Referrals for Spokane Alcohol Treatment

✓ Spokane Teaching Health Clinic Recovery Clinic
  Address: 624 E Front Ave, Spokane, WA 99202
  Hours: Monday – Friday 8 am – 12:15 pm, 1:15 pm – 5 pm
  Phone: (509) 626-9900
  Variety of treatment options, including people who have had a history of seizure. Also have a contingency management program for stimulant (e.g. methamphetamine) use.

✓ Adept Assessment & Treatment
  Address: 1321 N Ash St, Spokane, WA 99201
  Hours: Monday – Thursday 9 am – 5:30 pm and Friday 9 am – 6 pm
  Phone: (509) 327-3120
  Accepted insurances: Medicaid, Medicare, State financed health insurance plan other than Medicaid, Private health insurance, Military insurance e.g. TRICARE, Access to recovery ATR voucher, Federal or any government funding for substance abuse programs. Sliding fee scale fee is based on income and other factors.

✓ American Behavioral Health Systems – Detox and Inpatient/Outpatient

➢ Address: 44 E Cozza Dr, Spokane, WA 99208
  Phone: (509) 325-6800, after hours: (509) 321-0141

➢ Address: 12715 E Mission Ave, Spokane Valley, WA 99216
  Phone: (509) 232-5766

➢ Address: 715 E Sprague Ave, Suite #107, Spokane, WA 99202
  Phone: (509) 381-3235

✓ Colonial Clinic
  Address: 910 N Washington St, #210, Spokane, WA 99201
  Hours: Monday – Friday 9 am – 6 pm
  Phone: (509) 327-9831
  Insurance plans currently accepted: Aetna, Amerigroup, AmeriBen, Asuris, Blue Cross Blue Shield, Cigna, Community Health Plan of Washington (CHPW), First Choice Health, Group Health, Lifewise, Regence Blue Cross Blue Shield, Premera, Providence Health Plans, United Health Care, URM, Value Options.
  It would be impossible to list every insurance plan that can be billed. If you have any questions about the drug and alcohol treatment costs, the insurance plans that are accepted, or private payment plans, feel free to call (509) 327-9831.

✓ Gateway Counseling Services
  Address: 140 S Arthur St, #665, Spokane, WA 99202
  Hours: Monday: 10 am – 1 pm, 2 - 6 pm, Tuesday, Wednesday, and Thursday: 10 am – 2 pm, 3 – 6 pm, and Friday 9 am – 3 pm
  Phone: (509) 532-8855
✓ New Horizon Care Center, Inc  
   Address: 504 E 2nd Ave, Spokane, WA 99202  
   Hours: Monday – Friday 8 am – 5 pm

➢ Outpatient Behavioral Health – Spokane  
   Address: 701 E. 3rd Ave, Spokane, WA 99202  
   Phone: (509) 838-6092  Ext. 201

➢ Outpatient Behavioral Health – Spokane Valley  
   Address: 15407 E. Mission Ave, Spokane Valley, WA 99037  
   Phone: (509) 927-1543  Ext. 301

➢ Sun Ray Court  
   Address: 518 S Browne St, Spokane, WA 99204  
   Hours: Open 24 hours  
   Phone: (509) 456-5465

➢ Isabella House  
   Address: 2308 W 3rd Ave, Spokane, WA 99201  
   Hours: Monday – Saturday 8 am – 7 pm  
   Phone: (509) 624-1244

Accepted insurances:  
Managed Care Organization (MCO) - Apple Health (Medicaid): Amerigroup, Community Health Plan of Washington, Coordinated Care, Molina Healthcare  
Behavioral Health Organization (BHO) - Apple Health (Medicaid): Great Rivers BHO, King County BHO, North Sound BHO, Salish BHO, Thurston-Mason BHO  
Indian Health Services - American Indians / Alaska Natives  
Private Insurance  
Private Pay  
New Horizon Care Centers will not deny services to any Medicaid eligible individual on account of the individual's inability to pay.

