

**CURRICULUM VITAE**  
**Kristine Alyse Munholland, Ph.D., MSW**

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**Washington State**  
**14204 NE Salmon Creek Ave.**  
**Vancouver, WA 98686**

**EDUCATION**

- Ph.D.** Human Development and Family Studies, University of Wisconsin-Madison, 2000
- M.S.** Social Work, University of Wisconsin-Madison, 1999
- M.S.** Child and Family Studies, University of Wisconsin-Madison, 1997
- B.A.** Psychology, Summa Cum Laude, With Honors in Psychology,  
Pennsylvania State University, 1991

**PROFESSIONAL EXPERIENCE**

**Teaching Appointments and Experience**

Clinical Assistant Professor, Human Development  
Washington State University Vancouver, 2016-present

Faculty, National Center for Death Education  
Mt. Ida College, 2012; 2016

Adjunct Assistant Professor, School of Social Work  
Portland State University, 2005; 2008-2013

Adjunct Assistant Professor, Department of Social and Behavioral Sciences  
University of Portland, 2010-2011

Instructor, University Studies  
Portland State University, 2000

Instructor, Child and Family Studies  
University of Wisconsin-Madison, 1998

Reading Assistant, School of Social Work  
University of Wisconsin-Madison, 1998

**Clinical Practice and Program Administration**

Bereavement Program Coordinator, 2003-2014  
Kaiser Permanente Hospice, Continuing Care Services, Portland, Oregon

Program Consultant, 2006-2007  
Growing Seeds Child Care, Portland, Oregon

Hospice Social Worker, 2001-2002  
Adventist Hospice, Portland, Oregon

Program Consultant/Support Center Organizer (Hope House), 2001-2002  
Lutheran Family Services/Lower Columbia Hospice, Astoria, Oregon

Substitute Group Coordinator, 2000-2003  
The Dougy Center, Portland, Oregon

Social Work Intern, 1999  
The Dougy Center, Portland, Oregon

Social Work Intern, 1998-1999  
Oncology and Radiotherapy Clinics, University of Wisconsin Hospital

Program Counselor, 1991  
Devereux Foundation, Bridgewater, New Jersey

### **Research Positions**

Project Assistant, 1998-1999  
Attachment Story Completion with Children of Divorce Project,  
University of Wisconsin-Madison  
Inge Bretherton, Ph.D., Director

Project Assistant, 1994-1997  
NICHD Study of Early Child Care, University of Wisconsin-Madison  
Deborah Lowe Vandell, Ph.D., Director

Clinical Interviewer, 1993-94  
Minnesota Twin Family Study, University of Minnesota  
William Iacono, Ph.D., Director

Research Assistant, 1991-92  
NIH/NICHD  
Laboratory of Comparative Ethology/Section on Social and Emotional Development  
Bethesda, MD  
Michael Lamb, Ph.D., Director

Research Assistant, 1989-91  
Department of Psychology, Pennsylvania State University  
Keith Crnic, Ph.D., Director

## **TEACHING ACTIVITY AND MENTORSHIP**

### **Graduate Courses Taught**

- SW 540 Human Behavior in the Social Environment (2009-2013)  
Graduate School of Social Work, Portland State University
- SW 545/591 Advanced Theories and Research of Human Behavior in the Social Environment: Child and Adolescent Development (2005; 2008-2009)  
Graduate School of Social Work, Portland State University
- SW 711 Human Behavior and the Social Environment (1998)  
School of Social Work, University of Wisconsin-Madison  
Shared responsibilities with course faculty for writing evaluation, grading, and course assignment development; select lectures provided

### **Graduate Student Thesis Committee Membership**

Jenna Tucker, M.S., (2014), "It's complicated: Facebook's role in romantic relationships considering relational uncertainty, attachment style, and self-esteem"; Department of Communication, Portland State University.

