

NC1171 USDA multi-state longitudinal research project, *Rural Families Speak about Resilience*]

Webinar Facilitator (2021-2023)

“*Relying on Rural Resilience: Translating 20+ years of research into practice*”

Ex-Officio Member (2016-2018).

Chair. (2014-2016).

Renewal Committee Member. (2013; 2017-2019, 2022-2023).

Executive Officer & Co-Chair of Data Management. (2008-2012).

Symposium Organizer: National

Organizer. (2015, November). Influence of risk and resilience factors on rural low-income family health. Family and Health section. National Council on Family Relations national conference, Vancouver, B.C.

Co-organizer. (2010, November). *Low-income rural families speak about health*. Family Policy Section. National Council on Family Relations national conference, Minneapolis, MN.

Organizer. (2009, November). *Exploring the complexity of family relationships in low-income families*. Family Policy Section. National Council on Family Relations national conference, San Francisco, CA.

Organizer. (2008, November). *Low-income rural mothers: How can policy support labor force participation in rural communities?*. Family Policy Section. National Council on Family Relations national conference, Little Rock, AR.

Organizer. (2008, November). *Lenses on resiliency: Asian female professors turning their struggles into empowerment*. Ethnic Minorities Section. National Council on Family Relations national conference, Little Rock, AR.

Co-organizer. (2007, November). *Health and rural, low-income families*. Family and Health section. National Council on Family Relations national conference, Pittsburgh, PA.

Ad-Hoc Reviewer

Ad-hoc reviewer. (2012-present). *Journal of Family and Economic Issues*.

Ad-hoc reviewer. (2010-present). *Journal of Family Issues*.

Ad-hoc reviewer. (2003-present). *Journal of Marriage and Family*.

Ad-hoc reviewer. (2014-present). *Journal of Rural Mental Health*.

Ad-hoc reviewer. (2023-present). *Marriage and Family Review*.

UNIVERSITY, CAMPUS, AND COMMUNITY SERVICE

University Service: Washington State University (Pullman and Vancouver)

- Chair. (2024-2025). School of Economic Sciences Career-Track Teaching Assistant Professor Faculty Search.
- Member. (2024). Administrative Professional Technical Award Committee. College of Agricultural, Human, and Natural Resource Sciences.
- Member. (2023-2024). CAHNRS Strategic Planning Committee. College of Agricultural, Human, and Natural Resource Sciences.
- Member. (2023-2024). Sahlin Faculty Excellence Award for Leadership Advisory Committee.
- Chair. (2017-2022). Hatch Umbrella Project, Health & Wellness group. College of Agricultural, Human, and Natural Resource Sciences.
- Member. (2020-2022). Prevention Science Steering committee.
 - Lead Member, Assessment sub-committee (2021-2022)
 - Member, Assessment sub-committee (2020-2021).

Campus Service: Washington State University Vancouver

- Academic Leadership Council (2022-present)
- Campus Council (2022-present)
- Campus Scholarship Committee (2010-2013, 2018, 2020-2022).
- Children's Center Selection Committee (2022-2023)
- College of Agriculture, Human, and Natural Resource Sciences & College of Education
 - Administrative Assistant search committee member (2024)
- Diversity Council Committee (2007-2009; 2012-2015).
 - Faculty and Staff Recruitment and Retention sub-committee (2007-2008).
 - Search Committee for Diversity Council Fellow (2007-2008).
- Equity Analytics Strategist Search Committee (2023)
- Faculty Organization of Executive Committee (2008-2012).
 - International Faculty and Faculty of Color Professional Development Symposium Funded by Vancouver Diversity mini-grant
 - Symposium Organizer (2007-2008).
- Research Advisory Committee (2019-2022)
- Research Showcase Steering Committee (2010-2011; 2013-2015).
- Staff Excellence Nomination Committee (2014-2016)
- Student Club Advisor (2010-2015).
 - Paddles and Cues: Student Ping Pong Club
- Research Showcase Judge (2015, 2018)

Departmental Service: Washington State University (Pullman and Vancouver)

