

Below is a cross-walk of the 2013 OMB’s Metropolitan Statistical Areas with USDA’s Rural – Urban Continuum Codes used by the WCMER to delineate metropolitan areas along with the link to the local Cooperative Extension office. See: <http://metroextension.wsu.edu/defining-metropolitan/> for more information.

**Alaska**

**California**

**Colorado**

**Idaho**

**Oregon**

**Washington**

**Alaska**

<b>Metropolitan Statistical Area (MSA)</b>	<b>Principal Cities</b>	<b>Counties that make up the MSA</b>	<b>Size of MSA, (Rural-Urban Continuum Code)</b>
Anchorage	Anchorage	<a href="#">Anchorage Municipality</a> <a href="#">Matanuska-Susitna Borough</a>	250,000 to 1 million population (2)
Fairbanks	Fairbanks	<a href="#">Fairbanks North Star Borough</a>	Fewer than 250,000 population (3)

**California**

<b>Metropolitan Statistical Area (MSA)</b>	<b>Principal Cities</b>	<b>Counties that make up the MSA</b>	<b>Size of MSA, (Rural-Urban Continuum Code)</b>
Bakersfield	Bakersfield	<a href="#">Kern</a>	250,000 to 1 million population (2)
Chico	Chico	<a href="#">Butte</a>	Fewer than 250,000 population (3)
El Centro	El Centro	<a href="#">Imperial</a>	Fewer than 250,000 population (3)
Fresno	Fresno	<a href="#">Fresno</a>	250,000 to 1 million population (2)
Hanford Corcoran	Corcoran Hanford	<a href="#">Kings</a>	Fewer than 250,000 population (3)
Los Angeles - Long Beach - Anaheim	Anaheim Arcadia Burbank Carson Costa Mesa Fountain Valley Gardena Glendale Irvine Long Beach Los Angeles Monterey Park Newport Beach Orange	<a href="#">Los Angeles County</a> <a href="#">Orange</a>	Greater than 1 million population (1)

	Pasadena Santa Ana Santa Monica Torrance Tustin		
Madera	Madera	<a href="#">Madera</a>	Fewer than 250,000 population (3)
Merced	Merced	<a href="#">Merced</a>	250,000 to 1 million population (2)
Modesto	Modesto	<a href="#">Stanislaus</a>	250,000 to 1 million population (2)
Napa	Napa	<a href="#">Napa</a>	Fewer than 250,000 population (3)
Oxnard - Thousand Oaks - Ventura	Camarillo Oxnard San Buenaventura (Ventura) Thousand Oaks	<a href="#">Ventura</a>	250,000 to 1 million population (2)
Redding	Redding	<a href="#">Shasta</a>	Fewer than 250,000 population (3)
Riverside – San Bernardino – Ontario	Chino Corona Ontario Redlands Riverside San Bernardino Temecula Victorville	<a href="#">Riverside</a> <a href="#">San Bernardino</a>	Greater than 1 million population (1)
Sacramento – Roseville – Arden - Arcade	Arden-Arcade Folsom Rancho Cordova Roseville Sacramento	<a href="#">El Dorado</a> <a href="#">Placer</a> <a href="#">Sacramento</a> <a href="#">Yolo</a>	Greater than 1 million population (1)
Salinas	Salinas	<a href="#">Monterey</a>	250,000 to 1 million population (2)
San Diego – Carlsbad	Carlsbad San Diego	<a href="#">San Diego</a>	Greater than 1 million population (1)
San Francisco – Oakland – Hayward	Berkeley Hayward Oakland Pleasanton Redwood City San Francisco San Leandro San Rafael San Ramon	<a href="#">Marin</a> <a href="#">San Francisco</a> <a href="#">San Mateo</a> <a href="#">Alameda</a> <a href="#">Contra Costa</a>	Greater than 1 million population (1)

	South San Francisco Walnut Creek		
San Jose – Sunnyvale – Santa Clara	Cupertino Milpitas Mountain View Palo Alto San Jose Santa Clara Sunnyvale	<a href="#">San Benito</a> <a href="#">Santa Clara</a>	Greater than 1 million population (1)
San Luis Obispo-Paso Robles-Arroyo Grande	Arroyo Grande El Paso de Robles (Paso Robles) San Luis Obispo	<a href="#">San Luis Obispo</a>	250,000 to 1 million population (2)
Santa Cruz – Watsonville	Santa Cruz Watsonville	<a href="#">Santa Cruz</a>	250,000 to 1 million population (2)
Santa Maria – Santa Barbara	Santa Barbara Santa Maria	<a href="#">Santa Barbara</a>	250,000 to 1 million population (2)
Santa Rosa	Santa Rosa	<a href="#">Sonoma</a>	250,000 to 1 million population (2)
Stockton - Lodi	Lodi Stockton	<a href="#">San Joaquin</a>	250,000 to 1 million population (2)
Vallejo – Fairfield	Fairfield Vallejo	<a href="#">Solano</a>	250,000 to 1 million population (2)
Visalia – Porterville	Porterville Visalia	<a href="#">Tulare</a>	250,000 to 1 million population (2)
Yuba City	Yuba City	<a href="#">Sutter</a> <a href="#">Yuba</a>	Fewer than 250,000 population (3)

