

# PSYCH NEWSLETTER

## WSU DEPARTMENT OF PSYCHOLOGY



Psych Students,

Welcome to week 11! Just six more weeks of instruction left to go before finals.

As a reminder priority enrollment for spring will begin on November 6. Check myWSU so you know when your enrollment date is. If you still need to meet with your academic advisor schedule your appointment soon. Inside you will find some tips and tricks to help your registration go as smoothly as possible.

Remember your **peer mentors** are also available to meet with and are a great resource if your advisor is booked with appointments. Stop by to see them in Johnson Tower 201.

We will wrap up the fall Path to Success series this month with the Central Washington graduate program presentation on November 1 and Jill Nickles on November 8.

Dr. Dee Posey can still use more undergraduate TAs for Psych 311 and 312 in the spring. See page 3-4 for more details.

## NEWSLETTER HIGHLIGHTS

Path to Success in  
Psychology: Graduate  
School Series

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Path to Success in  
Psychology: Industry  
Speaker Series

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Career Highlight:  
Counseling Psychology

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Undergraduate TA  
Opportunities

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APA Virtual Graduate  
School Fair

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Service Learning  
Opportunity

Missed any of the past  
newsletters?

You can find all fall 2023  
newsletters here:

<https://psychology.wsu.edu/undergrad/newsletters/>

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# IMPORTANT DATES & DEADLINES



Find the Academic Calendar:  
[registrar.wsu.edu/academic-calendar/](https://registrar.wsu.edu/academic-calendar/)

Native American Heritage Month  
November 1-31

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Priority registration begins for spring 2024  
Monday, November 6

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National First Gen Day  
Wednesday, November 8

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Veterans Day-ALL UNIVERSITY HOLIDAY  
Friday, November 10

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Deadline to register for commencement  
Friday, November 10

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Deadline to withdraw from a course  
Friday, November 17

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# UTAs needed for Psych 311, Spring 2024

## Roles

*Choose from:*

- *Grader*– best for those who want flexibility to complete duties.
- *In-Class TA*– best for those who have time in their schedule (Tu/Th 12:05 – 1:20 p.m.) and enjoy working with peers.
- *Tutor*– best for those who know the material well and like to teach.

## Duties

*Based on role:*

- *Grader*– grade weekly assignments.
- *In-Class TA*– help with in-class activities, assist students who need help, distribute class materials.
- *Tutor*– hold office hours and provide one-on-one help to students in Psych 311.

## Benefits

*Academic development:*

You've already taken Psych 311, but how much do you remember? TA'ing will refresh and reinforce your knowledge of statistics and better prepare you for the workforce or grad school.

*Earn co-curricular credit to highlight on your CV:*

As a TA, you earn credit toward your degree and acquire skills in teamwork, responsibility, punctuality, precision, and integrity. These skills hold significant value for employers and graduate programs, making your experience as a TA something to highlight on your resume or CV.

*Seek a letter of recommendation:*

By fulfilling your TA responsibilities with care and integrity, you can improve the likelihood of obtaining a letter of recommendation for employment or graduate school.

*Get a behind-the-scenes look:*

Do you know what it takes to teach a college course? TA'ing offers you the opportunity to get a behind-the-scenes look at what your instructors do to support and further your learning.

Contact Dr. Dee ([deeposey@wsu.edu](mailto:deeposey@wsu.edu)) to discuss enrolling in 2 cr. of Psych 497.03.

ISO: fifteen 2-credit UTAs

If you're unsure whether 2 cr. of Psych 497.03 will fit into your graduation plan, contact your academic advisor.

# UTAs needed for Psych 312, Spring 2024

Are you interested in being a TA for Psych 312?



Enroll in Psych 497.04 for 2 cr. (6 hrs/week)

## TA Duties:

Duties involve grading weekly lab assignments.



## Qualifications:

*To be a TA for Psych 312, you must:*

Have taken Psych 312  
Earned a B- or better in the class.

## Information about Being a TA:

Being a TA is an UNPAID position, but you can earn academic credit toward your degree.

You will complete your duties on your own time within a specified time frame.

## Benefits:

*Academic development:*



TA'ing for Psych 312 will refresh and reinforce your knowledge of research methods and better prepare you for the workforce or grad school.

*Earn co-curricular credit to highlight on your CV:*

As a TA, you earn credit toward your degree and acquire skills in teamwork, responsibility, punctuality, precision, and integrity. These skills hold significant value for employers and graduate programs, making your experience as a TA something to highlight on your resume or CV.



