

# Walla Walla Valley Farm to School (WWVF2S)

## Walla Walla, Washington

### Ciera Lallemand

#### Summer 2021



**Introduction:** Walla Walla Valley Farm to School's mission is to inspire healthy communities through food, farm and garden experience. They became an independent non-profit on Sept. 8, 2015. The F2S program can help to correct societies diet related health issues and independent farm businesses. They mainly focus on building sustainable school garden programs that maximize school garden use; promoting local food and farmers in the community; and advancing the dialogue about local food systems.



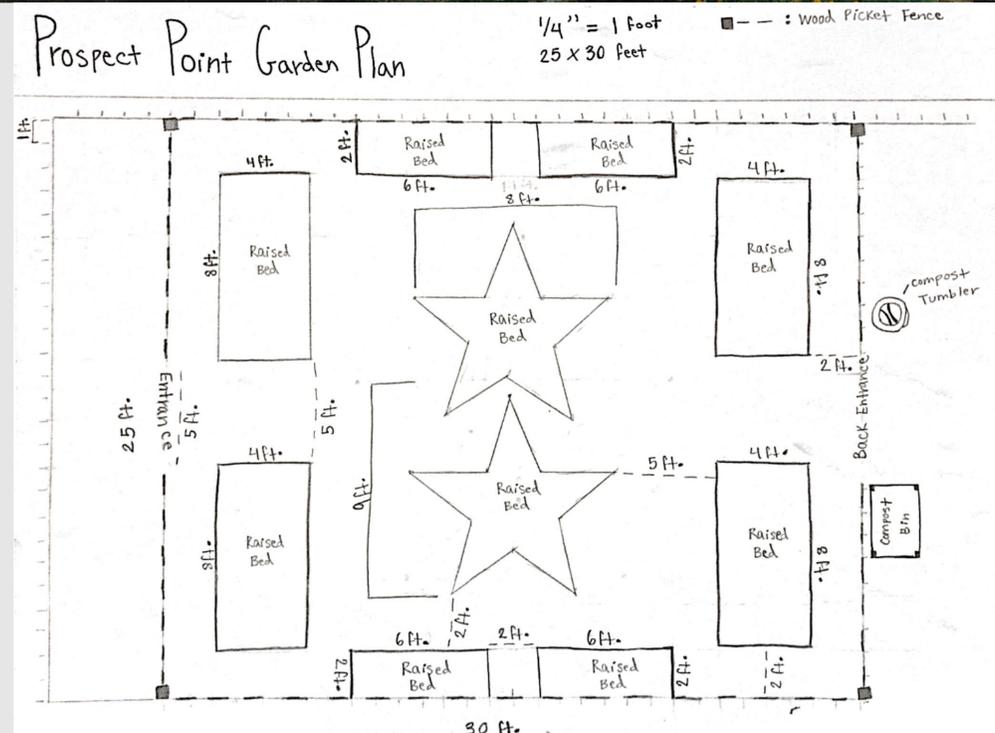
Panorama View of the Sharpstein Elementary School garden



Harvested 136 tomatoes on 8/5/2021



Sunflower



My garden design for Prospect Point Elementary in Walla Walla, WA



Cucumber



Example irrigation issue

### Internship Responsibilities:

- Communicate weekly with supervisor on work timeline, expectations, and questions
- Carry out regular school garden maintenance (trellising, checking/repairing irrigation, harvesting, delivering produce, weeding, and bug control)
- Lead a K-5 school garden summer program
- Work closely with Response Corps (Americorps) member and other interns to help maintain garden and practice organic no-till successive planning
- Help coordinate seeding/transplanting, harvesting, cleaning and distribution of garden grown produce
- Record daily work in an online journal
- Propose ideas for ways to better organize or design garden spaces



Mallow and Crabgrass were taken out often



Zinnia



Borage is a great fertilizer!



Mint is great for sun tea!



Squash Bug



Trellising tomatoes with bamboo sticks

### Summary:

Working with Walla Walla Valley Farm to School has taught me the importance of gardening in small communities. Garden life can be related to human life in many aspects. Inspiring young gardeners early on in their lives can have a huge impact on their health and can impact many generations to come in a positive way. Organic no till gardening has its ups and downs, but it has inspired me to do the same in my garden!