

## CURRICULUM VITAE

### Sadie Ridgeway

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## EDUCATION

2016      B.A., *magna cum laude*, Sociology and Economics, Gonzaga University

## RESEARCH EXPERIENCE

2014-2016      *Sociology Department Advanced Undergraduate Research Seminar*  
Gonzaga University

- Conducted two year-long qualitative research projects with faculty mentors, culminating in conference presentations.
- Gained first hand experience in qualitative methods: conducting focus groups, conducting semi-structured in-depth interviews, thematically coding and analyzing transcripts, recruiting participants, and going through the Institutional Review Board process.
  
- “Nothing tastes as good as skinny feels: Normalization of unhealthy diet and exercise behaviors among college women” (Spring 2015)
  - Conducted three focus groups with a total of fourteen participants
  - Explored how college women experience and perform diet and exercise practices, and how women normalize and rationalize these practices within the University setting
  
- “Me, Myself, and I-phone: Fitness apps and body surveillance among college women” (Spring 2016)
  - Conducted twenty semi-structured, in-depth interviews
  - Explored how women use and experience mobile fitness/health application and wearable fitness technology, and how women’s use of these technologies affect their self and body conceptions

## CONFERENCE PRESENTATIONS

- 2015 Ridgeway, Sadie. 2015. "Nothing tastes as good as skinny feels: Normalization of unhealthy diet and exercise behaviors among college women". Poster presentation. Annual Meeting of the Pacific Sociological Association. Long Beach, CA.
- 2015 Ridgeway, Sadie. 2015. "Nothing tastes as good as skinny feels: Normalization of unhealthy diet and exercise behaviors among college women". Panel presentation. National Conference of Undergraduate Research. Cheney, WA.
- 2016 Ridgeway, Sadie. 2016. "Me, Myself, and I-phone: Fitness apps and body surveillance among college women". Roundtable presentation. Annual Meeting of the Pacific Sociological Association. Oakland, CA.
- 2016 Ridgeway, Sadie. 2016. "Me, Myself, and I-phone: Fitness apps and body surveillance among college women". Panel presentation. Spokane Interregional Research Conference. Spokane, WA.

## TEACHING EXPERIENCE

- 2016-2017 *Sociology 101 teaching assistant*, Washington University
- 2017-2018 *Sociology 245 teaching assistant*, Washington University (Fall)

## HONORS/AWARDS

- 2012-2016 Gonzaga Regent Scholarship (Merit based, \$6,500 per semester)
- 2012-2016 Gonzaga Grant (\$1,925 per semester)
- 2016 Omicron Delta Epsilon: International Economics Honor Society
- 2017 WSU Department of Sociology First Year Award (\$1000, awarded for high quality graduate student scholarship in the first year)

## ACADEMIC SERVICE

- 2016-2017 Sociology Graduate Student Organization Faculty Meeting Committee, WSU

- 2017-2018      Graduate and Professional Student Organization Senator (sociology), WSU
- 2017-2018      GPSA Professional Development Initiative committee member, WSU
- 2017-2018      Sociology Graduate Student Organization Awards Committee, WSU
- 2017-2018      Graduate Student Peer Mentor, Sociology Department, WSU

## **MEMBERSHIPS/AFFILIATIONS**

- 2014-Present          Pacific Sociological Association
- 2016-Present          American Sociological Association  
sections: body and embodiment, medical, sex and gender

## **RESEARCH INTERESTS**

- **Health disparities**
- **The body**
- **Gender**
- **Research methods**
- Inequality and stratification
- Social change
- Pain and suffering