

CURRICULUM VITAE

YOSHIE SANO

ADDRESS

Department of Human Development
14204 NE Salmon Creek Ave.
Washington State University Vancouver
Vancouver, WA, 98686

CONTACT AT

Office: (360)546-9124
Fax: (360)546-9076
yoshie_sano@vancouver.wsu.edu
<http://www.vancouver.wsu.edu/fac/sano/sano.html>

EDUCATION

- Ph.D. 2005 Human Development and Family Sciences
 College of Health and Human Sciences
 Oregon State University, Corvallis, Oregon
- M.A. 1997 Psychology
 College of Arts and Sciences
 University of Oregon, Eugene, Oregon
- B.A. 1993 Psychology
 Faculty of Human Sciences
 Sophia University, Tokyo, Japan

RESEARCH INTERESTS

Family well-being of low-income households including family health, access to healthcare, food security, economic well-being, and parenting. My current research projects include a multi-state longitudinal research project, *Rural Families Speak about Health*, which examines interactions of individual, family, community, and policy contexts on the mental, physical, and dental health of diverse rural, low-income families and *Core Health Message Project*, which creates and disseminates culturally appropriate health messages to rural, low-income mothers.

PROFESSIONAL EXPERIENCE

- 2012-present Associate Professor
 Department of Human Development
 Washington State University Vancouver, Vancouver, Washington
- 2006-2012 Assistant Professor
 Department of Human Development
 Washington State University Vancouver, Vancouver, Washington
- 2005-2006 Faculty Research Associate
 Data analyst/manager for the *Rural Families Speak Project: A longitudinal study of rural communities and rural low-income families* funded by National Research Initiative, USDA/CSREES
 Department of Human Development and Family Sciences
 Oregon State University, Corvallis, Oregon

- 2005 Oregon Even Start Family Literacy Program Evaluation Consultant
Oregon Even Start Statewide Evaluation project
Department of Human Development and Family Sciences
Oregon State University, Corvallis, Oregon
- 2000-2004 Graduate Research Assistant / Data Manager
AES NC223/NC1011 Regional Research Project, *Rural Families Speak: Tracking their well-being and functioning in the context of welfare reform.*
Department of Human Development and Family Sciences
Oregon State University, Corvallis, Oregon
- 2000-2004 Graduate Research Assistant / Program Evaluation Team Member
Oregon Even Start Statewide Evaluation project
Department of Human Development and Family Sciences
Oregon State University, Corvallis, Oregon
- 1998-2000 Assistant Head Teacher / Graduate Teaching Assistant
Child Development Center
Department of Human Development and Family Sciences
Oregon State University, Corvallis, Oregon
- 1988-1989 Technical Consultant
Department of Data Bank, Japan Economic Journal, Co., LTD., Tokyo Japan.
- 1987-1988 Editorial Member
Department of Data Bank, Japan Economic Journal, Co., LTD., Tokyo, Japan.

FUNDING AWARDED

- Principal Investigator, *Understanding rural low-income families through the Patient Protection and Affordable Care Act.* Vancouver mini-grant, Washington State University Vancouver, 2016-20017. \$4,000. Co-principal investigator: Suzanne Smith, Washington State University Vancouver.
- Co-Principal Investigator, *Dissemination of core health messages: Using community based participatory research to strengthen the health of rural, low-income families.* Rural Health and Safety Education Competitive Grants Program, National Institute of Food and Agriculture, Grant number 2011-46100-31135. 2011-2013. \$250,062. Other principal Investigators: Sheila Mammen, University of Massachusetts; Bonnie Braun, University of Maryland.
- Co-Principal Investigator, *Core health messages: A strategy to improve the health and well-being of rural, low-income families.* Rural Health and Safety Education Competitive Grants Program, National Institute of Food and Agriculture, Grant Number 2010-46100-21791. 2010-2012. \$349,958. Other principal Investigators: Sheila Mammen, University of Massachusetts; Bonnie Braun, University of Maryland.
- Principal Investigator, *Understanding the interplay of poverty and health among rural low-income families: Pilot data collection for Rural Families Speak phase 2.* Vancouver mini-grant, Washington State University Vancouver, 2009-20010. \$4,500.
- Principal Investigator, *The role of social networks in family well-being of rural low-income families.* Vancouver mini-grant, Washington State University Vancouver, 2007-2008. \$4,000.

Research Associate, *Rural Prosperity: A longitudinal study of rural communities and rural low-income families*. National Research Initiative Competitive Grants Program, Rural development section, USDA/CSREES. 2004-2006. \$499,998. Principal Investigator: Dr. Jean Bauer, University of Minnesota.

PUBLICATIONS

Professional Articles, Manuscripts Published, Refereed:

Mammen, S., **Sano, Y.**, Braun, B., & Maring, E.F. (in press). Shaping Core Health Messages: Rural, Low-Income Mothers Speak Through Participatory Action Research. *Health Communication*.

Sano, Y., Mammen, S., & Oliver, B. (2018). Food insecurity among rural, low-income families. *Family Science Review*, 22(1).

Mammen, S., & **Sano, Y.** (2018). Rural, low-income families and their well-being: Findings from 20 years of research. *Family Science Review*, 22(1).

Dyk, P. D., Radunovich, H., **Sano, Y.** (2018). Health challenges faced by rural, low-income families: Insights into health disparities. *Family Science Review*, 22(1).

Cancel-Tirado, D., Feeney, S., Washburn, I. Greder, K., & **Sano, Y.** (2018). Health, Wellbeing, and Healthcare Access in Rural Communities: Comparing Latino and Non-Latino White Low-income Families. *Family & Community Health*, 41(2):73-82 doi: 10.1097/FCH.0000000000000193

Sano, Y., Greder, K., & Mammen, S. (2017). Relationship between Rural, Low-Income Mothers' Health Literacy and Depressive Symptoms in the Family Context. *Medical Research Archives*, 5(1). doi: <http://dx.doi.org/10.18103/mra.v5i1.948>

Barnett, M. A., Yancura, L., Wilmoth, J., & **Sano, Y.** (2016). Wellbeing among Rural Grandfamilies in Two Multigenerational Household Structures. *GrandFamilies: The Contemporary Journal of Research, Practice and Policy*, 3 (1). Available at: <http://scholarworks.wmich.edu/grandfamilies/vol3/iss1/4>

Manoogian, M. M., Jurich, J., **Sano, Y.**, & Ko Ju-Lien. (2015). "My kids are more important than money:" Parenting expectations and commitment among Appalachian, low-income mothers. *Journal of Family Issues*. 36(3), 326-350. doi: 10.1177/0192513X13490402.

