



Project BRIEF

HONOR Project (Helping Our Native Ongoing Recovery)

PARTNERSHIPS
for NATIVE HEALTH

Washington State University

BACKGROUND:

American Indian/Alaska Native (AI/AN) communities struggle with disproportionately high rates of alcohol use in comparison to the general population. Despite this disparity, little information exists on effective alcohol treatments for AI/AN communities. Contingency Management (CM) is a low cost intervention that gives participants rewards to reinforce positive behaviors, such as alcohol abstinence. Previous research suggests that MI is adaptable to many populations, and therefore might provide a promising alcohol treatment option for AI/ANs.

OBJECTIVES:

Our goal is to determine whether a culturally tailored version of an intervention called contingency management (which offers people rewards for abstaining from alcohol) can reduce alcohol use and lead to other healthy outcomes.

PRODUCTS/PUBLICATIONS/REPORTS

McDonnell, MG, Nepom, JR., Leickly, E, Suchy-Dicey, A, Hirchak, K, Echo-Hawk, A., ... & Ries, R. A culturally-tailored behavioral intervention trial for alcohol use disorders in three American Indian communities: Rationale, design, and methods. 2016 Contemporary Clinical Trials;47, 93-100.

Hirchak KA, Leickly E, Herron J, Shaw J, Skalisky J, Dirks LG, Avey JP, McPherson S, Nepom J, Donovan D, Buchwald D, McDonnell MG & the HONOR Study Team. (in press). Focus groups to increase the cultural acceptability of a contingency management intervention for American Indian and Alaska Native communities. Journal of Substance Abuse Treatment.

FUNDING AGENCY: National Institute on Alcohol Abuse and Alcoholism (NIAAA)

PROJECT YEARS: 2013-2019

PARTNERS: Urban Indian Healthcare Clinic in the Northwest, a rural reservation in the Northern Plains, and an Alaska Native tribal healthcare organization.

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Our Mission

Conduct Community centered research, training, education and outreach to improve the health and quality of life for American Indian and Alaska Native populations