### **Undergraduate Courses Taught**

- HD 101 Human Development Across the Life Course (Sp16, Su16, Fa16)  
WSU Vancouver
- HD 204 Family Interactions (Fa16)  
WSU Vancouver
- HD 302 Parent-Child Relationships (Sp16, co-taught with S. Waters)  
WSU Vancouver
- HD 403 Families in Poverty (Sp16, Su16, Fa16)  
WSU Vancouver
- PSY 497 Internship for Psychology/Sociology/Social Work (Sp2011)  
Department of Social and Behavioral Sciences, University of Portland
- PSY 482A Group Counseling (Fa2010)  
Department of Social and Behavioral Sciences, University of Portland
- UNST 299 Contemporary Family Issues (Winter & Spring 2000)  
University Studies, Portland State University

CFS 366 Family Relationships (Sp1998)  
Child and Family Studies, University of Wisconsin-Madison

### **Additional Teaching Activity**

#### **Guest Lectures and Colloquia**

HD 220 Guest lecture on Life Course Theory (Fa16), WSU Vancouver

HD Colloquium “Bereavement as Social Process: Adolescent Adaptation after Parent Death”(Sp16), WSU Vancouver

PSY 360 “Working with Bereaved Children and Teens” (2003-2005)  
Childhood Bereavement, Human Sciences, Marylhurst University

SW 480 “Clinical Practice in Hospice and Bereavement Support” (2004)  
Theory and Practice of Social Work, University of Portland

SW 545 “Attachment and Loss: Theoretical Underpinnings and Practical Applications for Working with Youth” and “Grief and Loss: Supporting Bereaved Children and Teens” (2003-2004)  
HBSE, Graduate School of Social Work, Portland State University

PSY Colloquium “Responding Creatively, Interacting with Agency: Adolescents Accommodating Incongruence after Parent Death” (2003)  
Department of Psychology, Reed College

GPSY 899 “Coping with Loss: Working with Grieving Children and Teens” (2003)  
School of Professional Psychology, Pacific University

CFS 766 “Ethological Ideas about Attachment, Separation, and Loss” (1999)  
Attachment Theory & Relationships, Child and Family Studies,  
University of Wisconsin-Madison

CFS 516 “Impact of Death and Dying” (1998)  
Family Stress & Coping, Child and Family Studies, University of  
Wisconsin-Madison

SW 711 “Attachment Theory: Background, Research, and Relevance for Social Work” (1997-98)  
HBSE, School of Social Work, University of Wisconsin-Madison

CFS 494 “Father-Child Relations” and “Early Intervention” (1997-98)  
Parent-Child Relations, Child and Family Studies, University of  
Wisconsin-Madison

#### **Continuing Education/Graduate Medical Education**

- DE 509            Adolescent Grief: Understanding the Loss and How to Help (Sp16)  
National Center for Death Education, Mt. Ida College, 2016  
Online CEU course for professionals
- DE 535            Complicated Grief: Theory, Practice, & DSM-V Implications (Sp12, Sp16)  
National Center for Death Education, Mt. Ida College, 2012; 2016  
Online CEU course for professionals
- K.P. GME        “What’s Left After ‘Nothing Left to Do’?: Working with Dying, Death and  
Bereavement in Health Care” (2006-2014)  
Graduate Medical Education Seminar Series, N.W. Permanente Foundation, P.C.
- NHPCO            “Complicated grief: New understandings and implications” (2012, June)  
National webinar presented as part of the NHPCO Interdisciplinary Professional  
Education Series

### **Advising Activity**

Academic advising for HD undergraduate students (Fa16: 12 advisees)

Consultations with undergraduate students (8) and alumnus (1) (HD and non-HD) interested in MSW career/graduate education (Sp-Fa16)

## **PROFESSIONAL PUBLICATIONS, PRESENTATIONS, AND ACTIVITY**

### **Publications**

Bretherton, I., & Munholland, K.A. (2016). The internal working model construct in light of contemporary neuroimaging research. In J. Cassidy & P. Shaver (Eds.), Handbook of attachment: Theory, research, and clinical applications (3<sup>rd</sup> edition) (pp. 63-89). New York: Guilford.

Bretherton, I., & Munholland, K.A. (2008). Internal working models in attachment relationships: Elaborating a central construct in attachment theory. In J. Cassidy & P. Shaver (Eds.), Handbook of attachment: Theory, research, and clinical applications (2<sup>nd</sup> edition) (pp. 102-127). New York: Guilford.

Munholland, K. A. (2000). Experiencing and working with incongruence: Adaptation after parent death in adolescence. Unpublished doctoral dissertation, University of Wisconsin-Madison.

Bretherton, I., & Munholland, K. A. (1999). Internal working models in attachment relationships: A construct revisited. In J. Cassidy & P. Shaver (Eds.), Handbook of attachment: Theory, research, and clinical applications (pp. 89-111). New York: Guilford.

