Psych Students,

We have reached week 12! That means there are just 4 more weeks of instruction left in the semester. Here are some of the highlights for the week:

- Today is the first day of spring registration so we have included some tips and tricks starting on page 4 to help your enrollment go as smoothly as possible.

- Remember your Psych peer mentors are available Monday-Friday in JT 221 and on Zoom to answer registration questions.

- Tuesday, 11/8, is National First-Generation Day. Check out page 7 to learn how you can participate in celebrating first-gen students at WSU and resources available for first-gen students.

- See page 2 to find out how you can apply to be a TA for Psych 105 and page 6 to find out how to participate in the Body Cam research lab

- Scholarship opportunities on page 9

- Info sessions for OSU’s Clinical Mental Health Counseling and School Counseling programs (page 10)

Happy Reading!

Missed any of the past newsletters?
You can find all fall 2022 newsletters here: [https://psychology.wsu.edu/undergrad/newsletters/](https://psychology.wsu.edu/undergrad/newsletters/)

Continue reading on page 2
Mark Your Calendar

You will find important dates and deadlines [here](#).

- **Priority Registration Begins for Spring**
  *Monday, November 7*

- **Veteran’s Day (University Holiday)**
  *Friday, November 11*

- **Deadline to withdraw from a course**
  *Friday, November 18*

- **Thanksgiving Break**
  *November 21-25*

- **Deadline for term withdrawal from WSU**
  *Friday, December 9*
  - **Finals Week**
    *December 12-16*
  - **Final grades available**
    *Wednesday, December 21*

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PSYCH 105 TA Opportunity

**Spring 2023**

Dr. Swindell is starting to recruit undergraduate TAs for Psych 105 for next semester. This is an opportunity to earn up to 2 credits in Psych 497. No prior TA experience is needed, but a minimum of a 3.0 cumulative GPA is needed to be potentially considered. If you are interested complete the application on the next page and send back to your respective Psych advisor by **November 30**. Applications are then forwarded to Dr. Swindell for vetting.
Psych 497: Application for Psych Teaching Assistant

Semester for which you are applying: ________________________________

Name (please print): ________________________________

WSU Email address: ____________________________________________

Contact telephone number: ________________________________

Year in school: __________________________ GPA: __________

Psych Classes completed: ____________________________________

________________________________________________________

Psych Class you would like to TA for: _________________________

Please list previous TA experience (course numbers and instructors), if any:

________________________________________________________

________________________________________________________

Please list any outside activities such as work, internships, volunteer commitments, athletics, research participation, practicum, etc.:

________________________________________________________

________________________________________________________

Can you make a year-long commitment to this position? (the inability to do so does not eliminate you from consideration): ________________________________

Signature: ___________________________ Date: ______________

Please return this application to your respective Psychology academic advisor via email by April 30 for Fall semesters and by November 30 for Spring semesters.
Spring 2023 Registration Tips and Tricks

Below are some common issues that we see arise during registration:

“This class is outside of your career of study” error message

If you receive this message when you tried to validate the courses in your shopping cart, most likely you have chosen a course that is not offered on your campus. Make sure that you are selecting only Pullman campus courses. If you are not sure whether the course is offered in Pullman you can check the schedule of classes, https://schedules.wsu.edu/prefixlist?campus=Pullman&term=Spring&year=2023/

How to search for online classes offered on the Pullman campus:
1. Go to schedules.wsu.edu
2. Find "Search" on the left hand menu
3. Select the "Term" and "Campus"
4. Select "Arranged" as the day of the week
5. Run the search which will generate a list of online classes offered on the Pullman campus
6. Note: Pay attention to pre-requisites

Need help searching for a UCore class?
1. Go to schedules.wsu.edu and select "Search" on the left hand menu
2. Select the "Term" and "Campus"
3. Select the UCore requirement (i.e. PSCI, HUM) from the drop down menu
4. Run the search which will generate a list of classes that satisfy the UCore requirement you searched for
5. Note: Pay attention to pre-requisites

Check out these helpful YouTube videos created by the Registrar’s office
• How to do I add classes to my shopping cart and enroll in classes?
• How Do I Drop A Class
• How Do I Swap A Class
• How do I view my position on the waitlist?
• More videos (view unofficial transcripts, apply for graduation, etc)

Need more assistance with registering for classes?

