

WHATCOM COUNTY 4-H RECORD BOOKS

PERMANENT RECORD GUIDELINES

The Permanent Record, if filled out throughout your 4-H career, will be very valuable for preparing college and scholarship applications and writing resumes. It is a required part of the application for the Whatcom County 4-H Scholarship.

You will be amazed and should be proud of all the things you have accomplished!

C0935 - [4-H Permanent Record Level 2](#) these are available as PDF files or downloadable Word templates.

Record Book forms are available for download at <https://pubs.extension.wsu.edu/4-h-youth-and-families>

General Permanent Record Guidelines


- There should be a divider before this page reading “Permanent Record”.
- This record will be the summary of 4-H work done in all projects for every year you are in 4-H. Use the same record year after year. Complete it for one year, then add to it the next year, continuing through out your 4-H career.
- Use one form until the pages fill up, close it out and start a new permanent record. If a page or 2 fills up during the current year, you may add additional permanent record pages and close out at the end of the year.
- Turn in the Permanent Record each year with your Record Book. If you have multiple Permanent Records, include them all with the most current on top.
- Enter year as dual year (20/21) since the 4-H year goes from October of one year to September of the next
- If you have no entry in a section, write the dual year and “none” if no entry in the section (to prevent loss of a point).
- Entries should be listed in only one section. Some entries could fit in multiple sections. For example 4-H in Action could be listed as a Public Presentation or 4-H promotion. Choose one.
- Pages 1-12 and 16 are for 4-H involvement. Pages 14 and 15 are for non 4-H involvement.
- Must be active in 10 or more of the 13 sections to get full points.
- Awards can be noted as “Blue”, “Red”, “White”, “Rosette” or “5B”, “3R” or Various. Note as “Pending” if the exhibit is still to be judged.
- Below is the Whatcom County 4-H Record Book Evaluation Sheet for a breakdown of points for the Permanent Record.

IV. PERMANENT RECORD – must have year and “none” if no entry (i.e.: 01/02) (possible 15 points)	
A. Offices and Committee Summary	1
B. Project and Exhibit Summary	1
C. Judging	1
D. Public Presentations	1
E. 4-H Contests	1
F. Events Attended	1
G. Community Service	1
H. 4-H Promotion	1
I. Leadership	1
J. School and Community Responsibilities	1
K. Non 4-H Contests Entered	1
L. 4-H Meetings Attended	1
M. Most Important Recognition	1
N. Overall Participation and must be active in 10 or more of the 13 above areas	2

Offices and Committee Assignments

- Include office of President, Vice President, Secretary, Treasurer, Reporter, Historian, Sergeant at Arms and any committees you have been involved with each year. It could be a club, county, state or special project committee.

C0935

PERMANENT
 **4-H Record**
Level 2

Begin this record when you are ready to move from Level 1 to Level 2. Write down things as you do them.

Name Sophie Dunford

Date this record started Oct 2018 Date ending this record _____

Offices and Committee Assignments: List your offices in 4-H such as President, Vice President, etc., and list all the committees you work on each year. Show if it is for your club or county and what you did.

Year	Office/Committee	Where	Duties Performed
18/19	Phone Committee	Club	Text/Call members about meetings
↓	Decoration Comm.	Club	Made, put up fair decorations
19/20	Reporter	Club	Posted Facebook, Articles to Newspaper

Project and Exhibit Summary

- Pages 2, 3 and 4
- List your projects by enrollment name (from 4HOnline).
- These can be projects completed and entered as exhibits to county and state fair, by also projects completed but not exhibited. Write n/a for Where and Award if not exhibited.
- This section should not include Fit and Show or Showmanship, posters and educational displays. These go in 4-H Contests Entered on page 7

Project and Exhibit Summary: List your projects by enrollment name. Show size by giving the number of garments made, animals raised or cared for, things canned, photos taken, etc. List what you exhibit, where you exhibited, and the award you received.

Year	Project Title	Size	Exhibits	Where	Award
18/19	Beef	1	Market Steer	NWNA Fair	Blue
↓	Photograph	42	3 Photos	NWNA Fair	Various
↓	Horticulture	16	2 Plants / 3 Flowers	NWNA Fair	Blue/Red
↓	Photography	16	2 Photos	State Fair	Blue
19/20	Horse	1	5 Games	NWNA Fair	4B/1R
↓	Horticulture	10	none	n/a	n/a

Judging

- Page 5
- List judging contest you have participated in.
- These can be at club, county, state, and national level.

Judging: List the type of judging you did. Show where you did it and the award received.

Year	Kind of judging	Where	Award
18/19	Horse	1st County Contest	Blue
↓	Livestock	W.C. Youth Fair	Blue
19/20	Foods	Club	n/a
↓	Livestock	NWNA Fair	Blue
↓	Livestock	State Fair	Red

Public Presentations

- Page 6
- List public presentations, demonstrations, training sessions you have presented. Include videos you have made and presented or posted.
- These can be at club, county, state, and national level.
- You may list the same presentation given at multiple venues or contests.

Public Presentations: List all the demonstrations, illustrated talks, and public presentations you gave. List the related project, where given, and the award received.

