

EAT TOGETHER

THANKSGIVING CLASSROOM BOOK

EAT BETTER



TARGET AUDIENCE	Kindergarten
ESTIMATED TIME	Part One 20 minutes Part Two 40 minutes
NUTRITION EDUCATION LEARNING OBJECTIVE	By the end of this activity, students will be able to: <ul style="list-style-type: none"> • Describe through writing and drawing, a special family celebration that includes a family meal. • Identify and appreciate the cultural and family traditions of other students as related to Thanksgiving foods.
CURRICULUM INTEGRATION	<ul style="list-style-type: none"> • Writing • Art
EALR/GLE INTEGRATION	<p>Writing</p> <ul style="list-style-type: none"> 1.5 Publishes text to share with audience. 2.1 Adapts writing for a variety of audiences. 2.2 Writes for different purposes. 2.3 Writes in a variety of forms/genres. 3.1 Develops ideas and organizes writing. 3.2 Uses appropriate style. 3.2.1 Listens for and discusses voice in multicultural read-alouds. 3.3 Knows and applies appropriate grade level writing conventions.
CLASSROOM SKILLS	<ul style="list-style-type: none"> • Cooperation • Listening and following directions.
BASIC NUTRITION CONCEPTS	<ul style="list-style-type: none"> • Family meals provide a great opportunity to celebrate diverse cultural and family traditions. • Different cultures celebrate special occasions in unique and varied ways. • Family meals can be a great way to enjoy healthy foods.
SUPPLIES	<ul style="list-style-type: none"> • Book: Duck for Turkey Day <input checked="" type="checkbox"/> • Classroom book template pages <input checked="" type="checkbox"/> • Crayons or colored pencils • Three hole punch and clasps or yarn (for tying book together) <p><input checked="" type="checkbox"/> Provided with lesson</p>
ACTIVITY TASKS	See reverse.
SOURCE	Carolyn A. Lee, MS, RD
SA SUBMITTED BY	Family Meals Work Group

Thanksgiving Classroom Book (Kindergarten)

Part One - Before Thanksgiving

1. Introduce the book "Duck for Turkey Day". Before reading, ask students what they think the story might be about. Discuss responses.
2. Read the book to the class.
3. After reading, discuss the following:
 - What was the story about?
 - Why was Tuyet worried?
 - How did she try to solve the problem?
 - What are some special things her family did on Thanksgiving?
 - What happened when she returned to school?
4. Explain to the class that just like Tuyet's class, they will be talking about their Thanksgiving celebrations when they return to school after the break. Tell them that they will also be making a class book to celebrate all the different ways that Thanksgiving was celebrated in their homes.
5. Reinforce the ideas that there are many ways that families celebrate special occasions. Just because they are different does not make one better than the other.

Part Two - After Thanksgiving

1. Show the book again. You may either re-read or discuss the story using the book pages as a prompt. Ask students about their Thanksgiving celebrations.
2. Show the classroom book template pages. Give examples of how they might complete the sentences by inserting their own name. Describe how the book will be put together with all of their pictures and description of their various family celebrations.
3. Allow students to choose one or several templates to complete. Encourage pictures to have as much detail as possible. If students are unable to write their responses, the teacher or aide may be the scribe.