Your Psych Peer Mentors have lots of availability. You can meet with them in person in JT 221 or on Zoom. To see their availability visit: https://psychology.wsu.edu/undergrad/mentoring-program/

Continue reading on page 5
Spring 2023 Registration Reminders

- **Know your Enrollment Date** This is the date and time that you can begin enrolling in fall classes.
  
  *Pro tip: Psychology courses fill up quickly so don’t wait to enroll*

- **How to find your enrollment date in myWSU:**
  
  Authenticate into myWSU—>“Manage Classes”—>“Enrollment Dates”

- **Your shopping cart is open.** *Pro tip: Add your courses to your shopping cart and select the “Validate” button to make sure that you meet the pre-requisites for all of the courses in your cart*

- **How to use the class search and add classes to the shopping cart:**
  
  [https://registrar.wsu.edu/add-classes/](https://registrar.wsu.edu/add-classes/)

  - Check your **holds** and make sure to take care of holds that will prevent you from enrolling in classes
  
  Authenticate into myWSU—>“Tasks”—>“Holds”

- **Is there still an advising hold on your account?**
  
  There is still time to **schedule an appointment** with your advisor. Once you meet with an advisor to discuss spring courses your advising hold will be lifted.

  - **Have a Writing Portfolio hold?**
    
    Submit your writing portfolio here:

    [https://writingprogram.wsu.edu/uwpsubmission/](https://writingprogram.wsu.edu/uwpsubmission/)
Spring 2023 Research Opportunity

Are you interested in doing research looking at bodycam footage of police/community interactions and have those credits count toward your degree? The Department of Criminal Justice and Criminology is looking for students for their bodycam research lab for this coming spring semester. Selected students will work with Dr. Makin and two Graduate Research Assistants on a research project conducting content analysis of police/community interactions. Research students will be coding and analyzing bodycam footages of law enforcement officers as they interact with the public. We implemented safety protocols as it relates to Covid-19 that all students will need to follow. Students must also attest that they are comfortable and willing to work in a physical lab on campus throughout the spring semester. Please note, participation in the lab is contingent upon having your fingerprinted and passing a background check.

If approved, you will be enrolled in Crm J 499 (Independent Research) with credits going toward your degree. Working research hours are flexible upon completing the mandatory trainings/meetings. To be considered, students must have completed or currently enrolled this semester in a research methods course (i.e., Crm J 311, HD 310, Soc 320, Soc 317 or Psych 312) with at least a cum gpa of 3.0 or higher.

The department is looking for up to thirty-five students for this lab.

To apply, please use this link, https://wsu.co1.qualtrics.com/jfe/form/SV_bNHwxwspHzdsrJk. If selected, students will be notified sometime in mid-December.
Celebrate National First-Generation Day: November 8

Join First at WSU on November 8 to celebrate National First-Generation Day. This year’s theme is “Building Our Future.” First at WSU is focused on laying the foundation for how WSU Pullman supports first-generation student to find their way, but also how important they are to our future as an institution and to employers.

You can check out the events celebrating First Generation students happening this week by clicking on the link below: https://first.wsu.edu/national-first-gen-day/

Also check out these WSU resources available for first-gen students:

