

Abstract

Many patients with depression are seeking treatment from their primary care provider (PCP) and PCPs are prescribing much of the antidepressants. PCPs need to be adequately trained to identify and treat patients with depression using evidence-based treatment to improve patient outcomes. It is imperative PCPs are educated with evidence-based practice information and provided appropriate tools to treat patients presenting with major depression disorder. The Depression Treatment Algorithm (DTA) is an evidence-based tool PCPs can easily use to prescribe appropriate antidepressant therapy to patients with MDD. The DTA will be implemented at Grace Clinic and its effectiveness in improving providers' confidence in treatment of MDD will be assessed using a pre- and post- Depression Attitude Questionnaire. Grace Clinic has eight volunteer primary care providers'. Data will be collected from the questionnaires to determine if attitudes and confidence have changed post DTA implementation. The DTA could improve providers' attitudes and confidence when treating patients with MDD, therefore improving quality of care, access to care, patient outcomes and societal burden.