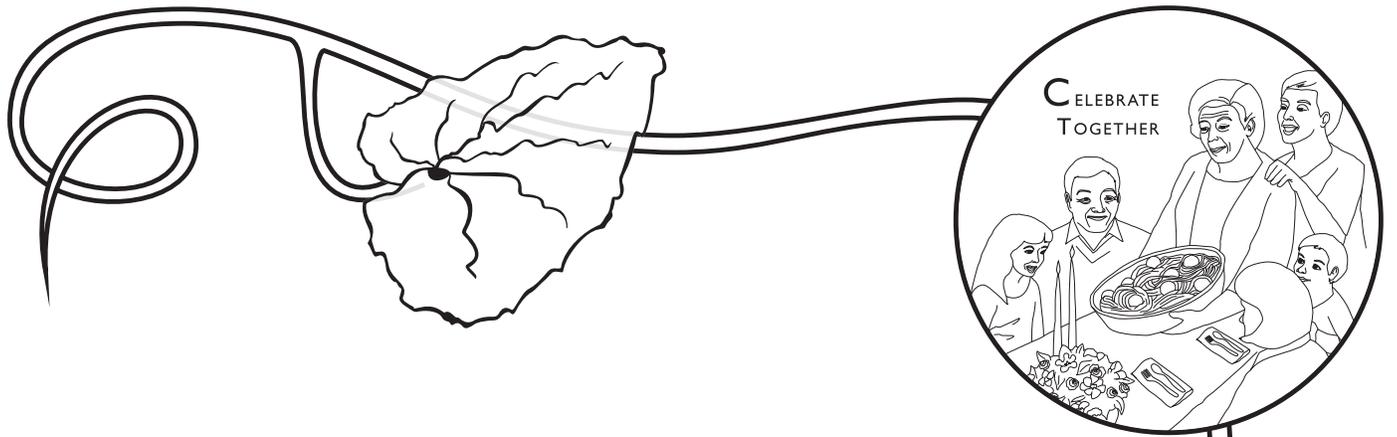
Part Three - When pages are complete

1. Collect the pages and put in an order of your choice.
2. Read the story to the class and celebrate all the different family and cultural traditions of students.

Extension Activity

You may also choose to:

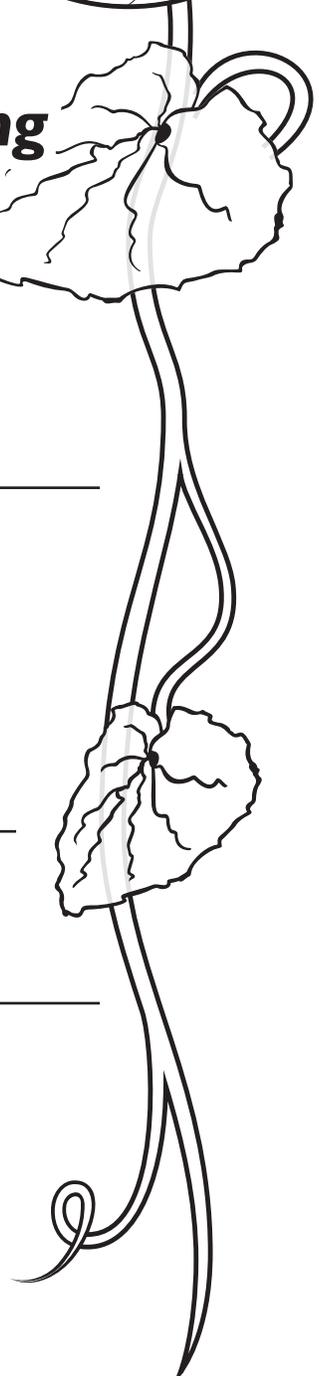
1. Share the book with another class at school or at a special parent/library night.

