Whatcom County 4-H News

January 2022

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4-H Public Presentation Contest

"One thing that 4-H Alumni remember most about their experiences in 4-H is not working with their animals in the arenas or sewing an article of clothing, it is getting experience standing in front of a group of strangers and speaking on a topic of their choosing. These 4-H Alumni have commented on how they did better during higher education because they participated in Public Presentations."

Registration is Open in v2.4HOnline

Public Presentation Contest registration is available through 4HOnline or by paper registration form. Through 4HOnline families can register directly for the time slot of their choice. Registration is on a first come, first serve basis. Members are can to do presentations as a team.

Registration closes January 31, 2022.

This February contest is the qualifying contest for the Washington State 4-H Fair in Puyallup.

Wednesday, February 9
4:00 to 9:00 p.m.
First Christian Church,
495 E. Bakerview Road, Bellingham

Thursday, February 17
4:00 to 9:00 p.m.
First Christian Church,
495 E. Bakerview Road, Bellingham

Saturday, February 19
10:00 a.m. to 3:00 p.m.
Meridian Middle School,
861 Ten Mile Rd, Lynden

Whatcom County 4-H Council Meeting

February 7, 2022 at 7:00 pm

Laural Community Church,162 W Laurel

All clubs are required to send a representative to the Whatcom County Council Meetings

Public Speaking Workshop with fun activities following the meeting

Next 4-H Council Meeting will be April 4, 2022

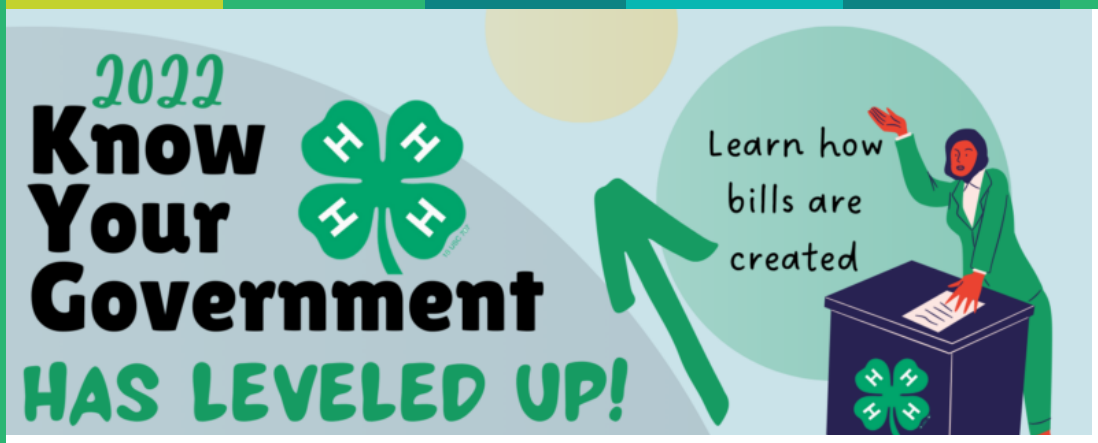
Upcoming Calendar

JANUARY – 2022

5 Public Presentation Registration is Opens in https://v2.4honline.com/
6 Know Your Government, Participant Virtual Check-In 6:00pm
16 Know Your Government, Participant Virtual Check-In 6:00pm
17 Martin Luther King, Jr.'s Birthday (Extension Office Closed)
18 Puget Sound Jr. Livestock Show Planning Meeting, Skagit Farmers, 1833 Park Ln, Burlington, 6:00pm P
20 Nuts and Bolts of a 4-H Club, by Zoom 6:00 pm
20 Horse Leader's Meeting, Herman Miller Park, 7:00pm
22 Regional Tickets to Leadership/Speakeasy, Location TBA, 10:00-2:00pm
27 Know Your Government, Participant Virtual Check-In 6:00pm https://sites.google.com/view/kyg-2022
28-30 Country Living Expo and Cattlemen's Winterschool, Virtual, http://extension.wsu.edu/skagit/countrylivingexpo/

