

**WORKSHOPS 1, 2 & 3**  
**WEDNESDAY, AUGUST 3<sup>RD</sup>**  
**10:35-12:00**

Workshop #1: Self-Advocacy/Self-Determination

**Self-Advocacy and Self-Determination**

*Dr. Anya Sheftel and Heather Lynch, CRC*

Golden Delicious, 10:35-12:00

This interactive session will explore strategies for supporting self-advocacy/self-determination for students with disabilities. Participants will have an opportunity to discuss strategies for supporting student's self-advocacy/self-determination, barriers that inhibit students' self-advocacy/self-determination, and ways to overcome these barriers. Participants will engage in hands-on activities, learn from each other, and be provided with resources they could implement with their students.

Workshop #2: School and VR Collaboration

**Developing Local Partnerships: Sharing Strategies for Increasing School and Vocational Rehabilitation Collaboration**

*Dr. Mary Morningstar*

*Gala 1-2, 10:35-12:00*

This session will provide resources and strategies for enhancing partnerships between schools and VR. Materials and resources from the National Technical Assistance Center on Transition: The Collaborative will be explored, with opportunities to plan next steps to improve partnerships. Information about the Pre-employment Transition Services will be shared, with time to discuss how services are being offered locally.

Workshop #3: Culturally Sustaining Transition Practices

**Culturally Sustaining Transition Practices**

*Dr. Amber Brown Ruiz*

*Gala 3-4, 10:35-12:00*

Culturally sustaining transition practices are equity-based practices that focus on the lived experiences of our students as an approach for learning. In this workshop, we will focus on how to embed culturally sustaining practices into transition and discuss examples of different resources and strategies. Participants can expect to learn about the importance and background of culturally sustaining transition practices, key principles, and implementation practices in the pre-ETS context.

**WORKSHOPS 3, 4 & 5**  
**WEDNESDAY, AUGUST 3<sup>RD</sup>**  
**2:20-3:45**

Workshop #4: Transition 101

**Connecting the Dots: Partnering and Planning for Transition**

*Dr. Tania May*

*Golden Delicious, 2:20-3:45*

This session will provide an overview of Washington state special education transition data, along with requirements for IEP transition planning and services. The discussion will review research, best practices, and resources for collaborating with students and families, school and district staff, and transition partners in support of improved post-school outcomes.

Workshop #5: Mental Health, Disability, Supports and Transition

**Mental Health, Disability, Supports and Transition**

*Jonathan R. Beard, LICSW*

*Gala 1-2, 2:20-3:45*

Serious mental illness typically has its onset during late adolescence and early adulthood. Psychotic disorders, such as schizophrenia, and mood disorders, such as major depression, are the two most common types. Today, there are a variety of effective clinical treatments for these disorders. These disorders often significantly and adversely impact social, academic, and vocational role and task performance. These disabilities can be formidable and need their own services in addition to the clinical treatment. With both, young people can recover and move into their own lives. This workshop will present a brief overview of these disorders and their clinical treatment, skills and supports that can restore or accommodate social, academic, and vocational role and task performance, and information on public sector mental health services, including a coordinated specialty care approach known as New Journeys.

Workshop #6: Job Development to Support Work-Based Learning

**Job Development to Support Work-Based Learning**

*Dr. Holly Whittenburg, Dr. Amber Brown Ruiz, and Genna Kieper*

*Gala 3-4, 2:20-3:45*

In this workshop, we will explore approaches for developing work experiences within local communities and building relationships with business partners. Come learn about using community mapping to identify local businesses for outreach, strategies for conducting initial conversations with business leaders, and ways to connect students with businesses and deepen relationships over time. Our workshop includes hands-on practice activities, real-life examples from WSU ROAR, and multiple opportunities for session participants to learn from each other.