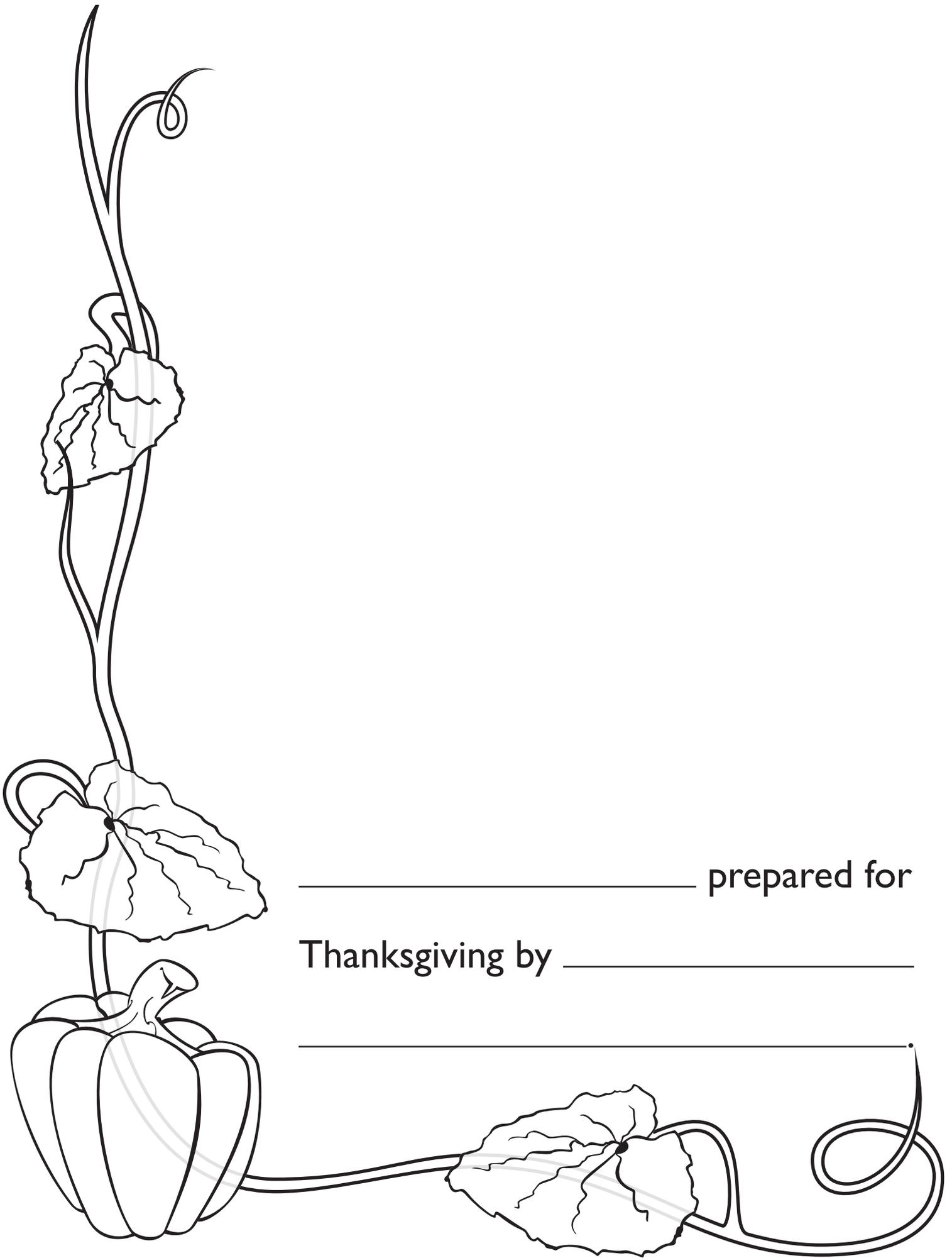


The Many Ways We Celebrated Thanksgiving

By

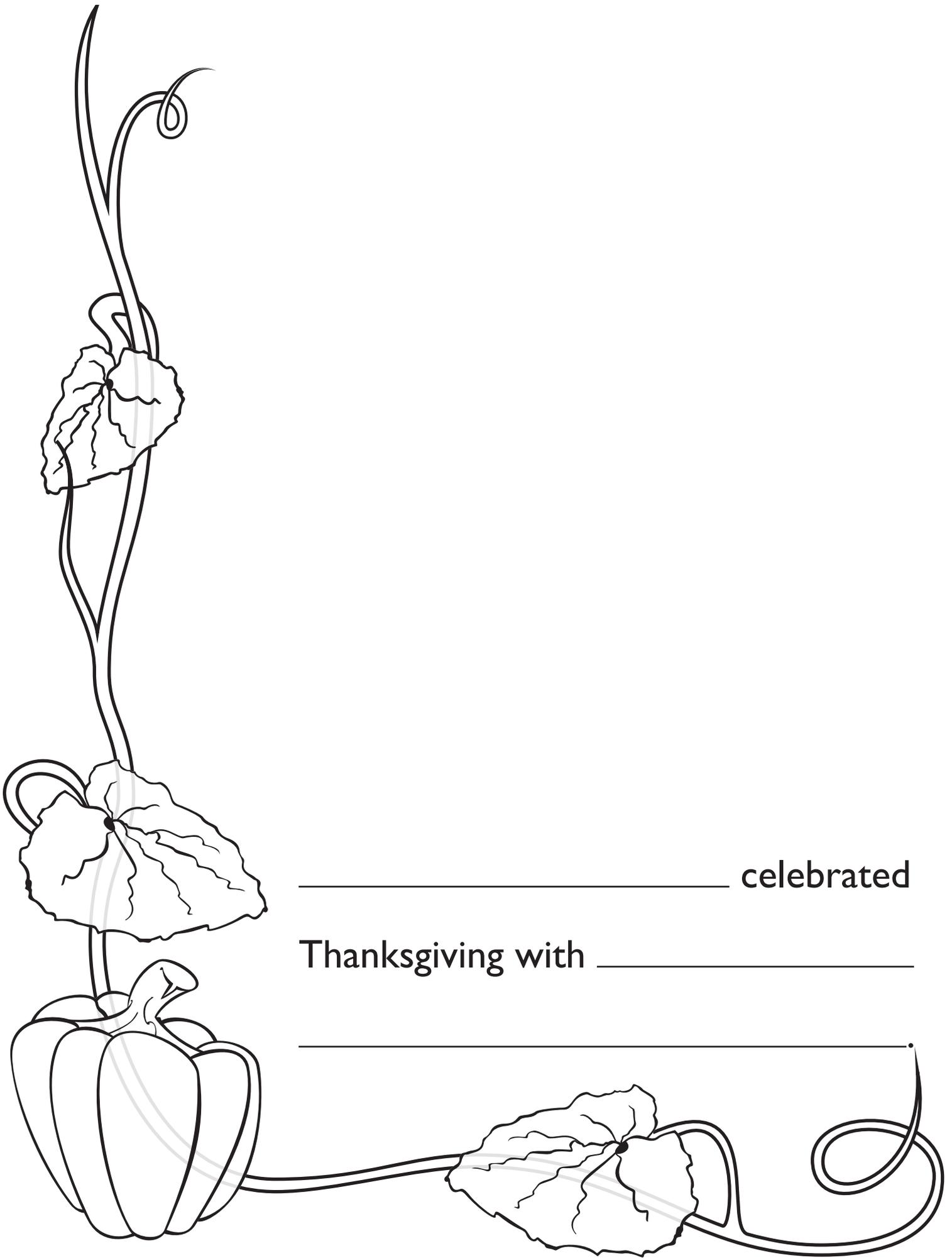
