

## CURRICULUM VITAE

### CORY BOLKAN

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#### EDUCATION

Ph.D. 2006            Human Development & Family Sciences  
College of Health & Human Sciences  
Oregon State University, Corvallis, Oregon

M.S. 2003            Human Development & Family Sciences  
College of Health & Human Sciences  
Oregon State University, Corvallis, Oregon

B.A. 1999            Psychology; Spanish  
College of Arts & Sciences  
University of Virginia, Charlottesville, VA

#### PROFESSIONAL EXPERIENCE

2015 – Present      **Associate Professor**  
Department of Human Development  
Washington State University Vancouver, Vancouver, Washington

2008 – Present      **Assistant Professor**  
Department of Human Development  
Washington State University Vancouver, Vancouver, Washington

2006 - 2008        **Postdoctoral Fellow**  
Northwest Center for Outcomes Research in Older Adults  
Health Services Research & Development Center of Excellence  
Veterans Affairs Puget Sound Health Care System, Seattle, Washington

**Investigator** with *Translating Initiatives for Depression into Effective Solutions* (TIDES) and the *Well-Being Among Veterans Enhancement Study* (WAVES) (Drs. Chaney & Rubenstein, co-PIs), multi-site VA studies of collaborative care for depression; collaborated on survey design, analysis, interpretation and presentation/publication of data from several depression-related projects.

2006 - 2008        **Research Associate**  
Department of Health Services  
School of Public Health and Community Medicine  
University of Washington, Seattle, Washington

## RESEARCH INTERESTS

My work focuses on adult development and well-being by promoting optimal physical health (e.g., preventing/managing chronic illness), mental health (e.g., addressing depression, grief), and social health (e.g., engagement with family and friends). The goals of this work are to encourage healthy behaviors across the lifespan, implement evidence-based health and social service programs for older adults, and explore how family or social relationships are risk or protective factors in health and well-being in later life.

## FUNDING AWARDED

*The Abuse of Vulnerable Older Adults by Surrogate Decision Maker Perpetrators.* Retirement Research Foundation. \$154,581. Co-PI's: **C. Bolkan** & P. Teaster (09/15/18 – 03/20/20).

*AAADSW Data Resources: Better decisions with improved results.* Contract with Area Agency on Aging & Disabilities of Southwest Washington. (2017). \$6,000. Co-PI's: R. Weaver & **C. Bolkan**

*Age-Friendly Housing Assessment.* Contract with King County/City of Seattle Human Services Department to assess current and future age-friendliness of housing. (2017). \$44,419. Co-I's: A. Gromko, B. Gaolach., S. Hoard, A. DeLaTorre, & **C. Bolkan.**

*WSU ADVANCE External Mentoring Program.* External mentorship and research collaboration on risk and protective factors for elder financial exploitation by a family member (2016). \$4,242. PI: **C. Bolkan.**

*Elder Financial Exploitation: Impact on Families.* Hatch/Multistate Project; National Institute of Food and Agriculture (2015). PI: V. Vincenti. Co-I's: A. Betz, **C. Bolkan**, K., Goebel, C. Jaspas, D. Ruduhle, B. Steinman, M. Sturm, & P. Teaster.

*Technology to Support Aging in Place (TSAP) TeleHealth Monitoring Pilot Project.* Area Agency on Aging and Disabilities of Southwest Washington (2015). \$82,120. Co-PI: T. Waltz & **C. Bolkan.** (09/01/15-04/01/16).

*Community Needs Assessment of Southwest Washington: A Focus on Low-Income and Older Adults.* Washington State University College of Agricultural, Human, & Natural Resources (CAHNRS) Research Initiative for Human Sciences RFP (2014). \$49,893. Co-PI: **C. Bolkan** & B. Mandal. (07/01/15-07/01/17).

*Redesigning Collaborative Depression Care for PTSD & Alcohol Misuse.* VA Mental Health Quality Enhancement Research Initiative (MH QUERI) RRP. \$60,100. P.I.: L. Rubenstein. Role: and Co-I.'s: **C. Bolkan**, L. Bonner, D. Campbell, E. Chaney, K. Zivin. (09/12-09/13).

*Enhanced Interdisciplinary Collaboration on Healthy Aging.* Washington State University Extension and College of Agricultural, Human, and Natural Resource Sciences Initiation of Collaboration Seed Grant. \$5,000. P.I.: **C. Bolkan.** (2/10 – 12/10).

*Facilitating Implementation Efforts for Primary Care-Based Depression Treatment through Improved Knowledge of Links Among Treatment Delivery, Patient Characteristics, Treatment Engagement and Outcomes.* VA Mental Illness, Research, Education, and Clinical Centers (MIRECC) Local Initiated Project. \$24,100. P.I.: L. Rubenstein and Co-I.'s: **C. Bolkan**, L. Bonner, D. Campbell, E. Chaney, K. Zivin. (11/10 - 06/11).

*Personality and Mental Health Across the Lifespan: A Longitudinal, Multilevel Approach.* Washington State University Vancouver Mini-Grant. \$4,600. **P.I.: C. Bolkan.** (5/10 – 5/11).

*The Relationship Between Caregiving, Possible Selves, and Depressive Symptoms*. Oregon State University College of Health & Human Sciences Pilot Grant. (6/05 – 6/06). \$19,904. P.I.: D. Coehlo, cooperator: **C. Bolkan**.

### FUNDING APPLIED FOR, BUT NOT RECEIVED

*Risk and Protective Factors Associated with Elder Financial Exploitation by a Family Member Power of Attorney*. Retirement Research Foundation. (01/17 – 01/18). \$90,000. P.I.: V. Vincenti, Co-I's: A. Betz, **C. Bolkan**, B. Steinman, & P. Teaster.

*Enhancing Family-Centered, Interprofessional Care for Persons with Multiple Chronic Conditions Involving Substance Dependence (FCC-IPE Initiative)*. Health Resources & Services Administration (HRSA). \$951,988. P.I.: L. Eddy and Co-I.'s: **C. Bolkan**, et. al.

*Implementation, Evaluation & Cost Effectiveness of a Community-Based Care Transition Model for Medicare, Medicaid, & Dual-Eligible Beneficiaries*. (2012). National Institutes of Health (NIH): Exploratory Grant Program (R21). \$275,000. P.I.: **C. Bolkan** and P.I.: B. Mandal.

*Utilization of Wearable Sensors for Human Health Behavior Change to Reduce Chronic Illnesses*. WSU Research Advancement Challenge. 2012. \$97,000. Co-P.I.'s: **C. Bolkan**, K. Peterson, T. Dang, T. Karacolak, J. Xu, W. Xue, and S. Kooienga..

*Development of a Research Registry for Older Adults with Chronic Musculoskeletal Pain*. National Institutes of Health (NIH): Small Research Grant Program (R03). 2009. \$100,000. P.I.: J. Garafalo, Co-I.: **C. Bolkan**

*Understanding Psychological Co-Morbidities of Pain in Older Adults*. National Institutes of Health (NIH): Mechanisms, Models, Measurement, & Management in Pain Research (R03). 2009. \$250,000. P.I.: J. Garafalo, Co-I.: **C. Bolkan**.

### PUBLICATIONS<sup>1</sup>

#### Professional Articles, Manuscripts Published and In Press, Refereed:

Teaster, P.B., Vincenti, V., Betz-Hamilton, A., **Bolkan, C.**, & Jasper, C. (in press). Themes from elder financial exploitation by family member powers of attorney. *Groves Monographs on Marriage & Family: Gender, Sexual Identity, and Families: The Personal Is Political* (vol. 6).