FEBRUARY – 2022

1 Puget Sound Jr. Livestock Show Ownership Deadline: Steers http://www.Pugetsoundjuniorlivestock.org
7 Whatcom 4-H Council Business Meeting, Laurel Community Baptist Church, 162 W Laurel, 7:00pm
*5 Registration Opens Public Presentation Contest in https://v2.4honline.com/
12 Know Your Government, Participant Virtual Check-In 6:00pm https://sites.google.com/view/kyg-2022
*9 Public Presentation Contest: First Christian Church, 495 E. Bakerview, Bellingham, 4:00-9:00pm
17 Public Presentation Contest: First Christian Church, 495 E. Bakerview, Bellingham, 4:00-9:00pm
19 Public Presentation Contest: Meridian Middle School, 10:00am–3:00pm
21 President's Day, (Extension Office Closed)
26 Know Your Government, Participant Virtual Check-In 6:00pm https://sites.google.com/view/kyg-2022
24 Horse Leader's Meeting, Herman Miller Park, 7:00pm



This year, the 4-H Know-Your-Government Conference has leveled up!

Students across Washington state, whether they're a part of 4-H or not, can come together to learn about and participate in the legislative process through an interactive curriculum. Friendly competition will encourage engagement with real bills, real legislators, and real civic-minded students across the state. As delegates complete challenges involving their local and state governments, they will get to attend Zoom meetings with facilitators and other delegates to play games, hear from speakers, and have their achievements recognized.

KYG Leveled Up will come together in a culminating event in central Washington on **March 5** with activities, a speaker, and a celebration. Everyone who completes at least three tasks will get awarded KYG swag–and the more you complete, the more swag you get! Get ready to dive into the legislative process. We can't wait to see how you all use your creativity to make the best better in your communities!

Open to ALL 13 years old and up
Cost is $15 per participant
Get Started here:

https://sites.google.com/view/kyg-2022

KYG Meeting Dates:

Wednesday, January 5, 2022—Virtual Check in
Sunday, January 16, 2022 —Virtual Check in
Thursday, January 27, 2022 —Virtual Check in
Saturday, February 12, 2022 —Virtual Check in
Saturday, February 26, 2022 —Virtual Check in
Saturday, March 5, 2022—Finale: in-Person

4-H Scholarship Applications Open — January 1

12th grade 4-Hers, do you know that the WSU 4-H Scholarship Applications will open on January 1, 2022.
There are a variety of scholarship available! The deadline to apply is **March 15, 2022**.
Like last year, the scholarships are available to all 12th grade 4-Hers who have accumulated at least 2 years of 4-H participation and have approved 4-H enrollment prior to the application deadline.
Application requirements and instructions can be found at http://extension.wsu.edu/4h/youth/scholarship-opportunities/
For questions about the requirements or scholarships themselves, contact Britta Nitcy (nitcy@wsu.edu).

The Whatcom County State 4-H Scholarship: The Purpose of the Scholarship is to provide incentive for older youth to want to be in 4-H; to reward older 4-H youth for their achievement in 4-H and in the community; and to encourage youth to continue their education past high school.
Criteria for application: Must be at the time of application an enrolled member in a Whatcom County 4-H Club, be at least a senior in high school, and have verification that you are accepted into the school where you want to apply your scholarship. The scholarship is for $1000.
Application Due **April 1, 2022**
For application: https://extension.wsu.edu/whatcom/4h-awards/

The Washington State 4-H Dairy Endowment: Two $500 scholarships. The Washington State Dairy Endowment Scholarship requires a separate application from those above and is due **April 1, 2022.**
The Dairy Endowment offers scholarships to present or former 4-H Dairy Project members – one for a high school senior and one for a current college student.
For information and to apply go to: http://extension.wsu.edu/4h/dairy-endowment-fund/

Dan L. Barron Trades Scholarship, which will provide opportunities to individuals looking to enter the HVAC, Electrical or Plumbing trades." Apply by Monday, January 31, 2022!

"Plumbers, Electricians, HVAC Technicians, these jobs are in demand right now—big time. For every 5 retiring, just one is entering the trades. As we come into a new year, it's time to change the definition of "success" and how to achieve it.

Barron will provide two $5,000 scholarships to Bellingham Technical College. Students are encouraged to apply at www.barronheating.com/scholarship/

BLUE RIBBON SCHOLARSHIPS

Go to **https://www.thefair.com/foundation/scholarships/** and click any of the scholarships listed to see specific qualifications, or apply directly at: **https://thefairfoundation.awardspring.com**.