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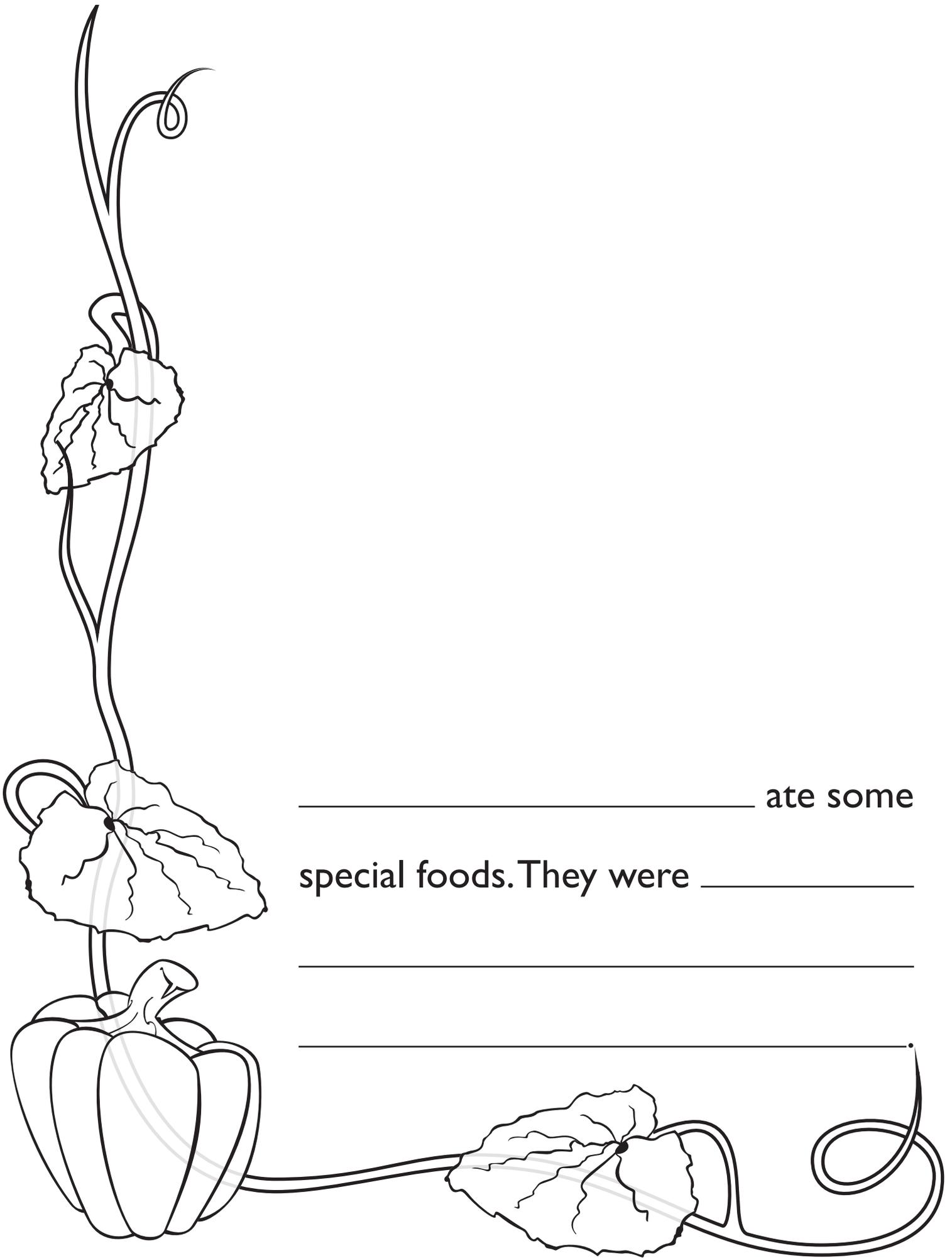
_____ prepared for

