January 8, 2024

PSYCH NEWSLETTER

WSU DEPARTMENT OF PSYCHOLOGY



Psych Students,

Happy first day of the spring 2024 semester! Welcome back from break and welcome to all new students starting this spring semester.

The Psych newsletter is one of the primary ways we communicate with Psych majors. The newsletter is sent every two weeks and typically on Mondays. The newsletter will come from your Psych advisor and is sent to your WSU email address. Get into the habit of checking your WSU email at least once a day so that you do not miss any important information.

Another way to keep up to date with all things Psych is to like and follow us on Facebook @WSUPsychDept.

If you are a graduating senior you also received a special edition of the newsletter called the "Senior Newsletter." Read through it thoroughly and visit your advisor to double check that you are on track to graduate. Sunday, January 14 is the last day to enroll in a spring course.

This spring we have some exciting guest industry speakers. You can show your appreciation by attending these events when you are able. We strongly encourage you all to attend even if you may not be interested in that particular industry there is still valuable information to gain by attending these events! Spring 2024 Week 1

NEWSLETTER HIGHLIGHTS

Psych 405: Instructional Practicum Training

Path to Success In Psychology: Industry Speakers

Career Highlight: Experimental Psychchology

Compass Mentor Program

Undergraduate Research at WSU

Summer Research Programs

Missed any of the past newsletters? You can find all spring 2024 newsletters here: https://psychology.wsu.edu/und ergrad/newsletters/



Important Dates & Deadlines

Find the Academic Calendar: <u>registrar.wsu.edu/academic-calendar/</u>



First Day of Classes Monday, January 8

Last day to enroll in a course Sunday, January 14

Martin Luther King Jr. Day--All University Holiday Monday, January 15

> National Day of Racial Healing Tuesday, January 16

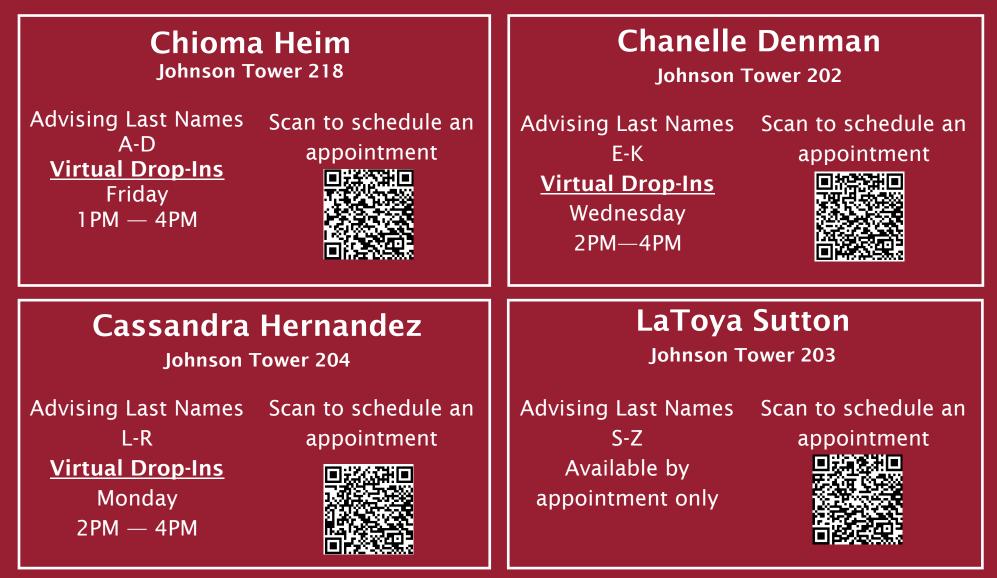
Last day to change enrollment from letter grades to pass/fail Friday, January 26

Deadline to complete academic improvement conversation #1 for reinstatement *Tuesday, February 6*

> Last day to drop a course without record *Tuesday, February 6*



PSYCHCOLOGY ACADEMIC ADVISING OFFICE HOURS 9AM—4PM





Environmental Psychology Psych 466 | MWF 1110-12 | Spring 2024 | 3 credits

New undergraduate course in Environmental Psychology to be taught again in Spring 2024!

What is environmental psychology? It's similar to social psychology, except we mainly focus on *how our physical environments influence our minds, brains, and behavior* rather than how we are affected by social environments. We will cover a huge variety of topics in this course, including (but not limited to):

- ✓ How our perception and cognition is altered in different environments
- ✓ The positive and negative effects that different types of environments (nature, cities, indoors) can have on our physical health, mental health, social behavior, even criminal behavior
- How can environmental design be used to promote psychological health and optimal functioning
- ✓ What is environmental justice, and how can we create more equitable spaces?
- The ways our attitudes and beliefs affect whether we work to protect and improve our environments and the world
- ✓ What is the best approach to tackling climate change?