The Washington State Fair Foundation is pleased to present scholarship opportunities to local students for continuing education. 4-H member students may be eligible for some of these opportunities.

Students only need to submit one application for all scholarships offered online. The application system will automatically apply students for the scholarships they qualify for.
For any Scholarship questions, please email **kima@thefair.com**.

Washington STATE FAIR FOUNDATION
EDUCATE. PRESERVE. IMPROVE.

BLUE RIBBON SCHOLARSHIPS

Country Living Expo 2022

23 BRAND NEW CLASSES for this year's Expo, with 83 TOTAL!

The Country Living Expo and Cattlemen's Winterschool is going all virtual again and continuing its mission of uniting farmers, homesteaders, nature enthusiast, and everyone else in between. There are classes for everyone's interests and an opportunity to connect with likeminded folks and enthusiastic educators right on your screen LIVE. Choose from 83 classes spread over 3 days, January 28, 29, 30th, 2022 9:00am to 5:00pm PST from anywhere in the world or from the comfort of your own home.

Class instructors are fellow farmers, industry experts, veterinarians, researchers, and professors from all sectors of agriculture and farming. Take up to 12 classes with a standard registration and enjoy a vast selection of topics like: Baking Sourdough Bread, Water Rights for Rural Landowners, Raising Poultry or Canning 101 to name a few. Take Sheep Dairying 101 one hour and Shitake Mushroom Cultivation the next hour. From cooking, crafting, animal care or machinery repair your class line up can be as eclectic as you like and reflect your learning interests. Check out this year's exciting class list and register today!

Class Information and Descriptions

Registration: www.skagit.wsu.edu/countrylivingexpo

Registration Costs:

$10 – Students
$55 – Adults

Scholarships are available for active-duty military, veterans, and anyone for whom the course fee is a barrier. Please contact countrylivingexpo@gmail.com if requesting a scholarship.

States' 4-H International Exchange Program: Argentina!

Sadie Williams, Washington State 4-H International Exchange State Coordinator

I want to share more information on our summer Outbound States' 4-H International Exchange Program with you. We are excited about our new partnership with Argentina this year, and would love to grow the program! Argentina 4-H is doing some amazing things for youth engagement. Delegates can take part in a group travel experience on June 29th, 2022. Youth can participate in making recycled instruments and playing them in a 4-H orchestra, learn Spanish, have fun playing soccer and enjoy group excursions that really immerse them in the culture of Argentina. Such a wonderful and diverse opportunity for U.S. youth traveling as a group. **Youth must be between ages 15-18 to participate and the deadline for applications is January 1.**

Please have any interested parties reach out to me directly for the application or they can visit States' 4-H International Exchange Programs (states4hexchange.org) You can also follow and share our WA state Exchange FB page here: Washington 4-H International Exchange | Facebook

If you would like further information on other partnering countries, please reach out to me
4-H Pierce County Coordinator— Washington State 4-H International Exchange State Coordinator sadie.williams@wsu.edu

Whatcom County with participate in a new Tech Changemakers Program. 4-H Tech Changemakers puts teens at the forefront of increasing digital inclusion in their communities through collaboration with corporate partners, local elected officials, nonprofits, educators and businesses. Tech Changemakers Paid Positions for Teens

Being a 4-H Tech Changemaker is a unique opportunity to learn new skills and build your professional résumé for college and career. Adult leaders involved in the project can provide letters of recommendation as well as a guide to help you write about your experiences for college and scholarship applications, cover letters, résumés, etc. We have stipend positions for four teen leaders Tech Changemakers Leaders. Apply Here Teen Teacher Application

What is Tech Changemakers?
For more information Grace Valdez

Teen Tech Changemakers Lead

Virtual 4-H Knitting Club – It'll Keep You In Stitches!

Have you always wanted to learn to knit or is your knitting project now in a bag because you don't understand the directions? Join the statewide Virtual 4-H Knitting Club! Whatever your skill level, we will meet you there on Zoom.

Then we will offer monthly knitting meetings. The first one will be on a Tuesday evening but at that time we will evaluate what works for the group and may change times and dates. This is your opportunity to continue knitting what we started in class or bring something you are struggling with.

