

Recommendations for 4-H Attire in 4-H Activities

The following attire is recommended for 4-H fitting & showing/showmanship classes, breed classes, judging contests, herdsmanship, and all other 4-H public events. This attire is designed for the safety of the participant and the animal as well as appropriate presentation to the judge and the public. If you choose to dress inappropriately, you may be asked to change or may be disqualified from the event.

Long-sleeved shirts and black pants are recommended for uniformity, easy identification, and to promote 4-H during the event.

ALL 4-H Events

Clean and appropriate attire should be worn for presentations, while on barn duty, and ALL other 4-H activities. Dress should be appropriate for the event and should reflect sincerity, proficiency, and pride in the member's 4-H project and achievements. All attire should be neat and clean.

Attire not allowed:

- Any attire with holes or rips
- Sagging pants or pants worn significantly below the waist
- Revealing pants or pants with side openings, mesh, or cutouts
- Mesh or see through garments
- Visible midriff or inappropriately visible cleavage; neckline of top should remain in place when bending over
- Halter top, tube top, one shoulder top, backless top, or spaghetti strap top
- Visible undergarments
- Attire with poorly placed logos or inappropriate logos

4-H Beef, Swine, Sheep, & Goat Classes

- Shirts
 - **Fitting & Showing/Showmanship classes:** long-sleeved shirts required; white shirts are recommended
 - **Breed classes, judging classes, & herdsmanship:** long-sleeved shirts; white shirts are recommended or club t-shirts
 - Shirts must be tucked in
- Jeans or slacks required, no shorts; black pants are recommended
- Leather boots required; no tennis shoes, sandals, open-toe or open-heel shoes allowed
- No hats allowed
- Ties are optional
- Attire must also meet the standards for "All 4-H Events" as stated above

4-H Dairy Cow and Heifer Classes

- Shirts
 - **Fitting & Showing/Showmanship classes:** long-sleeved shirts required; white shirts are recommended
 - **Breed classes, judging classes, & herdsmanship:** long-sleeved shirts; white shirts are recommended or club t-shirts
 - Shirts must be tucked in
- Jeans or slacks required, no shorts; black pants are recommended
- Leather boots required; no tennis shoes, sandals, open-toe or open-heel shoes allowed
- No hats allowed
- Ties are optional
- Attire must also meet the standards for "All 4-H Events" as stated above

4-H Rabbit, Cavy, Poultry, & Cat Classes

- Shirts
 - **Fitting & Showing/Showmanship classes:** long-sleeved shirts required; white shirts are recommended.
 - **Breed classes, judging classes, & herdsmanship:** long-sleeved shirts; white shirts are recommended or club t-shirts
 - Shirt must be tucked in
- Jeans or slacks required, no shorts; black pants are recommended
- Boots, shoes, or tennis shoes required; no sandals, open-toe or open-heel shoes allowed
- No hats allowed
- Ties are optional
- Attire must also meet the standards for "All 4-H Events" as stated above

4-H Dog Classes

- **Fitting & Showing/Showmanship Classes:**
 - Girls – suit, dress, skirt outfit, or dress slacks; the skirt or dress length should be at the knee or below which allows for kneeling, bending, and free movement
 - Boys – dress slacks and dress shirt or polo shirt
- **Obedience and Agility Classes:**
 - 4-H Members may wear dress shirt, polo shirt, long-sleeved shirt, or club t-shirt; jeans or slacks, no shorts
- Shirts must be tucked in
- Boots, shoes, or tennis shoes required, a flat non-skid sole is preferred for safety and traction; no sandals, open-toe or open-heel shoes allowed
- No midriff tops or sleeveless tops allowed
- No hats allowed
- Ties are optional
- Attire must also meet the standards for "All 4-H Events" as stated above

4-H Horse Classes

- ASTM/SEI approved headgear (see 4-Hs publication EM0758E and PNW574) when mounted or driving, headgear must be properly fitted and have the chin strap fastened. It is recommended that 4-H members wear their ASTM/SEI helmets anytime they are around their horses.
- Footwear should be boots. Footwear must fit flat in the stirrup with the ball of the foot on the flat iron or stirrup and must be able to move freely in the stirrup with the ability to slide out. Footwear heel must have an adequate heel stop to prevent forward movement through the stirrup.
- Pants should be jeans, trousers, or western pants; black pants are recommended
- Attire must also meet the standards for "All 4-H Events" as stated above
- See 4-H Horse Contest Guide, PNW574, for any additional and/or specific class requirements