Neal, M., Cannon, M., DeLaTorre, A., **Bolkan, C.**, Werner, I., Nolan, E., López Norori, M., Largaespada Fredersdorff, C., & Brown Wilson, K. (2017). Addressing the needs of older Nicaraguans living on the edge: A university-community partnership in international service learning. *Gerontology & Geriatrics Education*, 38(1), 119 - 138. doi: 10.1080/02701960.2016.1259161 [**2,3,4,5,6**].

Kim, E., Ullrich-French, S., **Bolkan, C.**, Hill, L. (2017). Correlates of physical activity for older adults with Alzheimer's disease and other dementias: The role of caregivers. *Journal of Alzheimer's Disease & Related Dementias*, 33 (2), 122-130 [**5,6**].

<sup>1</sup> The following indicators are used to describe contributions to publications:

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|--|----------------------------|
| (1) developed initial idea;                        | (4) analyzed data;         |
| (2) obtained or provided funds or other resources; | (5) wrote/created product; |
| (3) collected data;                                | (6) edited product         |

- Corbett, C.F., Dupler, A.E., Smith, S., Setter, S.M., Balogh, E.M., & **Bolkan, C.** (2017). Transitional care medication safety: Stakeholders' perspectives. *Agency for Healthcare Research & Quality (AHRQ) Advances in Patient Safety and Medical Liability*. Available at <https://www.ahrq.gov/professionals/quality-patient-safety/patient-safety-resources/resources/liability/advances-in-patient-safety-medical-liability/index.html> [4,5,6].
- Davis, T.D., Campbell, D.G., Bonner, L.M., **Bolkan C.**, Lanto, A., Chaney, E.F., Waltz, T., Zivin, K., Yano, E.M., Rubenstein, L.V. (2016). Women Veterans with depression in VA primary care: An assessment of needs and preferences. *Women's Health Issues, 26(6)*: 656 - 666. doi: 10.1016/j.whi.2016.08.001 [2,4,5,6].
- Campbell, D.G., Bonner, L.B., **Bolkan, C.**, Lanto, A.B., Zivin, K., Waltz, T. J., Klap, R., Rubenstein, L.V., & Chaney, E. F. (2016). Stigma predicts treatment preferences and care engagement among Veterans Affairs primary care patients with depression. *Annals of Behavioral Medicine, 50 (4)*; 533 - 544. doi: 10.1007/s12160-016-9780-1 [2,4,5,6].
- Bolkan, C.**, Hooker, K., & Coehlo, D. (2015). Possible selves and depressive symptoms in later life. *Research on Aging, 37(1)*, 41 – 62. doi: 10.1177/0164027513520557. [1,3,4,5,6].
- Waltz, T.J., Campbell, D.G., Kirchner, J., Lombardero, A., **Bolkan, C.**, Zivin, K., Lanto, A., Chaney, E., & Rubenstein, L. (2014). Veterans with depression in primary care: Treatment preferences, treatment matching, and satisfaction with care. *Families, Systems, & Health* (available electronically prior to appearing in print). doi: 10.1037/fsh0000071 [2,4,5,6].
- Bolkan, C.**, Srinivasan, E., Dewar, A., & Schubel, S. (2014). Learning through loss: Implementing Lossography narratives in death education. *Gerontology & Geriatrics Education* (available electronically prior to appearing in print). doi: 10.1080/02701960.2014.926268. [1,2,3,4,5,6].
- Bonner, LB., Lanto, A., **Bolkan, C.**, Watson, G., Campbell, D., Chaney, E., & Rubenstein, L. (2013). Help-seeking from clergy and spiritual counselors among Veterans with depression and PTSD in primary care. *Journal of Religion and Health, 52(3)*, 707 – 718. doi: 10.1007/s10943-012-9671-0. [2,4,5,6].
- Bolkan, C.**, Bonner, L.B., Campbell, D.G., Lanto, A.L., Zivin, K., Chaney, E., & Rubenstein, LR (2013). Family involvement, medication adherence, and depression outcomes among patients in Veterans Affairs Primary Care. *Psychiatric Services, 64(5)*, 472 – 478. doi:10.1176/appi.ps.201200160. [1,2,4,5,6].
- Zivin, K., Campbell, D. G., Lanto, A., Chaney, E., **Bolkan, C.**, Bonner, L., Miller, E., Valenstein, M., Waltz, T., & Rubenstein, L. (2012). Relationships between mood and employment over time among depressed primary care patients. *General Hospital Psychiatry, 34(5)*, 468 – 477. [2,4,5,6].
- Chaney, E., Rubenstein, L., Liu, C., Yano, E., **Bolkan, C.**, Lee, M., Simon, B., Lanto, A., Felker, B., & Uman, J. (2011). Implementing collaborative care for depression treatment in primary care: A cluster randomized evaluation of a quality improvement practice redesign. *Implementation Science, 6(121)*. doi: 10.1186/1748-5908-6-121. [4,5,6].
- Campbell, D.G, Bonner, L.B., **Bolkan, C.**, Chaney, E., Felker, B., & Sherman, S., & Rubenstein, L.

(2011). Suicide risk management: Development and analysis of a telephone-based approach to patient safety. *Translational Behavioral Medicine*, 1(3), 372 – 383. doi: 10.1007/s13142-011-0055-x. [4,5,6].

**Bolkan, C.,** Sano, Y., De Costa, J. L., Acock, A. C., & Day, R. (2010). Early adolescents' perceptions of mothers' and fathers' parenting styles and problem behaviors. *Marriage and Family Review*, 46(8), 563-579. [1,2,3,4,5,6].

Peters, C. & **Bolkan, C.** (2009). Measuring meaningful time experiences in intergenerational relationships. *Michigan Family Review*, 13, 21-31. [4,5,6].

Liu, F, **Bolkan, C.**, Chan, D., Yano, E.M., Rubenstein, L., & Chaney, E. (2009). Dual use of VA and non-VA services among patients with depression. *Journal of General Internal Medicine*, 24(3), 305 – 311. [4,5,6].

#### **Professional Articles, Manuscripts Under Review, Refereed:**

Sano, Y., **Bolkan, C.**, & Mammen, S. (revised and resubmitted). Maternal depression and family comorbidity: Tracking depression trajectories of rural, low-income mothers in the context of family health. *Journal of Family Social Work*.

**Bolkan, C.**, Weaver, R., & Kim, E. (under review). An introduction to prevention science, synergy with implementation science, and why it matters for older adults. *International Psychogeriatrics*.

**Bolkan, C.** & Eschbach, C. (under review). Expanding the concept and measurement of Intergenerational Ambivalence and Time Together (IATT). *Research on Aging*.

#### **Professional Articles, Manuscripts in Progress:**

Weaver, R., **Bolkan, C.**, Benton, B., Frederick, S. R., Ensey, M., Kelly, D. (in process). Assessing the effectiveness of the Caring Beyond Healthcare pilot project. Target Journal: *Progress in Community Health Partnerships: Research, Education, and Action*.

Kim, E. & **Bolkan, C.**, Ulrich-French, S., & Hill, L. (in process). Attitudes toward aging among dementia caregivers: Impacts of well-being of caregiver-care recipient dyads. Target journal: *Research on Aging*.

