

DECEMBER 2020



SFP 10-14 COMMUNITY OF PRACTICE

Hello,

Welcome to the first monthly newsletter of the Washington State University SFP 10-14 Community of Practice (CoP). The WSU SFP 10-14 CoP is a networking and resource group of SFP 10-14 professionals and facilitators. Listserv subscribers will receive monthly email updates on SFP content, regional training events, and related resources.

We are excited to introduce you to our new WSU Community of Practice and Evaluation Coordinator, Sabrina DiGennaro. Sabrina will work closely with SFP 10-14 trainers and researchers at WSU to coordinate the CoP listerv, update the WSU SFP 10-14 website, and schedule SFP 10-14 training opportunities.

We would also like to provide an update regarding Virtual SFP 10-14. AnaMaria Diaz Martinez, SFP 10-14 Master Trainer, will begin virtual delivery training for certified facilitators, starting December 2020. If you are interested in virtual implementation of SFP 10-14, please email sfp.1014@wsu.edu. Sabrina DiGennaro will be working closely with AnaMaria to coordinate these trainings based on need and availability.

If you have questions about SFP 10-14, including questions about virtual SFP 10-14 implementation, please contact Sabrina at sfp.1014@wsu.edu. If you know someone who would like to join this email list, please direct them to complete the WSU SFP 10-14 Community of Practice survey by following this link: [WSU SFP 10-14 Community of Practice Survey](#).

Sincerely,
WSU SFP 10-14 Team

SFP 10-14 COMMUNITY OF PRACTICE AND EVALUATION COORDINATOR



My name is Sabrina DiGennaro and I am the new SFP 10-14 Community of Practice and Evaluation Coordinator. I will be managing the listserv and uploading content onto the WSU SFP 10-14 website. Prior to this role, I was a Prevention Fellow with the Washington State Health Care Authority, and a research assistant with the Improving Prevention through ACTION (IMPACT) lab at Washington State University. If you would like to reach me, feel free to email me at: sfp.1014@wsu.edu

UPCOMING EVENTS



Northwest (HHS Region 10)

PTTC

Prevention Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration



Center for Rural Opioid Prevention, Treatment & Recovery

"Effectively Managing Family Conflict: A Sample from Guiding Good Choices Virtual Parenting Program"

Prevention practitioners are seeking timely ways to reach out to families with relevant tools, practices, and programs that are research-based and available in an online format. Join us for a session on effectively managing family conflict from the Guiding Good Choices curriculum. Kevin Haggerty and Dalene Beaulieu will model a virtual session from the Guiding Good Choices parent workshop series. The goals of this webinar are to model delivering the program in a virtual environment and to provide skill content on conflict management during the double stressors of the holiday season and the COVID-19 pandemic.

- Thursday, 12/10/20
- 11:00 am- 12:30 pm PST
- [Register Here](#).
- Presenters: Kevin P. Haggerty, MSW, PhD and Dalene Beaulieu, MS
- *1.5 Continuing Education Hours

SFP 10-14 IN WASHINGTON STATE

Questions about SFP 10-14 in Washington? Visit our website using this link: [Link to WSU SFP 10-14 Website](#), or contact SFP 10-14 Community of Practice & Evaluation Coordinator, Sabrina DiGennaro, at sfp.1014@wsu.edu



"Cultivating Awareness and Resilience: Mindfulness for Providers Working with Youth"

In this interactive webinar, Sebrina Doyle from Pennsylvania State University will discuss the role of mindfulness to promote our own wellbeing so we have the capacity to continue providing services for others. Participants will leave with an understanding of mindfulness-based self-care as well as practical tools to incorporate mindfulness into their personal and professional lives.



- Wednesday, 12/16/20
- 12:00-1:00 pm PST
- [Register Here](#).
- Speaker: Sebrina Doyle, MS, Assistant Research Professor, Penn State

SFP 10-14 RESOURCES

Visit our newly updated **website!** Link to: [WSU SFP 10-14 Website](#)

If you would like to reach current/past SFP 10-14 families with some short activities and tools from the curriculum, consider using "**7 emails**" from Iowa State University's COVID-19 response page! Link to: [7 Emails from Iowa SFP 10-14](#)

