

Manage Pain with an Online Program

Earn Up to \$80 in Gift Cards!

Are you an adult with chronic pain?

Are you enrolled in an opioid treatment program?

Would you like to try an online program to learn how to manage your pain symptoms and stress?

If you answered *YES* to these questions, you may be eligible to participate in a study to explore the effects of an 8-week computer program to reduce pain.

What will you need to do?

- Use a computer to access the *Goalistics Chronic Pain Management Program* once a week for 1-2 hours
- Complete activities that build skills to manage pain better
- Take surveys about your pain and health condition

For more information:

Email painstudy@yahoo.com or call 509-324-7443 and let the clinic staff know you would like more information.

Washington State University IRB has reviewed and approved this study for human subject participation.