Tabatabaei-Moghaddam, H., **Sano, Y.**, & Mammen, S. (2014). A case study in creating oral health messages for rural low-income families: A comparison to the Cultural Appropriateness (CA) framework. *Health Promotion and Practice*, 15(5). doi: 10.1177/1524839914533567.

Jeong, Y. J., Zvonkovic, A. M., **Sano, Y.**, & Acock, A. C. (2013). The occurrence and frequency of overnight job travel in the US. *Work, Employment, and Society*, 27(1). 138-152. doi:10.1177/0950017012460328

Mammen, S., & **Sano, Y.** (2012). Gaining access to economically marginalized rural populations: Lessons learned from non-probability sampling. *Rural Sociology*, 77(3), 462-482. doi: 10.1111/j.1549-0831.2012.00083.x

Sano, Y., Manoogian, M., & Ontai, L. (2012). "The kids still come first:" Creating family stability during partnership instability in rural, low-income families. *Journal of Family Issues*, 33, 942-965. doi: 10.1177/0192513X11430820

- Sano, Y.,** Smith, S. R., & Lanigan, J. (2011). Predicting presence and level of nonresident fathers' involvement in infants' lives: Mothers' perspective. *Journal of Divorce and Remarriage*, *52*, 350-368. doi: 10.1080/10502556.2011.586613
- Sano, Y.,** & Manoogian, M. (2011). "I wanted a fresh start from where I was:" Rural low-income women's experiences of multiple partnership transitions. *Michigan Family Review*, *15*(1), 1-15. <http://quod.lib.umich.edu/cgi/p/pod/dod-idx?c=mfr;idno=4919087.0015.101>
- Sano, Y.,** Garasky, S., Greder, K., Cook, C.C., & Browder, D. E. (2011). Understanding food security among Latino immigrant families in rural America. *Journal of Family and Economic Issues*, *32*(1), 111-123. doi: 10.1007/s10834-010-9219-y
- Sano, Y.,** Katras, M. J., Lee, J., Bauer, J., & Berry, A. (2010). Working toward sustained employment: A closer look on intermittent employment of rural low-income mothers. *Families in Society: The Journal of Contemporary Social Services*, *91*(4), 342-349. doi: 10.1606/1044-3894.4039
- Bolkan, C. R., **Sano, Y.,** De Costa, J. L., Acock, A. C., & Day, R. D. (2010). Early adolescents' perceptions of mothers' and fathers' parenting styles and problem behavior. *Marriage and Family Review*, *46*, 563-579. doi: 10.1080/01494929.2010.543040
- Greder, K., **Sano, Y.,** Cook, C. C., Garasky, S., Ortiz, L. & Ontai, L. (2009). Understanding the relationship between transnationalism and the housing and health risks of rural Latino immigrant families. *Family and Consumer Science Research Journal*, *38*(2), 186-207. doi: 10.1111/j.1552-3934.2009.00020.x
- Sano, Y.,** Richards, L. N., & Zvonkovic, A. M. (2008). Are mothers really "gatekeepers" of children?: Rural mothers' perception of nonresident father's involvement in Low-Income Families. *Journal of Family Issues*, *29*, 1701-1723. doi:10.1177/0192513X08321543
- Sano, Y.,** Dolan, E. M., Richards, L. N., Bauer, J., & Braun, B. (2008). Employment patterns, family resources, and perception: Examining depressive symptoms among rural low-income mothers. *Journal of Rural Community Psychology*. *E11* (1).
- Ontai, L., **Sano, Y.,** Pong, H. N., Conger, K. (2008). Low-income rural mothers' perceptions of parent confidence: Role of family health problems and partner status. *Family Relations*, *57*, 324-334. doi: 10.1111/j.1741-3729.2008.00503.x
- Berry, A., Katras, M. J., **Sano, Y.,** Lee, J., & Bauer, J. (2008). Job volatility of rural low-income mothers: Mixed method approach. *Journal of Family and Economic Issue*, *29*, 5-22. doi: 10.1007/s10834-007-9096-1

Professional Articles, Manuscripts Under Review, Refereed:

- Yancura, L., Barnett, M., Mammen, S., & **Sano, Y.** (Revise and Resubmit). Context Matters: Critical Grandparent Contributions to Low-Income Rural Families. *Family Relations*.

Professional Articles Published, Non-Refereed:

- Porter, N. & **Sano, Y.** (2009). Father involvement in Japanese families. *NCFR Report Family Focus*. *54*(1), F13, F15.
- Sano, Y.** (2006). Single-mother families and social welfare in Japan. *NCFR Report Family Focus*, *51*(1), F9-F11.

Encyclopedia Entries Published, Non-Refereed:

Greder, K., & **Sano, Y.** (2011). Health seeking behavior in families. In M. J. Craft-Rosenberg & S. R. Pehler (Eds.) *Encyclopedia of family health*. Thousand Oaks, CA: Sage.

Acock, A. C., & **Sano, Y.** (2003). Research: Methodology. In Ponzetti, J. (ed.) *International encyclopedia of marriage and family, 2nd Ed.* (pp. 1331-1337). NY: Macmillan.

Book Chapters Published:

Berry, A., **Sano, Y.**, Katras, M. J., Lee, J. (2014) Staying-at-home: Cases of rural low-income mothers. In. E. R. Boyd & G. Letherby (Eds.). *Stay at home mothers: An international perspective*. Bradford, ON, Canada: Pemeter Press.

Sano, Y. & Yasumoto, S. (2014). Policy responses to population declining society: Development and challenges of family policies in Japan. In M. Robila (Ed.). *Family policies across the globe*. (pp. 319-331.) New York, NY: Springer Publishing.

Sano, Y., Richards, L. N., & Lee, J. (2011). Invisible barriers to employment: Mental and behavioral health problems that hinder self-sufficiency. In J. W. Bauer & E. M. Dolan (Eds). *Rural mothers and work: Contexts and problems*. (pp. 77-98.) New York, NY: Springer Publishing.

