

From: noreply@wsu.edu
To: [curriculum.submit](#)
Subject: 637591 New or Restore Course: KINES 596
Date: Friday, March 12, 2021 10:36:01 AM
Attachments: [2021.03.12.10.32.56.16.FormData.html](#)
[2021.03.12.10.32.54.83.currentFileUpload_KINES_596_Syllabus_Fall_2021_v4.docx](#)
[2021.03.12.10.32.54.83.currentFileUpload1_KINES_596_rationale_statement_v2.docx](#)

Robert Catena has submitted a request for a major curricular change. His/her email address is: robert.catena@wsu.edu.

Course Subject: KINES

Course Number: 596

Title: Kinesiology Graduate Topics

Repeat Credit: Yes; Cumulative maximum credits: 6

Lecture Hours: 1 (minimum) - 3 (maximum)

Minimum Total Credits:

Maximum Total Credits:

Prerequisite: Instructor approval

Catalog Description: May be repeated for credit; cumulative maximum 6 hours. Special graduate topics in Kinesiology. Typically offered Fall, Spring.

Grading Type: Letter graded A-F

Requested Effective Date: Fall 2021

Dean: Erdman, Phyllis - Assoc Dean - Education

Chair: Erdman, Phyllis – Chair – Kinesiology and Educational Psychology

UCORE Committee
Approval Date

All-University Writing
Com / Date

Catalog Subcommittee
Approval Date

AAC, PHSC, or GSC
Approval Date

Faculty Senate
Approval Date

From: [Erdman, Phyllis](#)
To: [curriculum.submit](#)
Cc: [Catena, Robert](#); [Buckley, Lynn A](#)
Subject: FW: 637591 New or Restore Course: KINES 596
Date: Monday, March 15, 2021 1:13:55 PM
Attachments: [2021.03.12.10.32.54.83.currentFileUpload_KINES_596_Syllabus_Fall_2021_v4.docx](#)
[2021.03.12.10.32.54.83.currentFileUpload1_KINES_596_rationale_statement_v2.docx](#)

Phyllis Erdman, Ph.D.
Executive Associate Dean for Academic Affairs
Chair, Department of Kinesiology and Educational Psychology
College of Education
Washington State University
Pullman, WA 99164-2114
Phone: 509/335-1738
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Email: perdman@wsu.edu

From: curriculum.submit@wsu.edu <curriculum.submit@wsu.edu>
Sent: Friday, March 12, 2021 10:33 AM
To: Erdman, Phyllis <perdman@wsu.edu>
Subject: 637591 New or Restore Course: KINES 596

Erdman, Phyllis – Chair – Kinesiology and Educational Psychology,

Erdman, Phyllis - Assoc Dean - Education,

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Both Chair and Dean approval is required to complete the submission process. Please indicate that you have reviewed the proposal by highlighting one of the statements below and **reply all** to this email. (curriculum.submit@wsu.edu.) [Details of major change requested can be found in the attached supplemental documentation]

1. I approve this proposal in its current form.

2. I approve this proposal with revisions. Revisions are attached.

3. I do not approve this proposal. Please return to submitter.

If you do not respond within one week, you will be sent a reminder email. If no response is received within three weeks of the submission date, the proposal will be returned to the submitter.

Thank you for your assistance as we embark on this new process. If you have any questions or concerns, please let us know wsu.curriculum@wsu.edu.

Blaine Golden, Assistant Registrar

Graduations, Curriculum, and Athletic Compliance

Washington State University

Registrar's Office

PO Box 641035

Pullman WA 99164-1035

509-335-7905

bgolden@wsu.edu

Note: Please use the attachments to this email rather than the link below to view the supporting documentation.

KINES 596 rationale statement

This is a new course because we don't have a special topics course number in the catalog yet. But, we need to be able to offer a special topics course for flexibility in our curriculum and to pilot curriculum.

This course will allow for new KINES graduate courses to be introduced and tested prior to a permanent new course addition to our curriculum. There should be no impacts to other departments or campuses.

Course Info

Credit hours: variable credit 1-3; **This hypothetical course below is formatted for 1 credit**
 "It is WSU policy that for every hour of in-class instruction, or equivalent online instruction, that students should expect at least 2 hours of outside class course preparation in the form of reading, course assignments, and review of previous lectures."
 Prerequisites: Instructor approval.
 Meeting times: Tuesdays 8:10am to 9:00am
 Meeting place: Smith Gym 205
 Required material: weekly reading materials (found on canvas)

Instructor

Lead instructor	
Name	Robert Catena
Title	Assistant Professor
Email	robert.catena@wsu.edu
Location	Smith Gym 113F
Phone	5-4250
Office hours (not holidays)	Tuesdays 9-10am

Catalog Description

May be repeated for credit; cumulative maximum 6 hours. Special graduate topics in Kinesiology. Typically offered Fall, Spring.