**Bolkan, C.**, Neal, M., Worthington, S., Lagarespada-Fredershoff, C., Violeta-Trujillo, M., Brown-Wilson, K. Perceptions of Aging in Nicaragua. Target journal: *Cross-cultural gerontology*

**Bolkan, C.**, Kim, E., & Hoeksel, R. (in process). Technology to Support Aging in Place Pilot Project. Target Journal: *Progress in Community Health Partnerships: Research, Education, and Action*

#### **Book Chapters & Articles (Solicited, Peer-Reviewed):**

**Bolkan, C.** & Hooker, K. (2012). Self-regulation and social cognition in adulthood: The gyroscope of personality. In M. Sliwinski and S. Whitbourne (Eds.) *Handbook of Developmental Psychology: Adult Development and Aging* (pp. 357-380). Wiley-Blackwell Publishers.

**Bolkan, C.**, Mierdiercks, P., & Hooker, K. (2008). Stability and change in personality: Middle to old age. In M.C. Smith (Ed.), *Handbook of Research on Adult Development and Learning* (pp. 221 – 240). Mahwah, NJ: Lawrence Erlbaum Associates, Inc.

Hooker, K. & **Bolkan, C.** (2005). Personality. In R. Schulz (Ed.) *The Encyclopedia of Aging* (4<sup>th</sup> edition, Vol. II; pp. 914 – 919). New York: Springer Publishing.

### **Professional Books & Reports Published, Non-Refereed:**

*Moving Toward Age-Friendly Housing in King County: An Assessment of Current & Future Housing Needs for Older Adults.* (2018). Anderson, B., **Bolkan, C.**, DeLaTorre, A., Gaolach., Gromko, B. Hoard, S., & Sanders, C. King County Human Services Department. [This is a 50-page report with recommendations to local policymakers regarding age-friendly initiatives; web link forthcoming].

### **PRESENTATIONS**

#### **International / National, Refereed:**

**Bolkan, C.**, & Teaster, P, Ramsey-Klawnsnik, H., Gerow, K. (November, 2019). *Preliminary Findings on Family Perpetrators as Designated Surrogate Decision Makers.* Paper accepted as part of symposium, *Elder Financial Abuse in Families: Expanding Theory and Research.* Co-chairs: **C. Bolkan** & M. Stum, accepted to the 71<sup>st</sup> Annual Scientific Meeting of the Gerontological Society of America, Austin, TX

Weaver, R. H., & **Bolkan, C.** (November, 2019). *Implementation challenges and opportunities in a community-based transitional care services program.* Paper accepted to the 71<sup>st</sup> Annual Scientific Meeting of the Gerontological Society of America, Austin, TX.

Weaver, R. H., & **Bolkan, C.** (November, 2019). *Planning for aging in place in rural areas: Perceptions and needs of older adults.* Paper accepted to the 71<sup>st</sup> Annual Scientific Meeting of the Gerontological Society of America, Austin, TX.

Weaver, R. H., Hill, L. G., Robertson, L., Hill, K., **Bolkan C.**, & Coatsworth, D. (May, 2019). *Prevention research across the lifespan: It's never too early, it's never too late.* Roundtable presentation presented at to the 27<sup>th</sup> Annual Society for Prevention Research Conference.

Weaver, R. H., **Bolkan, C.**, & Kim, E. (May, 2019). *The Caring Beyond Healthcare pilot project: Assessing the effectiveness of community-based partnerships in health.* Paper presented at the 27<sup>th</sup> Annual Society for Prevention Research Conference.

Weaver, R. & **Bolkan, C.** (May, 2018). *How Do We Expand Prevention Science Research into Later Life?* Presented as a Brown Bag Special Interest Group to the Society for Prevention Research Annual Meeting, Washington, D.C.

Kim, E. & Bolkan, C. (November, 2018). *Caregivers' Attitudes toward Aging: Protective Factors in Dementia Caregiving.* Presented at the Annual Scientific Meeting of the Gerontological Society of America, Boston, MA.

Lagaespada-Fredersdorff, C., Violeta-Trujillo, M., Brown-Wilson, K., Neal, M., **Bolkan, C.** (February, 2018). *Percepciones de envejecimiento en Nicaragua.* Presented at the first Central American Congress on Aging, Managua, Nicaragua.

Donorfio, L., Holley, L., Andreoletti, C., **Bolkan, C.**, Borrero, L., Bergman, E., Montepare, Farah, K., & Manoogian, M. (March, 2018). *8<sup>th</sup> Annual Teaching Institute—Intergenerational Experiential*

- Learning in the Classroom and Online: Successful Models from Simple to Complex*. Accepted as a pre-conference workshop at the 44th Annual Meeting and Educational Leadership conference of the Association for Gerontology in Higher Education, Atlanta, GA.
- Bolkan, C.** & Kim, E. (November, 2017). *Elder Abuse in Families* Paper presented as part of symposium, *Aging in the 21<sup>st</sup> Century: The State of Science on Aging and Family Life*. Co-chairs: A. Barnett & J. Benson, accepted to the National Council on Family Relations Annual Conference, Orlando, FL.
- Kim, K., **Bolkan, C.**, & Mandal, B. (November, 2017) *Understanding Informal Caregivers' Stress & Needs for Community Resources*. Poster presented at the American Public Health Association Annual Meeting, Atlanta, GA.
- Steinman, B.A., Betz-Hamilton, A., **Bolkan, C.**, Goebel, K., Jasper, C., Rudisuhle, D., Stum, M., Teaster, P.B., & Vincenti, V. (July, 2017). *Risk and Protective Factors for Elder Financial Exploitation by Family Member Power of Attorney Agents*. Accepted to the 21st IAGG World Congress of Gerontology and Geriatrics, San Francisco, CA.
- Bolkan, C.**, Kim, E., & Hoeksel, R. (July, 2017). *Technology to Support Aging in Place (TSAP): A Community-based Pilot Project*. Paper accepted as part of symposium, *Gerontechnology Across the Continuum: From Independent to Assisted Living*. Co-chairs: **C. Bolkan** & R. Fritz, accepted to the 21st IAGG World Congress of Gerontology and Geriatrics, San Francisco, CA.
- Bolkan, C.**, Neal, M., DeLaTorre, A., & Wernher, I. (July, 2017). *Intergenerational Education & Training in Nicaragua*. Paper accepted as part of symposium, *Addressing Aging Attitudes Across the Lifespan through Intergenerational Education and Experiences*. Chair: **C. Bolkan**, accepted to the 21st IAGG World Congress of Gerontology and Geriatrics, San Francisco, CA.
- Bolkan, C.**, Mandal, B., & Kim, E. (July, 2017). *Perceptions of Aging in Place: A Focus on Low Income and Older Adults*. Accepted to the 21st IAGG World Congress of Gerontology and Geriatrics, San Francisco, CA.
- Peters, C. & **Bolkan, C.** (March, 2017). *Liberating Structures in Gerontology: Simple Changes to Unleash Creative Ways to Learn Together in Classroom and Community Settings*. Presented at the 43rd Annual Meeting and Educational Leadership conference of the Association for Gerontology in Higher Education, Miami, FL.
- Bolkan, C.** & Kim, E. (March, 2017). *Opportunities and Challenges of Integrating Gerontology Education Into Prevention Science Graduate Curriculum*. Presented at the 43rd Annual Meeting and Educational Leadership conference of the Association for Gerontology in Higher Education, Miami, FL.
- Kim, E., Ulrich-French, S., **Bolkan, C.**, & Hill, L. (November, 2016). *Determinants of physical activity for older adults with Alzheimer's disease and other dementias*. Poster presented at the 69th Annual Scientific Meeting of the Gerontological Society of America, New Orleans, LA.
- Vincenti, V. & **Bolkan, C.** (June, 2016). Family consequences of elder financial exploitation by relatives with powers of attorney (POA). Paper presented at the American Association of Family & Consumer Sciences, Bellevue, WA
- Bolkan, C.** & Manoogian, M. (March, 2016). *College students' experiences of death and bereavement: Implications for curriculum, practice, and policy*. Paper presented at the Association for Gerontology in Higher Education's 42nd Annual Meeting and Educational Leadership Conference,

Long Beach, CA.