*Secure a letter of recommendation:*



By fulfilling your TA responsibilities with care and integrity, you can earn a letter of recommendation for employment or graduate school.

Contact Dr. Dee ([deeposey@wsu.edu](mailto:deeposey@wsu.edu)) to discuss enrolling in 2 cr. of Psych 497.04.

ISO: ten 2-credit UTAs

If you're unsure whether 2 cr. of Psych 497.04 will fit into your graduation plan, contact your academic advisor.



WSU Psychology Advising Presents:

# PATH TO SUCCESS IN PSYCHOLOGY

## GRADUATE SCHOOL SERIES

### Graduate School Prep

Introduction to graduate school resources, getting started in your search, and building your competitive edge

Could not attend?

Scan this QR code to watch a recording of this presentation:



### Eastern Washington University

Learn about Master of Social Work (MSW) degree offered at Eastern Washington University

Could not attend?

Scan this QR code to watch a recording of this presentation:



### Gonzaga University

Learn about counseling and school psych graduate programs offered at Gonzaga University

Could not attend?

Scan this QR code to watch a recording of this presentation:



### Central Washington University

Learn about Psych graduate programs offered at Central Washington University

November 1  
12 PM - 1 PM

Zoom

Meeting ID: 914 2073 5591

Passcode: Central

Questions?

Contact your academic advisor

WSU PSYCHOLOGY ADVISING PRESENTS:

# Path to Success in Psychology

## INDUSTRY SPEAKER SERIES

### TRAN HANG

Director of Product Commercialization  
Google

Could not attend?

Scan this QR code to watch a  
recording of this presentation:



### OLIVER BILLON

Physical Therapist Assistant  
Lake Washington Physical Therapy

Could not attend?

Scan this QR code to watch a  
recording of this presentation:



### JILL NICKLES

HR Consultant 3  
WA Department of Children, Youth, and Families

**NOVEMBER 8**  
**12:30 PM - 1:30 PM**

**ZOOM**

**MEETING ID: 962 8989 0127**

**PASSCODE: JILL**

**Questions?**

Contact your academic advisor

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# SPRING REGISTRATION TROUBLESHOOTING

These are some common issues that arise during registration

01

## **"This class is outside of your career of study" message**

If this message appears when you validate your shopping cart, most likely you have chosen a course that is not offered on your campus. Make sure that you are selecting only Pullman campus courses. If you are not sure whether the course is offered in Pullman you can check the [schedule of classes](#),

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## **How do I search for an online course that I am able to enroll in?**

1. Go to [schedules.wsu.edu](https://schedules.wsu.edu)
2. Find "Search" on the left hand menu
3. Select the "Term" and "Campus"
4. Select "Arranged" as the day of the week
5. Run the search which will generate a list of online classes offered on the Pullman campus
6. Note: Pay attention to pre-requisites

03

## **How do I search for a specific UCore course?**

1. Go to [schedules.wsu.edu](https://schedules.wsu.edu) and select "Search" on the left hand menu
2. Select the "Term" and "Campus"
3. Select the UCore requirement (for example: PSCI, HUM, etc.) from the drop down menu
4. Run the search to generate a list of classes
5. Note: Pay attention to pre-requisites

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## **Need more help with myWSU? Check out these helpful YouTube videos:**

- [How to do I add classes to my shopping cart and enroll in classes?](#)
- [How Do I Drop A Class](#)
- [How Do I Swap A Class](#)
- [How do I view my position on the waitlist?](#)
- [More videos \(view unofficial transcripts, apply for graduation, etc\)](#)

## **Need more assistance registering for classes?**

Go visit your Psych Peer Mentors in Johnson Tower 201.  
Find their availability at [psychology.wsu.edu/undergrad/mentoring-program](https://psychology.wsu.edu/undergrad/mentoring-program)



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### Where can I find my enrollment date?

Your enrollment date is the date and time that you can begin enrolling in spring classes. As a psych major it is important that you enroll on this date or as close to it as possible. To find your enrollment date authenticate into myWSU, select the “Manage Classes” button and then “Enrollment Dates”

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### How does my undergraduate advising hold get lifted?

To view holds that will prevent you from enrolling in the future authenticate into myWSU, select the “Tasks” button, and then “Holds”. Select the hold to learn how you can get the hold lifted

Your academic advisor lifts your undergraduate advising hold once you have scheduled a meeting and met with them to discuss your plans for the upcoming semester.