- **First Generation Abroad:** [https://firstabroad.wsu.edu/](https://firstabroad.wsu.edu/)
- **Study Abroad Scholarships for First Gen students:** [https://financialaid.wsu.edu/scholarship/ifsa-scholarships/?fbclid=IwAR1j0ttgR771xE0C6sZ8xXoCpfaznZ0aHSgVY6WFplzXnFdsLXWANnTmY](https://financialaid.wsu.edu/scholarship/ifsa-scholarships/?fbclid=IwAR1j0ttgR771xE0C6sZ8xXoCpfaznZ0aHSgVY6WFplzXnFdsLXWANnTmY)
- **TRIO Student Support Services:** [https://sssp.wsu.edu/about-trio-sss/](https://sssp.wsu.edu/about-trio-sss/)
- **Teacher Prep Student Support Services:** [https://provost.wsu.edu/teacherprep-sss/](https://provost.wsu.edu/teacherprep-sss/)
- **Veterans Student Support Services:** [https://provost.wsu.edu/veterans-sss/](https://provost.wsu.edu/veterans-sss/)
- **STEM Student Support Services:** [https://provost.wsu.edu/stem-sss/](https://provost.wsu.edu/stem-sss/)
- **McNair Scholars Program:** [https://mcnair.wsu.edu/](https://mcnair.wsu.edu/)
“College to Career”

Specifically for those students considering the next steps after graduation. How to set goals relevant to you, articulate your skills, take your resume to the next level, and network effectively. We will also discuss the top job search and salary/benefit negotiation tips. Via Zoom Tuesday, November 8, noon

“Exploring Career Paths”

Not sure about your major? Do not know what you can do with your major? What is your plan? How does one figure it out? This workshop is for those students who are not sure about their career path. Learn about resources designed to help you make the best decision for you. Via Zoom Tuesday, November 15, noon

“So, You Want an Internship...?”

Internships are known as a great way to explore a field and as resume builders which helps you land that great career position after graduation. How does one find an internship, get the internship, as well as obtain success during the experience? In person, Thursday, November 17th, 6:00 PM in CUE 502

Questions? Email leanne.ralstin@wsu.edu

Continue reading on page 9
SHOUT OUTS! Section

**ASCC presents: National Career Development Week**

November 7-10

National Career Development Week offers relevant and engaging sessions to help students learn the skills they need to stay ahead of the curve in their industry. Food will be provided at each Fireside Chat, you won’t want to miss it! Register [here](#).

******Scholarship Opportunities******

The WSU Alumni Association scholarship application for the 2023-2024 academic year is now OPEN! They are available to all WSU students, full and part-time, from all WSU campuses. Apply before January 31, 2023. [https://alumni.wsu.edu/s/1613/18/interior.aspx?sid=1613&gid=2&pgid=529](https://alumni.wsu.edu/s/1613/18/interior.aspx?sid=1613&gid=2&pgid=529)

Did you know if you are participating in undergraduate research you are eligible to apply for undergraduate research awards. Click [here](#) to apply!

Need help registering? Come see the Psych mentors!
[https://psychology.wsu.edu/undergrad/mentoring-program/](https://psychology.wsu.edu/undergrad/mentoring-program/)

Need Psych Tutoring?

[![QR Code](https://via.placeholder.com/150)](#)

**Seeking students to feature in this section**

Were you published? Did you win an award or scholarship? Were you featured in the news? Were you accepted to a grad or professional program? Did you land a job or internship?

We want to hear from you.

Please email your submissions to cjhernandez@wsu.edu.

Continue reading on page 10
MASTER OF COUNSELING

education.oregonstate.edu/counseling

Oregon State University
PROGRAM DETAILS

Our nationally accredited counseling program enables graduates to deliver professional counseling services in a clinical mental health or school setting. The program is distinguished by exceptional hybrid instruction, a cohort model where students form strong bonds and progress together, and both academic knowledge and theory. The experience of closely supervised practicum and internships build competence in counseling skills and in personal growth.

CONCENTRATIONS

Clinical Mental Health Counseling
This concentration leads to a Master of Counseling degree in Clinical Mental Health Counseling. The program is designed for those who want to help people live the quality of life they desire, providing you the theory and practice to deliver professional counseling services in a clinical mental health setting.

School Counseling (teaching experience/teaching license)
This concentration leads to a Master of Counseling degree in School Counseling. Degree graduates are eligible for licensure as a school counselor from TSPC and CACREP. OSU’s master’s program is focused on preparing you to utilize skills in individual and group counseling, consultation and system change, leadership, advocacy and action research to: Deliver comprehensive school counseling program services to all students and increase college-going rates among under-represented populations.

