

# PSYCH NEWSLETTER

## WSU DEPARTMENT OF PSYCHOLOGY



Psych students,

There are just two more weeks left of instruction in the semester to go followed by finals week. In the next two weeks there are many events happening including two psych peer mentor presentations and a visit from Midwestern University's Clinical Psychology graduate program. Visiting speaker Dr. Leslie Leve will also present her research on An Intervention for Females Involved in the Juvenile Justice System next week during the psychology undergraduate research symposium. Remember to attend the free virtual psychology graduate fairs shared in this newsletter.

Fall enrollment is open. Inside you will find a troubleshooting guide with tips and tricks for the most common questions that arise when registering for classes. One of the most common questions that we are asked is "Can I take an online course?" Inside learn how to search the schedule of classes for online courses you can enroll in as a Pullman campus student.

Inside you will also find an opportunity to apply to be an international peer mentor!

## NEWSLETTER HIGHLIGHTS

Undergraduate  
Research Symposium

---

Midwestern Clinical  
Psychology Graduate  
Program Info Session

---

International Peer  
Mentor

---

Career Highlight:  
Neuropsychology

---

Missed any of the past newsletters?  
You can find all spring 2024 newsletters here:  
[psychology.wsu.edu/undergrad/newsletters](https://psychology.wsu.edu/undergrad/newsletters)

---

Continue reading on page 2

# Important Dates & Deadlines



Find the Academic Calendar:  
[registrar.wsu.edu/academic-calendar/](https://registrar.wsu.edu/academic-calendar/)

**Asian Pacific Islander Desi American Heritage Month at  
WSU**

*Monday, April 1-Tuesday, April 30*

---

**Arab American Heritage Month**  
*Monday, April 1-Tuesday, April 30*

---

**Sexual Assault Awareness Month**  
*Monday, April 1-Tuesday, April 30*

---

**Deadline for term withdrawal from WSU**  
*Friday, April 26*

---

**Deadline to apply for May 2024 graduation with \$75 late  
fee**  
*Friday, April 26*

---

**May 2024 Commencement Ceremony**  
*Saturday, May 4*

Continue reading on page 3

# FALL REGISTRATION TROUBLESHOOTING

These are some common questions that arise during registration

01

## “This class is outside of your career of study” message

If this message appears when you validate your shopping cart, most likely you have chosen a course that is not offered on your campus. Make sure that you are selecting only Pullman campus courses. If you are not sure whether the course is offered in Pullman you can check the [schedule of classes](#),

02

## How do I search for an online course that I am able to enroll in?

1. Go to [schedules.wsu.edu](https://schedules.wsu.edu)
2. Find "Search" on the left hand menu
3. Select “Fall 2024, Pullman” for Term and Campus
4. Select "Arranged" as the day of the week
5. Run the search which will generate a list of online classes offered on the Pullman campus
6. Note: Pay attention to pre-requisites

03

## How do I search for a specific UCore course?

1. Go to [schedules.wsu.edu](https://schedules.wsu.edu) and select "Search" on the left hand menu
2. Select “Fall 2024, Pullman” for Term and Campus
3. Select the UCore requirement (for example: PSCI, HUM, etc.) from the drop down menu
4. Run the search to generate a list of classes
5. Note: Pay attention to pre-requisites

04

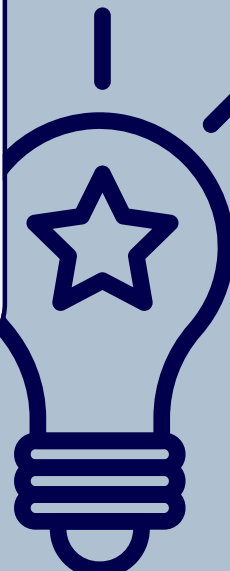
## Need more help with myWSU? Check out these helpful YouTube videos:

- [How to do I add classes to my shopping cart and enroll in classes?](#)
- [How Do I Drop A Class](#)
- [How Do I Swap A Class](#)
- [How do I view my position on the waitlist?](#)
- [More videos \(view unofficial transcripts, apply for graduation, etc\)](#)

## Need more assistance registering for classes?

Go visit your Psych Peer Mentors in Johnson Tower 201.  
Find their availability at [psychology.wsu.edu/undergrad/mentoring-program](https://psychology.wsu.edu/undergrad/mentoring-program)

Find more tips on the next page 4



05

### Where can I find my enrollment date?

Your enrollment date is the date and time that you can begin enrolling in fall classes. As a psych major it is important that you enroll on this date or as close to it as possible. To find your enrollment date authenticate into myWSU, select the “Manage Classes” button and then “Enrollment Dates”

06

### How does my undergraduate advising hold get lifted?

To view holds that will prevent you from enrolling in the future authenticate into myWSU, select the “Tasks” button, and then “Holds”. Select the hold to learn how you can get the hold lifted

Your academic advisor lifts your undergraduate advising hold once you have scheduled a meeting and met with them to discuss your plans for the upcoming semester.

