# Community Resources for Persons with Disabilities





# **RESOURCES FOR PERSONS WITH DISABILITIES**

#### **Spokane and Washington State**

# Adult Developmental Disabled Recreation & Social Integration East Central Community Center

Facilitates recreation, classes and other social services for developmentally disabled persons.

500 S Stone, Spokane, WA 99202 Phone: 509.808.2198 | 509.625.6693

Website: www.ecspokane.org

# ALS Association – The Evergreen Chapter

Assist patients and families living with ALS in the states of WA, ID, MT and AK 19226 66<sup>th</sup> Ave S #L-105, Kent, WA 98032 Phone: 866.786.7257 (866.STOP-ALS)

Website: www.alsa-ec.org

### **ARC of Spokane**

Promotes independence, choice and enhances the quality of life for persons with developmental disabilities and their families.

320 E 2<sup>nd</sup> Ave, Spokane, WA 99202-1409

Phone: 509.328.6326 x 126 Website: <u>www.arc-spokane.org</u>

# **Autism Society of WA**

Provides international social activities for people diagnosed on the autism spectrum.

P O Box 8414, Spokane, WA 99203 Phone: 509.624.3323 | 888.ASW4YOU

Email: <a href="mailto:spokane@autismsocietyofwa.org">spokane@autismsocietyofwa.org</a> | Website: <a href="mailto:www.autismsocietyofwa.org/spokane">www.autismsocietyofwa.org/spokane</a>

#### **Catholic Housing Communities**

Sponsors service-enriched apartment homes for persons with disabilities.

12 E 5<sup>th</sup> Ave, Spokane, WA 99202 | P O Box 2253, 99210

Phone: 509.358.4250 | 800.831.1209 Website: www.catholiccharitiesspokane.org

# **Churches Offering Sign-Language Interpreters - Spokane**

New Life Assembly of God, St. Aloysius Catholic, Jehovah's Witness Kingdom Hall (2824 N Lee St) Deaf Faith Lutheran, Spokane Deaf Church, St. Mark's Lutheran, Manito United Methodist, First Church of the Nazarene, Life Center, Calvary Chapel, Seventh Day Adventist, Mending Fences Fellowship, Deaf Church of the Open Bible and Hamblen Park Presbyterian.

#### **Community Access Program**

Focused on integrating development disabled individuals into the community to become independent and involved in the community.

West Central Community Center, 1603 N Belt, Spokane, WA 99205

Phone: 509.323.7517

Website: www.westcentralcc.org

# **Community-Minded Enterprises - Plan to Work**

Benefit planning for people receiving SSI or SSDI who want to return to work.

Saranac Building, 25 W Main, Ste 310, Spokane, WA 99201

Phone: 1.866.497.9443

Websites: www.community-minded.org or www.plantowork.org

# **Day Program for Special Needs Adults**

# **Southwest Spokane Community Center (SSCC)**

Assists people 62 and older with shopping, obtaining volunteer positions 310 S Spruce St, Spokane, WA 99201 (All Saint's Lutheran Church Basement)

Phone: 509.624.8634

Website: www.swspokanecc.com

# **Deaf Center of Spokane**

Serves diverse populations who experience hearing loss in Inland Northwest and Northern Idaho. Offers interpretive services.

1206 N Howard St, Spokane, WA 99201

Phone: 509.328.9220

Website: www.nexusinw.com

# **Disability Assistance Project**

Free Social Security and WA DSHS benefit applications, status checks, appeals and consultations with attorney. Free trainings to social service, and medical providers on disability benefits.

505 W Riverside, Ste 557, Spokane, WA 99201

Phone: 509.252.5053 Email: rose@wearlaw.net

#### **Disability Ministry-Physically Challenged and Friends**

Support ministry for physically impaired people. Fourth Memorial Church, 2000 N Standard

Phone: 509.487.2786

#### **Disability Parking Privileges**

Provides vehicle decals, license plates and windshield permit cards to persons with specific disabilities.

Spokane County Courthouse, 1116 W Broadway, 1st Flr Annex, 99260

Phone: 1.800.614.5174

Website: www.spokanecounty.org

# **Disability Support Services - Universities**

Provides counseling and academic accommodations to students with disabilities, including information and referral on disability services on campuses.

