

# **Program Evaluation in a Bariatric Surgery Clinic: Evaluation of Weight Loss Outcomes in Laparoscopic Adjustable Gastric Band Patients**

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## **Abstract**

Obesity causes many serious health conditions which can improve or resolve with weight loss. Bariatric surgery offers an effective method for weight loss and maintenance. This paper describes a program evaluation of a bariatric surgery clinic. A retrospective chart review was performed for patients who received Lap Band surgery from this clinic in 2010 (n=145). Patients were evaluated for weight lost and maintained over five years, weight regained, and follow up compliance. The current program was effective at achieving weight loss goals, and results were within the range found in the literature review. BMI >50 versus <50 was statistically significant on weight loss while age, gender, and size of Lap Band had little effect on weight loss.