You still have time to sign up for an advising appointment.

Visit [psychology.wsu.edu/undergrad/make-an-advising-appointment](https://psychology.wsu.edu/undergrad/make-an-advising-appointment) if you need help scheduling an advising appointment or reach out to your academic advisor

07

### I have a writing portfolio hold. What do I do?

Visit [writingprogram.wsu.edu/uwpsubmission](https://writingprogram.wsu.edu/uwpsubmission) to for instructions



Continue reading on page 5



# Psych 497: Application for Psych Teaching Assistant

\*NOTE: Students must have a minimum 3.0 GPA to serve as a teaching assistant.

Semester for which you are applying: \_\_\_\_\_

Name (please print): \_\_\_\_\_

WSU Email address: \_\_\_\_\_

Contact telephone number: \_\_\_\_\_

Year in school: \_\_\_\_\_ GPA: \_\_\_\_\_

Psych Classes completed: \_\_\_\_\_

\_\_\_\_\_

Psych Class you would like to TA for: \_\_\_\_\_

Please list previous TA experience (course numbers and instructors), if any: \_\_\_\_\_

\_\_\_\_\_

Please list any outside activities such as work, internships, volunteer commitments, athletics, research participation, practicum, etc.: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Can you make a year-long commitment to this position? (the inability to do so does not eliminate you from consideration): \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Please return this application to **Dr. Samantha Swindell** at [sswindell@wsu.edu](mailto:sswindell@wsu.edu) by **Friday, April 26, 2024**.



PSYCH PEER MENTORS

# BECOMING COMPETITIVE FOR GRADUATE SCHOOL

**ZOOM  
AND IN  
PERSON!**

Join us to learn about some of the many ways you can supplement your resume and make yourself a strong candidate for graduate programs!

**THURSDAY, | JOHNSON  
APRIL 18TH AT | TOWER 235C  
9:00 AM**

Zoom Meeting ID: 937 8639 2784

Passcode: 429349



Continue reading on page 7





COME LEARN ABOUT...

# HOW TO IMPROVE YOUR STUDY HABITS!




A presentation by PSYCH  
peer mentors Thomasina  
and Johnny

DATE: FRIDAY APRIL  
19TH

TIME: 3:30 - 4:30

LOCATION: ZOOM AND  
IN JOHNSON TOWER  
235C

Meeting ID: 994 2919 8678  
Passcode: 387020





# Midwestern University

## Clinical Psychology Information Session

Tuesday, April 23<sup>rd</sup> @ 3:30pm

Location: JT 235-C

To learn more about Midwestern University, please visit our website at:  
<https://www.midwestern.edu/academics/degrees-and-programs.xml>

Questions?  
Please contact Beka Godsil at [rgodsi@midwestern.edu](mailto:rgodsi@midwestern.edu)



**MIDWESTERN UNIVERSITY**  
*Tomorrow's Healthcare Team*

**Continue reading on page 9**





**Join the Psychology  
Department on Friday  
April 26, 2024 for the  
Undegraduate Research  
Symposium!**

3:00 - 4:00 p.m. at TODD 230: Dr. Leslie Leve will present her research on:

***An Intervention for Females Involved in the Juvenile Justice System: Mechanisms of Action and Intergenerational Transmission***

4:00 - 5:00 p.m. at CUE Atrium: Undergraduate and postbaccalaureate research poster presentations.

**Keynote Speaker  
Dr. Leslie Leve**

Leslie Leve, PhD, is the Lorry Lokey chair in education at the University of Oregon. She also holds a visiting scholar appointment at the University of Cambridge, UK. With more than 230 publications, Leslie's research focuses on child, adolescent, and family well-being using longitudinal studies and intervention designs. She is particularly interested in community-based research with underserved populations and families involved in service systems, including K-12 schools, foster care, juvenile justice, and adoption settings.

# VIRTUAL PSYCHOLOGY GRADUATE SCHOOL FAIRS



Event Hours: 11am - 3pm Eastern

Review [Testimonials](#) about prior Virtual Fairs.

Presented By:



Psychology Grad School Virtual Fair | April 30, 2024

Prospective Students Meet Psychology Schools Real-time  
The Virtual Fair is free to interested students.