- Neal, M., **Bolkan, C.**, Werner, I., De La Torre, A., & Spencer, A. (March, 2016). *Twelve years of service learning in Nicaragua: Faculty and student perspectives*. Symposium presented at the Association for Gerontology in Higher Education's 42nd Annual Meeting and Educational Leadership Conference, Long Beach, CA.
- Worthington, S., **Bolkan, C.**, Trujillo, M. V., Neal, M. B. (November, 2015). *Perceptions of aging among college students in Nicaragua*. Presented at the 67<sup>th</sup> Annual Scientific Meeting of the Gerontological Society of America, Orlando, FL.
- Campbell, D., Waltz, T., Lombardero, A., **Bolkan, C.**, Bonner, L., Simon, B., Lanto, A., Felker, B., Simon, A., Davis, T., Rubenstein, L., Chaney, E. (November, 2015). *Depression complexity and psychiatric comorbidity: Implications for Primary Care-Mental Health Integration efforts*. Presented at the 143<sup>rd</sup> American Public Health Association Annual Meeting & Exposition, Chicago, IL.
- Hooker, K., Allen, P., **Bolkan, C.**, Choun, S., Coehlo, D., Ko, H., & Mejia, S. (October, 2015). *Self-regulation in adulthood: An intraindividual approach*. Symposium presented at the Society for the Study of Human Development. Austin, TX.
- Campbell, D.G., Simon, B.F., Lombardero, A., **Bolkan, C.**, Bonner, L., Zivin, K., Waltz, T.J., Davis, T., Chaney, E.F., Rubenstein, L.V. (July, 2015). *Customizing VA depression care approaches in response to Veterans' needs and preferences*. Presented at the Health Services Research & Development National Meeting, Washington, DC.
- Srinivasan, E. & **Bolkan, C.** *Sharing loss: Implementing a group project on grief and bereavement at two universities*. (April, 2015). Presented at the 37th Annual Meeting of the Association for Death Education and Counseling (ADEC), San Antonio, TX.
- Bolkan, C.**, DeLaTorre, A., & Neal, M. *International intergenerational service-learning: Challenges and opportunities in Nicaragua* (February, 2015). Presented at the Association for Gerontology in Higher Education's 41st Annual Meeting and Educational Leadership Conference, Nashville, TN.
- Bolkan, C.**, DeLaTorre, A., Neal, M., Brown Wilson, K., & Werner, I. *An intergenerational approach to understanding perceptions of healthy aging in Nicaragua*. (November, 2014). Presented at the 67<sup>th</sup> Annual Scientific Meeting of the Gerontological Society of America, Washington, DC.
- Bolkan, C.**, Srinivasan, E., Dewar, A., & Schubel, S. *Learning through loss: Lossography narratives in death education*. (November, 2014). Presented at the 67<sup>th</sup> Annual Scientific Meeting of the Gerontological Society of America, Washington, DC.
- Campbell, D.G., Bonner, L.B., **Bolkan, C.**, Lanto, A., Zivin, K., Waltz, T., Klap, R. Rubenstein, L.R., & Chaney, E. (April, 2014). *A prospective analysis of stigma as a predictor of depression treatment preferences, mental health treatment engagement, and care quality*. Paper presented at the Society of Behavioral Medicine, Philadelphia, PA.
- Bolkan, C.**, Davis, T., Bonner, L., Campbell, D., Zivin, K., Lanto, A., Chaney, E., & Rubenstein, L. *Self-reported mental health and health care utilization by depressed racial/ethnic minorities in VA primary care* (August, 2013). Presented at the 121st Annual Convention of the American Psychological Association, Honolulu, HI.



- Davis, T., Bonner, L., **Bolkan, C.**, Campbell, D...Rubenstein, L. (June, 2013). *Improving mental health care for women Veterans with depression in primary care*. Poster presented at the 2013 Annual Research Meeting of AcademyHealth, Baltimore, MD
- Bolkan, C.**, Tapia, K., Sagar, J., & Neal, M. (November, 2012). *Social factors that contribute to the health of Nicaraguan elders*. Paper presented for symposium presentation, *Assessing the Needs of Older Adults in Nicaragua: A Multi-Disciplinary, Cross-University Approach*. Presented at the 65<sup>th</sup> Annual Scientific Meeting of the Gerontological Society of America, San Diego, CA.
- Tabatabaei-Moghaddam, H., **Bolkan, C.**, & Peters, C. (November, 2012). *Measuring Meaningful Time Experiences (MTE) in intergenerational relationships: A pilot test*. Poster presented at the 65<sup>th</sup> Annual Scientific Meeting of the Gerontological Society of America, San Diego, CA.
- Bonner, L., Lanto, A., **Bolkan, C.**, Campbell, D. G., Rubenstein, L.R., & Chaney, E. (November, 2012). *Spiritual support for older patients with PTSD in primary care*. Poster presented at the 65<sup>th</sup> Annual Scientific Meeting of the Gerontological Society of America, San Diego, CA.
- Zivin, K., Campbell, D.G., Lanto, A., Chaney, E.F., **Bolkan, C.**, Bonner, L., Miler, E., Valenstein, M., Waltz, T.J., & Rubenstein, L. (July, 2012). *The longitudinal relationship between depression and employment among VA primary care patients*. Paper presented at the Joint Statistical Meeting, San Diego, CA.
- Bolkan, C.**, Bonner, L.B., Campbell, D.G., Rubenstein, L.Y., Chaney, E., & Lanto, A. (November, 2011). *Patient satisfaction with family involvement in care and depression treatment adherence in older men*. Poster presented at the 64<sup>th</sup> Annual Scientific Meeting of the Gerontological Society of America, Boston, MA.
- Bolkan, C.** *Experiential learning in an undergraduate gerontology course*. (June, 2011). Presented at the Family Science Association Conference, Troutdale, OR.
- Bolkan, C.**, Coehlo, D., & Hooker, K. (November, 2010). *Goal-striving and health in older adults*. Poster presented at the 63<sup>rd</sup> Annual Scientific Meeting of the Gerontological Society of America, New Orleans, LA.
- Bolkan, C.**, Coehlo, D., & Hooker, K. (November, 2009). *Social relation goals and teleonomic relevance*. Presented at the 62<sup>nd</sup> Annual Scientific Meeting of the Gerontological Society of America, Atlanta, GA.
- Bolkan, C.**, Coehlo, D., & Hooker, K. (November, 2008). *Marital status, health goals, and social networks in older women*. Presented at the 61<sup>st</sup> Annual Scientific Meeting of the Gerontological Society of America, National Harbor, MD.
- Bolkan, C.** & Hooker, K. (November, 2008). *Self-regulatory focus and health-related possible selves*. Paper presented in symposium presentation, *Successful Aging: Resources and Self-regulation of Health Goals as well as Health Behaviors*. Organizers: T. Reuter, & J. Ziegelmann at the 61<sup>st</sup> Annual Scientific Meeting of the Gerontological Society of America, National Harbor, MD.
- Bolkan, C.**, Bonner, L., Chaney, E., Rubenstein, L., Yano, E., Uman, J., & Lanto, A. (August, 2008). *Relationships between social support and treatment adherence among men with depression*. Presented at the 116<sup>th</sup> Annual Convention of the American Psychological Association, Boston, MA.

