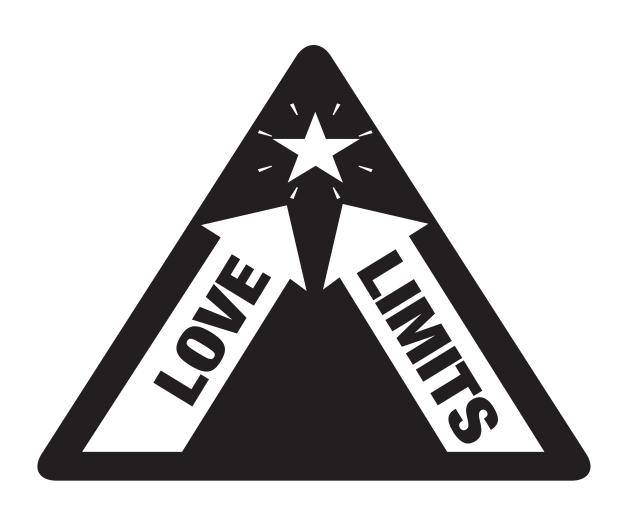
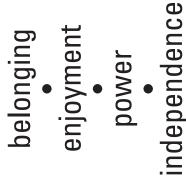
Masters and Samples



Be sure to include the following posters from the Posters file for this session.

- 1. Tools for Parents Session 5 Topics
- 2. Parent Creed

All People Need:



Strengthening Families Program: For Parents and Youth 10-14 • Iowa State University Extension and Outreach Copyright © 1993 lowa State University of Science and Technology



All People Need:



independence enjoyment belonging power

Strengthening Families Program: For Parents and Youth 10-14 • Iowa State University Extension and Outreach Copyright © 1993 Iowa State University of Science and Technology

All People Need:



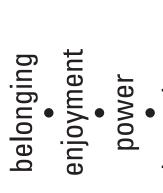
enjoyment

power

independence

Strengthening Families Program: For Parents and Youth 10-14 • Iowa State University Extension and Outreach Copyright © 1993 lowa State University of Science and Technology

All People Need:



independence

Strengthening Families Program: For Parents and Youth 10-14 • Iowa State University Extension and Outreach Copyright © 1993 lowa State University of Science and Technology

Masters and Samples



Be sure to include the following posters from the Posters file for this session.

- 1. Setting Up the Situation -2 posters
- 2. Youth Creed

Z

Ask Questions

What are we going to do?

Why do you want to go there?

D D

Name the Problem

That's stealing.

That's against the law.

That's against my family's rules.

That's against the school rules.

TELL WHAT COULD HAPPEN

3. Tell What Could Happen

They could call the police.

I could get grounded.

We could get suspended.

We would get caught.



ANOTHER ROUTE

4. Suggest Another Route

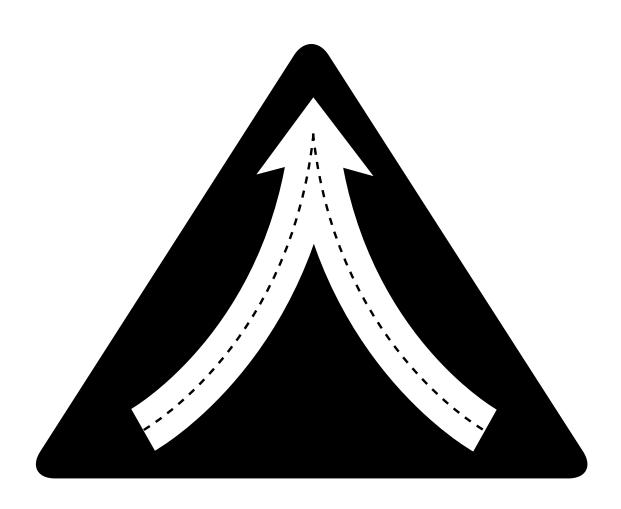
Why don't we get something to eat?

Let's shoot some hoops.

Let's go watch a video.

Why don't we go talk to Tyler and Nikki?

Masters and Samples



Be sure to include the following posters from the Posters file for this session.

- 1. Closing Circle Phrase 5
- 2. Parent, Youth, Family Creeds

Christian is having a party Saturday night, and I don't think he is going to invite me. I really want to go, but I don't think he likes me.

Youth Talk—Parents/Caregivers Listen



<u>Listening Game Card</u>

Listening Game Card



Parents/Caregivers Talk—Youth Listen

I really haven't been sleeping well lately.
Our schedules are just so busy.

I wonder what my new school will be like. It is a lot bigger than my old one. I hope I get in some classes with my friends.

Youth Talk—Parents/Caregivers Listen



Listening Game Card

Listening Game Card



Parents/Caregivers Talk—Youth Listen

What a night, I won at my card game tonight. I beat Jenni and she was really jealous.

