



**FREE - FREE - FREE - FREE - FREE**

## Strengthening Families Workshop for the whole family - Parents/Caregivers and their Youth ages 10-14

**Class Enrollment is limited to 5-12 families  
REGISTER TODAY!**

**FREE**

**Prizes**

*Eight sessions total on Tuesdays*

February 6, 13, 20, 27 and March 5, 12, 19, 26

6:00 - 8:30 p.m.

- Dinner will be served each evening for your family
- Supervision/Activities are available for children ages 3-9



### Throughout the Strengthening Families sessions...

#### FAMILIES will:

- \* Solve problems together
- \* Build family strengths through games and fun

#### PARENTS will:

- \* Build understanding of teens/pre-teens through a dozen parenting tools

#### YOUTH will:

- \* Engage in fun, hands-on activities
- \* Develop skills for peer pressure, stress management, and positive relationships

#### To register for this family workshop contact

Ramona Leber, WSU/SFP Coordinator, [ramona.leber@cni.net](mailto:ramona.leber@cni.net), 360-261-3971

No later than February 5, 2024