- Chaney, E., Rubenstein, L., Yano, E., Liu, C., & **Bolkan, C.** (February, 2008). *Evaluating implementation of best practices for depression care: 18 month results*. Presented at the Health Services Research & Development 26<sup>th</sup> National Meeting, Washington, DC.
- Campbell, D., Bonner, L., **Bolkan, C.**, Chaney, E., Rubenstein, L., Oken, C., Simon, B., Sherman, S., & Felker, B. (February, 2008). *Chronic illness research and suicide risk: Ensuring patient safety via assessment and collaboration*. Paper presented at the Health Services Research & Development 26<sup>th</sup> National Meeting, Washington, DC
- Hooker, K., **Bolkan, C.**, & Coehlo, D. (November, 2007). *Goals as part of the "New Look" of personality frameworks*. Paper presented in symposium, *The Role of Goals and Sehnsucht (life longings) in Adaptive Self-regulation Across the Lifespan* Organizers: F. Blanchard-Fields & S. Scheibe, at the 60<sup>th</sup> Annual Scientific Meeting of the Gerontological Society of America, San Francisco, CA.
- Coehlo, D., **Bolkan, C.**, & Hooker, K. (November, 2007). *Social support in later life: The impact of losing a spouse on health*. Paper presented at the 60<sup>th</sup> Annual Scientific Meeting of the Gerontological Society of America, San Francisco, CA.
- Coehlo, D., Hooker, K., & **Bolkan, C.** (November, 2007). *Self efficacy and goal setting in later life: The impact on health*. Presented at the 69<sup>th</sup> National Council on Family Relations Annual Conference, Pittsburgh, PA.
- Peters, C., **Bolkan, C.**, & Hooker, K. (November, 2007). *Measuring older parents' reports of meaningful time experiences with adult children*. Presented at the 60<sup>th</sup> Annual Scientific Meeting of the Gerontological Society of American, San Francisco, CA.
- Bolkan, C.**, Chaney, E., Rubenstein, L., Uman, J., & Yano, E. (September, 2007). *Differences in perceptions of depression between older and younger primary care patients*. Presented at the University of Washington Interdisciplinary Geriatric Research Forum, Seattle, WA.
- Bolkan, C.**, Chaney, E., Rubenstein, L., Uman, J., & Yano, E. (August, 2007). *Perceptions of depression and primary care provider behavior in older and younger veterans*. Presented at the 115<sup>th</sup> Annual Convention of the American Psychological Association, San Francisco, CA.
- Bolkan, C.**, Hooker, K., & Coehlo, D. (August, 2007). *Goal prevalence and health outcomes in older adults*. Presented at the 115<sup>th</sup> Annual Convention of the American Psychological Association, San Francisco, CA.
- Mead, J., Bowman, S., Peters, C., & **Bolkan, C.** (March, 2007). *Planning for an aging population: Oregon's statewide collaboration*. Presented at the 33<sup>rd</sup> Annual Meeting and Educational Leadership Conference of the Association for Gerontological Higher Education, Portland, OR.
- Bolkan, C.**, Chaney, E., Rubenstein, L., Lanto, A., & Yano, E. (February, 2007). *Self-reported health care utilization rates of older and younger veterans with depressive symptomology*. Presented at the Health Services Research & Development 25<sup>th</sup> National Meeting, Washington, DC.
- Bolkan, C.**, Coehlo, D., & Hooker, K. (November, 2006). *Measuring personal action constructs in the six foci model of personality*. Presented at the 59<sup>th</sup> Annual Scientific Meeting of the Gerontological Society of America, Dallas, TX.
- Coehlo, D., **Bolkan, C.**, & Hooker, K. (November, 2006). *Social support and goals: The impact on*

- health in older adults*. Presented at the 59<sup>th</sup> Annual Scientific Meeting of the Gerontological Society of America, Dallas, TX.
- Bolkan, C.**, Hooker, K., & Coehlo, D. (August, 2006). *Possible selves and depressive symptoms in later life*. Presented at the 114<sup>th</sup> Annual Convention of the American Psychological Association, New Orleans, LA.
- Bolkan, C.**, & Hooker, K. (August, 2005). *Successful adaptation to chronic stress: How personality traits and possible selves relate to positive mental health*. Paper presented in symposium presentation, *Images and Realizations of Positive Development in Adulthood and Old Age*. Organizer: U.M. Staudinger, at the 113<sup>th</sup> Annual Convention of the American Psychological Association, Washington, DC.
- Bolkan, C.** & Moran, P. (November, 2004). *Location of death in Oregon: Who dies at home?* Paper presented at the 57<sup>th</sup> Annual Scientific Meeting of the Gerontological Society of America, Washington, DC.
- Hooker, K., & **Bolkan, C.** (November, 2004). *Measuring the six-foci model of personality: Progress and ongoing challenges*. Presented at the 57<sup>th</sup> Annual Scientific Meeting of the Gerontological Society of America, Washington, DC.
- Bowman, S. R., **Bolkan, C.**, Pratt, C., Coehlo, D. (November, 2003). *Incorporating multimedia technology into gerontological education*. Paper presented at the 65<sup>th</sup> Annual Meeting of the National Council on Family Relations, Vancouver, BC.
- Hooker, K. **Bolkan, C.**, & Frazier, L. (August, 2003). *Possible selves: Selection mechanism of the distributed self in action*. Paper presented in symposium, *Goals in Action in Adulthood and Old Age*. Organizers: A.M. Freund and K. Hooker at the 111<sup>th</sup> Annual Convention of the American Psychological Association, Toronto, Ontario.
- Bolkan, C.**, Hooker, K., Edwards, J., Nelson, W.H., & Lanning, K. (November, 2003). *Goal pursuits and possible selves among volunteer ombudsman*. Presented at the 56<sup>th</sup> Annual Scientific Meeting of the Gerontological Society of America, San Diego, CA.
- Bolkan, C.R.**, De Costa, J. L., Acock, A. C., & Day, R. (November, 2003). *Youth perceptions of fathers' and mothers' parenting styles: Does it predict youth problem behavior?* Presented at the 65<sup>th</sup> Annual Meeting of the National Council on Family Relations, Vancouver, BC.
- Bolkan, C.**, Hooker, K., Edwards, J., Nelson, W. H., & Lanning, K (August, 2003). *Personal action constructs and the long term care ombudsman role*. Presented at the 111<sup>th</sup> Annual Convention of the American Psychological Association, Toronto, Ontario.
- Acock, A. C., Day, R., **Bolkan, C. R.**, & De Costa, J. L. (December, 2002). *Youth problem behavior and their perception of parental behavior: Do perceptions of fathers' count?* Paper presented at the International Conference on Allocation of Social and Family Resources in Changing Societies, Taiwan.
- Green, G., **Bolkan, C.**, Regan, A., & Hooker, K. (November 2002) *Best friends training for dementia care: An evaluation*. Presented at the 55<sup>th</sup> Annual Scientific Meeting of the Gerontological Society of America. Boston, MA.