✓ Social Treatment Opportunity  
   Address: 104 S Freya St, #206, Spokane, WA 99202  
   Hours: Monday- Friday 9am – 5pm & Saturday 10am – 12pm  
   Phone: (509) 927-3668

   Address: 9212 E Montgomery Ave, #501, Spokane Valley, WA 99206  
   Phone: (509) 927-3668

   Cash or self-payment, Private health insurance

✓ Spokane Treatment and Recovery Services (STARS)  
   Address: 105 W 3rd Ave, Spokane, WA 99201  
   Hours: Open 24 hours  
   Phone: (509) 570-7250
Accepted insurances: Aetna, AmBetter, Amerigroup, AppleHealth of Washington, BlueCross and BlueShield, Cenpatico, Community Healthplan of Washington, Coordinated Care, Empire BlueCross, First Choice Health, Geha, Kaiser – including Kaiser Core plans, LifeWise, Medicaid, Molina, Multiplan, Optima, Optum, Pacific Source, PHCS, Premera, Providence, Regence, TRICARE, UMR, United Health Care, United Behavioral Health

✓ The HELPS Group
   Address: 104 S. Freya, Suite 114, Orange Flag Building, Spokane, WA 99202
   Phone: (509) 325-4169
   Website: http://thehelpsgroup.com/

✓ Adept Behavioral Health
   ➢ Spokane Address: 1321 North Ash St, Spokane, WA 99201
     Hours: Monday – Thursday 9 am – 6 pm and Friday 9 am – 4 pm
     Phone: (509) 327-3120

   ➢ Deer Park Address: 104 West Crawford, Deer Park, WA 99006
     Hours: Monday – Thursday 9 am – 5 pm and Friday 9 am – 4 pm
     Phone: (509) 276-2797

   ➢ Colville Address: 218 #B North Oak Colville, WA 99114
     Hours: Monday – Thursday 9 am – 5 pm and Friday 9 am – 4 pm
     Phone: (509) 684-5867

     Website: https://www.adeptbehavioralhealth.com/

✓ Center for Family Development (must have managed care plan)
   ➢ Perry District
     Address: 1404 E 11th Ave, Spokane, WA 99202
     Phone: (509) 744-1117

   ➢ North Washington
     Address: 1106 N Washington St, suite D, Spokane, WA 99201
     Phone: (509) 744-1117

   ➢ Spokane Valley
     Address: 2312 N Cherry St, #100, Spokane Valley, WA 99216
     Phone: (509) 744-1117

   ➢ 25th Avenue
     Address: 1001 W 25th Ave, Spokane, WA 99203
     Phone: (509) 744-1117

     Website: https://www.cffdspokane.com/
Hours: Monday and Wednesday 8 am – 6 pm, Tuesday and Thursday 10 am – 6 pm, Friday 8 am – 2 pm

Currently Accepted Insurance Providers: First Choice, EBMS, Premera, all Blue Cross / Blue Choice / Blue Shield plans, Regence, Lifewise, Anthem, Kaiser Core, Kaiser PPO, Aetna, GEHA, Medicare, Tricare, Centerstone, Asuris, HMA, Optum, Providence Health Plan, United Healthcare, UMR, Amerigroup, Community Healthplan of Washington (CHPWA), Coordinated Care (Medicaid only), Cigna, and Molina. Without a managed care plan, Ambetter or Medicaid are not accepted.

✓ CHAS Behavioral Health  
  Phone: (509) 998-1667  
  Schedule an appointment: (509) 444-8200  
  Website: https://chas.org/services/behavioral-health  
  For the list of accepted insurances, check https://chas.org/about-us/insurance-payment  
  Sliding Fee Discount Program

✓ Frontier Behavioral Health  
  Phone: (509) 838-4651  
  Website: https://fbhwa.org/  
  24/7 Regional Crisis Line: 1-877-266-1818  
  Insurance: Accept Medicaid

✓ See Psychology Today Medicaid section for individual counselors  
  Website: https://www.psychologytoday.com/us/therapists/medicaid/wa/spokane?sid=5eb1cc2803af1