You still have time to sign up for an advising appointment.

Visit [psychology.wsu.edu/undergrad/make-an-advising-appointment](https://psychology.wsu.edu/undergrad/make-an-advising-appointment) if you need help scheduling an advising appointment or reach out to your academic advisor

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### I have a writing portfolio hold. What do I do?

Visit [writingprogram.wsu.edu/uwpsubmission](https://writingprogram.wsu.edu/uwpsubmission) to for instructions



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# NOVEMBER IS: NATIVE AMERICAN HERITAGE MONTH

**November marks the beginning of Native American Heritage month and we encourage you to take some time to learn about the contributions that Native American Indigenous people have made to the field of Psychology.**

- Native American Pioneers in Psychology: brief biographies on many early Native American psychologists  
<https://psychology.okstate.edu/museum/native/bio.html>
- I am Psyched! Native American Heritage Month: an interview of two women trailblazers in the field of Psychology <https://www.youtube.com/watch?v=isEBI9OWEfE>
- Interview with Carolyn Barcus: [https://www.youtube.com/watch?v=NqgyE\\_cJluY](https://www.youtube.com/watch?v=NqgyE_cJluY)
- Guild “Celebrating Native American Heritage Month”  
<https://guildservices.org/blog/celebrating-native-american-heritage-month>
- The American Indian and Alaska Native Society for Indian Psychologists  
<https://www.nativepsychs.org/>

Keep up to date with the events being hosted this month by [WSU’s Native American Programs](#) on [Facebook](#) or [Instagram](#)

[NATIVE.WSU.EDU/NEWS/NATIVE-AMERICAN-HERITAGE-MONTH/](https://NATIVE.WSU.EDU/NEWS/NATIVE-AMERICAN-HERITAGE-MONTH/)

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# ***Newsworthy***

## **SOCIAL MEDIA TO FOLLOW**

WSU Psychology Department

Psych Squared Instagram

WSU Health Professions Student Center

Murrow Jobs & Internships



## Interested in Mental Health Counseling?

Dr. Amy Nusbaum who is a graduate of WSU's BS in Psychology and Experimental Psychology graduate program, recorded a promo for Heritage University's new MA in Mental Health Counseling. Scan the QR code below to watch the short video. The passcode is 94L.\*Gm1



# APA Psychology Graduate School Fair

November 2, 2023  
12 - 6 PM ET



**Connect with a diverse group of students seeking entry into graduate level psychology programs**

Group presentations  
& panel discussions



Indefinite access to  
Candidate details



Interact with a diverse  
pool of Students



Video and/or Audio  
capabilities



[www.CareerEco.com/Events/APA](http://www.CareerEco.com/Events/APA)  
[Events@CareerEco.com](mailto:Events@CareerEco.com) | 770.874.7807





# Have you thought about a **Service Year?**



Growth Opportunity for  
Graduating Seniors

When you serve, you  
become a positive force  
in the lives of children

## Hands of Hope AmeriCorps Program

- Care for children who need a safe, stable, loving home
- Work as part of a close-knit team
- \$23,800 annual living allowance, paid bi-weekly
- Fully furnished housing in a private, gated community
- Lifelong connections with others who are service-minded
- All majors welcome! Great for social justice, social work, pre-med, psych, education and more!



### Contact

Darean Talmadge  
[dtalmadge@casahope.org](mailto:dtalmadge@casahope.org)  
713.529.0639



[www.casahope.org/ameri-corps](http://www.casahope.org/ameri-corps)

## AmeriCorps

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# About Hands of Hope AmeriCorps Program



**AmeriCorps**

Hands of Hope AmeriCorps Members provide direct care and supervision to children ages infant to age 6 in foster care in the Casa de Esperanza Neighborhood during a 12-month service year program. They work collaboratively with AmeriCorps Members and other professionals in the home to ensure that children's physical, emotional, and developmental needs are met.