Sano, Y. & Richards, L. N. (2011). Physical health and economic well-being: The rural perspective. In J. W. Bauer & E. M. Dolan (Eds). *Rural mothers and work: Contexts and problems*. (pp. 99-116). New York, NY: Springer Publishing.

Greder, K., Cook, C., Garasky, S., **Sano, Y.**, & Randall, B. (2009). Rural Latino immigrant families: Hunger, housing, and economic well-being. In R. L. Dalla, J. DeFrain, J. Johnson, & D. A. Abbott (Eds.) *Strengths and challenges of new immigrant families: Implications for research, policy, education and service*. (pp. 345-368). Lanham, MD: Lexington Books.

Sano, Y. (2005). The unanticipated consequences of promoting father involvement: A feminist perspective. In V. L. Bengtson, A. C. Acock, K. R. Allen, P. Dilworth-Anderson, & D. M. Klein (Eds.) *Sourcebook of family theory & research*. (pp. 355-356). Thousand Oaks, CA: Sage.

Articles in Research Proceedings, Refereed:

Bauer, J. W., Son, S., Lee J., Katras, M. J., **Sano, Y.**, & Berry, A. A. (2009). Challenges with employment: Trajectories and supportive environments. *Consumer Interest Annual*, 55, 80-82.
http://www.consumerinterests.org/images/CIA_2009_Final.pdf

Sano, Y., Dolan, E. M., Richards, L. N., Bauer, J., & Braun, B. (2008). Employment patterns, family resources, and perception: Examining depressive symptoms among rural low-income mothers (Abstract). *Consumer Interest Annual*, 54, 164-165.
<http://www.consumerinterests.org/files/public/55.SanoDolanRichardsBauerBraun.pdf>

Cook, C., Bentzinger, A., Greder, K., Garasky, S., **Sano, Y.**, Ontai, L., & Browder, D. (2008). The road to homeownership: Examining housing histories among recent Latino immigrants. *Proceedings of the 2008 Annual Conference of the Housing Education and Research Association*, Indianapolis, IN.

Sano, Y., & Acock, A. C. (2005). Predicting presence and level of nonresident fathers' involvement. *Proceedings of the 35th Annual Theory Construction and Research Methodology Workshop of the National Council on Family Relations*, Phoenix, AZ.

Jeong, Y., Zvonkovic, A. M., **Sano, Y.**, & Acock, A. (2005). Gender and work-related travel: Understanding the absence and the frequency of job travel. *Proceedings of the 35th Annual Theory Construction and Research Methodology Workshop of the National Council on Family Relations*, Phoenix, AZ.

Dolan, E. M., Richards, L. N., **Sano, Y.**, Bauer, J., & Braun, B. (2005). Linkages between employment patterns and depression over time: The case of low-income rural mothers. *Consumer Interest Annual*, 51, 225-229. <http://www.consumerinterests.org/i4a/pages/Index.cfm?pageid=4043>

Technical Reports, Non-Refereed:

Mammen, S. & **Sano, Y.** (2013). *Rural Families Speak about Health: Basebook*. Technical report prepared for the Rural Families Speak about Health project team.

Bauer, J. W., Katras, M. J., Lee, J., **Sano, Y.**, Richards, L., Swanson, J., & Seiling S. (2007). *Rural prosperity: A longitudinal study of rural communities and rural low-income families*. Technical report prepared for the USDA, National Research Initiative Cooperative Grant Program (NRICGP).

Richards, L. N., **Sano, Y.**, & Merrill, M. (2004). *Expansion in a time of challenge. Outcome evaluation of Oregon's 2002/2003 Even Start programs*. Technical report prepared for the Oregon Even Start Programs and Department of Community Colleges & Workforce Development, Oregon Department of Education. Corvallis, OR: College of Home Economics and Education, Oregon State University.

Richards, L. N., Merrill, M., & **Sano, Y.** (2003). *A year of expansion: Outcome for 2001/2002 Even Start programs in Oregon*. Technical report prepared for the Oregon Even Start Programs and Department of Community Colleges & Workforce Development, Oregon Department of Education. Corvallis, OR: College of Home Economics and Education, Oregon State University.

Richards, L. N., **Sano, Y.**, & Guyer, A. (2002). *Looking forward, looking back: Outcomes of Oregon's 2000/2001 Even Start programs*. Technical report prepared for the Oregon Even Start Programs and Department of Community Colleges & Workforce Development, Oregon Department of Education. Corvallis, OR: College of Home Economics and Education, Oregon State University.

Richards, L. N., **Sano, Y.**, & Corson, C. (2001). *A foundation for the future: Outcomes of Oregon's 1999/2000 Even Start programs*. Technical report prepared for the Oregon Even Start Programs and Department of Community Colleges & Workforce Development, Oregon Department of Education. Corvallis, OR: College of Home Economics and Education, Oregon State University.

Richards, L. N., Merrill, M., Corson, C., **Sano, Y.**, Graham, N., & Weber, P. (2000). *After we say goodbye: A follow-up of Oregon's Even Start families*. Technical report prepared for the Office of Community Colleges and Work Force Development, Oregon Department of Education. Corvallis, OR: College of Home Economics and Education, Oregon State University.

PRESENTATIONS

International / National: Refereed:

2018

Radunovich, H., Wiles, B., Dyk, P., **Sano, Y.**, Smith, S., Berry, A., Ferraro, A., & Piper, J. (August, 2018). Rural mothers' understanding of the Affordable Care Act and implications for health and mental health. Presentation at the National Association for Rural Mental Health 44th annual conference, New Orleans, LA.

2017

Davis, L., Cancel-Tirado, D., Feeney, S., **Sano, Y.**, & Greder, K. (October, 2017). Addressing child care deserts in Oregon: Eliminating upstream barriers to promoting maternal and child well-being. Presented at the annual conference of the Oregon Public Health Association conference, Corvallis, OR.

Sano, Y., Routh, B., & Lanigan, J. (November, 2017). Understanding the Food Environment of Rural Low-Income Families. Poster presented at the annual meeting of the National Council on Family Relations, Orlando, FL.