**Regional / State, Refereed Presentations:**

DeLaTorre, A., & Bolkan, C. (October 2018). *Age-friendly Housing Through an Equity Lens*. Paper presented at the annual conference of the Oregon Gerontological Association, Portland, OR

Bolkan, C., Kim, E., & Hoeksel, R. (September 2017) *Technology to Support Aging in Place: Lessons Learned from a Community-Based Pilot Program for Low-income Older Adults with Heart Failure*. Paper presented at the annual conference of the Oregon Gerontological Association, Keizer, OR.

Kim, E., Bolkan, C., & Mandal, B. (May, 2017). *Understanding Informal Caregivers' Stress & Needs for Community Resources*. Presented at the Northwest Council on Family Relations Annual Conference, Portland, OR.

Bolkan, C., Vincenti, V., & Betz-Hamilton, A. (October 2016). *Elder financial exploitation by family members*. Presented at the Washington Association of Consumer Science Educators annual conference, Grand Mound, WA.

Bolkan, C., & Manoogian, M. (May, 2015). *College students' experiences of death, loss, and bereavement: Developmental transitions for young adults*. Presented at the Northwest Council on Family Relations Annual Conference, Portland, OR.

Ashford, T. & Bolkan, C. (April, 2015). *Communicating with children about death, loss, and grief*. Presented at the Annual Meeting of the Central Oregon Association for the Education of Young Children, Bend, OR.

Ashford, T. & Bolkan, C. (October, 2014). *The "D" word: Communicating with children about death, loss, and grief*. Presented at the Annual Meeting of the Oregon Association for the Education of Young Children, Portland, OR.

Schubel, S., & Bolkan, C. (April, 2013). *The importance of family communication about loss, grief, and death*. Poster presented at the Northwest Council on Family Relations Annual Conference, Portland, OR.

Tabatabaei-Moghaddam, H. & Bolkan, C. (May, 2012). *Health and intergenerational ambivalence in aging families*. Poster presented at the Northwest Council on Family Relations Annual Conference, Portland, OR.

Bolkan, C., Chaney, E., Rubenstein, L., Lanto, A., & Yano, E. (March, 2007). *Self-reported health care utilization rates of older and younger primary care patients with depression*. Paper presented at the 2007 Regional Meeting of the Society for General Internal Medicine, Portland, OR.

**Keynote Presentations:**

Bolkan, C. (November, 2018). *What Does It Feel Like to Be Old? An Aging Awareness & Simulation Experience*. Keynote presentation at the 3<sup>rd</sup> Annual Attorney General Rosenblum's Elder Abuse Conference, Bend, OR.

Bolkan, C. (May, 2018). *Engage at Any Age*. Keynote presentation for the annual Senior Heroes Awards, Vancouver, WA.

Bolkan, C. (May, 2016). *Caring for the Whole Person: Integrating Behavioral Health, Aging, and*

*Primary Care*. Keynote presentation at the 2016 Behavioral Health Conference (organized by North Dakota State Department of Social & Health Services' Division of Behavioral Health & Recovery), Minot, ND.

**Bolkan, C.** (May, 2011). *Caring for the Whole Person: Integrating Behavioral Health, Aging, and Primary Care*. Keynote presentation at the 2011 Older Adult Behavioral Health Conference: Coming Together for the Road Ahead in Behavioral Health and Aging (organized by Washington State Department of Social & Health Services' Division of Behavioral Health & Recovery), SeaTac, WA.

#### **Invited Presentations:**

**Bolkan, C.** (September, 2017). *Growing Old, At Home: Strategies to Promote Healthy Aging In Place*. Presented at the Center for Gerontology, Virginia Tech University, Blacksburg, VA.

**Bolkan, C.** (September, 2017). *The "D" Word: An Open Conversation on Death & Dying*. Presented at the Area Agency on Aging & Disabilities of Southwest Washington, Vancouver, WA.

Betz-Hamilton, A. & **Bolkan, C.** (July, 2016). *Could you be contributing to elder financial exploitation? A preliminary look at professionals' attitudes and actions*. Webinar presentation for the Financial Therapy Association.

**Bolkan, C.** (May, 2016). *Depression & Suicide in Later Life*. Presented at the 2016 Behavioral Health Conference, North Dakota State Department of Social & Health Services' Division of Behavioral Health & Recovery, Minot, ND.

**Bolkan, C.** (May, 2016). *Confronting age stereotypes*. Presented at the 2016 Behavioral Health Conference, North Dakota State Department of Social & Health Services' Division of Behavioral Health & Recovery, Minot, ND.

**Bolkan, C.** (September, 2015). *Aging well: Keys to lifelong well-being*. Presented at the Battle Ground Library Adult Programming Series.

**Bolkan, C.** (June, 2015). *Una conversación sobre la muerte y el morir (A conversation about death and dying)*. Presented at the Universidad Centroamericana (UCA), Managua, Nicaragua.

**Bolkan, C.** (June, 2014). *Factores psicosociales de envejecimiento saludable y bienestar (Psychosocial factors of healthy aging and well-being)*. Presented at the Universidad Centroamericana (UCA), Managua, Nicaragua.

**Bolkan, C.** (June, 2014). *Envejecimiento saludable (Healthy aging)*. Presented at the Nicaraguan Aging Council, Managua, Nicaragua.

**Bolkan, C.** (March, 2013). *Social justice and aging issues*. Presented at the Center for Social & Environmental Justice Research Colloquium, Vancouver, WA.

**Bolkan, C.** (November, 2012). *Global aging and health: Promises and perils in Nicaragua*. Presented at the Department of Human Development Research Colloquium, Vancouver, WA.

**Bolkan, C.** (March, 2012). *Integrated healthcare and end of life: Why is it beneficial for older patients with multiple chronic conditions?* Presented at the Pacific University Gerontology Workshop, Caring for Frail Elders: The State of Palliative and End-of-Life Care. Pacific University, Forest Grove, OR.

**Bolkan, C.** (October, 2011). *Avoiding age stereotypes*. Presented at the Health & Wellness Resource Fair, Tualatin Hills Park & Recreation District, Beaverton, OR.

**Bolkan, C.** (May, 2011). *How age stereotypes influence how we treat elders, affect our behaviors and actually affect our own health*. Presented at the Interprofessional Paths to Improved Health for Aging Adults workshop, Pacific University, Forest Grove, OR.

**Bolkan, C.** (April, 2010). *Defeating depression in later life*. Presented at the 34<sup>th</sup> Annual Oregon State University Gerontology Conference, Corvallis, OR.

**Bolkan, C.** (April, 2010). *Academic transitions: From graduate student to postdoc to assistant professor*. Presented at the Department of Human Development Graduate Student Colloquia, Oregon State University, Corvallis, OR.

**Bolkan, C.** (March, 2010). *Exploring health-related personal goals as mechanisms for behavioral change*. Presented at the Department of Psychology Seminar Series, WSU, Vancouver, WA.

**Bolkan, C.** (February, 2010). *Implementing integrative healthcare for older adults in Clark County*. Public Forum on Mental Health and Aging, SW Medical Center, Vancouver, WA.