## **Hands of Hope AmeriCorps Members Provide**

- A safe and loving home to young children who have experienced trauma
- An environment where kids are free to be kids
- Daily care of the children, household management, and coordination of medical appointments and therapy sessions
- The opportunity for children to grow and develop by helping meet their physical, emotional, and developmental needs

## **Hands of Hope AmeriCorps Members Receive**

- \$23,800 annual living allowance, paid bi-weekly
- \$6,895 Segal AmeriCorps Education Award upon successful completion of the service year
- Health insurance through Equal Heart
- Fully furnished housing in a private, gated community
- Fourteen days vacation + three additional days for interviewing/testing purposes
- Access to the network of Employers of National Service (a group of over 700 employers committed to hiring employees who have completed national service through AmeriCorps and other organizations)
- Lifelong connections with others who are service-minded
- Extensive training in early childhood development, trauma informed care, attachment, etc.
- Pediatric and Adult First Aid and CPR certification

[www.casahope.org/ameriCorps](http://www.casahope.org/ameriCorps)

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# COUNSELING PSYCHOLOGY



Counseling psychologists help clients deal with and understand problems, including issues at home, at the workplace, or in their community. Through counseling, these psychologists work with clients to identify their strengths or the resources they can use to manage problems.

## CAREER OPTIONS

Marriage and Family  
Therapist  
Substance Abuse Counselor  
Mental Health Counselor  
Social Worker  
Career Counselor

## FOR MORE INFO VISIT

[www.onetonline.org](http://www.onetonline.org)  
[www.bls.gov](http://www.bls.gov)  
[www.apa.org](http://www.apa.org)  
[www.amhca.org/home](http://www.amhca.org/home)  
[www.cacrep.org](http://www.cacrep.org)  
[www.nbcc.org](http://www.nbcc.org)

## GRADUATE PROGRAMS

SCAN ME



## MINOR/ADDITIONAL MAJOR IDEAS

Comparative Ethnic Studies  
Health & Society  
Human Development  
Sociology  
Women's, Gender, and  
Sexuality Studies



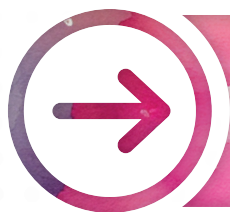
# WSU STUDENT

# Artwork Contest

— PRESENTED BY —

**WSU FOUNDATION GIFT PLANNING**

## FIVE COUGARS WILL WIN \$500!



CONTEST ENTRY DEADLINE  
**DECEMBER 1, 2023**



**WSU Foundation Gift Planning** is looking for original, exceptional WSU-themed student artwork to feature on materials and greeting cards for alumni and friends who have committed to supporting WSU through programs such as student scholarships.

This is a great opportunity for you to expand your portfolio and enhance your art skills and creativity while giving back to **WSU!**



WASHINGTON STATE UNIVERSITY  
**FOUNDATION**

## CONTEST RULES AND REQUIREMENTS

- 1** Each participant may enter one piece.
- 2** Any hand-done, computer graphic, two-dimensional art/medium may be used.
- 3** Entries will be accepted electronically until **December 1, 2023**.
- 4** All artwork is subject to cropping for printing purposes.
- 5** **Scan the QR code to get started.**

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[illegible]

# CAS 497

**Offered in Spring 2024**

**\*\*Open to all students \*\***

**\*\* Available to enroll in Summer, Fall or Spring \*\***

**Are you working at a job or business, or involved in a service learning or research opportunity?**

**Did you know that in most cases, you could earn internship credit?**

**❖ CAS 497**

- provides students with an opportunity to obtain academic credit for experiential activities as a paid or unpaid intern in business, education, non-profit, industry or government organizations.
- **is a variable credit course (2-16 credits)** and students must have Junior Standing (60 credits). The course may be repeated for credit up to a maximum of 16 credits. A maximum of 6 credits may be applied to the Humanities and Social Sciences major degree program.

❖ **Interested in learning more, or want to enroll?**

- Talk to your Humanities, Social Sciences, Science or **Major Department** advisor about how CAS 497 fits into your degree plan.
- Find an internship.
- **Connect with the CAS 497 internship coordinator:** Laurie Heustis; [heustis@wsu.edu](mailto:heustis@wsu.edu)
- **Visit our Internship website here:** <https://slcr.wsu.edu/cas-497/>
- **Students should intent to enroll in CAS 497 no later than one week prior to classes beginning.**

## NOT SURE WHERE TO START SEARCHING FOR AN INTERNSHIP? SEE OPPORTUNITIES LISTED BELOW

### **WASHINGTON WORK PORTAL**

<https://www.washingtonworkforceportal.org/>

Washington Workforce Portal allows you to search for internships in a variety of fields and industries throughout Washington.

Search for internships by region and type, post your resume and find your match — it's that easy. And it's FREE!