Meetings First Saturdays of the Month at 4:30 PM Pacific Time
Next Meeting February 5, 2022
Register in advance for this meeting: Knitting Club Registration

Knit for Fun, Knit for Pleasure, Knit for LIFE!

Volunteer and Leader Information

This year Members and Leaders must be enrolled before beginning any 4-H involvement for 2021-2022. Including having Fees paid.

Please have member families check their 4HOnlineEmail Address

Membership Fees for 2021-2022:

Credit Cards Accepted? YES County Programming Fee: $5.00 Total Invoiced Amount: $30.00

Checks Accepted? YES **NOTE: If paying by check**, the county programming fee is $3.50 instead of $5.00. But your invoice in 4-H Online will still show a $30.00 invoiced amount.

Make Checks Payable To: Whatcom County 4-H Council
Send To: WSU Whatcom County Extension, 1000 N Forest Street, Suite 201, Bellingham, WA 98225

Taking Your Club Online Meeting Virtually?

Here are some resources:

Great Websites & Apps to use for virtual club meeting activities

- Kahoot (game-based learning platform): https://kahoot.com/
- Quizlet (flash card and quiz based platform): https://quizlet.com/
- Protobowl (real time multi-player quizbowl): https://protobowl.com/
- Factile (customizeable jeopardy style game): https://www.playfactile.com/
- Jeopardy Labs (customizeable jeopardy): https://jeopardylabs.com/
- Philogus (customizeable online games): https://www.philologus.co.uk/index.php
- Baamboozle (online game maker): https://www.baamboozle.com/

4-H Skill Builders

- 4-H Flash Cards: https://quizlet.com/subject/4%252DH/
- Alaska 4-H At Home Series: http://www.alaska4h.org/learn-by-doing-at-home/shine-bright-for-spring?fbclid=IwAR1ObXAMQWN03p92WjS35MjKfyNqBfNiT6yHNEXqkfGuzndYvpBPCpH6P-U
- Discover 4-H Curriculum: https://utah4h.org/discover/
- Gardening: http://peoplesgarden.wsu.edu/toolkit/toolkit-resources/
- Grab & Go Creative Arts: https://4hartshowcase.wordpress.com/category/lessons/

A Few More Fun Ideas

Inspire Kids To Do Activity Guide: https://4-h.org/about/inspire-kids-to-do/

Possible 4-H Activities at a Distance:

- Practice Public Presentations & Demonstrations
- Independent Community Service Projects
- Letter Writing (to nursing homes, doctors, grocery store…)
- Exhibit Hall Arts & Crafts
- Photo Scavenger Hunt
- Practice Judging/ Oral & Written Reasons
- Hold a Book Club

Project/Activity Page

ANATOMY OF A 4-H PRESENTATION

INTRODUCTION

- Start with an **attention-grabbing line** (e.g., "I didn't know that the boat was going to sink… really I didn't!"), a quotation, or an appropriate trick.
- **Introduce yourself**: "Hello, my name is _____. I am a member of the _____ 4-H Club/Project. This is my _____ year in 4-H, and my _____ year in the _____ project. This is my presentation on _____ (e.g., "How To Keep Your Boat Afloat").
- Share **WHY** you selected this topic and why you think this topic might be important to the audience.

BODY

This is the part of the presentation in which you show and/or tell **HOW you will address the heart of your topic** – your MAIN IDEA. What do you need to DO, SHOW, and/or SAY to express your main idea? Pay close attention to the ORDER in which you put your ideas – your audience should be able to follow your ideas in a logical, natural order.

WHAT WILL YOU DO or SHOW? *WHAT WILL YOU SAY?* *WHAT WILL YOU NEED (supplies, equipment, visuals)?*

SUMMARY STATEMENT and Q&A

- This is your last chance to express your main idea to your audience. **What do you really want your audience to remember?** What was accomplished? What does this really mean to you? (Never introduce new material in the summary.)
- Then ask your audience **"Do you have any questions?"** The audience will have 3-5 minutes to ask questions. Before responding, always **REPEAT** the question being asked. If you do not know an answer, you might say something like, "I don't know, but I suspect that you can find your answer [on __ website, in the library, etc.]."
- Tell your audience **where you found your information** (e.g., _____ web site, ___ library).
- **Thank your audience** for listening to your presentation on: _____ [restate the title of your presentation].

