FRESH FROM THE FARM

Find a Farmers Market near you & start celebrating the season!

SUNDAY

Point Ruston

10am - 3pm

June 3 - Sept 30

The Grand Plaza

5005 Ruston Way

Tacoma, WA



Lakewood

10am - 3pm

June 5 - Sept 11

6000 Main St. (City Hall)

Bus line: 204

WEDNESDAY

Eastside Tacoma

3 - 7 pm

June 5 - Aug 28

3500 McKinley Ave. E

Tacoma, WA

Bus line: 42

Steilacoom

3 - 7pm



WI@Senior

June - September Lafayette St & Wilkes St.

(Next to Town Hall)

Steilacoom

Bus line: 212

THURSDAY

Broadway Tacoma

10am - 3pm

May 3 - Aug 30

South 9th St &

Broadway, Tacoma

18 bus lines serve this site!

Gig Harbor





WI@Senior

June - August 3211 Harborview Drive

Gig Harbor, WA

FRIDAY

Fife







June 16 - August 25

Dacca Park

2810 54th Ave E, Fife, WA

Orting Valley



June 8 - Sept 7

Hwy 162 & Calistoga

Orting, WA

MultiCare Rose Garden

11am - 2pm

Aug 4 - Sept 25

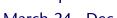
Tacoma General

315 MLK Jr. Way, Tacoma Bus lines: 1, 11, 14, & 16

SATURDAY

Proctor (Tacoma)





Puyallup



April 21 - Oct 13

Pioneer Park Pavilion

330 South Meridian

Bus: 402,425,402,495

Types of Payment Accepted at the Markets:



= Accepts EBT/ SNAP benefits (Quest Card)



= Accepts WIC & Senior Farmers Market vouchers



= offers Fresh **Bucks** (doubles EBT— see other side for details)



= offers Senior Farm vouchers (additional vouchers to buy fresh produce if you receive SFMNP)

**All markets accept cash, debit & credit cards.



N 27th and Proctor St

Bus lines: 11,51,16,13













Get More with SNAP!

How to use your EBT/Quest Card at many

Farmers Markets:

- 1. Find the market information booth and look for a volunteer or staff working there.
- 2. Swipe your card to buy \$1 or \$5 tokens. These tokens act as cash at the market.
- 3. Use your tokens at any vendor stall that sells EBT eligible foods. See what you can buy
- 4. Keep extra tokens and use them next time you shop at the market. You cannot receive change, however vendors will help you figure out how to get the most food out of your money. Just ask!

Use your tokens at any vendor stall that sells EBT eligible foods. You can buy:

> **Vegetables** Mushrooms

> > Grains



Herbs

Fruit



DOUBLE YOUR EBT DOLLARS

AT THE FARMERS MARKET WITH FRESH BUCKS

FRESH BUCKS STEPS:

TO YOUR FARMERS MARKET



YOUR EBT CARD FOR FRESH BUCKS

INFORMATION TENT



YOUR DOLLARS - UP

TO \$10 PER PERSON



FOR FRESH PRODUCE. INCLUDING:







A dollar-for-dollar match is provided up to \$10 per EBT card per market day. Fresh Bucks are redeemable at participating locations (see the other side of this flier). No change will be given for Fresh Bucks.

GENEROUSLY FUNDED BY:

MultiCare A3 Center for Healthy Living & Health Equity BetterConnected







USDA and Washington State University are equal opportunity providers and employers. This material was funded by USDA's Supplemental Nutrition Assistance Program. SNAP. The Supplemental Nutrition Assistance Program (SNAP) provides nutrition assistance to people with low income. It can help you buy nutritious foods for a better diet. To find out more, contact: http://foodhelp.wa.gov or the Basic Food Program at: 1-877-501-2233.