✓ Providence RISE Program – Spokane  
  Address: 235 E Rowan Ave, Suite 107, Spokane, WA 99207  
  Phone: (509) 252-6446  
  Website: https://washington.providence.org/services-directory/services/r/rise-program

✓ Passages Family Support  
  Address: 1700 S Assembly St, Spokane, WA 99224  
  Hours: Monday – Friday 9 am – 5 pm  
  Phone: (509) 892-9241  
  Website: https://passages-spokane.org/  
  Insurances Accepted: Medicaid Managed Care: Molina, Amerigroup, Community Health Plan of Washington, Coordinated Care

✓ Spokane Treatment Solutions (MAT and counseling)  
  Address: 4305 E Trent Ave, Spokane, WA 99212  
  Hours: Monday – Friday: 5 am – 11 am and Saturday 6:30 am – 9:30 am  
  Phone: (509) 495-1207 and (866) 371-4968  
  Website: https://www.spokanectc.com/
✓ Riverside Recovery Center (not all services are covered by Medicaid)
  Address: 3710 N. Monroe St, Spokane, WA 99205
  Phone: (509) 328-5234
  Website: https://riversidespokane.com/
  Accepted insurances: https://riversidespokane.com/payment-options/

✓ YFA Connections
  ➢ Behavioral Health – Adult
    Address: 22 S Thor St, Spokane, WA 99202
    Hours: Monday 8 am – 8 pm, Tuesday 8 am – 5 pm, Wednesday – Friday 8 am – 8 pm
    Phone: (509) 532-2000
  
  ➢ School Based Behavioral Health – Youth
    Directions: a school based program in Deer Park, Riverside and 9 Mile Falls
    Phone: (509) 808-0420
  
  ➢ Crisis Residential Center
    Address: 201 W 6th Ave, Spokane, WA 99204
    Hours: 24×7
    24-hour help line: (509) 624-2868
  
  ➢ HOPE Center
    Address: 201 W 6th Ave, Spokane, WA 99204
    Hours: 24×7
    24-hour help line: (509) 624-2868
    Website: https://www.yfaconnections.org/services/

✓ Mann-Grandstaff VA Medical Center (Substance Abuse Treatment)
  Address: 4815 N Assembly St, Spokane, WA 99205
  Hours: Monday – Friday 8 am – 4:30 pm
  Phone: (509) 434-7014
  Website: https://www.spokane.va.gov/services/Substance_Abuse_Treatment.asp

✓ Ideal Option
  ➢ Spokane - S. Washington Street
    Address: 507 S Washington St, Ste #101, Spokane, WA 99201
    Hours: Monday – Thursday 7:30 am – 6 pm
    Phone: (877) 522-1275
    Website: https://www.idealoption.com/clinics/spokane-s-washington-street
  
  ➢ Spokane - Monroe St.
    Address: 901 N Monroe St, Ste #322, Spokane, WA 99201
    Hours: Monday – Friday 9 am – 6 pm
    Phone: (877) 522-1275
    Website: https://www.idealoption.com/clinics/spokane-monroe-court
➢ Spokane - N. Colton
  Address: 6208 N Colton St, Spokane, WA 99208
  Hours: Monday – Thursday 7:30 am – 6 pm
  Phone: (877) 522-1275
  Website: https://www.idealoption.comclinics/spokane-n-colton

➢ Spokane - E. Francis
  Address: 208 E Francis Ave, Spokane, WA 99208
  Hours: Monday – Friday 7:30 am – 6 pm
  Phone: (877) 522-1275
  Website: https://www.idealoption.comclinics/spokane-e-francis

➢ Spokane Valley
  Address: 8921 E Alki Ave, Ste #1, Spokane Valley, WA 99212
  Hours: Monday – Friday 7:30 am – 6 pm
  Phone: (877) 522-1275
  Website: https://www.idealoption.comclinics/spokane-valley

