

# Joseph M. Hewa, PhD

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## EDUCATION

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Doctor of Philosophy in Communication, Washington State University, Pullman, WA, 2019  
*Dissertation Title:* Health in Action: A Culture-Centered Approach to Discourses and Identity with Type 1 Diabetics (Chair: Jeffery C. Peterson, PhD)

Master of Arts in Organizational Leadership, Gonzaga University, Spokane, WA, 2007

Bachelor of Arts in Religion, Whitworth University, Spokane, WA, 2002

## PROFESSIONAL EXPERIENCE

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Director, Center for Transformational Learning and Leadership, Washington State University, Pullman, WA, 2020-present

Scholarly Assistant Professor and Internship Director, Washington State University, Department of Human Development, Pullman, WA, 2016-present

Academic Coordinator and Instructor, Washington State University, Murrow College of Communication, Pullman, WA, 2013-2016

Admissions Advisor and Instructor, Eastern Washington University, Cheney, WA, 2011-2013

Director of Teen Programs, YMCA of the Inland Northwest, Spokane, WA, 2009-2011

Director of Youth Programs, Colbert Presbyterian Church, Colbert, WA, 2002-2008

## TEACHING ACTIVITY

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### UNDERGRADUATE COURSES TAUGHT

HD 200 Introduction to the Field of Human Development (developed course); F16, Sp17

HD 205 Developing Effective Communication and Life Skills; Sp21

HD 485 Participation in Human Development Research; F18, Sp19

HD 487 Special Topics: Facilitating Change (developed course); Su20, F20; Sp21

HD 495 Instructional Practicum; F18, Sp19, Sp20, F20; Sp21

HD 497 Professional Preparation Seminar; Sp16, F16, Sp17, F17, Sp18, F18, Sp 19, F19, Sp20, F20

HD 497 Online Professional Preparation Seminar; F18, Sp19

HD 498 Field Placement; Su16, F16, Sp17, Su17, F17, Sp18, Su18, F18, Sp19, Su19, F19, Sp20, F20

HD 498 Study Abroad Field Placement in Barcelona Spain (developed course); Su19

HD 499 Independent Study; F16, Sp17, Su17, Sp18, Su18, F18, Sp19, F19, Sp20, Su20

COM 102 Public Speaking in the Digital Age; Sp15

COM 138 Communication Overview; Sp14, F14, Sp15, F15

COM 138 Communication Overview (online; created course); F14, Sp15, F15

COM 479 Youth and the Media; Sp15

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ITGS 400 (EWU) Creating Change Integrative Studies Senior Capstone; W13, Sp13, Su13

## **PROFESSIONAL PUBLICATIONS, PRESENTATIONS, AND ACTIVITY**

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### **MANUSCRIPTS IN PROGRESS**

**Hewa, J.M.**, Kallman, D.I., (under review). Teaching change by changing teaching: Introducing communication for social change through empowering pedagogy.

### **PAPERS AND PRESENTATIONS AT PROFESSIONAL CONFERENCES, REFEREED**

Patton, M.K., Whitman, K.M., **Hewa, J.M.**, Peters, J.M. (2020, May). Learn. Inspire. Foster. Transform. Four Little Words Create Big Impact. Accepted presentation at The Teaching Professor Conference, Atlanta, GA. Held remotely due to COVID-19 pandemic.

**Hewa, J.M.**, Chen, C. (2016, November). "You just need to watch what you eat, right?": Exploring social interactions and self-identity of adult type 1 diabetics. Paper presentation at National Communication Association Annual Convention, Philadelphia, PA.

Kallman, D.I., **Hewa, J.M.** (2015, November). Teaching change by changing teaching: Introducing communication for social change through empowering pedagogy. Paper presentation at National Communication Association Annual Convention, Las Vegas, NV.

### **INVITED WORKSHOPS, NON-REFEREED**

**Hewa, J.M.**, Peters, J.M., Whelchel, A.D., (2021, April). Growth mindset and resilience: Promoting faculty and student mindsets that support student success. Workshop provided for LIFT (Listen. Inspire. Foster. Transform.) Cohort 4, Washington State University, remote delivery.

**Hewa, J.M.**, Forsythe, K.M., Duell, B., (2020, July). Social connection and self-compassion: LIFT (Listen. Inspire. Foster. Transform.) concepts to support effective online teaching. Workshop provided for faculty preparing for remote teaching, Washington State University, remote delivery.