ACCREDITATION
The counseling program is accredited by the Council for Accrediting Counseling and Related Educational Programs (CACREP), the gold standard in graduate counseling programs.

PART-TIME
The Master of Counseling program is offered as a part-time option that spans three years. The programs begin in June of each year. Students will take an average of two classes per term. The in-class portion takes place two Friday/Saturdays each quarter in Corvallis, OR.

Practicum and Internship
The coursework for this program integrates academic knowledge and theory with counseling practice and internships. In addition to coursework, students complete a 100-hour practicum and a 600-hour internship. The master’s level internship in the final year is intensive and typically requires 15-20 hours per week.

Completion of this degree meets academic eligibility requirements for School Counselor Licensure from the Oregon Teacher Standards and Practices Commission and Licensed Professional Counselor from the Oregon Board of Licensed Professional Counselors and Therapists.
PROGRAM DETAILS Continued

LICENSING OPPORTUNITIES

Licensed Professional Counselor

All MCoun graduates are eligible to apply for licensure as a Licensed Professional Counselor (LPC) from the Oregon Board of Licensed Professional Counselors and Therapists. Graduate counseling students are eligible to take the National Counselor Examination during the last quarter of their degree program. The results of this examination and other post-degree experiences required by OBLPCT are used to earn LPC status in Oregon.

More Information
Oregon.gov/oblpct
NBCC.org

School Counselor Licenses

The school counseling program has TSPC approval to offer both preliminary and professional state licensure as a school counselor. Individual advisement by your major professor is necessary to evaluate readiness for licensure.

More Information
Oregon.gov/tspc

INFORMATION SESSIONS

Clinical Mental Health Counseling

- September 7, 2022 - 6:00pm PDT
- October 5, 2022 - 6:00pm PDT
- November 8, 2022 - 12:00pm PST
- December 7, 2022 - 6:00pm PST

School Counseling

- September 8, 2022 - 6:00pm PDT
- October 12, 2022 - 6:00pm PDT
- November 1, 2022 - 12:00pm PDT
- December 8, 2022 - 6:00pm PST

Register for an information session at https://beav.es/iaE
ADMISSIONS

APPLICATION CHECKLIST AND ADMISSION REQUIREMENTS

- Online Application: https://gradschool.oregonstate.edu/admissions
- Application fee of $75
- Official transcripts from each institution are required, including any graduate coursework or degrees completed. In-progress transcripts must document current coursework.
- Three letters of reference: It is recommended that these letters come from supervisors who can attest to the quality of your work or volunteer experience. These letters should not come from a personal counselor or family member.
- Résumé detailing
  - Educational Experience
  - Work Experience
  - Volunteer Experience
  - Diversity/Social Justice Experience
- Statement of Objectives (see below for prompts)
- Application Deadline is December 15, 2022

Requirements

Prior to summer term enrollment, students must demonstrate:

- Completed bachelor’s degree
- Cumulative GPA of 3.0 or better (exceptions may be made; email coun-lead@oregonstate.edu for information)
- Volunteer or paid experience in the helping professions
- Demonstrated effectiveness in oral and written communication
- Commitment to the Counseling Profession

Interview Day

Applicants moving forward will be invited via email to participate for remote interviews on February 18, 2023

Statement of Objectives for School Counseling

1. Describe personal qualities, values, and professionally related experiences that make graduate study in school counseling appropriate for you.
2. What is your sense of purpose or mission for becoming a School Counselor?
3. What are your highest hopes and greatest concerns about yourself as a student and as a counselor?
4. You should also overview your experience working with diversity and your commitment to understanding diversity. Explain how you see school counselors addressing social justice issues in schools related to the access gap, attainment gap, and achievement gap.

Write the letter in your own form and style.