Cancel-Tirado, D., Feeney, S., Washburn, I., **Sano, Y.**, & Greder, K. (November, 2017). Rural Latino and Non-Latino White Families' Health Outcomes and Healthcare Access. Poster presented at the annual meeting of the National Council on Family Relations, Orlando, FL.

2016

Sano, Y. & Mammen, S. (June, 2016). A strategy to improve the health and well-being of rural, low-income families. Poster presentation at the annual meeting of the Society for Prevention Science, San Francisco, CA.

Sano, Y., Mammen, S., & Greder, K. (November, 2016). Degree of privation among rural Hispanic families. Poster presentation at the annual meeting of the National Council on Family Relations, Minneapolis, MN.

Greder, K., Routh, B., Mammen, S., & **Sano, Y.** (November, 2016). The effects of rural low-income mothers' understanding of health information on obesogenic behaviors and mothers' body weight. National Council on Family Relations, Minneapolis, MN.

2015

Sano, Y., McGuire, J., Greder, K., & Greer, B. (November 2015). Food insecurity, family environment and child health outcomes of rural families. Poster symposium at the annual meeting of the National Council on Family Relations, Vancouver, B.C.

Mammen, S., Berry, A., Bird, C., Burney, J. & **Sano, Y.** (November 2015). Empowering marginalized rural families through health security. Poster symposium at the annual meeting of the National Council on Family Relations, Vancouver, B.C.

Ontai, L., Hollis, N., Barnett, M. Greder, K., McGuire, J., Radunovich, H., & **Sano, Y.** (November 2015). Psycho-social risk and hilec obesity in low-income, rural families. Paper presentation at the annual meeting of the National Council on Family Relations, Vancouver, B.C.

Routh, B., Greder, K., Katras, M. J., **Sano, Y.** & De Alvarez, S. (April, 2015). Rural low-income mothers using the internet for health information. Paper presentation at the annual Rural Multiracial and Multicultural Health Conference, Philadelphia, PA.

2014

Greder, K., **Sano, Y.**, Mammen, S., & Doudna, K. (November, 2014). Relationships between health and rural low-income mothers' internet use. Poster symposium at the annual meeting of the National Council on Family Relations, Baltimore, MD.

Yasumoto, S., & **Sano, Y.** (August, 2014). Recreating the meaning of masculinity: A content analysis of letters written by Japanese working fathers. Paper presentation at the annual meeting on the American Sociological Association, San Francisco, CA.

2013

Yasumoto, S. & **Sano, Y.** (October, 2013). Balancing the “father” and the “worker”: A content analysis of letters written by fathers who took a parental leave. Paper presented at the annual meeting on the Ethnographies of Hope in Contemporary Japan. Osaka, Japan.

Sano, Y. Gibbs, L., & Vaughn, L. (April, 2013). Family environment during meal time in rural low-income families. Poster presentation at the annual meeting on the American Council for Consumer Interests, Portland, OR.

Yancura, L. A., Ontai, L., & **Sano, Y.** (March, 2013). Effects of family structure on food, nutrition, and physical activity in the rural families speak about health project. Paper presentation at the International Conference on Health, Wellness and Society, Sao Paulo, Brazil.

2012

Reina, A., DeSlowing, F. R., Greder, K., & **Sano, Y.** (November, 2012). Core health messages: A strategy to improve the health and well-being of rural low-income families. . Poster presentation at the annual meeting of the National Council on family Relations, Phoenix, AZ.

Greder, K. **Sano, Y.**, & Mammen, S. (April, 2012). *Link between health status, health literacy and Internet use among rural low-income mothers.* Paper presentation at the 15th annual Priester National Extension Health Conference, Washington, D.C.

Yasumoto, S., & **Sano, Y.** (March, 2012). Recreating cultural discourse of masculinity: Japanese fathers who took a parental leave. Paper presentation at the annual conference of Association of Asian Studies, Toronto, Canada.

2011

Sano, Y. & Manoogian, M. (2011, November). *Rural low-income women’s experiences of multiple partnership transitions.* Poster presentation at the annual meeting of the National Council on Family Relations, Orlando, FL.

Lee, J., Richards, L. N., & **Sano, Y.** (2011, November). *Physical and mental health as a barrier to employment.* Paper presentation at the annual meeting of the National Council on family Relations, Orlando, FL.

Holman, E., Oswald, R., Greder, K., **Sano, Y.**, & Mammen, S. (2011, November). *Social support and financial stress: Moderators between poverty & well-being.* Poster presentation at the annual meeting of the National Council on family Relations, Orlando, FL.

Braun, B., Maring, E. F., Mammen, S., **Sano, Y.**, & Aldoory, L. (2011, October). Exploring oral health literacy messages among rural, low-income mothers. Paper presentation at the American Public Health Association’s (APHA) 139th Annual Meeting and Exposition, Washington D. C.

Greder, K., Young, S., & **Sano, Y.** (2011, July). Factors related to the prevalence of health insurance and health issues among rural, low-income Mexican families in the United States. Poster presentation at the biennial meeting of Asian Consumer & Family Economics Association, Seoul, Korea.

2010

Sano, Y., & Richards, L. N. (2010, November). *Invisible barriers to work: Mental and behavioral health problems in context of employment.* Paper presented at the annual meeting of the National Council on Family Relations, Minneapolis, MN.

Zvonkovic, A., Kostina-Ritchey, R. E., & **Sano, Y.** (2010, November). *Fathers who travel for work: Constructing father involvement intermittently*. Paper presented at the annual meeting of the National Council on Family Relations, Minneapolis, MN.

2009

Sano, Y., Manoogian, M. M., & Ontai, L. (2009, November). *Creating stability in fragile partnerships in rural low-income families*. Poster presented at the annual meeting of the National Council on Family Relations, San Francisco, CA.

Bauer, J. W., Son, S, Lee, J., Katras, M. J., **Sano, Y.**, Berry, A., &. (2009, July). *Challenges with intermittent employment: Trajectories and supportive environments*. Paper presented at the annual meeting of American Agricultural Economics Association & American Council on Consumer Interest joint conference, Milwaukee, WI.

Sano, Y. (2009, April). *The role of social networks in nonresident fathers*. Paper presented at the biennial meeting of the Society for Research in Child Development, Denver, CO.