## Colorado

<b>Metropolitan Statistical Area (MSA)</b>	<b>Principal Cities</b>	<b>Counties that make up the MSA</b>	<b>Size of MSA, (Rural-Urban Continuum Code)</b>
Boulder	Boulder	<a href="#">Boulder</a>	250,000 to 1 million population (2)
Colorado Springs	Colorado Springs	<a href="#">El Paso</a> <a href="#">Teller</a>	250,000 to 1 million population (2)
Denver – Aurora – Lakewood	Aurora Broomfield Denver Lakewood	<a href="#">Adams</a> <a href="#">Arapahoe</a> <a href="#">Broomfield</a> <a href="#">Clear Creek</a> <a href="#">Denver</a> <a href="#">Douglas</a> <a href="#">Elbert</a> <a href="#">Gilpin</a> <a href="#">Jefferson</a> <a href="#">Park</a>	Greater than 1 million population (1)
Fort Collins	Fort Collins	<a href="#">Larimer</a>	250,000 to 1 million

			population (2)
Grand Junction	Grand Junction	<a href="#">Mesa</a>	Fewer than 250,000 population (3)
Greeley	Greeley	<a href="#">Weld</a>	250,000 to 1 million population (2)
Pueblo	Pueblo	<a href="#">Pueblo</a>	Fewer than 250,000 population (3)

## Idaho

Metropolitan Statistical Area (MSA)	Principal Cities	Counties that make up the MSA	Size of MSA, (Rural-Urban Continuum Code)
Boise City	Boise City	<a href="#">Ada</a> <a href="#">Boise</a> <a href="#">Canyon</a> <a href="#">Gem</a> <a href="#">Owyhee</a>	250,000 to 1 million population (2)
Coeur d’Alene	Coeur d’Alene	<a href="#">Kootenai</a>	Fewer than 250,000 population (3)
Idaho Falls	Idaho Falls	<a href="#">Bonneville</a> <a href="#">Jefferson</a>	Fewer than 250,000 population (3)
Lewiston ID/WA	Lewiston	<a href="#">Nez Perce</a>	Fewer than 250,000 population (3)
Pocatello	Pocatello	<a href="#">Bannock</a>	Fewer than 250,000 population (3)

## Oregon

Metropolitan Statistical Area (MSA)	Principal Cities	Counties that make up the MSA	Size of MSA, (Rural-Urban Continuum Code)
Albany	Albany	<a href="#">Linn</a>	Fewer than 250,000 population (3)
Bend-Redmond	Bend Redmond	<a href="#">Deschutes</a>	Fewer than 250,000 population (3)
Corvallis	Corvallis	<a href="#">Benton</a>	Fewer than 250,000 population (3)
Eugene	Eugene	<a href="#">Lane</a>	250,000 to 1 million population (2)
Grants Pass	Grants Pass	<a href="#">Josephine</a>	Fewer than 250,000 population (3)
Medford	Medford	<a href="#">Jackson</a>	Fewer than 250,000 population (3)
Portland – Vancouver – Hillsboro OR/WA	Beaverton Hillsboro Portland	<a href="#">Clackamas</a> <a href="#">Columbia</a> <a href="#">Multnomah</a> <a href="#">Washington</a> <a href="#">Yamhill</a>	Greater than 1 million population (1)
Salem	Salem	<a href="#">Marion</a> <a href="#">Polk</a>	250,000 to 1 million population (2)

**Washington**

<b>Metropolitan Statistical Area (MSA)</b>	<b>Principal Cities</b>	<b>Counties that make up the MSA</b>	<b>Size of MSA, (Rural-Urban Continuum Code)</b>
Bellingham	Bellingham	<a href="#">Whatcom</a>	Fewer than 250,000 population (3)
Bremerton – Silverdale	Bremerton Silverdale	<a href="#">Kitsap</a>	250,000 to 1 million population (2)
Kennewick – Richland	Kennewick Richland	<a href="#">Benton</a> <a href="#">Franklin</a>	250,000 to 1 million population (2)
Lewiston ID/WA	Lewiston	<a href="#">Asotin</a>	Fewer than 250,000 population (3)
Longview	Longview	<a href="#">Cowlitz</a>	Fewer than 250,000 population (3)
Mount Vernon – Anacortes	Anacortes Mount Vernon	<a href="#">Skagit</a>	Fewer than 250,000 population (3)
Olympia – Tumwater	Olympia Tumwater	<a href="#">Thurston</a>	250,000 to 1 million population (2)
Portland – Vancouver – Hillsboro OR/WA	Vancouver	<a href="#">Clark</a> <a href="#">Skamania</a>	Greater than 1 million population (1)
Seattle – Tacoma – Bellevue	Auburn Bellevue Everett Kent Lakewood Redmond Renton Seattle Tacoma	<a href="#">King</a> <a href="#">Snohomish</a> <a href="#">Pierce</a>	Greater than 1 million population (1)
Spokane – Spokane Valley	Spokane Spokane Valley	<a href="#">Spokane</a>	250,000 to 1 million population (2)
Walla Walla	Walla Walla	<a href="#">Columbia</a>	Fewer than 250,000 population (3)
Wenatchee	Wenatchee	<a href="#">Chelan</a> <a href="#">Douglas</a>	Fewer than 250,000 population (3)
Yakima	Yakima	<a href="#">Yakima</a>	Fewer than 250,000 population (3)