The course designed to be relatively low stress, with many <u>low-stakes</u> <u>assignments and built in flexibility</u> for missed or late assignments. You'll get to run *small-scale versions of environmental psychology experiments* and at the end of the course, you'll get to *design a restorative, beneficial environment* and present it in whatever format you like (short video, recorded presentation, annotated drawing, podcast, paper, etc.)

Feel free to reach out to the instructor (Professor Meidenbauer) with any questions: <u>k.meidenbauer@wsu.edu</u> We hope to see you there!

Do you want to be a TA next Fall?

Psych 405 is a 1 credit pass/fail course.

Prepare to become a TA next fall by enrolling in **Psych 405** TODAY!

Gain the skills instructors are looking for in their TAs.

Topics include: grading and classroom support, providing feedback, communication, professionalism, and MORE!

Boost your resume by training to become a TA!

Contact your academic advisor to enroll!



Help Cougs in Your Community

APPLY FOR THE COMPASS MENTOR PROGRAM BY JANUARY 12

BENEFITS

- GAIN LEADERSHIP EXPERIENCE AND BUILD YOUR RESUME
- RECEIVE A SCHOLARSHIP
- GET CLASS CREDIT AND PROFESSIONAL TRAINING
- WORK WITH A COHORT OF OTHER MENTORS
- FEEL GOOD ABOUT HELPING NEW STUDENTS ADJUST

WHAT'S REOUIRED

MENTORS PUT IN ABOUT 6 HOURS OF WORK EACH WEEK. AND YOU'LL BE EXPECTED TO:

- HOST OFFICE HOURS
- KEEP IN CONTACT WITH MENTEES
- ATTEND A WEEKLY CLASS AND WEEKLY MENTOR MEETINGS
- HELP PLAN AND HOST SOCIAL ACTIVITIES. RETREATS. WORKSHOPS, AND EVENTS

TO LEARN MORE AND APPLY GO TO COMMUNITIES.WSU.EDU

WSU PSYCHOLOGY ADVISING PRESENTS:

Path to Success in Psychology

INDUSTRY SPEAKER SERIES

CONNOR HARTLEY

Sports Psychology-Mental Health Clinician Washington State University

JANUARY 30 4PM - 5:30PM ZOOM MEETING ID: 931 2752 6979

SAMI LESNEK

Applied Behavior Analysis-Behavior Technician Connections Behavior Planning & Intervention

> FEBRUARY 27 4PM-5:30PM

ZOOM MEETING ID: 918 1142 8551

Questions? Contact your academic advisor

CONTINUE READING ON PAGE 8

EXPERIMENTAL PSYCHOLOGY

Experimental psychologists typically specialize in areas of study including Biological Psychology, Cognitive Psychology, Health Psychology, Industrial/Organizational Psychology, Social Psychology, Quantitative Methods, and others. They are expected to be able to identify significant research problems, be conversant with a wide variety of strategies for generating and testing hypotheses, and to effectively communicate these ideas.

CAREER OPTIONS

Experimental Psychology is designed to produce experimental psychology researchers in research centers, college-level psychology instructors, or work in government and private businesses.

FOR MORE INFO VISIT

www.onetonline.org www.bls.gov www.apa.org

GRADUATE PROGRAMS



MINOR/ADDITIONAL MAJOR IDEAS

Varies depending on individual's interests

To learn about more careers in Psychology visit psychology.wsu.edu/undergrad/careers-in-psych Continue reading on page 9

Have You Considered Undergraduate Research?

UNIV 199 (Intro to Directed Research)

Sat. Jan. 20 and Sat. Jan. 27 9:00 a.m. - 5:00 p.m. | Spark G10 SLN 09663

Register now! 1 credit, no prereqs, for all students and majors

In this class, students, like YOU, not yet working with a faculty mentor will...

- Learn about research (that includes scholarship and creative activities)
- Envision how research boosts resumes and even award opportunities
- Gain skills applicable to any research environment
- Explore opportunities at WSU in all disciplines
- Discover resources such as peer mentors who will guide you
- Get information about the Undergraduate Research Club

Questions? Email <u>UG.research@wsu.edu</u> **UndergraduateResearch.wsu.edu**



washington state university Office of Undergraduate Research





UNDERGRADUATE RESEARCH OPPORTUNITIES at Washington State University

Expand your résumé and flourish at a top research university!

- WSU is in the inland Pacific Northwest.
- Summer programs are funded by NSF Research Experience for Undergraduates (REU), USDA-NIFA, and faculty grants.
- Mentors are involved and caring faculty and experts in their field.
- Generous stipends cover many expenses.
- Research facilities are cutting edge.
- A poster symposium showcases research and is open to the public.
- Research with students like you from across the U.S. and expand your personal and professional networks.