Year	Presentation Title	Project	Where	Award
18/19	How to Wash a Goat	Goat	Club	n/a
↓	How to Wash a Goat	Goat	NWWA Fair	Blue
19/20	Tape	Science	County Contest	Blue
↓	Tape	Science	State Fair	pending
↓	4H in Action-Tape	Science	NWWA Fair	n/a

4-H Contest Entered

- Page 7 and 8
- List 4-H Contests include fitting and showing, showmanship, knowledge bowls, educational or table displays, fashion revue, herdsmanship, equitation classes, record book contest, talent show.
- These can be at club, county, state, and national level.

4-H Contests Entered: List all the 4-H contests you entered such as fitting and showing, kitchen activities, equitation classes, fashion revue, herdsmanship, educational displays at fairs, record book contest, talent show, etc.

Year	Contest Entered	Project	Where	Award
18/19	Showmanship	Horse	NWWA Fair	Blue
↓	Record Book	Goat	County Contest	Blue
↓	Herdsmanship	Goat	NWWA Fair	n/a
19/20	Fit and Show	Beef	NWWA Fair	Blue
↓	Fit and Show	Beef	PSJLS	Red
↓	Sewing On the Spot	Clothing	NWWA Fair	n/a
↓	Quiz Bowl	Poultry	NWWA Fair	n/a

Public Events Attended

- Page 9
- This page is for noncompetitive events such as achievement night, workshops, clinic, camp, teen events, rallies and summits. This can include workshops and clinics by video conferencing.
- Include County Council Meetings here.
- Your calendar can help you with this page. These event should be listed on your calendar, with a red check mark next to them.
- These can be at club, county, state, and national level.

Events Attended: List all the 4-H noncompetitive events you attended such as achievement programs, workshops, talent show, camp, teen events, etc. An event has a definite time and place and can be project-related or general 4-H.

Year	Event	Where
18/19	Achievement Night	County
↓	Teen Summit	NW Regional, Orcas Island
↓	Poultry Clinic	Club
19/20	none	

Community Service

- Page 10
- List fundraisers, visiting retirement centers, food drives, volunteering at the fair, providing animals for petting zoos.
- These can be at club, county, state, and national level.
- This includes service representing 4-H

Community Service: List all the 4-H community services in which you participated. Be specific, such as, attended rabies clinic, volunteered at nursing home, cleaned county park, etc.

Year	Community Service	Responsibility
18/19	Flower Basket Fundraiser	Sell baskets
↓	Visiting nursing home	Talk to elderly
19/20	Food drive	Collect and donate food
↓	Livestock Sale at Fair	Helping set-up for sale

4-H Promotion

- Page 11
- Include 4-H promotion posters and displays, news articles written, 4-H in Action, social media posts promoting 4-H, t-shirt worn at school during National 4-H week, parades, information booth at the fair.

Year	What You Did	Where	Responsibility
18/19	Fair decorations	NWWA Fair	Educational Posters
↓	4-H Poster	NWWA Fair	Displayed Poster
↓	Club Float	Ferndale Parade	Helped build / wared
19/20	4-H Information Booth	NWWA Fair	Talked to Public
↓	Social Media Posts	Club	Instagram about 4-H
↓	National 4-H Week	School	Wore 4-H T-shirt

Leadership

- Page 12 and 13
- List how you helped others learn about 4-H projects or led in you club, county or state.
- Leading the Pledge of Allegiance or the 4-H Pledge at a club meeting is leadership and can be listed here

Year	What You Did	Where You Did It
18/19	Led 4-H Pledge	Club Meeting
19/20	Helped members sew	Club Meeting
↓	Led record book clinic	County
↓	Taught Goat 101 Class	Super Saturday

School and Community Responsibilities

- Page 14
- List non-4-H events and community involvement, school activities, sports participation, open exhibits, community service, fundraisers, church functions, etc.
- Whatcom County Youth Fair participation should go here as it is not a 4-H event, technically.

School and Community Responsibilities: List the activities you did at school, church, in sports, or community events other than 4-H.

Year	Activity	Where	Duties Performed
18/19	School Sports	MBHS	Soccer, Track
┆	Rodeo	W.C. Youth Fair	Participant
┆	Choir	Church	Sang
19/20	Cancer Walk	ACS Bellingham	Walked, collect donations
┆	Hikes	Girl Scouts	Planned hikes, hiked

Contests other than 4-H Entered

- Page 15
- List non-4-H contests

Contests other than 4-H Entered: List non-4-H contests entered that relate to your 4-H work such as wool contest, open dog or horse shows, etc. List where you entered and award received.

Year	Contest Entered	Project	Where	Award
18/19	Rodeo	Horse	W.C. Youth Fair	Blue
┆	Jingle Bell Run	Health	Bellingham	n/a
19/20	WAHSET	Horse	WA State	n/a
┆	AKA Dog Show	Dog	Everett	2nd Place

Meeting Attendance / Most Important Recognition

- Page 16
- Count club meetings from your calendar total held and number you attended (red checked)
- List a recognition that was most valuable to you for the year. This should be a 4-H recognition.

4-H Meeting Attendance: Write the total number of meetings your club held and the number you attended.

Count up the club meeting listed in your calendar. The red check count should be this number.

Year	18/19	19/20					
Number of meetings held	22	20					
Number attended	17	19					

Most Important Recognition: List the most important recognition you received in 4-H during the year, such as honors, awards, trips, etc. List what is important to you and the project it is related to.

Year	Most Important Recognition	Project
18/19	Leader told me my record book was great!	Horse
1	Rosette on Photo at NWWA Fair	Photography
19/20	Junior Champion Fit + Show	Sheep