Munholland, K. A. (1997). Family triad interaction and children’s peer interactions: Examining the linkages for young children. Unpublished masters thesis, University of Wisconsin-Madison.

Munholland, K. A. (1991). Parenting daily hassles: Mother-father differences with young children. Unpublished senior honors thesis, Pennsylvania State University.

### **Conference Presentations**

Munholland, K.A. (2011, October). Grief in two weeks?: Proposed changes to DSM-V and implications for hospice bereavement care. Symposium presented at the annual Clinical Team Conference meeting of the National Hospice and Palliative Care Organization, San Diego, CA.

Munholland, K.A. (2011, September). Grief in two weeks?: Proposed changes to DSM-V and implications for bereavement care. Symposium presented at the annual Professional Practices Exchange of the Oregon Hospice Association, Bend, OR.

Munholland, K.A. (2009, September). Making room for hope in hospice: Reconsidering our support of patients and families. Symposium presented at the annual Clinical Team Conference meeting of the National Hospice and Palliative Care Organization, Denver, CO.

Maison, D., Preodor, M.E., Munholland, K.A., & Schumacher, J. (2009, September). EPEC – Developing core competencies for hospice workers: A novel approach to an enduring challenge. Symposium presented at the annual Clinical Team Conference meeting of the National Hospice and Palliative Care Organization, Denver, CO.

Munholland, K.A. (2008, October). Redefining and promoting hope within hospice: Supporting our patients and families. Symposium presented at the annual meeting of the Oregon Hospice Association Professional Practices Exchange, Redmond, OR.

Munholland, K. A. (2002, April). Beyond signs and symptoms: Adolescent agency after parent death. Symposium presented at the annual meeting of the Association for Death Education and Counseling, Portland, Oregon.

Munholland, K. A. (2001, April). The social construction of bereavement: Adolescent adaptation after parent death. Symposium presented at the annual meeting of the Association for Death Education and Counseling, Toronto, Canada.

Munholland, K. A. (2000, April). Diversity and children's bereavement support groups: Issues of multiculturally competent practice. Poster session presented at the annual meeting of the Association for Death Education and Counseling, Charlotte, NC.

Bretherton, I., Munholland, K. A., & Page, T. (1999, April). "He lives with them now": Divorce-related themes in preschoolers' family story completions". In I. Bretherton (Chair), The divorce experience: Grief, anger, longing, hope, and relationship renegotiation. Symposium conducted at the biennial meeting of the Society for Research in Child Development, Albuquerque, NM.

Munholland, K. A. (1997, April). Family interaction and child-peer interaction: Examining the linkages for young children. Poster session presented at the biennial meeting of the Society for Research in Child Development, Washington, D.C.

### **AWARDS AND HONORS**

## **Professional**

Award for Service Excellence, Oregon Hospice Association, 2013

Program Recognitions from Joint Commission and Oregon Health Authority, 2013

## **University/Academic**

Cross-Cultural Student Paper Award (National), Diversity and children's bereavement support groups: Issues of multi-culturally competent practice. Association for Death Education and Counseling, 2000

Dissertation Research Scholarship (\$1,000.00), School of Human Ecology, University of Wisconsin-Madison, 2000

Kathryn Zillman Scholarship (\$5,000.00), School of Human Ecology Merit Scholarship for PhD Candidates, University of Wisconsin-Madison, 1999

Alternate, University Fellowship Competition (Social Sciences Dissertator Level), University of Wisconsin-Madison, 1999

Viola Jurgerson Baker Scholarship (\$ 2,250.00), School of Family Resources and Consumer Sciences Merit Scholarship for Masters Degree Candidates, University of Wisconsin-Madison, 1995

Summa Cum Laude, 1991

Phi Beta Kappa National Honor Society, 1990

Psi Chi National Honor Society in Psychology, 1990

University Scholars Program, Pennsylvania State University, 1989-1991

## **SERVICE**

### **National**

Member, Professional Education Committee, National Hospice and Palliative Care Organization (NHPCO), 2008-2013

Member, Education in Palliative Care and End of Life (EPEC)/NHPCO Partnership Project, 2009

### **State**

Content Expert, SB 506/HB 2950: Successful multi-year state legislative effort to add protected Bereavement Leave to Oregon Family Leave Act, first such law in nation, 2011-2013