AgAID Institute Summer Undergraduate Research

(Various WSU departments, and partners - Oregon State University (OSU), UC Merced, innov8.ag) Jordan Jobe (jordan.jobe@wsu.edu) agaid.org/undergraduate-research-internships-uris/

Environmental Engineering: Measurements and Modeling in the Pacific Northwest (Dept. of Civil and Environmental Engineering) Shelley Pressley (spressley@wsu.edu)

lar.wsu.edu/undergraduates/

Gerontechnology

physics.wsu.edu/reu/

(School of Electrical Engineering and Computer Science, and Dept. of Psychology) Diane Cook (djcook@wsu.edu) Maureen Schmitter-Edgecombe (schmitter-e@wsu.edu) ntg.ailab.wsu.edu/

Hemp Research Internship (WSU's Hemp Program, and partners- Global Hemp Innovation Center at OSU, UC Davis, and UN Reno) David R. Gang (gangd@wsu.edu)

Waves in the Universe and Technology (Dept. of Physics and Astronomy) Brian Collins (brian.collins@wsu.edu)

Interested in learning more about these programs? Visit the summer research website maintained by the WSU Office of Undergraduate Research at:

SummerResearch.wsu.edu

Improving Crop Resiliency: Agriculture in Changing Climate (Institute of Biological Chemistry) Matt Peck (matthew.peck@wsu.edu) Andrei Smertenko (andrei.smertenko@wsu.edu)

NSF Plant Genome

(Institute of Biological Chemistry) Laura Bartley (laura.bartley@wsu.edu)

Agricultural Data Science

(Dept. of Biological Systems Engineering) Sindhuja Sankaran (s.sankaran@wsu.edu) labs.wsu.edu/sankaran-phenomics/undergrad-researchexp/

Studying Race and Policing in the Complex Social Interactions Lab (Dept. of Criminal Justice & Criminology) Dale Willits (dale.willits@wsu.edu) labs.wsu.edu/csi/





NEBRASKA SUMMER RESEARCH PROGRAM

10 weeks. Research experience. Scholarly community. Grad-school ready.

This intensive summer research experience provides mentoring and research experiences while allowing scholars to preview graduate school life. Students with a strong interest in graduate programs are encouraged to apply, as are those from populations traditionally underrepresented in graduate education.

- Applied Plant Systems
- Applied Unmanned Systems
- Beneficial Insects
- Bioenergy Systems
- Biomedical Engineering
- Chemistry
- Crop-to-Food Innovation
- Digital Legal Research Lab
- Engineering Education Research
- Health Equity
- Nanotechnology Coordinated Infrastructure
- Quantum Materials
- Redox Biology
- Sustainability of Civil Infrastructure
- Virology

AVERAGE STIPEND RANGE \$5,000-\$6,000

PROGRAM DURATION June 3, 2024 – August 7, 2024

APPLICATION OPENS *November 15, 2023*

The benefits:

Stay in **suite-style housing**, enjoy an **on-campus meal plan**, and have **travel costs covered**.

Attend workshops for data visualization, scientific writing, creating a **research poster**, and more.

Visit the **Omaha Henry Doorly Zoo**, rent bikes to **explore Lincoln**, attend a **Lincoln Saltdogs** baseball game, enjoy a day at the lake, and more.

APPLY AT https://www.unl.edu/summerprogram





The University of Nebraska does not discriminate based upon any protected status. Please see go.unl.edu/nondiscrimination.

101 Seaton Hall, Lincoln, NE 68588 402-472-2875 | graduate@unl.edu

UNDERGRADUATE 2024 SUMMER PROGRAM

Our summer program is an undergraduate community of 90+ students with access to more than 40 professional development, scholarly, and social activities.

THE PROGRAM

- 9 weeks (May 29-July 26, 2024)
- Stipends starting from \$3,400-\$5000
- Weekly workshops and seminars
- Poster forum to present research
- Intern & Mentor events, teambuilding, and other social activities

All programs provide:

- On-campus housing (valued at \$1,500)
- Meal plan (worth \$1,200)

RESEARCH AREAS

- Alcohol Research Training
- Computer Networking (REU)
- Materials Science & Engineering (REU)
- Missouri Louis **Stokes AMP**
- Cancer Research
- Translational **Biomedicine**

- Medical Sciences
- Computational **Neuroscience** (REU)
- Interpersonal
- **Relationships (REU)** Perspective
- Analytics for Alenabled Operations (REU)

Looking for a summer research opportunity?





LOOK NO FURTHER!

For more information:





Undergraduate Research

https://undergradresearch.missouri.edu/summer/