2008

Sano, Y., Katras, M. J., Lee, J., Bauer, J, Berry, A. (2008, November). *Struggle for stable employment: Examination of mothers with intermittent employment*. Paper presented at the annual meeting of the National Council on Family Relations, Little Rock, AR

Berry, A., Katras, M. J., **Sano, Y.**, Lee, J., & Bauer, J. (2008, November). *Job volatility of rural low-income mothers: How policy can make a difference?*. Paper presented at the annual meeting of the National Council on Family Relations, Little Rock, AR

Cook, C., Bentzinger, A., Greder, K., Garasky, S., **Sano, Y.**, Ontai, L., & Browder, D. (2008, October). *The road to homeownership: Examining housing histories among recent Latino immigrants*. Paper presented at the annual conference of the Housing Education and Research Association, Indianapolis, IN.

Sano, Y., Dolan, E. M., Richards, L. N., Bauer, J., & Braun, B. (2008, July). *Employment patterns, family resources, and perception: Examining depressive symptoms among rural low-income mothers*. Poster presented at the annual meeting of American Agricultural Economics Association & American Council on Consumer Interest joint conference, Orlando, FL.

2007

Sano, Y., Ontai, L., & Pong, H. (2007, November). *Health and parent confidence in single and coresident low-income, rural mothers*. Paper presented at the annual meeting of the National Council on Family Relations, Pittsburgh, PA.

Sano, Y. (2007, August). *The role of social support systems and nonresident fathers' involvement*. In a sociology of family roundtable. Paper presented at the annual meeting of the American Sociological Association, New York, NY.

Pong, H., Ontai, L., Varcoe, K., & **Sano, Y.** (2007, March). *Life skills as a resilient factor for parenting in low-income rural families*. Poster presented at the biennial meeting of the Society for Research in Child Development, Boston, MA.

2006

Greder, K., **Sano, Y.**, Cook, C., & Garasky, S. (2006, November). *Rural Latino families: Hunger and housing*. Paper presented at the annual meeting of the National Council on Family Relations, Minneapolis, MN.

Cook, C., Greder, K., Garasky, S., **Sano, Y.**, & Randall, B.. (2006, October). *Housing hardship and food insecurity: Understanding the circumstances of rural Latinos*. Paper presented at the annual meeting of the Housing Education and Research Association, Ithaca, NY.

Taylor, A., **Sano, Y.**, Manoogian, M., & Feeney, S. (2006, August). *Is marriage important for relationship longevity?: Factors predicting long term stable relationships in rural low income families*. Poster presented at the annual meeting of the American Psychological Association, New Orleans, LA.

2005

Sano, Y., & Acock, A. C. (2005, November). *Predicting presence and level of nonresident fathers' involvement*. Presented at the annual meeting of the Theory Construction and Research Methodology Workshop of the National Council on Family Relations, Phoenix, AZ.

Jeong, Y., Zvonkovic, A. M., **Sano, Y.**, & Acock, A. (2005, November). *Gender and work-related travel. Understanding the absence and the frequency of job travel*. Presented at the annual meeting of the Theory Construction and Research Methodology Workshop of the National Council on Family Relations, Phoenix, AZ.

Sano, Y. (2005, September). *Methodological considerations in social science: Report from the United States*. Presented at a round table at the annual meeting of the Japanese Society for Family Sociology, Matsue, Shimane, Japan.

Dolan, E. M., Richards, L. N., **Sano, Y.**, Bauer, J., & Braun, B. (2005, April). *Linkages between employment patterns and depression over time: The case of low-income rural mothers*. Paper presented at the annual meeting of the American Council on Consumer Interests, Columbus, OH.

Pong, H. Ontai-Grzebik, L., & **Sano, Y.** (2005, April). *Predictors of parental efficacy in single parent low-income rural families*. Poster presented at the biennial meeting of the Society for Research in Child Development, Atlanta, GA.

2004

Sano, Y., & Richards, L. N. (2004, November). *Women around fathers: The role of social support systems in promoting father-child interaction after separation*. Paper presented at the annual meeting of the National Council on Family Relations, Orlando, FL.

Sano, Y. (2004, March). *The role of nonresident fathers on early adolescents' depression*. Poster presented at the annual meeting of the Japanese Society of Developmental Psychology, Tokyo, Japan.

2003

Sano, Y., & Richards, L. N. (2003, November). *Are mothers really gatekeepers of children?: Mothers' perception of nonresident fathers' involvement after separation*. Paper presented at the annual meeting of the National Council on Family Relations, Vancouver, BC.

Sano, Y. (2003, June). *Single mother families and social welfare in Japan*. Poster presented at the International Women's Policy Research Conference, Washington, DC.

Moon, E., **Sano, Y.**, & Matsumoto, M. (2003, June). *U.S. militarism and women in East Asia*. Poster presented at the International Women's Policy Research Conference, Washington, DC.

Sano, Y. (2003, March). *The influence of maternal employment on children: Comparison of Japan and the United States*. Poster presented at the annual meeting of the Japanese Society of Developmental Psychology, Kobe, Japan.

2001

Richards, L. N., Merrill, M., Corson, C., **Sano, Y.**, Graham, N., & Weber, P. (2001, November). *After we say goodbye: A follow-up of Oregon's Even Start families*. Paper presented at the annual meeting of the National Council on Family Relations, Rochester, NY.

Regional/State: Refereed:

Sykalo, C., & **Sano, Y.** (April, 2015). Cultural effects on family nutrition and health. Poster presentation at the annual meeting on the Northwest Council on Family Relations. Portland, OR.

Fellows, T., & **Sano, Y.** (April, 2014). The impact of mothers' perceptions on family health management. Poster presentation at the annual meeting on the Northwest Council on Family Relations. Portland, OR.

Tabatabaei-Moghaddam, H. & **Sano, Y.** (April 2013). Oral health communication: Creating culturally appropriate messages for rural communities. Oral presentation at the annual meeting on the Northwest Council on Family Relations. Portland, OR.

Sano, Y., Manoogian, M. M., & Ontai, L. (2010, March). *Creating stability in fragile partnerships in rural low-income families*. Poster presented at the biennial meeting of the Northwest Council on Family Relations, Vancouver, WA.

Jeong, Y., Zvonkovic, A. M., **Sano, Y.**, & Acock, A. (2006, June). *Impact of gender on work-related travel*. Paper presented at the Northwest Council on Family Relations, Calgary, Alberta.