Instructional Methods

This course will be a weekly discussion of current topics in pregnant worker health and safety. Speakers will present with weekly readings to facilitate discussions.

Course Learning Objectives

Upon completing this course, students will be able to:

Learning objective	Assignment to assess objective
identify hazards that pregnant workers are exposed to in different work environments	Write-ups from information in weeks: 3, 4, 5, 6, 7, 8, 9, 10, 11, 13, 14, 15
develop methods to reduce exposures or mitigate injuries/illnesses/complications	Write-ups from information in weeks: 1, 2, 7, 8, 9, 10, 12, 13, 15

All objectives will be evaluated primarily by write-ups.

Grading

93.00 – 100%	A	80.00 – 82.99%	B-	67.00 – 69.99%	D+
90.00 – 92.99%	A-	77.00 – 79.99%	C+	60.00 – 66.99%	D
87.00 – 89.99%	B+	73.00 – 76.99%	C	< 59.99%	F
83.00 – 86.99%	B	70.00 – 72.99%	C-		

Attendance – Students are expected to attend each class and actively participate in class discussions.

Weekly Write-ups – following each speaker, students will develop an abstract (250-500 words) that synthesizes the paper and discussion that week. 50% of grade. Assignments will be accepted up to 1 day late for half credit.

Monthly Write-ups – students will develop a short communication (1000-2000 words) that synthesizes the previous topics and develops a study or intervention to improve health and safety for pregnant workers. 50% of grade. Assignments will be accepted up to 2 days late for half credit.

Course Withdrawal

Please see the Office of the Registrar's website at www.registrar.wsu.edu for rules and regulations related to course withdrawal. A student should consult with the course instructor and advisor prior to withdrawing from the course.

Communicating during Semester

Students are encouraged to contact the instructor as often as needed for almost all circumstances. I will be available in my office or in my lab during specified office hours. It is still recommended that you make an appointment to ensure access to the instructor, as other students might already be visiting me during office hours. If the established times do not fit your schedule you are free to email the instructor to set up an additional meeting time. Any discussions regarding grading must be done in person. I will not discuss your grade over email.

Attendance and Make-up Policy:

Students are expected to attend each class. In the event a student is unable to attend a class, it is the responsibility of the student to inform the instructor as soon as possible and make arrangements for any missed work. No make-ups of class sessions will occur except for university-approved absences. See the following for possible reasonable excuse <http://registrar.wsu.edu/academic-regulations/> rules 72.C.1-3.

Students with Disability

Reasonable accommodations are available for students with a documented disability. If you have a disability and need accommodations to fully participate in this class, please either visit or call the Access Center (see link below) to schedule an appointment with an Access Advisor. All accommodations MUST be approved through the Access Center. For more information contact a Disability Specialist on your home campus.

Access Center (Washington Building 217; 509-335-3417) to schedule an appointment with an Access Advisor. All accommodations MUST be approved through the Access Center. <http://accesscenter.wsu.edu>, Access.Center@wsu.edu

Reasonable Religious Accommodation

Washington State University reasonably accommodates absences allowing for students to take holidays for reasons of faith or conscience or organized religious activities conducted under the auspices of a religious denomination, church, or religious organization. Reasonable accommodation requires the student to coordinate with the instructor on scheduling examinations or other activities necessary for course completion. Students requesting accommodation must provide written notification within the first two weeks of the beginning of the course and include specific dates for absences. Approved accommodations for absences will not adversely impact student grades. Absence from classes or examinations for religious reasons does not relieve students from responsibility for any part of the course work required during the period of absence. Students who feel they have been treated unfairly in terms of this accommodation may refer to Academic Regulation 104 - Academic Complaint Procedures.

Students' Emotional and Psychological Well-Being

The AWARE Network allows people to share concerns about a student's emotional or psychological well-being, physical health, or academic performance with people who can help. Some common signals of emotional or psychological distress include a rapid or marked change in participation or performance in class; unusual or marked emotional response to events; mention of suicide or homicide in the content of coursework; significant change in

self-care (personal hygiene, weight loss or gain, sleeping in class); unusual or inappropriate behavior or talk that concerns other students or interferes with the educational environment. In extreme instances, immediately walk the student to Counseling Services (280 Lighty), Health and Wellness Services (Washington Building) or call 911 for assistance. Otherwise, complete the Assistance & Referral Form at <http://aware.wsu.edu/assistance-referral/>.

Honor Code and Academic Integrity

Academic integrity is the cornerstone of higher education. As such, all members of the university community share responsibility for maintaining and promoting the principles of integrity in all activities, including academic integrity and honest scholarship. Academic integrity will be strongly enforced in this course. Students who violate WSU's Academic Integrity Policy (identified in Washington Administrative Code (WAC) 504-26-010(3) and -404) will have their grade changed to a zero for any assignment on which they broke the honor code (homework, test, quiz, Final, etc.), will not have the option to withdraw from the course pending an appeal, and will be reported to the Office of Student Conduct.