Thanksgiving by _____

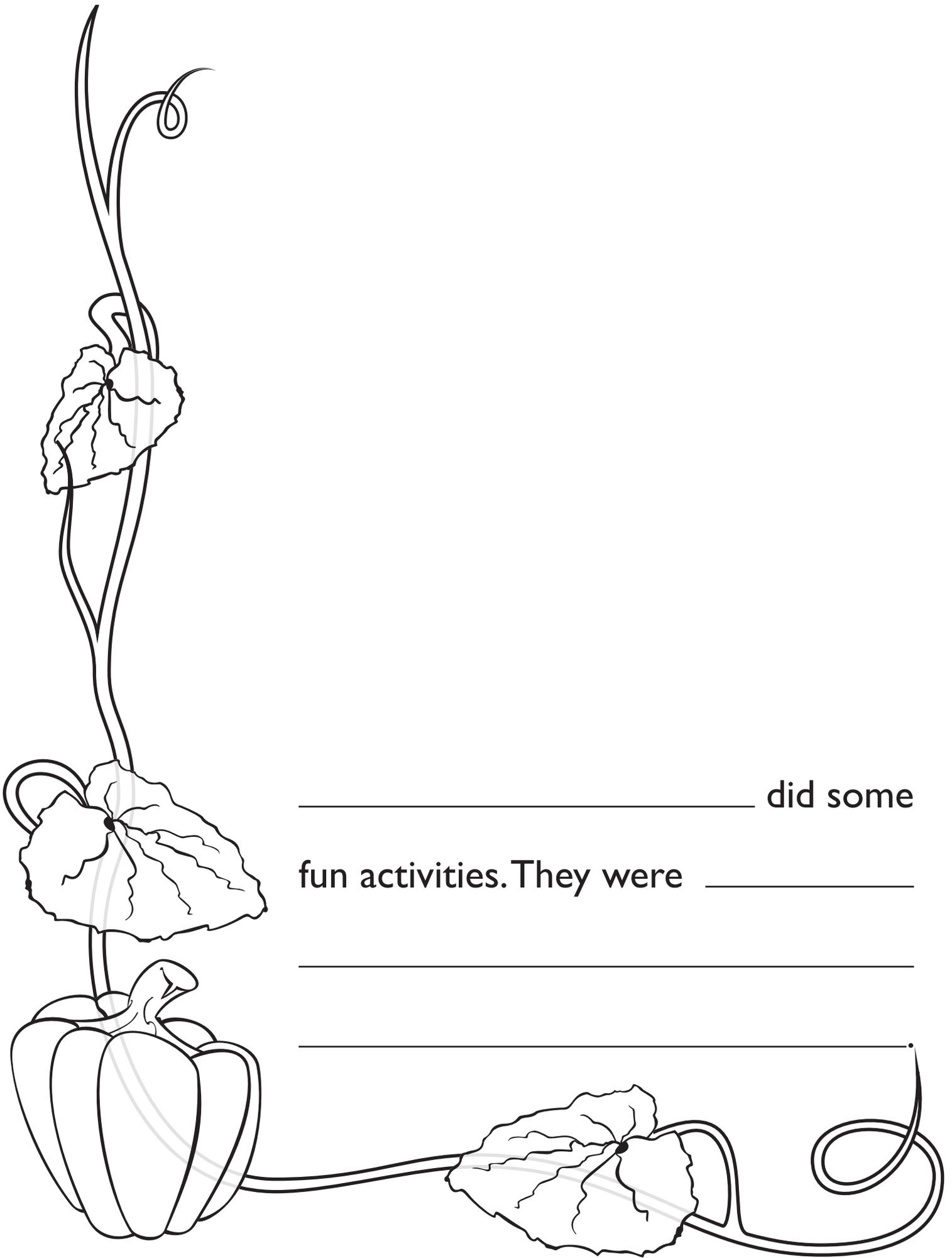


_____ celebrated

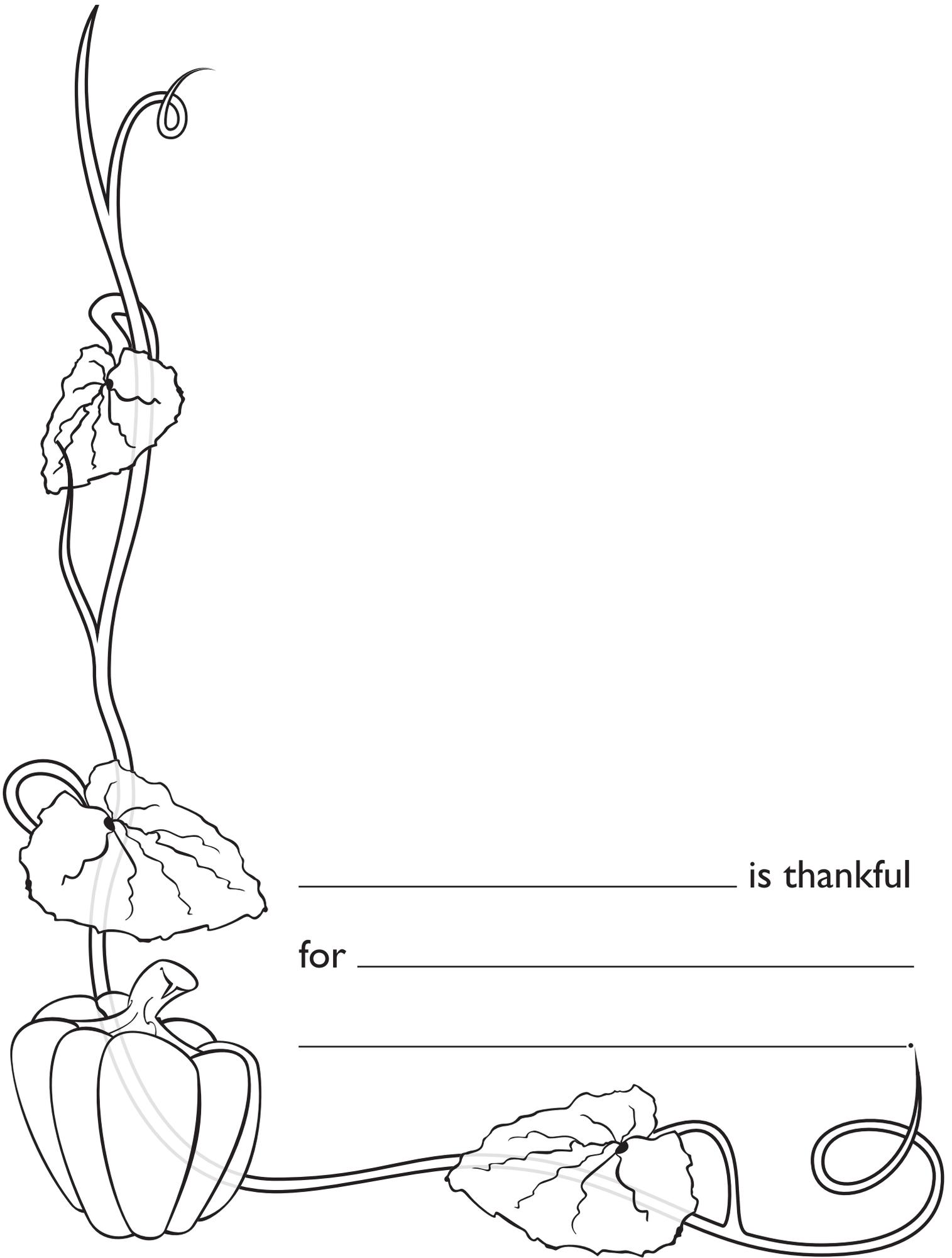
Thanksgiving with _____



_____ ate some
special foods. They were _____

