

Psychosocial Screening for Adolescents: A Quality Improvement Project Using the HEEADSSS Assessment Interview to Identify Adolescents at Risk.

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Abstract

This paper explores the need for improved use of psychosocial screening in adolescent wellness visits at The Everett Clinic. The nationally standardized HEEADSSS assessment interview for adolescent psychosocial screening has been shown to be effective in the assessment of an adolescent. A needs assessment survey was performed at The Everett Clinic to gain information about the providers' opinion of this interview technique and if, in the providers' opinion, the HEEADSSS assessment interview embedded in the Epic progress note would be helpful in practice. The survey results supported an update in current practice and the Epic progress note was updated to align current guidelines with practice at The Everett Clinic.