Learn more at [Psychology Grad School Virtual Fair \(careereco.com\)](https://careereco.com)



## APA Psychology *Graduate School Fair*

April 17, 2024  
12 - 4 PM ET

[WWW.CAREERECO.COM/EVENTS/APA](https://www.careereco.com/events/apa)



Learn more at:

[American Psychological Association \(APA\) Psychology Graduate School Fair \(careereco.com\)](https://careereco.com)

Continue reading on page 11



# CONGRATULATIONS

## 2024 WSU SURCA AWARD RECIPIENTS

### Social Sciences

Crimson

#### **Cara Brauen**

WSU Pullman

Psychology

Mentor: Angela Henricks

“Dual-hit Hypothesis’ Impact on Corticosterone Levels Following Acute Restraint Stress Test”

#### **Matteya Proctor**

WSU Pullman

Neuroscience, Psychology, Honors College

Mentor: Maureen Schmitter-Edgecombe

“The Moderating Effect of Cognitive Self-Efficacy on the Relation Between Cognition and Technology-Based Health Information Search in Middle-Aged and Older Adults”

Gray.

#### **Isabella Santiago**

WSU Pullman

Human Development, Psychology

Mentor: Nicole Scalise

“Relations Between High School Math Experiences and Current Math Attitudes and Achievement: A Self-determination Theory Perspective”

### **Sandy Tlachi-Munoz**

WSU Pullman

Psychology

Mentor: Jessica Willoughby

“The Discussion Around Alcohol and Cannabis Use Among First-generation Undergraduate Students In Living Situations”

### **Research Proposal**

Gray.

#### **Areli Orozco**

WSU Pullman

Psychology

Mentor: Olusola Adesope

“Exploring Anxiety Among First-Generation, Culturally Diverse College Students”

*Congratulations*





# Become an International Student Peer Mentor

## Details

- ★ Commitment is one academic semester
- ★ Mentors and mentees are matched as closely as possible by interests and preferences
- ★ Experiences can range from getting coffee with your mentee to participating in planned group events. Mostly, "you do you."

Learn more  
and apply!



## Make a difference

Welcome new international students to campus; provide guidance and advice on adjusting to their new lives at WSU; and generally "be there" for our new Cougs.

## Learn & grow

Leadership. Empathy. Responsibility. Resourcefulness. Use the skills you learn and experiences you have as a mentor the rest of your life...at school, at work, at home.

## Have fun

Meet people with interests like yours and totally unlike yours. The truth is, you will develop and enjoy friendships that will last far past your campus years.



WASHINGTON STATE UNIVERSITY  
**International Student and  
Scholar Services**



# ASIAN PACIFIC ISLANDER DESI AMERICAN Heritage Month 2024

## **APASC EASTER EGG HUNT**

Asian Pacific American  
Student Coalition  
Monday, April 1 • 5-7 p.m.  
CUE 219

## **PB&J CLUB**

Asian American & Pacific Islander  
Student Center  
Wednesday, April 3 • Noon  
CUB Lair

## **MENTEE KOKA PRESENTS 'HISTORY OF KAVA'**

AAPI Student Center  
Thursday, April 4 • 1 p.m.  
CUB 414

## **APIDA COMMUNITY GATHERING**

Asian American & Pacific Islander  
Student Center  
Friday, April 5 • Noon  
CUB 414

## **HO'IKE**

Hawaii Club  
Saturday, April 6 • 3:00 p.m.  
CUB Senior Ballroom

## **RIBBON LEI MAKING WORKSHOP**

Asian American & Pacific Islander  
Student Center  
Monday, April 8 • 12:10-1 p.m.  
CUB 414

## **LEARN ABOUT GRADUATE SCHOOLWITH MENTOR RHEA MANZANO**

Asian American & Pacific Islander  
Student Center  
Wednesday, April 10 • 3 p.m.  
CUB 414

## **STUDENT LEADER EH-HSER K'NYAW HISTORY**

Asian American & Pacific Islander  
Student Center  
Thursday, April 11 • 1 p.m.  
CUB 414

## **APIDA TRIVIA WITH MENTORS KELLEE AND LAYRYN**

Asian American & Pacific Islander  
Student Center  
Thursday, April 11 • 2 p.m.  
CUB 414

## **'DIABETES WITHIN THE AAPI COMMUNITY' WORKSHOP**

Lovely Sisterhood of Chi Delta  
Sigma Sorority Inc.  
Friday, April 12 • 1 p.m.  
CUB 414

## **CULTURE SHOCK**

Asian Pacific American Student  
Coalition  
Friday, April 12 • 5 p.m.  
TBD

## **ORG OLYMPICS**

Asian Pacific American Student  
Coalition  
Saturday, April 13 • 11 a.m.-2 p.m.  
Smith Gym