Member, Education Planning Committee, Oregon Hospice Association, 2008-2009

### **University**

Member, Faculty Senate Library Committee, WSU, Fa2016-

Member, Diversity Council, WSU Vancouver, Fa2016-

**Departmental**

Member, Undergraduate Program Committee, HD, 2016-  
Member, Strategic Planning Committee, HD, Fa2016-  
Advisor, KON (Kappa Omicron Nu), HD Honor Society, Fa2016-

**Professional**

Human Subjects Research Committee, Reed College, 2004-2012

**PROFESSIONAL MEMBERSHIPS**

National Hospice and Palliative Care Organization, 2004-2014  
Association for Death Education and Counseling, Oregon/SW Wash. Chapter, 2004-2014  
Association for Death Education and Counseling, National Organization, 2001-2003

**CONSULTATION, TRAININGS, COMMUNITY OUTREACH**

“Understanding Loss”

Community Hospice Volunteer Training, Portland Area Hospice Consortium (2003-2014)

“Grief and the DSM: Past, present, and possible future”

Transitions Counseling Center, Portland, Oregon (June, 2012)

“Grief and Depression: Understanding the Difference”

Training for KP Hospice Volunteers (May, 2011)

“Providing Emotional Support to Families”

Training for KP Hospice Staff (April, 2011)

“Grief in 2 Weeks? Proposed Changes to the DSM and their Implications for Bereavement Care”

NW Association for Death Education and Bereavement Support, Portland, Oregon (April, 2011)

“Hospice Bereavement Support: Information for Mental Health Providers”

Training for Kaiser Permanente Mental Health Department (2004; 2006; 2011)

“Supporting Grieving Children and Teens”

Training for KP Hospice Staff (June, 2010)

“Hospice: Who We Are, What We Do”

Training for Children’s Cancer Association (CCA) Volunteers, Portland, Oregon (October, 2009)

“Hospice Families with Children and Teens: Making Room for Young People’s Grief”

Training co-led with Izetta Smith, M.A., for KP Hospice Staff (August, 2008)

“Teens living after loss: What it’s like when a parent dies”

The Dougy Center for Grieving Children, Portland, Oregon (April and May, 2003)

Provided curriculum input for development of Advanced Focus Rotation in Palliative Care to Chair of Resident Education, Providence Portland Medical Center (Summer, 2002)

“Working with death and dying: Preparing clients for the end of life”  
Elder Law Society Discussion Group, Portland, Oregon (March, 2002)

“Working with dying, death, and bereavement: Tools for the naturopathic physician”  
National College of Naturopathic Medicine Grand Rounds, Portland, Oregon (January, 2001)

“Grief and health”  
DaVinci Middle School, Portland, Oregon (November, 2000)

“Attachment relationships and later outcome”  
Mind-Body Medicine clinic, National College of Naturopathic Medicine, Portland, Oregon (November, 2000)

“Confronting loss: Bereavement support for children and families”  
Advanced Health Careers, Beaverton High School, Beaverton, Oregon (October, 2000)

## **VOLUNTEER WORK**

### **Portland, OR**

Friends of Trees, 2010-2015

Kaiser Permanente Pride Festival and Parade, 2010

Campaign Volunteer, Barack Obama for President, 2008

Kaiser Permanente MLK Jr. Day of Service, Oregon Food Bank, 2004, 2007-2008

Soccer Coach, Native American Youth Association, 2005

Project Return, Portland Public Schools, 2003

Alberta Cooperative Grocery, 2002-2003

Portland Impact, 2002

Greenhouse Shelter for Youth, 2002

Block Captain, Neighborhood Watch, 2000

SMART (Start Making a Reader Today) Program, Portland Public Schools, 2000

Facilitator, The Dougy Center, 1999-2001

Holiday Meal, Multiple Sclerosis Society, 1999

Community Meal, Grace Baptist Church, 1999

### **Madison, WI**

Counselor, Camp Hope, Stevens Point, WI, 1995-1999

Block Captain, Neighborhood Watch, 1995-1999

Thanksgiving and Christmas Meals, First United Methodist Church, 1996

Food Pantry, First United Methodist Church, 1995

Holiday Food and Toy Drive, Salvation Army, 1995

Toys for Tots Program, Community Action Coalition, 1995

Christmas Meal, First United Methodist Church, 1994-1995

Holiday Blood Drive, American Red Cross, Dane County, 1994-1997

### **Washington, DC**

Christmas Meal, Mitch Snyder Center for the Homeless, 1991