Forsythe, K.M., **Hewa, J.M.**, Whitehall, A.P., (2020, March-April). LIFT (Listen. Inspire. Foster. Transform.) changes and connections workshops. Series of six faculty support workshops provided for cohorts of the LIFT faculty fellowship program during COVID-19 pandemic, Washington State University, remote delivery.

**Hewa, J.M.** (2019, November). Washington State Prevention Summit emcee, Yakima, WA.

**Hewa, J.M.** (2019, October). Values and values-based decision-making. Workshop facilitated for residence life undergraduate students at Washington State University, Pullman, WA.

Qua, S.F., Kallman, D.I., **Hewa, J.M.**, Hill, L.G. (2017, April). Liberating Learning. 3-day Liberating Structures workshop held at Washington State University, Pullman, WA.

**Hewa, J.M.**, Merley, H.R. (2015, April). Liberating Structures facilitation for GPSA Executive Board meeting, Pullman, WA.

Kallman, D.I., Hill, L.G., **Hewa, J.M.** (2014, November). Liberating structures. Workshop facilitated in the faculty-led series on student success co-sponsored by the WSU

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Provost's Office, WSU Teaching Academy, and the Global Campus, Washington State University, Pullman, WA.

**Hewa, J.M.** (2013, August). Listening for a change: Communication strategies to effect lasting behavior change. Workshop for Eastern Washington University Residential Life Professional Staff Training, Cheney, WA.

**Hewa, J.M.** (2013, April). Balance: Pursuing personal and professional satisfaction. Workshop for Student Affairs Professional Development Series, Eastern Washington University, Cheney, WA.

**Hewa, J.M.**, Jackson, S. (2012, April). Improving organizational culture through attitude, awareness, and authenticity. Presentation for Student Affairs Professional Development Series, Eastern Washington University, Cheney, WA.

## INVITED PRESENTATIONS, NON-REFEREED

**Hewa, J.M.** (2018, April). Healthy food and land: Photovoice in rural Whitman County. Presentation at the Northwest Harvest Annual Conference, Seattle, WA.

Sage, R.A., **Hewa, J.M.** (2018, January). Community-based participatory research through photovoice: Exploring availability and access to fresh produce in Whitman County. Presentation at the Palouse-Clearwater Food Coalition 2018 Food Summit, Pullman, WA.

**Hewa, J.M.**, Wagner, J.K. (2015, March). Kenyan runners to iGeneration students: Why grit and failure are both keys to success in college. Presentation at the National Academic Advising Association Regional Conference, Coeur d'Alene, ID.

Vaughan, A.K., **Hewa, J.M.**, Sundararajan, N.K., Guadarrama, J. (2014, December). Center for Civic Engagement evaluability assessment. Program evaluation report presented to CCE leadership, Pullman, WA.

**Hewa, J.M.** (2014, September). The underground life of seeds: How failure can be a prerequisite for success. Presentation at the University of Idaho Advising Symposium, Moscow, ID.

**Hewa, J.M.** (2014, July). Creating change: How to initiate and sustain change. Presentation at the Inland Northwest Student Affairs Colloquium, Eastern Washington University, Cheney, WA.

**Hewa, J.M.** (2014, March). Creating change: How to initiate and sustain change. Presentation at the National Academic Advising Association Regional Conference, Vancouver, B.C.

**Hewa, J.M.** (2013, October). Out of state...outrageous?: Western undergraduate exchange and other ways to access and excel in college out of state. Presentation at the GEAR UP West Conference, Portland, OR.

Klauss, K., Shaffer, K., **Hewa, J.M.** (2013, May). From 2- to 4-year: Nurturing a seamless transfer through CCS Destination EWU. Presentation at the Pacific Northwest Association for College Admission Counseling Conference, Pullman, WA.

**Hewa, J.M.**, Wagner, J.K., Springberry, G. (2013, May). Less silos, more porches: What you can do to build collaborations that matter. Presentation at the Pacific Northwest Association for College Admission Counseling Conference, Pullman, WA.

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**Hewa, J.M.** (2014, October). Failing to succeed. Presentation at the Washington State University Leadership Conference, Pullman, WA.

**Hewa, J.M.** (2014, October). Keep calm and lead on. Presentation at the Washington State University Leadership Conference, Pullman, WA.