## **APIDA STUDENT PANEL**

Asian Pacific American Student  
Coalition  
Monday, April 15 • 6-7 p.m.  
CUE 219

## **REP YOUR CULTURE DAY WITH MENTORS APRIL AND STARR**

Asian American & Pacific Islander  
Student Center  
Tuesday, April 16 • 11:00 a.m.-EOD  
CUB 414

## **GRAD CAP DECORATING**

Monday, April 22 • 6-7 p.m.  
CUE 219

## **CLOSING CEREMONIES**

Asian Pacific American Student  
Coalition  
Sunday, April 21



Find event details at  
[communities.wsu.edu/AAPI-Events](https://communities.wsu.edu/AAPI-Events)



# SUMMER SESSION

## 2024

Why not take one or two of these psych courses this summer?

- A chance to take a course not taught in Pullman
- Get ahead or catch up on credits
- Take an online course
- Complete one or more of your graduation requirements

Psych 105

Psych 110

Psych 210

Psych 230

Psych 265

Psych 311

Psych 312

Psych 320

Psych 321

Psych 324

Psych 328

Psych 333

Psych 348

Psych 350

Psych 361

Psych 363

Psych 372

Psych 384

Psych 401

Psych 412

Psych 440

Psych 464

Psych 470

Psych 490

Psych 491

[summer.wsu.edu](https://summer.wsu.edu)

Continue reading on page 15

# PROGRAM HIGHLIGHTS

## 9 Student Presentations

### **Keynote Speaker: Connor Hartley**

“Utilizing growth mindset through early career stages”

### **Keynote Speaker: Trisha Nash**

“Resilience in the eye of the beholder”

### **Professional Workshop: James Branham**

“Character Strengths and resilience: A nexus for personal growth and well-being”

## Professional Panel Q & A

### **Professional Workshop: Dane Andersen**

“Deconstructing Diagnosis”

### **Professional Workshop: Anne Cox & Trymaine Gaither**

“Practicing Self-Compassion and Sitting with the Discomfort of Self-Kindness”

REGISTER FOR  
THE BEST RATE  
BY

**APRIL  
15**

2024 PACIFIC  
NORTHWEST STUDENT  
SPORT AND EXERCISE  
PSYCHOLOGY  
SYMPOSIUM  
(PNWSSEPS)



**April 26-27**



**Washington State University**

For more information, please  
scan or visit our website at  
[www.education.wsu.edu/events/  
nwsspes](http://www.education.wsu.edu/events/nwsspes)





# NEUROPSYCHOLOGY



Neuropsychology is a specialization of clinical psychology that focuses on the relationship between brain and behavior. A neuropsychologist works with an individual experiencing issues from memory problems, thinking, concentration, changes in personality, perception, or language production, and comprehension. A neuropsychologist evaluates behavioral and cognitive changes that are from central nervous system disease or injury.

## CAREER OPTIONS

Clinical Neuropsychologist  
Clinical Pediatric  
Neuropsychologist  
Neuropsychologist Researcher  
Rehabilitation Director  
Forensic Neuropsychologist

## FOR MORE INFO VISIT

[www.onetonline.org](http://www.onetonline.org)  
[www.bls.gov](http://www.bls.gov)  
[www.apa.org](http://www.apa.org)  
[www.sfn.org](http://www.sfn.org)  
[www.scn40.org](http://www.scn40.org)  
[www.neuronetwork.nonline.org](http://www.neuronetwork.nonline.org)

## GRADUATE PROGRAMS

## MINOR/ADDITIONAL MAJOR IDEAS

SCAN ME



Neuroscience

# Summer & Fall Course Registration



Summer 2024 course registration has already opened.

Fall 2024 course enrollment dates have posted in your MyWSU account.

If you haven't already met with your advisor, you should schedule time with them soon!

## Resolve any holds...

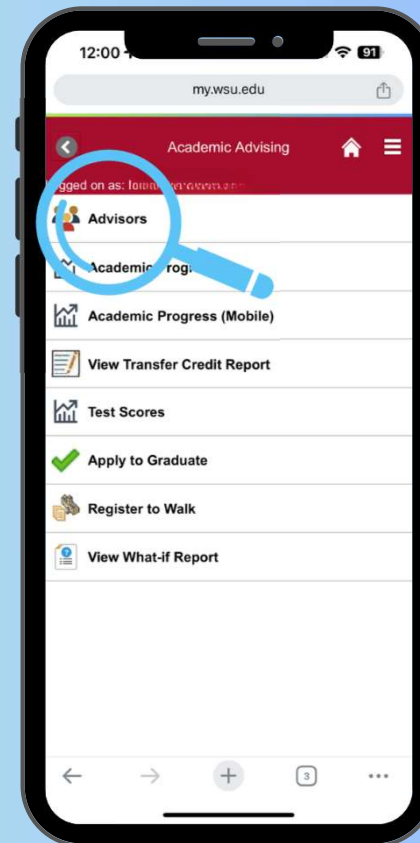
Review your “Tasks” tile in myWSU.edu for holds that prevent course registration.