**Eastern Washington University,** 121 Tawanka, Cheney 99004, Phone 359.6871, <a href="mailto:dss@ewu.edu">dss@ewu.edu</a> **Gonzaga University,** 501 E Boone, AD Box 19, Spokane 99258, Phone 313.4134, <a href="mailto:disabilities@gonzaga.edu">disabilities@gonzaga.edu</a>

**Spokane Community College,** 1810 N Greene St, Spokane 99207, phone 533.7169, dss@scc.spokane.edu

**Spokane Falls Community College,** 3410 W Ft Wright Dr, Bldg. 17, #201, Spokane 99204 Phone 533.4166, spokanefalls.edu/admissions/support services

**WSU Disability Access Center,** 217 Washington Bldg., PO Box 642322, Pullmanm WA 99164, phone 509.335.3417, drc.wsu.edu

# **Division of Developmental Disabilities (DDD)**

Assists individuals and families with developmental disabilities to obtain support and services.

WA State Department Social and Health Services 1611 W Indiana Ave, Spokane, WA 99205-4221

Phone: 509.329.2900, TTY 509.568.3038

Website: <a href="http://www.dshs.wa.gov/ddd/services.shtml">http://www.dshs.wa.gov/ddd/services.shtml</a>

#### **Lakeland Village**

Residential rehabilitation center for developmentally disabled persons under DDD,

2320 S Salnave Rd, Medical Lake 99022

Phone 509.299.1800,

Website: <a href="www.lakelandvillageassociates.org">www.lakelandvillageassociates.org</a> **SOLA Spokane** (State Operated Living Alternatives)

8517 E Trent Ave, Ste 102, Spokane

Phone: 509.227.2884

#### **DVR-Division of Vocational Rehabilitation (DSHS)-Spokane**

Helps people with disabilities prepare for, obtain and retain employment. Programs are custom-designed for each individual.

1313 N Atlantic, Ste 1000, Spokane 99201

Phone: 509.363.4700

Website: www.dshs.wa.gov/dvr

# **Epilepsy Foundation NW (Eastern Office)**

Offers advocacy, information and support to individuals and families affected by epilepsy.

1314 S Grand Blvd, #2-193, Spokane 99202

Phone: 509.325.1128

Website: www.EpilepsyNW.org

# **Free Rein Therapeutic Riding**

Enhances physical, mental, and emotional wellbeing of individuals with disabilities.

8118 S Romona, Spokane, WA 99224

Phone: 509.979.1498

Website: www.freereinspokane.com

#### **Goodwill Industries**

Assist persons with disabilities by providing employment and development services.

130 E 3rd Ave, Spokane, WA 99202-1410

Phone: 509.444.2396

Website: www.goodwill.org / http://discovergoodwill.org/

# L'Arche of Spokane

Provides Christian community for people with developmental disabilities living with assistants. Non-denominational with strong spiritual emphasis. Licensed at Adult Family Homes with state.

Phone: 509.483.0438 | Fax: 509. 483.0460

E-mail: <a href="mailto:info@larcheofspokane.org">info@larcheofspokane.org</a> Website: <a href="mailto:www.larcheofspokane.org">www.larcheofspokane.org</a>

Harvest House 703 E Nora

Spokane, WA 99207 Phone: 509.483.7358

E-mail: harvesthouse@larcheofspokane.org

<u>Trinity House</u> 525 E Sinto Ave. Spokane, WA 99202 Phone: 509.483.0550

E-mail: trinityhouse@larcheofspokane.org

# **Learning Skills Center**

Safe, structured and supervised day program for persons aged 15+. Includes social, educational, recreational and community integration.

West Central Community Center, 1603 N Belt, Spokane 99205

Phone: 323.7517

Website: www.westcentralcc.org

#### Inland NW Lighthouse for the Blind, Inc.

A manufacturing organization with over 50 years of experience in precision machining. They produce an array of machined parts and plastic injection molding for various aerospace manufacturers, as well as a host of office products and hydration equipment sold to the Federal Government and the U.S. Military. 6405 N Addison, Spokane, WA 99208

Phone: 509.209.6118 Website: <u>www.inlandlh.org</u>

#### **Lilac Services for the Blind**

High quality, client-centered training, support and optical aids so people can remain independent and active with vision loss.

1212 N Howard, Spokane, WA 99201 Phone: 509.328.9116 / 800.422.7893

Email: info@lilacblind.org | Website: www.lilacblind.org

#### Muscular Dystrophy Assn (MDA)

A gateway to resources and specialized health care for individuals and families coping with muscle disease.

101 W Indiana, Spokane, WA 99205

Phone: 509.325.3747

Website: spokane@mdausa.org

## **National Multiple Sclerosis Society (MS**

Servicing people with MS, including families, counseling, social activities and equipment loans.