**Bolkan, C.** (September, 2009). *The power of possible selves: Exploring hopes and fears of older adults and links to health outcomes*. Encounter Research: Conversations with WSU Vancouver Faculty Seminars, Vancouver, WA.

**Bolkan, C.** (March, 2009). *Investigating personality and mental health in later life*. Kappa Omnicron Nu Honor Society research talk, WSU Vancouver, Vancouver, WA.

**Bolkan, C.** (January, 2009). *Dealing with grief and loss*. Presented at Mental Health Seminars, Clark College, Vancouver, WA.

Frank, D. & **Bolkan, C.** (April, 2008). *Healthy eating for healthy aging: Deconstructing dietary myths*. Presented at the 32<sup>nd</sup> Annual Oregon State University Gerontology Conference, Corvallis, OR.

**Bolkan, C.** (October, 2004). *The sandwich generation*. Presented at the Alzheimer's Network of Oregon Conference, Albany, OR.

**Bolkan, C. & Moran, P.** (April, 2004). *Research Roundtable: Patient characteristics associated with location of death*. Presented at the 28<sup>th</sup> Annual Oregon State University Gerontology Conference, Corvallis, OR.

## **TEACHING AND MENTORSHIP ACTIVITY**

### Graduate Committee Member - Major Advisor

Eunsaem Kim (2015 – 2019). PhD candidate in Prevention Science (Vancouver campus).  
Dissertation title: *Feasibility of testing hair cortisol concentration (HCC) in older adults with dementia*.

### Graduate Thesis Committee Member

Eunsaem Kim (2013 – 2015). PhD student in Prevention Science (Pullman campus). Master's thesis title: *Determinants of physical activity for older adults with Alzheimer's Disease (AD)*.

Suzanna L. Smith (2012 – 2013). R.N.; M.A. Candidate in Nursing (Spokane campus). Thesis title: *Transitional care medication safety*.

#### Undergraduate Research Supervisor

Electra McCabe (2015; co-mentored with Dr. Diversi). Undergraduate student in Human Development. Enrolled in HD 497. Project proposal: *Art exposure for encouraging empathy against poverty*.

Veronika Lobova (2014 – 2016). Undergraduate student in Biology. Enrolled in UH 450 Honors Thesis & Project. Project proposal: *Russian immigrants' views of health care and health communication barriers with providers*.

Stacey Schubel (2012 – 2013). Undergraduate student in Human Development. Enrolled in HD 485: Participation in human development research. Project title: *The importance of family communication about loss, grief, and death*.

- Earned 1<sup>st</sup> prize for best undergraduate poster at the 2013 Northwest Council for Family Relations regional conference.

Alexis Dewar (2011 – 2012). Undergraduate student in Psychology. Enrolled in HD 485: Participation in human development research. Project title: *Evaluating lossography narratives in death education*.

- Accepted to University of South Florida, Human Factors & Aging PhD program.

Hodeis Tabatabaei-Moghaddam (2010 – 2012). Undergraduate student in Biology. Enrolled in UH 450: University Honors Program. Honors thesis title: *Intergenerational ambivalence: Implications for health and well-being of older adults*.

- Received a 2011 – 2012 College of Agricultural, Human, and Natural Resource Sciences (CAHNRS) Undergraduate Research Award to fund project (\$1,200).
- Runner-up for best undergraduate poster at the 2012 Northwest Council for Family Relations regional conference.
- Accepted to University of Washington dental program.

## **UNDERGRADUATE COURSES TAUGHT**

### **Washington State University Vancouver: 2008 - present**

#### Courses taught in Human Development (HD) 2008 - present

HD 412: Adult Development & Learning (fall) [renamed in 2016 to HD 308: Adult Development]

HD 305: Gerontology (spring) [renamed in 2016 to HD 405]

HD 360: Death & Dying (fall)

HD 310: Research Approaches to Human Development (spring)

HD 220: Human Development Theories

HD 403: Families in Poverty

## **ADDITIONAL TEACHING ACTIVITY**

#### Guest Lecturer in Graduate and Undergraduate courses

HD 511: Introduction to Prevention Science

HD 101: Introduction to Human Development

UH 301: University Scholars Lecture Series

HD 200: Research & Outreach in Human Development

ANTH 316: Gender in Cross Cultural Perspective  
HD 420: Theories in Human Development  
HD 385: Perspectives in Human Services  
HD 586: Proseminar in Prevention Science  
HD 487: Special Topics Seminar: Research & Outreach in HD  
HD 403: Families & Poverty  
GE 303: Introduction to Research  
PSYC 363: Psychology of Aging

**Pacific University: 2011 – 2014**

Course taught in Certificate Program in Gerontology for Health Care Professionals (GERO)  
GERO 625: Health Disparities in Aging (graduate, online course)

**Portland State University: 2012 – 2016**

Guest Lecturer

PHE 563: Global Aging & Health  
PHE 564: Service Learning in Nicaragua: Enhancing Communities for an Aging Society

**ADVISING ACTIVITY**

Undergraduate Academic Advisor (2008 – 2015)

Advising 20 – 25 undergraduate students per semester (general; gerontology), Department of Human Development.

**AWARDS AND HONORS**

- 2016 **WSU College of Agricultural, Human, Natural Resources (CAHNRS) Individual Integrated Award (renamed the Land Grant Mission Award).** College-level award recognizing multidisciplinary and community-based work.
- 2012 **WSU International Research Travel Award**  
More than 90 applications received, only top six that highlighted a significant scholarly and research impact aligned with WSU's strategic priorities were funded.
- 2007 **Division 20, APA/Retirement Research Foundation Post-Doc Proposed Research Award**  
International & National Competition for Proposed Research at the Post-Doctoral Level  
American Psychological Association, Division 20 (Adult Development & Aging)
- 2006 **Division 20, APA/Retirement Research Foundation Doctoral Dissertation Award**  
International & National Competition for Completed Doctoral Dissertation Research  
American Psychological Association, Division 20 (Adult Development & Aging)
- 2001 **Sigma Phi Omega**  
National Honor Society in Gerontology  
Beta Chi Chapter, Oregon State University

**PROFESSIONAL ACTIVITIES**

**Professional Service - National**

Association for Gerontology in Higher Education (AGHE) Intergenerational Learning, Research, and Community Engagement Committee (2014 – present).

Division 20 Executive Committee: Co-Chair Awards Committee (2011 – 2013). American Psychological Association, Division 20: Adult Development & Aging.

Early Career Psychologists Representative (2006 – 2009). American Psychological Association.



Division 20 Executive Committee: Student & Postdoctoral Representative (2005 – 2007). American Psychological Association, Division 20: Adult Development & Aging.