➢ Coeur d'Alene
  Address: 509 W Hanley Ave, Ste #101, Coeur d'Alene, ID 83815
  Hours: Monday, Wednesday, Thursday: 8:30 am – 6 pm
  Phone: (877) 522-1275
  Website: https://www.idealoption.comclinics/coeur-d-alene

✓ Compassionate Addiction Treatment
  Address: 112 E 1st Ave, Spokane, WA 99202
  Hours: Monday – Friday 10 am – 6 pm
  Phone: (509) 919-3362
  Website: https://www.catspokane.org/

➢ Recovery Community Hours
  Drop In
  Monday – Friday 10 am – 6 pm

➢ Recovery Community Groups
  Drop In
  Group Monday - Friday 11 am and 2 pm
  CA Meeting Monday/Wednesday/Friday: 4 pm
  Mindfulness/Meditation Wednesday: 12:45pm

➢ MAT Program Hours
  Drop In
  Monday: 1 pm – 5 pm, Tuesday: 11 am – 5:30 pm, Wednesday: 2 pm – 5:30 pm, Thursday: 2:30 pm – 5:30 pm

➢ Intensive Outpatient and Assessments
  Monday – Friday: 10 am – 6 pm
✓ **Pioneer Human Services**

- **Pioneer Center East**  
  Address: Admissions Coordinator, 3400 W Garland Ave, Spokane, WA 99205  
  Phone: (509) 325-2355  
  Website: [https://pioneerhumanservices.org/treatment/centers?tid=17](https://pioneerhumanservices.org/treatment/centers?tid=17)

- **Pioneer Counseling Emerson Clinic**  
  Address: Program Information, 910 W Boone Ave, Spokane, WA 99201  
  Phone: (509) 325-7232  
  Website: [https://pioneerhumanservices.org/treatment/centers?tid=18](https://pioneerhumanservices.org/treatment/centers?tid=18)

- **Geiger Corrections Center In-Jail IOP & Innovative Project**  
  Address: Tanya Sturm, Geiger Corrections Center In-Jail IOP & Innovative Project, 1100 W Mallon Ave, Spokane, WA 99260  
  Phone: (509) 477-1521

- **HOUSING - Pathway House**  
  Address: Resident Services Supervisor, Pathway House c/o The Carlyle, 206 S Post St, Spokane, WA 99201  
  Phone: (509) 456-0481  
  Email: housing@p-h-s.com

- **HOUSING - Phoenix Transitional Housing**  
  Address: Program Manager, Phoenix Transitional Housing, 703 E Hartson Ave, Spokane, WA 99202  
  Phone: (509) 232-7081  
  Email: andy.puckett@p-h-s.com

- **HOUSING - The Carlyle**  
  Address: Resident Services Supervisor, The Carlyle, 206 S Post St, Spokane, WA 99201  
  Phone: (509) 624-1999  
  Email: housing@p-h-s.com

- **JOB-READINESS TRAINING - Roadmap to Success**  
  Address: Roadmap to Success, Spokane Resource Center, 130 S Arthur St, 2nd Fl, Spokane, WA 99202  
  Phone: (509) 701-8105

- **RESIDENTIAL REENTRY CENTER - Spokane Site 1**  
  Address: Spokane Residential Reentry Center – 1, 3614 E Ferry Ave, Spokane, WA 99202  
  Phone: (509) 535-3572.

- **RESIDENTIAL REENTRY CENTER - Spokane Site 2**  
  Address: Spokane Residential Reentry Center – 2, 925 West Broadway Spokane, WA 99201  
  Phone: (509) 622-5600
Resource website for all: https://pioneerhumanservices.org/treatment/centers#0

✓ **Spokane Falls Recovery Center**
  Address: 101 E Magnesium Rd, Suite #101, Spokane, WA 99208
  Hours: Monday – Friday 8 am – 8 pm
  Admissions: (844) 962-2775
  Office: (509) 368-9021
  Website: https://www.spokanefallsrecoverycenter.com/

✓ **Royal Life Centers**
  Address: 524 E Francis Ave, Spokane, WA 99208
  Phone: (877) 732-6837