Man, that was a close call. Michael wanted to get some candy after school, but he didn't have any money. He asked us to keep the manager busy while he stole some candy.

I didn't know what to do.

Youth Talk—Parents/Caregivers Listen



<u>Listening Game Card</u>

Listening Game Card



Parents/Caregivers Talk—Youth Listen

I just gave you money on Monday. It seems like everytime I turn around there's something else you are asking for.

Guess what happened today! The coach told me I made the A team for football.

Youth Talk—Parents/Caregivers Listen



Listening Game Card

Listening Game Card



Parents/Caregivers Talk—Youth Listen

This lasagna turned out great. I will have to make it again.

The teacher yelled at me in front of everyone. I was just talking to Olivia about Friday night. It was no big deal, but she made me stay after.

Youth Talk—Parents/Caregivers Listen



Listening Game Card

Listening Game Card



Parents/Caregivers Talk—Youth Listen

I just heard that John got a raise at work. I haven't had a pay raise for over two years. Now that I'm 13, I think I should be able to stay up later on school nights. Emma gets to go to bed when she wants to.

Youth Talk—Parents/Caregivers Listen



Listening Game Card

Listening Game Card



Parents/Caregivers Talk—Youth Listen

I know you like to sleep in on Sunday, but I'd sure like it if you'd come to church with me. I'm getting tired of always going by myself. I don't have anyone to go to the movies with on Friday night since Nikki has moved away.

Youth Talk—Parents/Caregivers Listen



Listening Game Card

Listening Game Card



Parents/Caregivers Talk—Youth Listen

I've got to fix supper and the dishes are still in the sink. So, I can't get started.

I don't want to go to Grandma's on Sunday. There's nothing to do, and I'd rather hang out with my friends.

Youth Talk—Parents/Caregivers Listen



<u>Listening Game Card</u>

Listening Game Card



Parents/Caregivers Talk—Youth Listen

I know you want to go out to dinner, but it is too expensive.

I don't know how I'm going to make it to the end of the month on my paycheck.

The teacher told everyone in the class that my science project was the best.

Youth Talk—Parents/Caregivers Listen



Listening Game Card

Listening Game Card



Parents/Caregivers Talk—Youth Listen

The house is such a mess. We will have trouble finding stuff in the morning when everyone is getting ready to go.

Zach wanted to cheat off me when we were taking a test today. I didn't want to let him do it but I was afraid he'd get mad.

Youth Talk—Parents/Caregivers Listen



Listening Game Card

Listening Game Card



Parents/Caregivers Talk—Youth Listen

You know they're laying off people at work. I hope I'm not in the next round.

It's not fair. I loaded the dishwasher last night and it's Desiree's turn tonight. I have to do everything just because Desiree is in sports.

Youth Talk—Parents/Caregivers Listen



Listening Game Card

Listening Game Card



Parents/Caregivers Talk—Youth Listen

I don't know how I'm ever going to get caught up at work. My new boss expects me to get twice as much work done as I've done before.

Gracie told Mallory that she didn't want me to go with them to the mall.

Youth Talk—Parents/Caregivers Listen



Listening Game Card

Listening Game Card



Parents/Caregivers Talk—Youth Listen

I didn't think I was going to make it to your game on time. The traffic was terrible and I hit every red light.

Step 1: Small Problems

Joint Problem Solving Game Card

| | Family Name |
|-------------------|---|
| Write one | small problem your family has. Be as specific as possible. |
| (Example | es: sharing the bathroom in the morning, not enough family fun time, who cleans up after meals, computer time) |
| | |
| | |
| Strength | nening Families Program: For Parents and Youth 10-14 • Iowa State University Extension and Outreach Copyright © 1993 Iowa State University of Science and Technology |
| | Step 2: Points of View |
| | Joint Problem Solving Game Card |
| | Family Name |
| Have each | family member who is present give their view point about the problem you identified in Step 1. |
| rent/Caregiver 1: | |
| | |
| | |
| outh: | |

Step 3: Brainstorm Possible Solutions

Joint Problem Solving Game Card

| | Family Name |
|-----|---|
| | Write down all suggestions, even silly ones that might not work |
| | |
| | |
| | |
| | |
| | |
| | |
| | Strengthening Families Program: For Parents and Youth 10-14 • Iowa State University Extension and Outreach Copyright © 1993 Iowa State University of Science and Technology |
| | Step 4: Choose a Solution |
| | Joint Problem Solving Game Card |
| | Family Name |
| | |
| on: | Family Name Pick one solution to try for a week and decide when you will check back to see if it's working. |
|)n: | Family Name Pick one solution to try for a week and decide when you will |
| | Pick one solution to try for a week and decide when you will check back to see if it's working. |