Richards, L. N., **Sano, Y.**, & Merrill, M. (2005, April). *A longitudinal look at family well-being in rural low-income Latino families in three states*. Presented at the Western Poverty Research Conference, Logan, UT.

Sano, Y. (2003, May). *Protecting mothers and children: Custodial mothers' perception of nonresident fathers' involvement after divorce*. Presented at the annual Graduate Students Conference, Corvallis, OR.

Sano, Y. (2003, April). *Intersection of gender and culture: Comparison of adolescents' ideologies in Japan and the United States*. Presented at the annual conference of the Gender and Culture, Corvallis, OR.

Sano, Y., Corson, C., & Richards, L. N. (2002, June). *Health, well-being and financial self-sufficiency of low-income families in the context of a family literacy program*. Paper presented at the biennial meeting of the Northwest Council on Family Relations, Vancouver, BC.

USDA "Rural Families Speak" annual research review meeting: Non-refereed:

Sano, Y., Greder, K., Cook, C., & Garasky, S. (2006, October). *Rural Latino immigrant families: Hunger, housing, and economic well-being*. Rural Families Speak annual meeting, Lexington, KY.

Berry, A., Katras, M. J., **Sano, Y.**, Bauer, J., & Lee, J. (2006, October). *Job volatility of rural low-income mothers: Mixed method approach*. Rural Families Speak annual meeting, Lexington, KY.

Pong, H. N., Ontai, L., Vercoe, K., & **Sano, Y.** (2006, October). *Differential influence of social supports on parenting for single vs. partnered low-income rural mothers*. Rural Families Speak annual meeting, Lexington, KY.

Ontai-Grzebik, L., **Sano, Y.**, & Pong, H. N. (2005, October). *Development of analytical models of Health risk, single-motherhood, and parental efficacy in rural low-income families*. Rural Families Speak annual meeting, Portland, OR.

Invited Presentations

Sano, Y. (2011, November). Panelist. In J. W. Bauer & E. M. Dolan (Chairs). *Policies that facilitate rural, low-income families' ability to work*. Symposium conducted at the annual meeting of the National Council on Family Relations, Orlando, FL.

Sano, Y. (2010, January). *Rural families speak about health: Interactions of individual, family, and community on the mental and physical health of low-income families*. Poster presented at the Washington State University Vancouver Regents meeting. Washington State University Vancouver, Vancouver, WA.

Sano, Y. (2009, May). *Understanding food insecurity of Latino immigrant families in rural America*. Presented in a webinar: Examining the well-being of rural Mexican immigrant mothers: A look at food security, housing, and depression. Iowa State University Extension.

Sano, Y. (2005, November). Panelist. In A. Zvonkovic (Chair). *Builders of theory: Theorizing as students and new professionals*. Student/New Professional & Research and Theory Session. Symposium conducted at the annual meeting of the Theory Construction and Research Methodology Workshop of the National Council of Family Relations, Phoenix, AZ.

Sano, Y. (2004, March). *Personal experience of medical systems in the United States*. In *The Future of Community Health Care*. Presented at the Ibaraki Medical Association, Tsuchiura, Ibaraki, Japan.

ACADEMIC ADVISING & MENTORING / STUDENT SUPERVISION

Washington State University Vancouver

Mentoring Committee Member for Tenure and Promotion

Kristine Munholland, (Chair, 2016-present). Clinical Assistant Professor, Department of Human Development (Vancouver Campus).

Amy Salazar, (Member, 2017-2018). Clinical Assistant Professor, Department of Human Development (Vancouver Campus).

Robby Cooper, (2016-2017). Clinical Assistant Professor, Department of Human Development (Pullman Campus).

Dissertation Major Advisor

Myah Houghten (2016-present). Ph. D. Candidate in Prevention Science, Department of Human Development (Spokane Campus).

Dissertation Committee Member

Alexandra Malia Jackson (2017-present). Ph.D. candidate in Prevention Science, Department of Human Development (Vancouver Campus).

Karina Silva Garcia (2016-present). Ph.D. candidate in Prevention Science, Department of Human Development (Pullman Campus).

Yadira Olivera (2015-2017). Ph.D. candidate in Prevention Science, Department of Human Development (Pullman Campus). Dissertation title: *"Preliminary Evaluation of a Program to*

Help Low-Income Latina Mothers Help Their Children Cope with Stress: A Mixed Method Approach.”

Master Thesis Committee Member

Hana Nishikawa. (2011-2013). M.A. in Human Development, Department of Human Development (Pullman Campus). Thesis title: *“Intercultural marriage: Parenting and communication.”*

Lana Ione Wood. (2009-2012). M.A. in Human Development, Department of Human Development (Pullman Campus). Thesis title: *“Religiosity and heteronormativity: Parent-Adolescent communication about sex and sexual identity.”*

Wendy Ewest. (2009-2010). M.A. in Human Development, Department of Human Development (Pullman Campus). Thesis title: *“Economic pressure and support among economically disadvantaged mothers of Mexican descent: An examination by marital and generational status.”*

Amy Nicole Dyer. (2007-2009). M.A. in Human Development, Department of Human Development (Pullman Campus). Thesis title: *“Family structure, couple processes, and child physical abuse.”*

Undergraduate Research Supervisor

Christine Sykalo (2014-2015). Honor student, University Scholars and Honors Program. Enrolled in Honors 450 & HD485 Participation in human development research. Project title: *“Slavic families speak about health.”*

- Applied for and awarded funding through the *University Scholar Program Research Award*.
- Earned 1st prize for poster presentation in the Undergraduate Students Category at the Vancouver Research Showcase, April, 2015.
- Earned 1st place at the annual meeting on the Northwest Council on Family Relations. Portland, OR.

Tamicka Fellows. (2013-2014). Undergraduate student in Human Development. Enrolled in HD485 Participation in human development research. Project title: *“The impact of mothers’ perceptions on family health management.”*

- Applied for and awarded funding through the *Human Development Undergraduate Research Award*.
- Earned 2nd place at the annual meeting on the Northwest Council on Family Relations. Portland, OR.

