



MEGI: MOTIVATIONAL ENHANCEMENT GROUP INTERVENTION



1. EVIDENCE-BASED CURRICULUM

MEGI is an evidence-based career development curriculum (Sheftel et al., 2014). It has been used in schools throughout Oregon and Washington as a pre-employment transition service. MEGI is facilitated by DVR staff and is usually embedded in already existing transition and special education classes.



2. ASSISTS WITH TRANSITION PLANNING

MEGI engages students in conversations about career development and planning. At the end of MEGI students have a completed worksheet - "My Story" - that outlines their past job experiences, current skills and strengths, values, and job goals. This worksheet is a useful tool for IEP meetings and job interviews.



3. DEVELOPS SELF-ADVOCACY SKILLS

During MEGI students have an opportunity to learn about self-advocacy and practice this skill with the MEGI facilitator and with each other.



4. INCREASES SELF-DETERMINATION

MEGI is focused on helping students identify and verbalize their skills, strengths, values, and goals. MEGI's facilitation style supports student autonomy, elevates student voice, and fosters psychological empowerment.



5. SUPPORTS CAREER DEVELOPMENT

MEGI culminates with students identifying their Dream Job and how their Dream Job aligns with their skills, strengths, values, and goals. Students identify steps that they can start taking right now towards this dream job, ways that they can overcome barriers to their dream job, and systems of support.



6. FLEXIBLE FACILITATION

MEGI is facilitated by WA-DVR staff. It can be done in-person or virtually. MEGI's 12 sessions could be done in a flexible time-frame (weekly, bi-weekly, or 2-3 times per week). The length of each MEGI session is customizable to fit your schedule.

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