Psych Students,

Welcome back from Thanksgiving Break! There are only two weeks left of instruction left in the semester followed by finals week.

Here are some of the highlights for the week:

- Graduating seniors are invited to attend a graduation celebration in CUE 418 on Tuesday, November 29 at 5PM. Stop by to celebrate your hard work and achievements. Food and drinks will be provided! (page 3)

- A post-bacc opportunity for seniors at UT Austin (page 4)

- Info sessions on OSU’s Masters in Counseling program (page 8)

- FAFSA/WASFA priority deadline is November 30

Happy Reading!

Missed any of the past newsletters? You can find all fall 2022 newsletters here: https://psychology.wsu.edu/undergrad/newsletters/

Continue reading on page 2
Mark Your Calendar

You will find important dates and deadlines here

- FAFSA/WASFA Priority Deadline
  *November 30*

- Deadline for term withdrawal from WSU
  *Friday, December 9*

- Finals Week
  *December 12-16*

- Final grades available
  *Wednesday, December 21*

FAFSA/WASFA Priority Deadlines

- November 30 is the priority deadline for current students to complete the FAFSA and WASFA, [https://financialaid.wsu.edu/home/](https://financialaid.wsu.edu/home/)

- If you need help filling out the FAFSA/WASFA you can attend this workshop on Tuesday, November 29. Register here: [https://futurecoug.wsu.edu/register/?id=ddf31f19-c32a-463f-904b-0a16030e1460](https://futurecoug.wsu.edu/register/?id=ddf31f19-c32a-463f-904b-0a16030e1460)

Check out these other helpful Financial Aid resources:  
Financial Aid for Students  
Scholarship Tips  
Looking for FREE Money? Scholarships
PSYCHSQUARED CLUB

Come celebrate graduation with us!

Food and drinks will be provided

Email or DM us if you are a graduating senior
EMAIL: NISHTHASALIL.RAJE@WSU.EDU
INSTAGRAM: PSYCHSQUARED.WSU

CUE 418

NOVEMBER 29TH
AT 5PM
UT Austin is recruiting graduating seniors who want to use science and technology to make a positive impact on the world. Come spend next year contributing to a fast-paced, mission-driven effort to improve the focus and emotional resilience of teens across the country.

- Get deeply involved in applied research that is funded by the U.S. Dept. of Education
- Co-author at least one peer-reviewed scientific article
- Choose a post-bac specialization that aligns with your career aspirations
- Receive career mentorship and extensive support when applying to jobs or graduate school
- Work from your own fully outfitted private office in the lab
- Help provide tens of thousands of students with evidence-based mindfulness training

Post-bacs can also kick-start the year with free access to the Summer Institute in Applied Psychology—an evidence-based mindfulness and wellness retreat in Costa Rica. The 2-week summer institute combines mindfulness classes, expert-led workouts, and world-class instruction on the science of long-term success and happiness. Details at https://empiricalwisdom.com

Learn more about the Post-Baccalaureate Program at https://bit.ly/UT-PostBac-2023

Continue reading on page 5
SHOUT OUTS! Section

Need help registering? Come see the Psych mentors!
https://psychology.wsu.edu/undergrad/mentoring-program/

Need Psych Tutoring?

Looking for a way to be involved on campus?
UREC is looking for students to join their advisory board. Students who join get to help with program direction, setting fees, and even choose names for new programs!
Learn how to apply here:
https://urec.wsu.edu/about-urec/student-advisory-boards/

Job Opportunity
OUI in Moscow, Idaho is currently hiring. They are a social services organization that helps children and adults with disabilities. There are also positions available in Lewiston and Grangeville. To see which positions you can apply for visit: https://oui.org/careers/

Seeking students to feature in this section
Were you published? Did you win an award or scholarship? Were you featured in the news? Were you accepted to a grad or professional program? Did you land a job or internship?
We want to hear from you.
Please email your submissions to cjhernandez@wsu.edu.

Continue reading on page 5
MASTER OF COUNSELING
PROGRAM DETAILS

Our nationally accredited counseling program enables graduates to deliver professional counseling services in a clinical mental health or school setting. The program is distinguished by exceptional hybrid instruction, a cohort model where students form strong bonds and progress together, and both academic knowledge and theory. The experience of closely supervised practicum and internships build competence in counseling skills and in personal growth.