Cheating includes, but is not limited to, plagiarism and unauthorized collaboration as defined in the Standards of Conduct for Students, WAC 504-26-010(3). You need to read and understand all of the definitions of cheating: <http://app.leg.wa.gov/WAC/default.aspx?cite=504-26-010>. If you have any questions about what is and is not allowed in this course, you should ask course instructors before proceeding.

If you wish to appeal a faculty member's decision relating to academic integrity, please use the form available at conduct.wsu.edu.

WSU Safety

Classroom and campus safety are of paramount importance at Washington State University, and are the shared responsibility of the entire campus population. WSU urges students to follow the "Alert, Assess, Act," protocol for all types of emergencies and the "[Run, Hide, Fight](#)" response for an active shooter incident. Remain ALERT (through direct observation or emergency notification), ASSESS your specific situation, and ACT in the most appropriate way to assure your own safety (and the safety of others if you are able).

Please sign up for emergency alerts on your account at MyWSU. For more information on this subject, campus safety, and related topics, please view the [FBI's Run, Hide, Fight video](#) and visit the [WSU safety portal](#).

COVID-19 policy

Students are expected to abide by all current COVID-19 related university policies and public health directives, which could include wearing a cloth face covering, physically distancing, self-attestations, and sanitizing common use spaces. All current COVID-19 related university policies and public health directives are located at <https://wsu.edu/covid-19/>. Students who do not comply with these directives may be required to leave the classroom; in egregious or repetitive cases, students may be referred to the Center for Community Standards for university disciplinary action.

Week	Topic	Pre-Readings	Weekly write-up due
1	NIOSH, OSHA, WA L&I, and ACOG	Syllabus	none
2	Federal and state laws	Pregnancy vs. paycheck: a qualitative study of patient's experience with employment during pregnancy at high risk for preterm birth. Wheeler 2020 doi: 10.1186/s12884-020-03246-7.	Federal and state agencies
3	Injury epidemiology	Injury during pregnancy and nervous system birth defects: Texas, 1999 to 2003. Sauber-Schatz 2013 doi: 10.1002/bdra.23143	History of laws
4	Illness epidemiology	Occupational risks and pregnancy and infant health outcomes in Florida farmworkers. Runkle 2014 doi: 10.3390/ijerph110807820	Pregnant injuries
5	Workplace assessments	Pregnancy in the workplace. Salihu 2012 doi: 10.1093/occmed/kqr198	Pregnant illnesses
Monthly write-up: Protections for pregnant workers, due in week 6 class			
6	Pregnancy physiology	ACOG Committee Opinion No. 650: Physical Activity and Exercise During Pregnancy and the Postpartum Period. 2015 doi: 10.1097/AOG.0000000000001214.	none
7	Environmental health	Reproductive environmental health. Sutton 2010 doi: 10.1097/GCO.0b013e3283404e59	Pregnancy physiology
8	Identifying and reducing exposures	Air pollution and stillbirth risk: exposure to airborne particulate matter during pregnancy is associated with fetal death. DeFranco 2015 doi: 10.1371/journal.pone.0120594.	Environmental health
9	Pregnancy illness and complications	Pregnancy in Serious Illness: It's Not Just Medical Decision Making. Schroeder 2018 doi: 10.1097/NJH.0000000000000422	Identifying and reducing exposures
10	Postpartum health	Factors associated with maternal postpartum fatigue: an observational study. Henderson 2019 doi: 10.1136/bmjopen-2018-025927	Pregnancy illness and complications
Monthly write-up: Physiological health for pregnant workers, due in week 11 class			
11	Pregnancy biomechanics	Biomechanical and organisational stressors and associations with employment withdrawal among pregnant workers: evidence and implications. Guendelman 2016 doi: 10.1080/00140139.2016.1157627	none
12	Ergonomics	Working conditions and absence from work during pregnancy in a cohort of healthcare workers. Villar 2019 doi: 10.1136/oemed-2018-105369.	Pregnancy biomechanics
13	Identifying and reducing exposures	Intrinsic factors associated with pregnancy falls. Wu 2014 doi: 10.3928/21650799-20140902-04	Ergonomics
14	Pregnancy injuries and complications	Trauma in pregnancy: an updated systematic review. Mendez-Figueroa 2013 doi: 10.1016/j.ajog.2013.01.021	Identifying and reducing exposures
15	Postpartum ergonomics	Women in the Workplace: Promoting Healthy Lifestyles and Mitigating Weight Gain during the Preconception, Pregnancy, and Postpartum Periods. Madden 2020 doi: 10.3390/ijerph17030821.	Pregnancy injuries and complications
Monthly Write-up: Biomechanical safety for pregnant workers, due Tuesday of finals week			