Psych Students,

Well done on completing your second week of fall 2022! This week’s newsletter will highlight some of our career and graduate school resources. You can find some printed copies of these resources in JT 221.

Your advisor will also be sharing more information about the “Meet Your Advisor” event taking place the week of September 12-16 so keep your eye on your inbox. Don’t miss the Get Involved fair happening on Wednesday, September 7 (page 7). And mark your calendars for the upcoming graduate school info sessions featured on page 8.

The Undergraduate Research Journal of Psychology at UCLA is looking for undergraduates to submit their research for their annual publication. Check out the last page to learn more.

Happy reading!

Missed any of the past newsletters?
You can find all fall 2022 newsletters here:
https://psychology.wsu.edu/undergrad/newsletters/

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Mark Your Calendar

You will find important dates and deadlines here

- Last day to change enrollment from letter graded to pass/fail
  
  \textit{Friday, September 9}

- Last day to complete your Academic Improvement Conversation #1 for reinstatement
  
  \textit{Friday, September 9}

- Last day to drop a course without record. After this date any drops will appear on your transcript as a “W”
  
  \textit{Tuesday, September 20}

- Last day to apply for Fall 2022 graduation
  
  \textit{Friday, October 7}

MEET YOUR ADVISOR EVENT:

Week of Sept 12-16

This week your psychology academic advisor will be sharing more details about our inaugural “Meet Your Advisor” event. This will be an opportunity to meet your advisor before spring 2023 advising begins to get to know each other and get some tips on how to be a successful psychology major. This event will take place through Zoom sometime during September 12-16 so keep your eye on your email for more information!

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Undergraduate TA/RA Opportunities:

1. Instructor Liao is recruiting two TA’s for Psych 403 (earns you credit for Psych 497). If selected you will mostly be supporting instructor Liao with grading and entering grades in Canva. Other duties may be assigned as the semester goes on. If you are interested and meet the criteria below please reach out to instructor Liao at hsinya.liao@wsu.edu.

Criteria:
- 3.2 GPA or higher
- Strong writing skills
- Interest in multicultural psychology

Deadline to apply is Tuesday, September 13

2. Francis Benjamin is looking for several undergraduate students to serve as research assistants in his political interactions lab. No minimum GPA to qualify. He just asks that students who apply have an interest in this research topic and learning the transferable skills that you gain by being a research assistant. Those interested in applying should reach out to Francis at benjamin@wsu.edu

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Psychology is the study of human behavior which can lead to numerous career possibilities. And not all careers require you to go on to graduate school. That is why we suggest that you begin exploring different career paths early in your undergraduate career. The earlier you begin the better prepared you will be to start your career or graduate school after you complete your Bachelor’s.

Below you will find a list of resources to help you get started:

- Psych Dept. Career Resource page
- Meet with a Career Counselor in the ASCC
- Talk to your professors
- Talk to your advisors
- Psych 201-Degrees and Careers in Psychology (1 credit course)
- Psych Facebook page (check out the videos section for past career presentations)
- Use your electives strategically (Elective taking leads to career making)
- Study Abroad
- Conduct informational interviews
- Read your newsletter! We often advertise job opportunities/internships

So you have determined that your desired career path requires a graduate degree. Now what? Many graduate programs are competitive so preparation is key to making yourself standout as an applicant.

Below are some resources to help get you started:

- Psych Dept. Graduate School Resource page
- Join the Psych Club
- Talk to the Psych Mentors
- Participate in Research labs and use the Office of Undergraduate Research
- Take courses that help build your research skills (i.e. English 201, Univ 199)
- Read your newsletter! We often advertise about upcoming graduate school information sessions
- You can find printed copies of our graduate school packets in JT 221
BUILDING YOUR COMPETITIVE EDGE

What sets you apart from the rest of your peers?
What makes you an asset to the program you are applying to?
What is your competitive edge?

Step 1:
Are you considering graduate school? If yes, the time to start preparing is NOW! Talk to an advisor regardless of your academic standing or GPA on how you can start preparing for the next step in your education.

First-Year—Start thinking about what career you want and what level of education you will need. Work with an advisor to build a schedule that enhances your goal.

Sophomore—Start to hone your career goals and make sure you are taking advantage of resources at the university to boost academic success and career planning. You can start Step 2 if you are ready.

Junior—Decide what schools you will be applying to, being mindful of admissions deadlines and requirements, and follow Step 2 by your first semester at the latest. Meet with your academic advisor to make sure you are on track to graduate.

Senior—Prepare to submit application materials to graduate programs. Follow Step 3 no later than the beginning of your first semester and take advantage of early application deadlines.

Step 3: Apply for Graduate School
Order your official transcripts with enough time to submit your application. Do not open the sealed envelope!

Study for the GRE or other exams about a year in advance and take exams no later than two months before applications are due.

Ask faculty, supervisors, and other prestigious people who are familiar with your work for letters of recommendation.

Draft your personal statement. Keep it simple, with a good balance of personal history and experience. Connect with the graduate program’s objectives.

Build your resume, CV, or portfolio by following an example that is short and concise.

Make sure all application materials are prepared. Submit application in a timely manner.

Prepare for the potential graduate school interview if provisionally accepted. Then, wait for final decision from graduate program!