CONCENTRATIONS

Clinical Mental Health Counseling

This concentration leads to a Master of Counseling degree in Clinical Mental Health Counseling. The program is designed for those who want to help people live the quality of life they desire, providing you the theory and practice to deliver professional counseling services in a clinical mental health setting.

School Counseling (teaching experience/teaching license)

This concentration leads to a Master of Counseling degree in School Counseling. Degree graduates are eligible for licensure as a school counselor from TSPC and CACREP. OSU’s master’s program is focused on preparing you to utilize skills in individual and group counseling, consultation and system change, leadership, advocacy and action research to: Deliver comprehensive school counseling program services to all students and increase college-going rates among under-represented populations.

ACCREDITATION

The counseling program is accredited by the Council for Accrediting Counseling and Related Educational Programs (CACREP), the gold standard in graduate counseling programs.

PART-TIME

The Master of Counseling program is offered as a part-time option that spans three years. The programs begin in June of each year. Students will take an average of two classes per term. The in-class portion takes place two Friday/Saturdays each quarter in Corvallis, OR.

Practicum and Internship

The coursework for this program integrates academic knowledge and theory with counseling practice and internships. In addition to coursework, students complete a 100-hour practicum and a 600-hour internship. The master’s level internship in the final year is intensive and typically requires 15-20 hours per week.

Completion of this degree meets academic eligibility requirements for School Counselor Licensure from the Oregon Teacher Standards and Practices Commission and Licensed Professional Counselor from the Oregon Board of Licensed Professional Counselors and Therapists.
PROGRAM DETAILS Continued

LICENSING OPPORTUNITIES

Licensed Professional Counselor

All MCoun graduates are eligible to apply for licensure as a Licensed Professional Counselor (LPC) from the Oregon Board of Licensed Professional Counselors and Therapists. Graduate counseling students are eligible to take the National Counselor Examination during the last quarter of their degree program. The results of this examination and other post-degree experiences required by OBLPCT are used to earn LPC status in Oregon.

More Information
Oregon.gov/oblpc
NBCC.org

School Counselor Licenses

The school counseling program has TSPC approval to offer both preliminary and professional state licensure as a school counselor. Individual advisement by your major professor is necessary to evaluate readiness for licensure.

More Information
Oregon.gov/tspc

INFORMATION SESSIONS

Clinical Mental Health Counseling

- September 7, 2022 - 6:00pm PDT
- October 5, 2022 - 6:00pm PDT
- November 8, 2022 - 12:00pm PST
- December 7, 2022 - 6:00pm PST

School Counseling

- September 8, 2022 - 6:00pm PDT
- October 12, 2022 - 6:00pm PDT
- November 1, 2022 - 12:00pm PDT
- December 8, 2022 - 6:00pm PST

Register for an information session at https://beav.es/iaE
Online Application: https://gradschool.oregonstate.edu/admissions

- Application fee of $75
- Official transcripts from each institution are required, including any graduate coursework or degrees completed. In-progress transcripts must document current coursework.
- Three letters of reference: It is recommended that these letters come from supervisors who can attest to the quality of your work or volunteer experience. These letters should not come from a personal counselor or family member.
- Résumé detailing:
  - Educational Experience
  - Work Experience
  - Volunteer Experience
  - Diversity/Social Justice Experience
- Statement of Objectives (see below for prompts)
- Application Deadline is December 15, 2022

Statement of Objectives for School Counseling

1. Describe personal qualities, values, and professionally related experiences that make graduate study in school counseling appropriate for you.
2. What is your sense of purpose or mission for becoming a School Counselor?
3. What are your highest hopes and greatest concerns about yourself as a student and as a counselor?
4. You should also overview your experience working with diversity and your commitment to understanding diversity. Explain how you see school counselors addressing social justice issues in schools related to the access gap, attainment gap, and achievement gap.

Write the letter in your own form and style.