- Annual Review Advisory Committee (2018-2020; 2022-present)
- Award/Recognition Committee (Co-chair, 2017-present)
- Benchmark Committee Member (2006-2013).
 - Maintaining and enhancing a curriculum and program based on life-span development
 - Research and scholarly activity improvement.
- Human Development Diversity Committee (Multi-campus) (2007-2008).
- Pullman Career-Track Faculty Search (2021-2022)
 - Early Childhood Education Assistant Professor
 - Internship Assistant Professor
 - General Assistant Professor
- Pullman Faculty Search Committee Member (2013-2014)

Pullman Indigenous Health Justice Faculty Search (2021-2022)
 Strategic Planning Committee (2014; 2022-present)
 Three Manuscript Dissertation Option ad-hoc committee (2018-2019)
 UCORE Renewal Committee (2021-2022). Renewal of HD403 Family in Poverty
 Undergraduate Curriculum Visionary Committee Member (2011)
 Undergraduate Curriculum Visionary sub-Committee Member (2019-2020)
 Lifespan option
 Family services option
 Vancouver Tenure-Track Faculty Search Committee (2013-2014; 2014-2015; 2019-2020)

Other Campus Service: Oregon State University

Volunteer, Poverty Simulations (2000-2006).
 Extension Family and Community Development, Oregon State University.
 Co-Organizer, HDFS 605, Graduate Professional Development Workshop. (2003, Winter).
 Human Development and Family Sciences, Oregon State University.

AWARDS AND HONORS

2023 Winner, President's Awards for Leadership, Washington State University
 2022 Elected, Inclusion and Diversity Committee Member-at-Large. National Council on Family Relations
 2022 (Feb.) Winner, CAHNRS Land Grant Mission Award, Washington State university.
 2022 (Feb.) Identified as a promotion article of Journal of Family and Economic Issues. Article was distributed among journalists:
 Sano, Y., & Mammen, S. (2022). Mitigating the impact of the Coronavirus pandemic on rural low-income families. *Journal of Family and Economic Issues*.
 2020 (Dec.) Featured in "WSU Insider". Identified as top 22 of the most-viewed on-line research stories featured on the WSU newsletters.
 2020 (Aug.) Recipient, the 83rd Annual Conference Travel Award, Rural Sociological Society, Westminster, Colorado (August) [Conference canceled due to Coronavirus global pandemic].
 2015 (Mar.) Nominee, Chancellor's Award for Research Excellence, Washington State University Vancouver.
 2014 (Mar.) Nominee, Women of Distinction/Woman of the Year Awards, Women's Resource Center, Washington State University
 2013 (Apr.) First Place, Best Poster Award, Annual Conference of American Council on Consumer Interests, Portland, OR.
 2009 (June) Best Article Award in Housing, Interior Design & Equipment section. American Association of Family and Consumer Sciences.
 2008 (July) Finalist, Best Poster Award, Joint Annual Conference of American Agricultural Economics Association & American Council on Consumer Interests, Orlando, FL.
 2005 (Nov.) Faculty Travel Award, HDFS, Oregon State University.
 2005 (Apr.) Faculty Travel Award, HDFS, Oregon State University.
 2004-2005 Thayer Raymond Fellowship, Oregon State University.
 2003-2004 Thayer Raymond Fellowship, Oregon State University.
 2003 Pugh Scholarship Award, Oregon State University.
 2002-2003 Arthur E. Gravatt Fellowship, Oregon State University.
 2002 Fragile Families Summer Data Workshop Fellowship, Ford Foundation.
 2001-2002 Thayer Raymond Fellowship, Oregon State University.
 2000-2001 Wood/Foster Fellowship, Oregon State University.
 1999-2000 Nominee, Oregon Sports Lottery Scholarship, Oregon State University.

1999-2000 Betty E. Hawthorne Award, Oregon State University.

1996-1997 Kenneth S. Ghent Scholarship, University of Oregon.

1994-1995 Rotary Foundation Ambassadorial Scholarship, Rotary International Foundation.

PROFESSIONAL AFFILIATIONS

Japanese Society of Family Sociology

National Council on Family Relations

Northwest Council on Family Relations

Society for Prevention Research

Additional information available upon request.