You are invited!
FoodMania Curriculum Overview Webinar
SPRING 2018

This webinar is for you if you work with youth ages 9 to 14 and want to learn about how to provide the FoodMania curriculum to families in your community.

FoodMania is a NEW media literacy program for improving family conversations and skills about food marketing and home nutrition.

FoodMania is the FIRST family-based media literacy obesity prevention program. Youth ages 9-14 and a parent attend the 6-class series together.

FoodMania is an evidence-based program. Results from pilot and field testing show parents and youth talked about food marketing messages and used food labels more often. Parents reduced the availability of less-healthy foods in the home and youth ate more fruits and vegetables.

Program staff from 5 implementation sites in Washington State will share their insights, experiences and expertise on how to deliver this curriculum to families in your community.

Questions about the webinar? Email zena_edwards@wsu.edu
Questions about the FoodMania kit? Email kistler@wsu.edu

For more information about Foodmania: http://tinyurl.com/FoodMania