

Developing Minds

Exploring Objects

Researchers conducted a study where infants explored toys. Some infants were given mittens covered in Velcro, referred to as “sticky mittens,” which enabled them to pick up toys also covered in Velcro. Other infants were provided with mittens absent of sticky Velcro. Results showed that infants who wore sticky mittens explored a teether more than the infants who did not have sticky mittens. It was also found that picking up louder toys increased exploration of the teether.

[Article](#)



Caregiver Tip!

Give your infant a chance to explore objects as often as possible, incorporating toys of different textures, shapes, and sizes. Toys that make sounds may also improve exploration and learning.