**Hewa, J.M.** (2014, August). Multiple realities: Why seeing them is not crazy and can actually make you happier and more successful. Presentation at the wsYOU Conference, Washington State University, Pullman, WA.

**Hewa, J.M., Fischer, C.** (2013, April). Positive influence: Happiness in groups and organizations. Presentation for The Happiness Initiative, Eastern Washington University, Cheney, WA.

## GUEST LECTURES/PRESENTATIONS

**Hewa, J.M.** (2021, April). ACT (Acceptance and Commitment Training) Matrix guest lecture for HD 205: Developing Effective Communication and Life Skills, taught by Karen Collins, Washington State University, remote delivery.

**Hewa, J.M.** (2020, August). Land-grant identity podcast recording for students in HD 200: Introduction to the Field of Human Development, taught by Dr. Sammy Perone. Washington State University, Pullman, WA.

**Hewa, J.M.** (2020, February). Land-grant identity: The roots of WSU and human development within the land-grant system. Guest lecture in HD 200: Introduction to the Field of Human Development, taught by Dr. Robby Cooper. Washington State University, Pullman, WA.

**Hewa, J.M.** (2019, November). Internships: Preparing for a successful career in human development. Guest lecture in HD 200: Introduction to the Field of Human Development, taught by Dr. Sammy Perone. Washington State University, Pullman, WA.

**Hewa, J.M.** (2019, August). Land-grant identity: The roots of WSU and human development within the land-grant system. Guest lecture in HD 200: Introduction to the Field of Human Development, taught by Dr. Sammy Perone. Washington State University, Pullman, WA.

**Hewa, J.M.,** (2019, July). Co-parenting after divorce, guest lecture in HD 350 Family Diversity study abroad course, taught by Dr. Nahal Kaivan, Barcelona, Spain.

**Hewa, J.M.** (2019, April). Internships: Preparing for a successful career in human development. Guest lecture in HD 200: Introduction to the Field of Human Development, taught by Dr. Sammy Perone. Washington State University, Pullman, WA.

**Hewa, J.M.** (2019, January). Land-grant identity: The roots of WSU and human development within the land-grant system. Guest lecture in HD 200: Introduction to the Field of Human Development, taught by Dr. Sammy Perone. Washington State University, Pullman, WA.

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**Hewa, J.M.** (2018, August). Land-grant identity: The roots of WSU and human development within the land-grant system. Guest lecture in HD 200: Introduction to the Field of Human Development, taught by Dr. Sammy Perone. Washington State University, Pullman, WA.

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**Hewa, J.M.** (2017, August). Land-grant identity: The roots of WSU and human development within the land-grant system. Guest lecture in HD 200: Introduction to the Field of Human Development, taught by Dr. Sammy Perone. Washington State University, Pullman, WA.

**Hewa, J.M.,** (2017, April). Intensive American Language Center guest lecture, Pullman, WA.

## **SERVICE**

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### **UNIVERSITY SERVICE (WSU)**

2020-present, University Common Requirements (UCORE) Committee

2020-present, Values-based Academic Leadership Trajectories for Women in STEM (VAuLTS) Leadership Team (part of NSF WSU ADVANCE Grant)

2018-present, LIFT Faculty Fellowship Training and Facilitation Team

2015-present, Orientation Counselor Candidate Evaluation Team

2020-2021, Extension, Engagement and Education (E3) Working Group

2020, Counseling and Psychological Services Psychiatric Provider Search Committee

2015, Provost's Student Success Collaborative Campus Training and Development Team

### **UNIVERSITY SERVICE (EWU)**

2012-2013, Student Disciplinary Council (Presidential appointee)

2011-2013, Student Affairs Professional Development Committee (Vice Presidential appointee)

### **COLLEGE SERVICE (WSU, College of Agricultural, Human, and Natural Resource Sciences)**

2020-present, Center for Transformational Learning and Leadership (director/chair)

2016-present, Student Experience Advisory Council

2016-present, Undergraduate Internship Committee

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2016-present, Human Sciences Graduate Scholarship Committee