818 E Sharp, Spokane, WA 99202

Phone: 1.800.344.4867

Website: www.nationalmssociety.org/wai

#### **Northwest Autism Center**

Supports, facilitates and builds comprehensive, community-based approaches to help adults and children with this disorder.

528 E Spokane Falls Blvd, Ste 14, Spokane, WA 99202

Phone: 328.1582

Website: www.nwautism.org

#### **Northwest Center**

Provides employment options to persons with disabilities and disadvantages. Appointment necessary for assessment and placement.

1101 N Fancher, Ste B, Spokane Valley, WA 99212

Phone: 509.28.1588

Contact: volson@nwcenter.org

# PACE Services (People Accessing Careers and Education) – SCC Off Campus Program

Vocational and educational services to individuals with barriers to employment.

3305 W Fort Wright Dr, MS 3090, Spokane, WA 99224

Phone: 509.279.6033

Website: www.sccel.spokane.edu/PACE

# **Providence Multiple Sclerosis Center**

Serves people with MS and their families. Comprehensive diagnosis, treatment, quality of life issues: self-esteem, independence and self-reliance.

212 E Central, 4<sup>th</sup> Flr, Spokane, WA 99208

Phone: 509.252.9802

Website: www.washington.providence.org/clinic/multiple-sclerosis-center

# SEER (Supported Education & Employment Enhancing Rehabilitation)

Assists individuals recovering from psychiatric disabilities to prepare for post-secondary education, vocations and community involvement through skill building classes and support services.

c/o Institute for Extended Learning

3305 W Fort George Wright Dr., MS 3090, Spokane, WA 99224-5228

Phone: 509.279.6055

Website: http://www.sccel.spokane.edu/SEER.aspx

#### **Service Dogs - Diamonds in the Ruff**

2925 N Monroe, Spokane, WA 99205

Phone 509.328.6959

Website: <u>www.diamondsintheruff.com</u>

Guide Dogs for the Blind Phone: 1.800.295.4050

Website: www.guidedogs.com

#### Skils-Kin

Provides training, employment programs, financial assistance-payee, residential services, and structured jobs for developmentally disabled.

4004 E Boone Ave, Spokane, WA 99202

Phone: 509.326.6760 Website: www.skils-kin.org

**General Services Administration** 

904 W Riverside, Spokane, WA 99201

**Fairchild AFB Operations** 

110 W Ent Street, Fairchild AFB, WA 99011

**Payee Services** 

606 W Sharp, Spokane, WA 99201

Phone: 509.209.2500

# **Special Olympics Washington**

Sports training and competition for children and adults with intellectual disabilities ages 8+

1809 7<sup>th</sup> Ave, Suite 1509, Seattle, WA 98101

Phone: 206.362.4949

Website: http://www.special olympicswashington.org

**Eastern Washington Region** 

E-mail: Marisue Harves - jsuniga@sowa.org Phone: 442.2508

E-mail: Jill Ives - jives@sowa.org Phone: 946.5921

# **Spokane Audiology**

801 W 5<sup>th</sup> Ave, Ste 112, Spokane, WA 99204

Phone: 509.835.5111

Website: www.spokaneaudiologyclinic.net

# **Spokane Center for Independent Living (SCIL)**

Improves quality of life and self-determination of persons with disabilities striving for independent

living.

612 N Maple St, Spokane, WA 99201

Phone: 326.6355 E-mail: <u>info@scilwa.org</u>

#### **Spokane Transit Authority - Paratransit Division**

A shared-ride, wheel chair accessible service for individuals unable to use fixed bus routes.

1212 W Sharp, Spokane, WA 99201

Phone: 509.232.6784

Website: www.spokanetransit.com

#### **The Artisans**

Provides employment opportunities, support and services for persons with disabilities.

765 E Holland Ave, Ste 1, Spokane, WA 99218

Phone: 509.325.4489

E-mail: <a href="mailto:polly@theartisans.org">polly@theartisans.org</a>
Website: <a href="mailto:www.theartisans.org">www.theartisans.org</a>

# **Therapeutic Recreation Services**

Spokane Parks & Recreation - Recreation for children/adults with developmental and physical disabilities – cooking, crafts, drama, hiking, power lifting, skating, camping, dancing and trips.

808 W Spokane Falls Blvd, Spokane, WA 99201

Phone: 509.625.6245

Email: Alice Busch - abusch@spokanecity.org

Website: www.spokaneparks.org

# **University Hearing & Speech Clinic (UPCD)**

# WSUSpokane /EWU Spokane

Evaluates and treats for speech, language and hearing disorders. Health Sciences Bldg., 310 N. Riverpoint Blvd, Box 1, Spokane 99202

Phone: 358.7580 E-mail: upcd@wsu.edu

Website: www.spokane.wsu.edu/academichealthsciences/SHS/shs clinic.asp

# WA State Department of Services for the Blind

Provides services to persons who are blind or have low vision.