### **VIRTUAL STUDENT FEDERAL SERVICE**

<https://vsfs.state.gov/>

Through the Virtual Student Federal Service (VSFS) program, students can work on projects (internships) that advance the work of government on multiple fronts. Projects include helping counter violent extremism, strengthening human rights monitoring, developing virtual programs, engaging in digital communications, mapping, economic and political reporting, data analysis, graphic design, and app building.

### **USAJOBS**

<https://www.usajobs.gov>

USAJOBS connects job seekers with federal employment opportunities across the United States and around the world. As the Federal Government's official employment site, USAJOBS helps the right people find the right job.

#### **WHERE CAN I FIND INTERNSHIPS?**

The Federal Government offers internships through the Pathways Program. There are several ways to search USAJOBS for current internship opportunities:

Go to the [Student and Recent Graduates](#) page and click Search Internship Jobs.

### **CIS Study Abroad Virtual Internships**

Credit arranged through Education Abroad-International Programs

<https://www.cisabroad.com/intern-abroad-for-academic-credit-vgi/>

### **AIFS Study Abroad Internships (Including Virtual Internships)**

Credit arranged through Education Abroad-International Programs

<https://www.aifsabroad.com/internships/>

Internship-only opportunities are offered by [Global Experiences](#), a member of the AIFS family. Global Experiences offers programs in Australia, Europe, Asia, Latin America and the United States during the semester, summer or January break. You can earn up to 12 credits through your home institution or through transfer credit from Global Experience's School of record, Fairfield University. Students accepted into Global Experiences programs are guaranteed an internship within their career field.

### **HANDSHAKE**

<https://ascc.wsu.edu/career-services/handshake/>

Did you know that internships are offered through Handshake – WSU's Online Employment resource for students? On Handshake, students can: Find a job on campus, Search for a full-time job or internship; Schedule an appointment with a career coach; network with other students; learn interview processes for specific companies; schedule on campus interviews; and more!

## **SEL CAREERS – INTERNSHIPS**

<https://selinc.wd1.myworkdayjobs.com/en-US/SEL>

Did you know that SEL – Schweitzer Engineering Lab offers a variety of internships? Check them out!

## **SBDC – Washington Small Business Development Center**

<https://mcusercontent.com/006015c8ec8857b2346b3dc51/files/fdce2871-bb09-894d-7518->

[e27eecea7440/11\\_10\\_21\\_Washington\\_SBDC\\_Market\\_Research\\_Internship.pdf?utm\\_source=Honors+Master+List&utm\\_campaign=a89d1fc495-EMAIL\\_CAMPAIGN\\_2019\\_09\\_04\\_04\\_53\\_COPY\\_01&utm\\_medium=email&utm\\_term=0\\_512d397516-a89d1fc495-81687999](https://mcusercontent.com/006015c8ec8857b2346b3dc51/files/fdce2871-bb09-894d-7518-e27eecea7440/11_10_21_Washington_SBDC_Market_Research_Internship.pdf?utm_source=Honors+Master+List&utm_campaign=a89d1fc495-EMAIL_CAMPAIGN_2019_09_04_04_53_COPY_01&utm_medium=email&utm_term=0_512d397516-a89d1fc495-81687999)

The Washington Small Business Development Center (SBDC) is a network of more than 30 expert business advisors working in communities across the state to help entrepreneurs or small business owners start, grow or buy/sell a business. SBDC advisors provide one-on-one, confidential, no-cost advising on all phases of small business development and are often co-located with economic development specialists in community colleges, economic development agencies or government agencies. Other services of the Washington SBDC include no-cost or low-cost workshops on a variety of business topics and customized market research services.

Contact: Tim Taylor, Washington SBDC, [Tim.Taylor@wsbdc.org](mailto:Tim.Taylor@wsbdc.org), 883-4WA-SBDC

<https://wsbdc.org/>

## **LinkedIn**

<https://www.linkedin.com/jobs/virtual-internship-jobs/?position=1&pageNum=0>

LinkedIn advertises for many internship opportunities, including virtual – check it out.

## **The Intern Group**

<https://www.theinterngroup.com/>

Virtual/Remote Internships programs with global – abroad or online.

Learn More: <https://slcr.wsu.edu/cas-497/>

Contact: Laurie Heustis, Internship Coordinator at [heustis@wsu.edu](mailto:heustis@wsu.edu)