✓ **Rising Strong**
  Address: 1960 N Holy Names Ct, Spokane, WA 99224
  Phone: (509) 960-8632

**Hospitals/Inpatient**

✓ **Sacred Heart Inpatient Psychiatry**
  Address: 101 W 8th Ave. Spokane, WA 99204
  Phone: (509) 474-3131
  Website: https://washington.providence.org/services-directory/services/p/psychiatric-inpatient-services

✓ **Inland Northwest Behavioral Health**
  Address: 104 W 5th Ave, Spokane, WA 99204
  Hours: 24/7
  Phone: (509) 992-1888
  Website: https://inlandnorthwestbh.com/

✓ **Frontier Behavioral Health Evaluation and Treatment (E&T)**
  Hours: Monday – Friday 7 pm – 8 pm, Saturday – Sunday 4 Services
  Phone: (509) 838-4651
  Website: https://fbhwa.org/ and https://fbhwa.org/about/contact

✓ **The National Domestic Violence Hotline**
  Phone: 1-800-799-7233 (SAFE) or 1-800-787-3224 (TTY)
  Text LOVEIS to 1-866-331-9474
  Chat online at www.thehotline.org/help

✓ **WomensLaw Legal Email Hotline**
  Email the hotline at hotline.womenslaw.org

✓ **Rape, Abuse, and Incest National Network (RAINN)**
  Call 1-800-656-4673
  Chat online at hotline.rainn.org

✓ **Substance Abuse and Mental Health Services Administration (SAMHSA) National Helpline**
  Phone: 1-800-662-4357
  TTY: 1-800-487-4889

✓ **National Suicide Prevention Lifeline**: 1-800-273-TALK (8255)
✓ Trevor Lifeline (LGBTQ): 1-866-488-7386
✓ Crisis Text Line: 741741
✓ Veteran’s Crisis Hotline: 1-800-273-8255 Or Text: 838255
✓ A Nationwide Service Connecting People to Help, Dial: 211
✓ 24-Hour Regional Crisis Line: 1-877-266-1818
✓ For A Mental Health Crisis Text: "HOME" to 741741
✓ Suicide: 1-800-273-8255
✓ Bullying: 1-800-420-1479
✓ Self-harm: 1-800-366-8288
✓ Sexual assault: 1-800-656-4673
✓ Lifeline: 1-800-784-8433
✓ Grief support: 1-650-321-3438
✓ Depression: 1-630-482-9696
✓ Drug/Alcohol: 1-877-235-4525
✓ Eating disorder: 1-630-577-1330
✓ Mental Health: 1-800-442-9673
✓ Abuse: 1-800-799-7233
✓ Spokane Regional Health Department Needle Exchange
  Address: 1101 W College Ave, Rm 155, Spokane, WA 99201
  Hours: Monday – Friday 3 pm – 5 pm
  Website: https://srhd.org/programs-and-services/hiv-std-services/needle-exchange-services
✓ Women’s Hearth (Day Center for Women)
  Address: 920 W 2nd Ave, Spokane, WA 99201
  Hours: Sunday – Wednesday 9 am – 3 pm
  Website: http://www.help4women.org/programs/womens-hearth
✓ Useful Apps
- Mood Meter (Track your emotions)
  Website: https://www.ycei.org/

- Sober Grid (Social Network - reach out when you feel triggered)
  Website: https://www.sobergrid.com/

- Nomo (Sobriety Tracking w/games to play when experiencing a craving)
  Website: https://saynomo.com/

✓ Recovery Resource
  Recovery Café
  Website: https://community-minded.org/recoverycafe/?fbclid=IwAR1U0cedM8ymCRBV9MaaQgX8ILReuaWj9nvCYHQvRKapG1qzqCzZmIXhK_8

✓ More than 60 resources, including online/virtual resources, on the three websites below.

- Findhelp.org
  https://www.findhelp.org/health/addiction-%26-recovery--spokane-wa?postal=99202

- https://wa-al-anon.org/meetings/?tsml-day=any&tsml-region=spokane