510 W Riverside Ste 209, Spokane, WA 99201

Phone: 509.456.4458 Website: www.dsb.wa.gov

#### **WA State Department Services for People of Disability**

Provides services for economic self sufficiency to persons with disabilities.

130 S Arthur, Spokane, WA 99220

Phone: 509.532.3074 / TTD 509.532.3084

#### **WA State Department Services for Disabled Veterans Outreach Program**

Provides services for economic self sufficiency to veterans with disabilities.

130 S Arthur St., Spokane, WA 99220 Phone: 1.800.949.4232 / TTD 509.532.3084

# WA State Governor's Committee on Disabilities, Issues, and Employment

130 S. Arthur St, Spokane, WA 99202 Phone - Spokane Office: 509-532-3148 P.O. Box 9046, Olympia, WA 98507-9046

Phone - Olympia Office: 360-438-3168 / YYT 360-438-3167

Website: http://www.esd.wa.gov/newsandinformation/legresources/gcde/

#### Washington State University - Spokane

Contact Liz West, Associate Director

Phone: 509.358.7534 Email: liz.west@wsu.edu

#### **West Central Community Center**

Community Access Program & Learning Skills Programs - offers community integrated settings for persons with developmental disabilities.

1603 N Belt, Spokane, WA 99205

Phone: 509.323.7517

Website: <a href="http://wccc.myspokane.net/Developmentally%20Disabled.htm">http://wccc.myspokane.net/Developmentally%20Disabled.htm</a>

# National

#### **Access Board**

Website devoted to accessibility for people with disabilities. 1331 F Street NW, Suite 1000, Washington, DC 20004-1111

Phone: (202) 272-0080 or (800) 872-2253 Website: http://www.access-board.gov

# **Accessibility – Equal Access to Transportation**

1200 New Jersey Ave, SE. Washington, DC 20590

Phone: 1 (202) 366-4000

Website: http://www.dot.gov/citizen\_services/disability/disability.html

# American Association of People with Disabilities (AAPD)

AAPD is the largest national non-profit cross-disability member organization in the United States, representing more than 56 million Americans with disabilities.

2013 H Street, NW, 5th Floor, Washington, DC 20006

Website: <a href="http://www.aapd.com/">http://www.aapd.com/</a>

## The Arc

The world's largest community based organization of and for people with intellectual and developmental disabilities. It provides an array of services and support for families and individuals and includes over 140,000 members affiliated through more than 730 state and local chapters across the nation.

1825 K Street NW, Suite 1200. Washington, DC 20006 Phone: 202-534-3700 | 800-433-5255 | Fax: 202-534-3731

Email: info@thearc.org

Website: <a href="http://www.thearc.org">http://www.thearc.org</a>

#### Association on Higher Education and Disability (AHEAD)

AHEAD is a professional association for of persons with disabilities in post secondary education. Their website provides contact information for Disability Services Advisors at colleges and universities. Many Disability Services Offices keep a list of students and recent graduates with disabilities who are looking for employment.

107 Commerce Centre Drive, Suite 204, Huntersville, NC 28078 USA

Phone: 704.947.7779 | Fax: 704.948.7779

Website: www.ahead.org

#### **Autism Society of America**

4340 East-West Hwy, Suite 350 Bethesda, Maryland 20814

Phone: 301.657.0881 / 1.800.3-AUTISM

Email: <a href="mailto:info@autism-society.org">info@autism-society.org</a>
Website: <a href="mailto:www.autism-society.org">www.autism-society.org</a>

#### **Best Buddies International**

Establishing a global volunteer movement that creates opportunities for one-to-one friendships, integrated employment and leadership development for people with intellectual and developmental disabilities.

100 Southeast Second Street, Suite 2200, Miami, FL 33131

Phone: 305 374 2233 | Fax: 305 374 5305 Website: http://www.bestbuddies.org/

# **Blind/Visual Impairments**

AFB Headquarters

2 Penn Plaza, Suite 1102, New York, NY 10121 Phone: 212.502.7600 | Fax: 888.545.8331

Website: www.afb.org

#### **Career Opportunities for Students with Disabilities (COSD)**

COSD provides a web-based forum where employers can search for qualified candidates, and graduating college and university students can post their resumes.