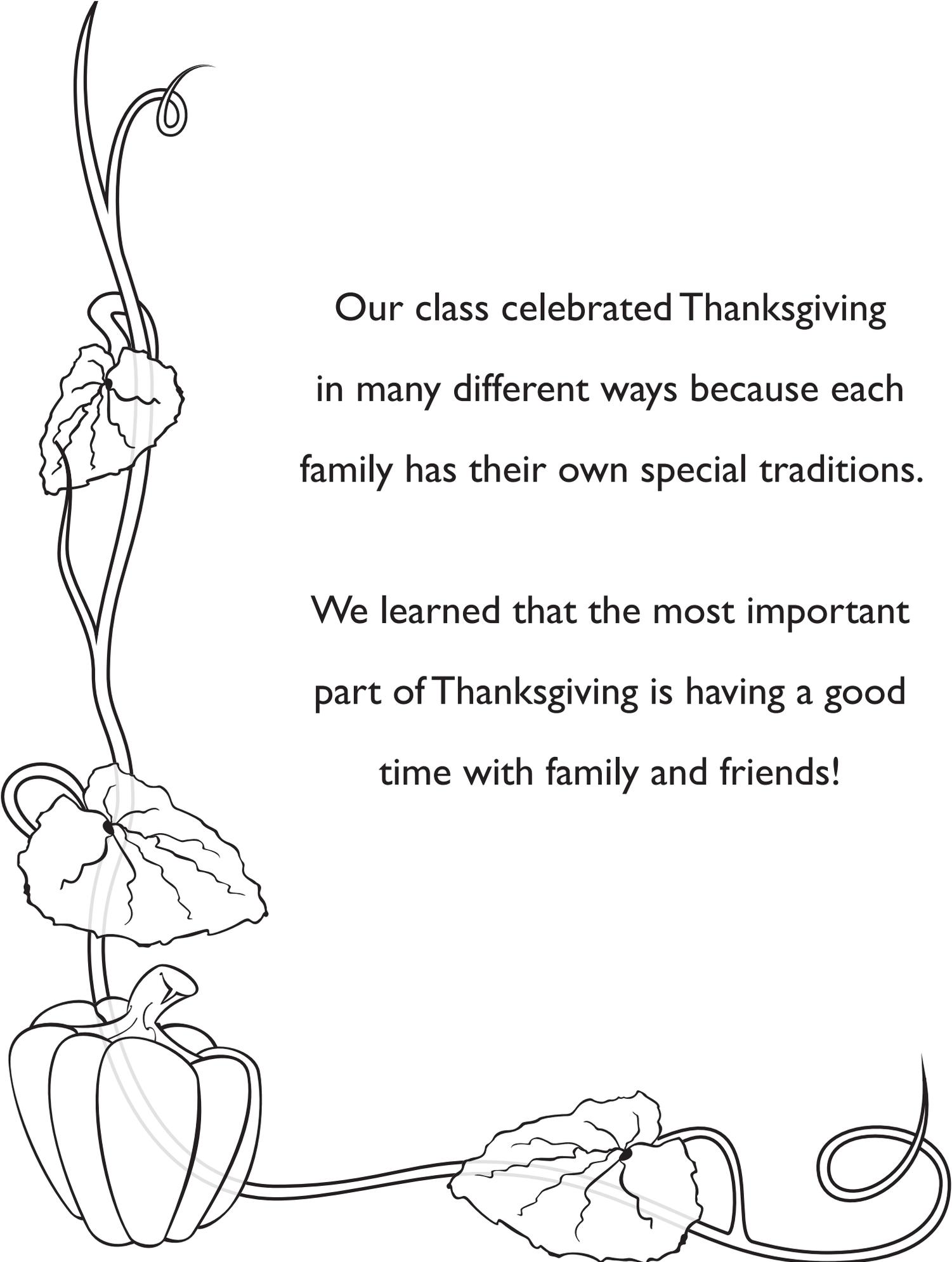


_____ did some
fun activities. They were _____



_____ is thankful

for _____



Our class celebrated Thanksgiving
in many different ways because each
family has their own special traditions.

We learned that the most important
part of Thanksgiving is having a good
time with family and friends!