Jody Guerra. (2012). Undergraduate student in Human Development. Enrolled in HD485 Participation in human development research. Project title: *“Health beliefs and behaviors of rural, Hispanic mothers.”*

Leslee Gibbs. (2011). Undergraduate student in Human Development. Enrolled in HD485 Participation in human development research. Project title: *“Understanding childhood obesity and family environment among rural low-income households.”*

- Applied for and awarded funding through the *College of Agricultural, Human, & Natural Resource Sciences Undergraduate Research & Creative Project*.

Lorrie Vaughn. (2011). Undergraduate student in Human Development. Enrolled in HD485 Participation in human development research. Project title: *“Understanding childhood obesity and family environment among rural low-income households.”*

- Applied for and awarded funding through the *College of Agricultural, Human, & Natural Resource Sciences Undergraduate Research & Creative Project*.

- Rebecca Bawal. (2011). Undergraduate student in Human Development. Enrolled in HD485 Participation in human development research. Project title: “*Core health messages: Examining the effectiveness of the messages on low-income mothers in rural Washington.*”
- Earned 1st prize for poster presentation in the Undergraduate Students Category at the Vancouver Research Showcase, April, 2011.
- Jocelyn Glessing. (2010-2011). Undergraduate student in Human Development. Enrolled in HD485 Participation in human development research. Project title: *Core health messages: Examining the effectiveness of the messages on low-income mothers in rural Washington.*”
- Applied for and awarded funding through the *College of Agricultural, Human, & Natural Resource Sciences Undergraduate Research & Creative Project.*
 - Earned 2nd prize for poster presentation in the Human Sciences Category at the CAHNRS Undergraduate Research and Creative Project Poster Fair, April, 2011.
- Richelle Ellison. (2009-2010). Undergraduate student in Human Development. Enrolled in HD485 Participation in human development research. Project title: “*Breaking the cycle of poverty and poor health: Identifying factors that improve health status of rural low-income families.*”
- Applied for and awarded funding through the *College of Agricultural, Human, & Natural Resource Sciences Undergraduate Research & Creative Project.*
 - Presented a research poster at the CAHNRS Undergraduate Research and Creative Project Poster Fair, April, 2010.
- Karen Furnanz. (2008-2009). Undergraduate student in Human Development. Enrolled in HD485 Participation in human development research. Project title: “*Building emergent literacy in young children: A collaborative study with Fort Vancouver Regional Library.*”
- Applied for and awarded funding through the *College of Agricultural, Human, & Natural Resource Sciences Undergraduate Research & Creative Project.*
 - Presented a research poster at the CAHNRS Undergraduate Research and Creative Project Poster Fair, April, 2009.
- Karen Weber. (2008-2009). Undergraduate student in Human Development. Enrolled in HD485 Participation in human development research. Project title: “*Child support trajectories of rural low-income mothers.*”
- Tamra Lafrazia. (2008). Undergraduate student in Human Development. Enrolled in HD485 Participation in human development research. Project title: “*Effects of military development on families.*”

Undergraduate Internship Supervisor

Logan Binder. (2011, Summer). Undergraduate student in Human Development. Enrolled in HD499 Special problems. Press intern for Washington Senator Patty Murray in Washington, D.C.

Undergraduate Academic Adviser/Mentor

Advising 20~25 undergraduate students per semester, Department of Human Development.

Oregon State University

Supervisor

Supervised 5 graduate and 32 undergraduate students’ research initiatives.

Honors Thesis Committee Member

James M. Tatum. (2005-2006). Honors College, Oregon State University. Thesis title: “*Comparing the health and healthcare needs of poor rural Hispanics and non-Hispanic Whites.*”

Internship Supervisor

Yu Jin Jeong. (2005). Ph.D. candidate in Human Development and Family Sciences, Department of Human Development and Family Sciences, Oregon State University.

TEACHING EXPERIENCE**Washington State University Vancouver: 2006-present**Courses Taught

Human Development 101	Life Span Approach to Human Development
Human Development 200	Introduction to the Field of Human Development
Human Development 220	Human Development Theories
Human Development 306	Child Development
Human Development 320	Family Resource Management
Human Development 310	Research Approaches to Human Development
Human Development 403	Families in Poverty
Human Development 410	Public Policy Issues Impacting Families and Individuals
Human Development 487	Special Topics—Human Development in Action: Research and Outreach
Human Development 513	Research Methods in Human Development (Co-instructor)

Guest Lectures

Honors 301	University Scholars Lecture Series
Human Development 200	Introduction to the Field of Human Development
Human Development 302	Parent-Child Relationship
Human Development 350	Diversity in Contemporary Families
Human Development 360	Death and Dying
Human Development 403	Families in Poverty
Human Development 487	HD in Action: Research and Outreach
Human Development 586	Prevention Science Proseminar
Family Social Science 8106	Families from an Economic Perspective
	Guest lecture via Skype at University of Minnesota

Oregon State University: 2000-2005Courses Taught

Human Development and Family Sciences 221	Infant and Child Development
Human Development and Family Sciences 447	Families and Poverty
Women's Studies 199	U.S. Militarism and Women in East Asia
Women's Studies 402	Women and Global Economy

Guest Lecturer

Human Development and Family Sciences 211	Infant and Child Development
Human Development and Family Sciences 341	Family Development
Human Development and Family Sciences 432	Children with Special Needs
Human Development and Family Sciences 471	World Consumer
Human Development and Family Sciences 546	Theories of Family Studies

Teaching Assistant

Human Development and Family Sciences 211 Infant and Child Development
 Human Development and Family Sciences 432 Children with Special Needs

University of Oregon: 1996-1997

Teaching Assistant

Psychology 385 Developmental Psychology

PROFESSIONAL ACTIVITIES

Grant Reviewer

Grant review panelist. (2019, August). USDA NIFA 1890 Institution Teaching, Research and Extension Capacity Building Grants (CBG) Program.

Grant review panelist. (2017, September). USDA NIFA 1890 Institution Teaching, Research and Extension Capacity Building Grants (CBG) Program.

Grant review panelist. (2015, July). USDA NIFA 1890 Institution Teaching, Research and Extension Capacity Building Grants (CBG) Program.

Editorship

Co-editor, Family Science Review (2018, Volume 22, Issue 1). Rural, low-income families and their well-being: Findings from 20 years of research.