### Symposium Organizer

- 2010 (December) *Getting grounded in the why and how of Community-Based Participatory Research (CBPR)*. Organizers: **C. Bolkan**, & J. Purath for the Healthy Aging Research Seminar, Washington State University, Spokane, WA.
- 2007 (August) *Crafting a grant proposal for aging research*. Roundtable discussion. Organizers: **C. Bolkan** & M. Shake, at the 115<sup>th</sup> Annual Convention of the American Psychological Association, San Francisco, CA.
- 2006 (August) *Securing a career in the aging field*. Roundtable discussion. Organizers: **C. Bolkan** & C. Chung, at the 114<sup>th</sup> Annual Convention of the American Psychological Association, Washington, DC

### Reviewer

- 2019 – present Ad hoc Reviewer, *Public Health Nursing*
- 2015 – present Ad hoc Reviewer, *British Medical Journal*
- 2015 – present Ad hoc Reviewer, *International Journal of Aging & Human Development*
- 2014 – present Ad hoc Reviewer, *Aging & Mental Health*
- 2012 – present Ad hoc Reviewer, *Developmental Psychology*
- 2012 – present Ad hoc Reviewer, *Journal of Geriatric Psychiatry*
- 2009 – present Ad hoc Reviewer, *Research on Aging*
- 2009 – present Ad hoc Reviewer, *Psychology & Aging*
- 2006 - present Ad hoc Reviewer, *Journal of Applied Social Psychology*
- 2006 - present Ad hoc Reviewer, *Journal of Gerontology: Psychological Sciences*

### Proposal Reviewer

- 2016 - present International Association of Gerontology & Geriatrics proposal reviewer
- 2009 - present Gerontological Society of America, Conference Proposal Reviewer
- 2009 - present American Psychological Association Division 20, Conference Proposal Reviewer
- 2006 – 2008 Ad hoc Reviewer, VA Health Services Research & Development Center of Excellence, Research Review Committee

## CAMPUS AND COMMUNITY SERVICE

### University Service – Washington State University

- 2018 – 2019 Provost Leadership Academy
- 2018 – present WSU Institute for Senior Living (ISL) Steering Committee
- 2011 – 2016 Faculty Senate Library Committee

### University Service – Washington State University Vancouver

- 2016 – present WSU Vancouver Chancellor's Staff Excellence Award Committee
- 2014 – 2017 Council of Faculty Representatives (CFR), elected
- 2014 – 2016 University Scholars Program, faculty advisor
- 2013 – 2016 WSU Vancouver Academic Showcase judge
- 2011 – 2012 Scholarship Reader
- 2010 - 2011 Student & Activities Fees Budget Committee
- 2009 - 2010 Faculty/Staff Campaign Committee

**Departmental Service, Washington State University (Pullman and Vancouver)**

2019 - present	Chair, Department of Human Development Search Committee (Assistant Clinical Professor)
2018 – present	Department of Human Development, Mentoring Committee (R. Weaver)
2016 – 2017	Co-Chair, Undergraduate Program Committee
2016 – present	Department of Human Development, Mentoring Committee (A. Salazar)
2016 – 2017	Department of Human Development, Search Committee (Assistant professor)
2015 – 2016	Department of Human Development, Search Committee (Assistant professor)
2015 – 2016	Department of Human Development, Search Committee (Assistant professor)
2015 – 2015	Department of Human Development, Search Committee Chair (AP position)
2014 – present	Department of Human Development, Strategic Planning Committee
2014 – present	Department of Human Development, Mentoring Committee (E. Weybright)
2014 – present	Prevention Science Steering Committee
2014 – present	HD Research Colloquium, Organizer
2014 – present	Department of Human Development, Search Committee (Academic director)
2011 – present	Department of Human Development, Undergraduate Visioning Committee
2009 - 2011	Department of Human Development, Undergraduate Committee

**Community Service**

2019	Elected Board Member, Oregon Gerontological Association
2018 (June)	Staff training at El Centro Cultural: “Depresión en adultos mayores”. Cornelius, OR.
2018 (Mar)	Facilitator, Aging in Place Summit, Commission on Aging, Vancouver, WA
2017 – present	Member, Clark County Aging & Disabilities Resources Network (ADRN), WA
2015 (Sep)	Organizer, “Alive Inside” Film Screening & Panel Discussion
2015 (May)	Organizer, “A Conversation with Dr. Bill Thomas” at WSU Vancouver
2015 (May)	Panelist, Healthy Aging in Clark County (public forum)
2014 (Sep)	Moderator, Washington State legislative public forum on aging in SW Washington
2012 – 2013	Appointed to Benchmark Committee of the Clark County Commission on Aging
2010 - 2011	Appointed by County Commissioner to Clark County Task Force on Aging
2010 (Sep)	Planning Committee for Public Forum on Aging Readiness in Clark County
2009 (Nov)	Moderator, Washington State legislative public forum on state funded services for seniors and people with disabilities.
2009 (Oct)	Reviewer, Southwest Washington Area Agency on Aging & Disabilities Senior Transportation RFP Review Committee
2009 – 2010	Member, Clark County Mental Health & Aging Task Force
2009 – 2010	Member, SW Washington Life Transitions Coalition
2002 - 2003	Volunteer, Benton Hospice Service

**PROFESSIONAL AFFILIATIONS**

2014 – present:	Association for Gerontology in Higher Education
2002 – present:	Gerontological Society of America
2002 – present:	American Psychological Association Division 20: Adult Development and Aging Division 12: Society for a Science of Clinical Psychology, Section II: Clinical Geropsychology
2002 – present:	Oregon Gerontological Society; Oregon Psychological Association
2002 – 2006:	National Council on Family Relations
2006 – 2008:	American Geriatrics Society

**PROFESSIONAL CLINICAL EXPERIENCE**

- 2004 – 2006      **Independent Psychiatric Consultant.** Santiam Memorial Hospital, Stayton, OR. Conducted emergency psychiatric assessment and evaluation of children, adults and families, provided provisional psychiatric diagnoses, consulted with emergency department medical staff on patients presenting with mental health crises, made referral decisions regarding inpatient or outpatient care.
- 2002 – 2006      **Qualified Mental Health Professional.** Marion County Mental Health: Psychiatric Crisis Center, Salem, OR. Conducted psychiatric evaluations in emergency settings, created and implemented crisis plans for individuals and families, provided appropriate community resources/referrals and collaborated with community mental health providers to establish on-going care.
- 2002 – 2005      **Care Manager & Discharge Planner.** Good Samaritan Regional Mental Health Inpatient Program. Corvallis, OR. Led process therapy groups and family meetings, participated in development of treatment and discharge planning, conducted interdisciplinary treatment team meetings, facilitated psychotherapeutic interventions, interviewed patients on their psychosocial histories and dictated to their medical records.
- 2000 – 2002      **Qualified Mental Health Technician.** Good Samaritan Regional Mental Health Inpatient Program. Corvallis, OR. Led didactic and therapeutic groups, facilitated patient care plans, documented mental status observations, charted patient progress, collaborated with psychiatric nursing staff.
- 2000 – 2002      **Qualified Mental Health Associate.** Marion County Mental Health: Psychiatric Crisis Center. Salem, OR. Monitored clients in crisis respite beds, skills trained clients in crisis, documented client progress, assisted mental health therapists, triaged incoming clients.

**PROFESSIONAL DEVELOPMENT**

- 2014              Online/Hybrid Teaching Boot Camp, June 24 – July 24, Washington State University Vancouver
- 2009              Summer Institute on Research Methodology, Latent Growth Curve Modeling, July 7-10, 2009, Oregon State University
- 2008              Teaching Academy, January – March, 2008, University of Washington
- 2006 - 2007      EPI 512, EPI 513: Epidemiologic Methods  
Department of Epidemiology, University of Washington
- 2006 - 2007      BIOST 540: Analysis of Correlated Data for Longitudinal and Clustered Data,  
Department of Biostatistics, University of Washington
- 2006              Eighth Annual Epidemiology, Biostatistics and Clinical Research Methods Summer Session, June 26-30, 2006, University of Washington.

\*\*Additional information and references available upon request\*\*