## DEPARTMENTAL SERVICE (WSU, Human Development)

2020-present, Racial Justice Leadership Committee

2020-present, Annual Review Advisory Committee

2018-present, Strategic Planning Committee

2020-present, Career-track promotion guidelines subcommittee

2016-present, Undergraduate Program Committee

2018-present, Undergraduate curriculum options and certificates subcommittee

2016-present, Awards and Recognition Committee

2018-2020, Recruitment and Marketing Committee

2019-2020, HD 205 UCORE Renewal Committee

2016-2017, Early Childhood Education Committee

## DEPARTMENTAL SERVICE (WSU, Murrow College Student Services)

2014-2015, Oversaw advising and enrollment services for Integrated Communication program at WSU North Puget Sound at Everett

2015, Search Committee Chair for Academic Coordinator

2014, Search Committee Member for Academic Coordinator

## DEPARTMENTAL SERVICE (EWU, Admissions)

2013, Search Committee Chair for Senior Admissions Advisor

2012, Search Committee Chair for Admissions Representative

2012, Search Committee Member for Admissions Advisor

## PROFESSIONAL SERVICE

2021-present, Western Interstate Commission for Higher Education (WICHE) Passport Learning Outcomes Faculty Representative for Teamwork and Value Systems

2017-present, Palouse Alliance for Healthy Individuals, Families, and Communities

2015-present, Liberating Structures Regional User-Group Design Team

## PROFESSIONAL MEMBERSHIPS

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2021-present, Association for Contextual Behavioral Science

2021-present, National Center for Faculty Development & Diversity

2020-present, Association of Leadership Educators

2019-present, International Leadership Association

2015-2020, National Communication Association

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2013-2015, National Association for Academic Advising

## **PROFESSIONAL DEVELOPMENT**

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WORD! Faculty Fellows Program. Invited participant in first cohort of 12-session program on multi-disciplinary approach to teaching writing, January-April 2021

From Ally to Antiracist: Using Contextual-Behavioral Science to Cultivate Growth and Action as Clinicians and Human Beings. 6-session workshop series, February-March 2021

Working with Industry 101 four-session virtual boot camp provided by the WSU Innovation and Research Engagement Office, October-November 2020

WSU Distance Delivery Mastery Certificate, earned September 2020

WSU Academic Outreach and Innovation Fall Preparation 12-Session Cohort Participation, May-August 2020

Academics for Black Survival and Wellness Online Trainings, June-August 2020

A 12-Step Program for Decolonizing the University Workshop, July 2020

International Leadership Association Critical Conversations Workshop Series. Sessions attended: Navigating Uncertainty in Leadership Education Contexts; What is the Place of Anti-Racism in Leadership Education?, July 2020

How to Talk About Racism 101 Online Workshop, July 2020

WSU Academic Outreach and Innovation Teaching from a Distance Workshop Series. Sessions attended: Strategies and Best Practices; Community Building and Connection; Assessing Students, May 2020

Virtual Liberating Structures Training in Facilitating Online Interactions, April 2020

Washington State Prevention Summit, November 2019

Washington State University Strategic Planning Conference, October 2019

Leading and Creating Change in Your Organization Workshop, October 2019

Student Volunteer and Internship Liability Training, August 2019

Land-Grant Universities for the Future Forum, May 2019

Center for Civic Engagement Campus Community Forum, May 2019

Building Academic-Community Partnerships to Promote Health Equity Research and Interventions. Workshop sponsor: Health Equity Research Center, Grand Challenges Initiative, WSU Office of Research Advancement and Partnerships, September 2018

Center for Civic Engagement Campus Community Forum, May 2018

LIFT Faculty Fellowship, Transformational Change Initiative Classroom Implementation, August-December 2017

Northwest Children's Home Adverse Childhood Experience (ACEs) and Trauma-Informed Care Training, September 2017

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Building Academic-Community Partnerships to Promote Health Equity Research and Interventions. Workshop sponsor: Health Equity Research Center, Grand Challenges Initiative, WSU Office of Research Advancement and Partnerships, September 2017

LIFT Faculty Fellowship, Transformational Change Initiative Workshop Series (Connection and Social Belonging; Values; Mindfulness and Self-Compassion; Growth Mindset and Resiliency), February-May 2017

“The Whole Student: Intersectionality and Well-Being.” Bringing Theory to Practice Conference, Chicago, IL, May 2017

Center for Civic Engagement Campus Community Forum, May 2017

Governor’s Summit on Career-Connected Learning, May 2017

Designing Effective Capstone Assignments Workshop, May 2017

Community Health Partnerships Workshop, April 2017

Evaluating Student Writing Training Series (10 sessions), September-November 2016