Statement of Objectives for Clinical Mental Health Counseling

1. Describe your reasons for pursuing a Master’s degree in Clinical Mental Health Counseling (as opposed to related degrees like a PhD or PsyD in Clinical Psychology or a Master’s degree in Social Work or School Counseling).
2. What prompted you to do so at this point in your life? What personal qualities, values and experiences make graduate studies in counseling appropriate for you?
3. What experiences have shaped your beliefs about diversity, multiculturalism, social justice, and peoples’ capacity for change?
4. Describe your professional goals and concerns about yourself as a student and as a counselor trainee. Although the content of this statement is most important, it is also a writing sample that gives the admissions
CORE COURSES
COUN 511 Pre-Practicum
COUN 512 Practicum
COUN 531 Developmental Perspectives
COUN 534 Social/Cultural Perspectives
COUN 535 Addictions
COUN 542 Counseling Profession
COUN 553 Theory I
COUN 554 Theory II
COUN 561 Research
COUN 567 Appraisal
COUN 568 Career Counseling
COUN 572 Group Counseling
COUN 573 Family Counseling
COUN 574 Crisis, Grief & Loss
COUN 576 Diagnosis & Treatment
COUN 583 Cross Cultural Counseling

CLINICAL MENTAL HEALTH TRACK
(90 CREDITS)
COUN 515 Internship
COUN 521 Professional Practice in Clinical Mental Health Counseling
COUN 550 Foundations of Mental Health Counseling
COUN 593 Supervision and Consultation

SCHOOL COUNSELING TRACK
(90 CREDITS)
COUN 515 Internship
COUN 538 Supporting Diverse Populations in K-12
COUN 546 Leadership of School Counseling
COUN 594 Consultation and Supervision

TUITION
$590/Credit

Tuition Information based on 2022-2023 tuition and fees. Tuition and fees are reassessed and typically increase each academic year. Numbers are based on current curriculum requirements and are subject to change. Includes tuition only. Does not include books, housing or other expenses.
SAMPLE CLINICAL MENTAL HEALTH COUNSELING OPTION

YEAR 1
SUMMER
COUN 531 Developmental Perspectives
COUN 542 Counseling Profession
FALL
COUN 534 Social/Cultural Perspectives
COUN 561 Research
WINTER
COUN 550 Foundations of Mental Health Counseling
COUN 553 Theory I
SPRING
COUN 554 Theory II
COUN 568 Career Counseling

YEAR 2
SUMMER
COUN 511 Pre-Practicum
COUN 573 Family Counseling
FALL
COUN 574 Crisis, Grief & Loss
COUN 576 Diagnosis & Treatment
WINTER
COUN 535 Addictions
COUN 567 Appraisal
SPRING
COUN 512 Practicum
COUN 572 Group Counseling

YEAR 3
SUMMER
COUN 512 Practicum
COUN 583 Cross Cultural Counseling
FALL
COUN 515 Internship
COUN 593 Supervision and Consultation
WINTER
COUN 515 Internship
COUN 521 Professional Practice in Clinical Mental Health Counseling
SPRING
COUN 515 Internship

*Schedules subject to change

SAMPLE SCHOOL COUNSELING OPTION

YEAR 1
SUMMER
COUN 531 Developmental Perspectives
COUN 542 Counseling Profession
FALL
COUN 534 Social/Cultural Perspectives
COUN 561 Research
WINTER
COUN 553 Theory I
COUN 576 Diagnosis & Treatment
SPRING
COUN 554 Theory II
COUN 568 Career Counseling

YEAR 2
SUMMER
COUN 511 Pre-Practicum
COUN 573 Family Counseling
FALL
COUN 512 Practicum
COUN 574 Crisis, Grief & Loss
WINTER
COUN 512 Practicum
COUN 535 Addictions
SPRING
COUN 567 Appraisal
COUN 572 Group Counseling

YEAR 3
SUMMER
COUN 546 Leadership of School Counseling
COUN 583 Cross Cultural Counseling
FALL
COUN 515 Internship
COUN 594 Consultation and Supervision
WINTER
COUN 515 Internship
COUN 538 Supporting Diverse Populations in K-12
SPRING
COUN 515 Internship

*Schedules subject to change

VISIT: education.oregonstate.edu/counseling