Website: www.cosdonline.org

# Children and Adults with Attention-Deficit/Hyperactivity Disorder (CHADD)

4601 Presidents Drive, Suite 300, Lanham, MD 20706

Phone: 301.306.7070 | Fax: 301.306.7090

Website: www.chadd.org

# **Disability\* gov Information**

Provides easy access to comprehensive disability-related information and resources.

Website: www.disability.gov

# **Employer Assistance and Recruiting Network (EARN)**

This is a free service that connects employers looking for employees.

Phone: 1.855.275.3276 Website: <u>www.askearn.org</u>

# **Getting Hired - Careers and Community for People with Disabilities**

A site for people with disabilities to gather, network, and find success in the workplace with enlightened employers.

7301 Parkway Drive, Hanover, MD 21076

Phone: 1.866.352.7481

Website: <a href="http://www.gettinghired.com/">http://www.gettinghired.com/</a>

# Job Accommodation Network (JAN)

JAN is a free consulting service that provides individualized accommodations solutions for the workplace, technical assistance on the employment provisions of the Americans with Disabilities Act (ADA) and other disability-related legislation, education about self-employment options for people with disabilities, and research findings on workplace accommodations.

Phone: 800.526.7234 Website: <u>www.jan.wvu.edu</u>

#### **Managers with Disabilities**

UCLA's Leadership Institute for Managers with Disabilities procedures powerful leaders, expert at leveraging diverse perspectives and harnessing innovation to drive the future success of their companies.

**UCLA Anderson Executive Education** 

110 Westwood Plaza, Suite A101, Los Angeles, CA 90095-1464

Phone: 310.825.200

Website: <a href="http://www.anderson.ucla.edu/executive-education/individual-executives/leadership-">http://www.anderson.ucla.edu/executive-education/individual-executives/leadership-</a>

suite/leadership-institute-for-managers-with-disabilities

# National Collaborative on Workforce and Disability (NCWD)

Marking the connection between Youth with Disabilities and employment 4301 Connecticut Avenue, NW, Suite 100, Washington, DC 20008-2304

Phone: 877.871.0744

Website: <a href="http://www.ncwd-youth.info/">http://www.ncwd-youth.info/</a>

#### **National Down Syndrome Congress**

The mission of the NDSC is to provide information, advocacy and support concerning all aspects of life for individuals with Down syndrome.

30 Mansell Court, Suite 108, Roswell, GA 30076

Phone: 770.604.9500

Website: <a href="http://www.ndsccenter.org/">http://www.ndsccenter.org/</a>

#### **National Down Syndrome Society**

The mission of National Down Syndrome Society is to be the national advocate for the value, acceptance and inclusion of people with Down syndrome.

666 Broadway, 8th Floor, New York, New York, 10012

Phone: 800.221.4602

Website: <a href="http://www.ndss.org/">http://www.ndss.org/</a>

#### National Technical Assistance and Research Center (NTAR)

Promotes Leadership for increasing the employment and economic independence of adults with disabilities

Email: hcwd@rci.rutgers.edu

Website: http://www.heldrich.rutgers.edu/projects/all-projects/ntar-leadership-center

# Office of Disability Employment Policy (ODEP) - U.S. Department of Labor)

Provides a variety of information and resources about disability programs, services, laws, and benefits. <a href="http://www.dol.gov/odep/index.htm">http://www.dol.gov/odep/index.htm</a>

# **Self Advocates Becoming Empowered**

Self Advocates Becoming Empowered (SABE) is a self-advocacy organization founded in 1990 for the full inclusion of people with developmental disabilities in the community throughout the 50 states and the world.

Website: <a href="http://www.sabeusa.org/">http://www.sabeusa.org/</a>

# What Can You Do? The Campaign for Disability Employment

The Campaign for Disability Employment is a collaborative effort to promote positive employment outcomes for people with disabilities by encouraging employers and others to recognize the value and talent they bring to the workplace.

Email: info@whatcanyoudocampaign.org.

Website: http://www.whatcanyoudocampaign.org/

# The Workforce Recruitment Program for College Students with Disabilities (DOL - WRP)

A resource to connect public and private sector employers nationwide with highly motivated postsecondary students and recent graduates with disabilities.

Website: http://www.dol.gov/odep/pubs/brochures/wrp1.html

For corrections/additions, please contact Yvonne C. Montoya Zamora at <a href="montoyazamora@wsu.edu">montoyazamora@wsu.edu</a>. This information appeared to be correct as of 4/11/2016 - <a href="mailto:http://policies.wsu.edu">http://policies.wsu.edu</a>.