## Contact your academic advisor...

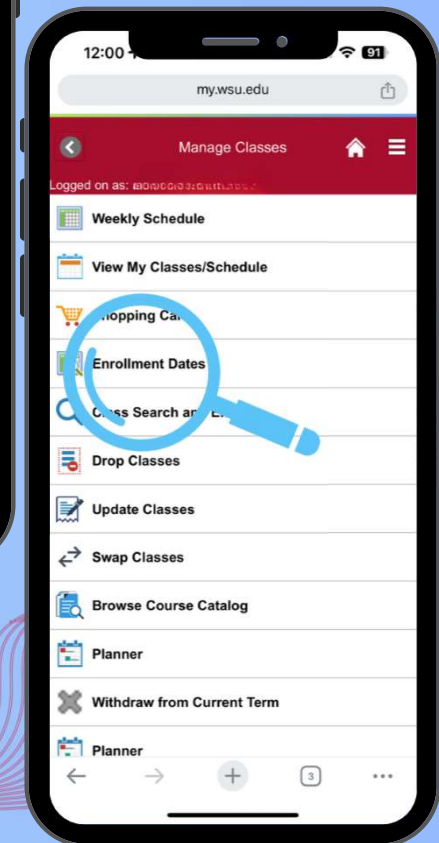
If you have questions and/or an ‘Undergraduate Advising Hold,’ you should meet with your academic advisor ASAP

## Enroll on time...

Check your enrollment date and resolve holds to ensure you register on time. **Delayed enrollment can lead to a delayed degree...**



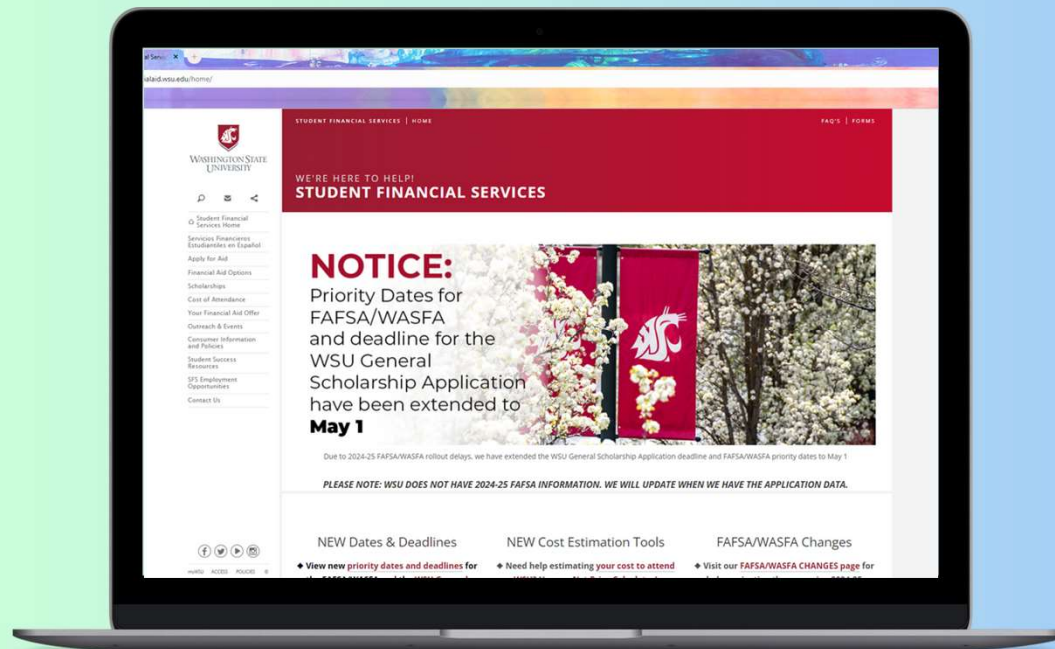
My.WSU  
“Academic Advising” tile



My.WSU  
“Manage Classes” tile



# FASFA/WASFA Delays



Tuition? No need to worry about it until the semester officially kicks off. Feel free to shuffle your classes around without any fees until day one.