Requirements

Prior to summer term enrollment, students must demonstrate:

- Completed bachelor’s degree
- Cumulative GPA of 3.0 or better (exceptions may be made; email coun-lead@oregonstate.edu for information)
- Volunteer or paid experience in the helping professions
- Demonstrated effectiveness in oral and written communication
- Commitment to the Counseling Profession

Interview Day

Applicants moving forward will be invited via email to participate for remote interviews on February 18, 2023

Statement of Objectives for Clinical Mental Health Counseling

1. Describe your reasons for pursuing a Master’s degree in Clinical Mental Health Counseling (as opposed to related degrees like a PhD or PsyD in Clinical Psychology or a Master’s degree in Social Work or School Counseling).
2. What prompted you to do so at this point in your life? What personal qualities, values and experiences make graduate studies in counseling appropriate for you?
3. What experiences have shaped your beliefs about diversity, multiculturalism, social justice, and peoples’ capacity for change?
4. Describe your professional goals and concerns about yourself as a student and as a counselor trainee. Although the content of this statement is most important, it is also a writing sample that gives the admissions
CORE COURSES
COUN 511 Pre-Practicum
COUN 512 Practicum
COUN 531 Developmental Perspectives
COUN 534 Social/Cultural Perspectives
COUN 535 Addictions
COUN 542 Counseling Profession
COUN 553 Theory I
COUN 554 Theory II
COUN 561 Research
COUN 567 Appraisal
COUN 568 Career Counseling
COUN 572 Group Counseling
COUN 573 Family Counseling
COUN 574 Crisis, Grief & Loss
COUN 576 Diagnosis & Treatment
COUN 583 Cross Cultural Counseling

CLINICAL MENTAL HEALTH TRACK
(90 CREDITS)
COUN 515 Internship
COUN 521 Professional Practice in Clinical Mental Health Counseling
COUN 550 Foundations of Mental Health Counseling
COUN 593 Supervision and Consultation

SCHOOL COUNSELING TRACK
(90 CREDITS)
COUN 515 Internship
COUN 538 Supporting Diverse Populations in K-12
COUN 546 Leadership of School Counseling
COUN 594 Consultation and Supervision

TUITION
$590/Credit

Tuition Information based on 2022-2023 tuition and fees. Tuition and fees are reassessed and typically increase each academic year. Numbers are based on current curriculum requirements and are subject to change. Includes tuition only. Does not include books, housing or other expenses.
SAMPLE CLINICAL MENTAL HEALTH COUNSELING OPTION

YEAR 1
SUMMER
COUN 531 Developmental Perspectives
COUN 542 Counseling Profession
FALL
COUN 534 Social/Cultural Perspectives
COUN 561 Research
WINTER
COUN 550 Foundations of Mental Health Counseling
COUN 553 Theory I
SPRING
COUN 554 Theory II
COUN 568 Career Counseling

YEAR 2
SUMMER
COUN 511 Pre-Practicum
COUN 573 Family Counseling
FALL
COUN 574 Crisis, Grief & Loss
COUN 576 Diagnosis & Treatment
WINTER
COUN 535 Addictions
COUN 567 Appraisal
SPRING
COUN 512 Practicum
COUN 572 Group Counseling

YEAR 3
SUMMER
COUN 512 Practicum
COUN 583 Cross Cultural Counseling
FALL
COUN 515 Internship
COUN 593 Supervision and Consultation
WINTER
COUN 515 Internship
COUN 521 Professional Practice in Clinical Mental Health Counseling
SPRING
COUN 515 Internship

*Schedules subject to change

SAMPLE SCHOOL COUNSELING OPTION

YEAR 1
SUMMER
COUN 531 Developmental Perspectives
COUN 542 Counseling Profession
FALL
COUN 534 Social/Cultural Perspectives
COUN 561 Research
WINTER
COUN 553 Theory I
COUN 576 Diagnosis & Treatment
SPRING
COUN 554 Theory II
COUN 568 Career Counseling

YEAR 2
SUMMER
COUN 511 Pre-Practicum
COUN 573 Family Counseling
FALL
COUN 512 Practicum
COUN 574 Crisis, Grief & Loss
WINTER
COUN 512 Practicum
COUN 535 Addictions
SPRING
COUN 567 Appraisal
COUN 572 Group Counseling

YEAR 3
SUMMER
COUN 546 Leadership of School Counseling
COUN 583 Cross Cultural Counseling
FALL
COUN 515 Internship
COUN 594 Consultation and Supervision
WINTER
COUN 515 Internship
COUN 538 Supporting Diverse Populations in K-12
SPRING
COUN 515 Internship

*Schedules subject to change

VISIT: education.oregonstate.edu/counseling