General Preparation Tips

1. **Use the template above** to help you structure your presentation.
2. **Use illustrations, posters, and visuals** (including models, tools, etc.) to help your audience understand your presentation.
3. **Plan what you'll wear.** Your clothes should be simple, neat, and clean. Hair should be under control. Choose clothing appropriate for your presentation.
4. **Prepare to bring any reference materials** to your presentation and be prepared to share your references with your audience at the end of your presentation.
5. **PRACTICE often, out loud**, and pull in lots of different people to serve as your audience.
6. **Attend to your basic needs.** Get a good night sleep and healthy meal before your presentation. If you think you'll need a glass of water, have one ready.
7. **Get to know your equipment well** – especially computer and/or projection equipment.
8. **Arrange equipment and supplies neatly** and so the audience can see clearly.

Presentation Tips

1. **Show enthusiasm for your topic.** Look like you enjoy what you're presenting (others will too). Weave personal experience into your presentation where appropriate.
2. **Have good, gentle eye contact** with your audience.
3. **Stand tall.**
4. **Again, bring notes, but do not read directly from them**
5. **Make your voice gentle, appropriately loud, and clear.**
6. **Name any supplies and hold them up** so that your audience can see.
7. **Keep your work/demonstration area organized** – move materials from right to left if you are right-handed, or left to right if you are left-handed.
8. **Label the backs of posters, books,** etc. that you'll want to reference during your presentation
9. **Goof-ups happen to everyone!** Go right ahead with your presentation; explain what happened.
10. **Thank your audience** for their attention.

Washington State 4-H News

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Washington State University Extension 4-H
https:// extension.wsu.edu/4h/

Follow us on Facebook

Whatcom County 4-H Community Page

https://www.facebook.com/groups/52217609277

Follow us on Instagram

www.instagram.com/whatcomcounty4h/

These stories can be read at: http://extension.wsu.edu/4h/news
Have a news story you'd like to see in a future edition of Tuesday News? Send it to Washington.4h@wsu.edu!

FEATURES

- WSU Extension 4-H Small and Companion Animal Committee Presents Poultry Basics Zoom on January 9th! **>NEW!<**
- WSU Extension 4-H Small and Companion Animal Committee Presents Virtual Rabbit Basics Zoom on January 16th! **>NEW!<**
- Animal Talk Tuesdays Continue With Second Session On January 25th! **>NEW!<**
- Save the Date! Spring Youth Calf Sale In Monroe On March 19th! **>NEW!<**
- WSU CAHNRS Corner for Tuesday, January 4th - Upcoming Virtual Information Sessions! **>NEW!<**
- State 4-H Ambassadors Announce 4-H Youth of the Month for December!
- From National 4-H Council…
- Register Now For In-Person Healthy Living and Agri-Science Summits
- 4-H at Home
- Appreciating The Power Of Plants **>NEW!<**
- Code Your Communication
- Learn to Code
- Free Activity Guides
- Register Now For Know Your Government 2022!
- Washington State Fair Foundation Scholarship Applications Open November 1!
- 4-H Scholarship Applications Open January 1
- Colville Reservation 4-H Extension Glows in NIFA's Native American Heritage Month Spotlight

COVID-19 RESOURCES

- 4-H UPDATE – Governor Inslee's Vaccination Proclamation - Announcement Revised September 7, 2021
- A Reminder: COVID-19 Resources Available from WSU Extension
- WASHINGTON STATE RESOURCE GUIDE FOR PARENTS AND CAREGIVERS: Caring for Your Family During COVID-19

WSU Extension programs, employment, and volunteer service are available to all without discrimination (See WSU Executive Policy #15). Concerns regarding potential discrimination may be reporthttps://www.instagram.com/explore/tags/whatcomcounty4h/ed through your local WSU Extension office or directly to the WSU Compliance and Civil Rights (CCR) office, web: https://ccr.wsu.edu, email: ccr@wsu.edu, phone: 509-335-8288.

Persons with disabilities who require alternative means for communication of program information or other reasonable accommodation should contact Brenda Dunford at 1000 N. Forest Street , Suite 201, Bellingham, WA 98225, 360-778-5817, brenda.dunford@wsu.edu at least two weeks prior to the event.