Professional Service: National and Regional

Chair. (2014-2016)

NC1171 USDA multi-state longitudinal research project, *Rural Families Speak about Health*

Editorial Board Member. (2013-present).

Journal of Family and Economic Issues

Award Committee Member. (2012-2013).

Rueben Hill Award Committee. National Council on Family Relations

Renewal Committee Member. (2013).

NC1171 USDA multi-state longitudinal research project, *Rural Families Speak about Health*

Executive Officer & Co-Chair of Data Management. (2008-2012).

NC1171 USDA multi-state longitudinal research project, *Rural Families Speak about Health*

Affiliate Secretary/Treasurer. (2005-2011).

Northwest Council on Family Relations

Symposium Organizer: National

Organizer. (2015, November). Influence of risk and resilience factors on rural low-income family health. Family and Health section. National Council on Family Relations national conference, Vancouver, B.C.

Co-organizer. (2010, November). *Low-income rural families speak about health*. Family Policy Section. National Council on Family Relations national conference, Minneapolis, MN.

Organizer. (2009, November). *Exploring the complexity of family relationships in low-income families*. Family Policy Section. National Council on Family Relations national conference, San Francisco, CA.

Organizer. (2008, November). *Low-income rural mothers: How can policy support labor force participation in rural communities?*. Family Policy Section. National Council on Family Relations national conference, Little Rock, AR.

Organizer. (2008, November). *Lenses on resiliency: Asian female professors turning their struggles into empowerment*. Ethnic Minorities Section. National Council on Family Relations national conference, Little Rock, AR.

Co-organizer. (2007, November). *Health and rural, low-income families*. Family and Health section. National Council on Family Relations national conference, Pittsburgh, PA.

Ad-Hoc Reviewer

Ad-hoc reviewer. (2014-present). *Journal of Rural Mental Health*.

Ad-hoc reviewer. (2012-present). *Journal of Family and Economic Issues*.

Ad-hoc reviewer. (2010-present). *Journal of Family Issues*.

Ad-hoc reviewer. (2003-present). *Journal of Marriage and Family*.

Proposal Reviewer

National Council on Family Relations national conference presentations
International section. (2006-2011).
Research and Theory section. (2005-2011).

Northwest Council on Family Relations regional biennial conference presentation. (2006, 2008, 2010).

Jessie Bernard Proposal Award, Feminist and Family Studies section
National Council on Family Relations. (2006).

American Evaluation Association conference presentations
Human Service Evaluation Topical Interest Group. (2005).

CAMPUS AND COMMUNITY SERVICE

University Service: Washington State University (Pullman and Vancouver)

Chair, Hatch Umbrella Project, Health & Wellness group.

University Service: Washington State University Vancouver

Staff Excellence Nomination Committee (2014-2016)

Vancouver Diversity Council Committee (2007-2009; 2012-2015).

Faculty and Staff Recruitment and Retention sub-committee (2007-2008).

Search Committee for Diversity Council Fellow (2007-2008).

Research Showcase Steering Committee (2010-2011; 2013-2015).

Campus Scholarship Committee (2010-2013).

Vancouver Faculty Organization of Executive Committee (2008-2012).
 Symposium Organizer (2007-2008).
 International Faculty and Faculty of Color Professional Development Symposium
 Funded by Vancouver Diversity mini-grant

Departmental Service: Washington State University (Pullman and Vancouver)

Award/Recognition Committee (2017-present)
 Mentoring committee

- Kristine Munholland (Chair 2017-present; Committee Member 2016-2017).
- Amy Salazar (Committee Member, 2017-present).
- Robby Cooper (Committee Member 2016-2017)

 Strategic Planning Committee (Multi-campus; 2014)
 Vancouver Faculty Search Committee (2013-2014; 2014-2015)
 Pullman Faculty Search Committee Member (2013-2014)
 Benchmark Committee Member (2006-2013).
 Maintaining and enhancing a curriculum and program based on life-span development
 Research and scholarly activity improvement
 Undergraduate Curriculum Visionary Committee Member (2011)
 Human Development Diversity Committee (Multi-campus) (2007-2008).

Campus Service: Washington State University Vancouver

Student Club Advisor (2010-2015).
 Paddles and Cues: Student Ping Pong Club

Campus Service: Oregon State University

Volunteer, Poverty Simulations (2000-2006).
 Extension Family and Community Development, Oregon State University.
 Co-Organizer, HDFS 605, Graduate Professional Development Workshop. (2003, Winter).
 Human Development and Family Sciences, Oregon State University.

AWARDS AND HONORS

Nominee, 2015 Chancellor's Award for Research Excellence, Washington State University Vancouver
 (2015, March)
 Nominee, 2014 Women of Distinction/Woman of the Year Awards, Women's Resource Center, Washington
 State University. (2014, March).
 First Place, Best Poster Award, Annual Conference of American Council on Consumer Interests, Portland,
 OR. (2013, April).
 Best Article Award in Housing, Interior Design & Equipment section. American Association of Family and
 Consumer Sciences. (2009, June).
 Finalist, Best Poster Award, Joint Annual Conference of American Agricultural Economics Association &
 American Council on Consumer Interests, Orlando, FL. (2008, July).
 Faculty Travel Award, HDFS, Oregon State University (2005, November)
 Faculty Travel Award, HDFS, Oregon State University (2005, April).
 Thayer Raymond Fellowship, Oregon State University. (2004-2005).
 Thayer Raymond Fellowship, Oregon State University (2003-2004).
 Pugh Scholarship Award, Oregon State University (2003).
 Arthur E. Gravatt Fellowship, Oregon State University (2002-2003).

Fragile Families Summer Data Workshop Fellowship, Ford Foundation (2002).
Thayer Raymond Fellowship, Oregon State University (2001-2002).
Wood/Foster Fellowship, Oregon State University (2000-2001).
Nominee, Oregon Sports Lottery Scholarship, Oregon State University (1999-2000).
Betty E. Hawthorne Award, Oregon State University (1999-2000).
Kenneth S. Ghent Scholarship, University of Oregon (1996-1997).
Rotary Foundation Ambassadorial Scholarship, Rotary International Foundation (1994-1995).

PROFESSIONAL AFFILIATIONS

Japanese Society of Family Sociology
National Council on Family Relations
Northwest Council on Family Relations
Society for Prevention Research

Additional information available upon request.