Step 2: Laying the Ground Work
Build an Individual Development Plan (IDP), visit ASCC for resources on achieving academic success, or take a Career Course!

Attend networking events and try to connect with people that are in your intended field of study.

Build your resume: internships, research projects, volunteering, student leadership/involvement, etc.

Know what exams will be required for graduate school (i.e. GRE, etc.) and start studying.

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Student Involvement Opportunities:

One way you can make yourself competitive for the job market and graduate school is by being involved.

Check out some of the many ways that you can be involved on campus:

- **PsychSquared** (Psi Chi +Psych Club)
  Meets every other Tuesday at 5PM during the semester. Follow @psychsquared.wsu on Instagram for meeting announcements
- **Psych Peer Mentor**
  These undergraduates provide tutoring and other academic support to fellow psych majors
- **Become a Social Justice Peer Educator**. Applications open in the spring
- **Become a Compass Mentor**
  Peer-to-peer model designed to facilitate the successful transition and retention of incoming first-year students of color as well as populations targeted by the Access Center, LGBTQ+ Center, and the Undocumented Student Center.
- **Become a Global Learning Ambassador, Peer Advisor or International Peer Mentor**
- **Apply for an internship with the International Center**: [https://ip.wsu.edu/on-campus/international-center-internships/](https://ip.wsu.edu/on-campus/international-center-internships/)
- **Become a Cougar Health Peer Educator**
- **Serve as a student on the WSU Community Standards Board**
- **Join a service project or apply for an undergraduate position with the Center for Civic Engagement**
- **Volunteer with the Alternatives to Violence on the Palouse (ATVP)**
- **Find a Student Organization** that is right for you!
- **Find an internship on the ASCC website**
- **For more opportunities be sure to attend the Get Involved Fair this Wednesday, Sept 7 from 11:30 AM-1:30 PM** (see the flyer on the next page for more information)
See You at the Fair

The Get Involved Fair is one of WSU’s biggest opportunities to meet and connect with both student and community organizations on campus. Make the most of your time at WSU by getting involved with a student organization.

FREE PIZZA PROVIDED 🍕 while the slices last.

Wednesday, September 7
11:30 a.m.–1:30 p.m.
Glenn Terrell Mall
Save the date:

UW Psychology: A Sneak Peek for Graduate School

**What:** This event is a great opportunity for anyone who is considering a PhD in psychology, especially folks from historically marginalized groups and those often underrepresented in academia, to learn more about UW’s Psychology doctoral program (including the different areas of research, funding, and admissions), and participate in a Q&A session with current graduate students and faculty. We encourage students of all academic stages who are interested in learning more about doctoral degrees in psychology, especially students who are planning on applying to graduate school this cycle, to attend this event.

**When:** Tuesday, September 20 at 3PM-5PM

To register for the live zoom event or to receive the recording, please sign up at this [link](#).

More information can be found on our website: [https://psych.uw.edu/diversity/virtual-recruitment-event](https://psych.uw.edu/diversity/virtual-recruitment-event).

If you have any questions or accommodation requests, please feel free to email: uw.psych.recruitment@gmail.com.

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Save the date:

University of Montana: Specialist in School Psychology Graduate Program

![Specialist in School Psychology Graduate Program Poster](attachment:poster.jpg)

**School Psychology**

**AT THE UNIVERSITY OF MONTANA**

Tuesday, October 4 | 5 – 6pm MST

Learn and ask questions about the Specialist in School Psychology (SSP) and Ph.D. Degrees!

Register: shorturl.at/adPZ3

[Scan Me]

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CALL FOR UNDERGRADUATE RESEARCH PAPERS

Have you completed a research paper in a psychology-related field (i.e. psychology, cognitive science, neuroscience, linguistics)? Are you looking for a platform to publish your work?

If so, The Undergraduate Research Journal of Psychology at UCLA (URJP) WANTS YOU to submit your papers for our annual publication, expected to be released Spring 2023.

URJP is an organization dedicated to informing the community of psychological findings through research run by undergraduates from all universities. Last year, we received submissions ranging from local to international universities. URJP is one of the few established psychology journals that publishes undergraduate psychological research.

To submit, the papers must fulfill the requirements below:

- Original work completed by undergraduates (Includes senior honors theses, independent research, reviews, theoretical papers, and other scholarly writing)
- Never before been published

If you have not completed an independent research project, we still encourage you to apply by submitting a “literature review article” which does not require access to research data.

The deadline to submit papers is November 15, 2022 at 11:59 P.M. PST. Multiple submissions from one author are welcome. If you would like to submit an article for consideration, please complete the following:

- Replace any identifying information (i.e. author name, institution) with empty brackets, to ensure anonymity within the selection process
- Visit our website's submission page.
- Read our submission criteria.
- Once you have filled out the form linked on the submission page, send the following in an email to psychjournal.ucla@gmail.com
- In the body of the email, include the following information: (1) your full name, (2) full article title, (3) article type (i.e., literature review, research article), (4) your email address

More information regarding our submission criteria and types of articles accepted can be found on our website, https://urjp.psych.ucla.edu/. To view our prior publications, please visit our website at https://urjp.psych.ucla.edu/publications/.

If you have any questions or concerns, please contact us at psychjournal.ucla@gmail.com for further information. We look forward to reviewing your submissions!