Parenting Media in WSU Chelan Douglas County Extension Office

Although the dates of some of these are old, their content is surprisingly still relevant. Resources are either free to check out, a small fee, and/or can be downloaded for free online at www.pubs.wsu.edu

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**Brochures/pamphlets:**

- PNW64 Child Guidance Techniques (October 1993)
- PNW0556 Navigating Work & Family (December 2002) $3.50 *
- PNW0556-S Llevando el Trabajo y la Familia (March 2003) $3.50 *
- MISC0275 Food Safety During Your Pregnancy (February 2002) $ .25 *
- EM4775 Barber, Kenneth E., *Children’s Growth and Guidance* (Pullman, WA: Washington State University, June 2001) $1.00 *
- EM4775S Barber, Kenneth E., *El Crecimiento y la Forma de Guiar a los Niños* (Pullman, WA: Washington State University, May 2002) $1.00 *
- EM4776 Barber, Kenneth E., *Children: Guidance/Discipline* (Pullman, WA: Washington State University, April 2001) $1.00 *
- EM4776S Barber, Kenneth E., *Niños: Guía y Disciplina* (Pullman, WA: Washington State University May 2002) $1.00 *
- EM4777 Barber, Kenneth E., *Guidance Techniques* (Pullman, WA: Washington State University, April 2001) $1.00
- EM4777S Barber, Kenneth E., *Técnicas de Guía* (Pullman, WA: Washington State University, May 2002) $1.00 *
- EM4778 Barber, Kenneth E., *Preventing Misbehavior* (Pullman, WA: Washington State University, April 2001) $1.00 *
- EM4778S Barber, Kenneth E., *Cómo Evitar el Mal Comportamiento* (Pullman, WA: Washington State University, May 2002) $1.00 *
- EM4779 Barber, Kenneth E., *Why Children Misbehave* (Pullman, WA: Washington State University, April 2001) $1.00 *
- EM4779A Barber, Kenneth E., *Por Quê los Niños se Comportan Mal* (Pullman, WA: Washington State University, May 2002) $1.00 *
- EB1903 Barber, Kenneth E., *The Magic of Infancy and the Toddler Years* (Pullman, WA: Washington State University, February 2004) $2.00 *
EB1903S  Barber, Kenneth E., *Los Años Mágicos de la Infancia* (Pullman, WA: Washington State University, February 2004) $2.00 *

PNW0294  Moving with Children (June 2001) $1.00 *

PNW0483  Young Children and Safety (February 1995) $1.00

PNW0484  Young Children and Stories (February 1995) $1.00

PNW0485  Young Children’s Play and Toys (February 1995) $1.00

PNW0280  Especially for Parents: Understanding three to six-year-olds (January 1986) $ .25

PNW0281  Especially for Parents: Disciplining preschoolers (January 1986) $ .25

EB1348  Barber, Kenneth E., *Communicating With Young Children* (Pullman, WA: Washington State University, February 1986) $1.00

PNW0298  Support Systems for One-Parent Families (November 1986) $2.25

PNW0391  Understanding the Grief of Children (January 1992) $ .75

* PDF available on line at:  www.pubs.wsu.edu

**Articles:**

- “Born to Feel,” Research Spotlight from Talaris Research Institute, (November 2002)
- “Grading Grown-Ups: How do you measure up?” A nationwide study from Lutheran Brotherhood and Search Institute (Minneapolis, MN, 2001)
- Molgaard, Virginia K., “Keeping Young People Out of Trouble,” Iowa State University (May 1995)
- Oliver, Kathy, “Setting Limits and Standing Firm”, Fact Sheet #HYG-5317-98, Ohio State University (October 1998)
- “Are You a Working Teen? What you Should Know About Safety & Health on the Job,” DHHS (NIOSH) Publication No. 97-132
- Anderson, Dr. Craig A., “The Impact of Violent Video Games,” Iowa State University, (October 2001)
- S. Doescher, J. Hare, and A.M. Morrow, “Parenting After Divorce,” Oregon State University Extension (January 1996)
- “Thoughts on Fathering,” The National Father’s Network

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**Books:**

Anger Management for Parents: The Rethink Method Program Guide (Champaign, IL: Institute for Mental Health Initiatives, 1991) [103 pp]


Betz, Drew, Let’s Talk About Spanking Facilitator Training Course (Puyallup, WA: WSU, February 1-2, 1996)


Bridges and Gaps (a game)(Salt Lake City, UT: Church of the Latter-Day Saints, 1983).


Clark, Jean Illsley et. al., Help! For Parents of Children 18 Months to 3 Years By Parents for Parents, Volume 3 (San Francisco: Harper and Rowe Publishers, 1986).


- Lifeskills Advisor Handbook Training for Volunteers (WSU Cooperative Extension, date unknown)


*Parents Are Forever* (Jackson, MS: Worthy is the Family, Inc., 1999)


Rosenfeld, Alvin and Wise, Nicole, *The Over-Scheduled Child: Avoiding the Hyper-Parenting Trap* (New York: St. Martin’s Griffin, 2000).


Swift, Madelyn, *Discipline for Life: Getting it Right With Children* (Forth Worth, TX: Stairway Education Programs, 1998).


• Worthen, Tom, PhD., editor, Broken Hearts . . . Healing : Young Poets Speak Out on Divorce (Logan, UT: Poet Tree Press, 2001.)

Videos:


• Children in the Middle: Parents’ Version dubbed in Spanish (Athens, OH: Center for Divorce Education, 1997)

• Wright, Lynn, Dad’s House, Mom’s House, a Film About Joint Custody (Montreal, Quebec: National Film Board of Canada, 1994) 47 minutes, 33 seconds, Mazzotta, Catherine, MSW, Pain Games (Topeka, KS: Minninger Video Productions), 1993

• Family Night Out! (WSU Extension, 2000) 20-minutes running. Interviews with staff describing Family Night Out program.


• Crary, Elizabeth and Todd, Peaco, Todd, Feeling Elf Cards & Games (Parenting Press, 2003. (English, Spanish, and Japanese)

• I Am Your Child Series: The First Years Last Forever (Warner Media Services)Content information on: bonding, attachment, communication, health, nutrition, discipline, self esteem, child care, self awareness. 29 minutes

• Doherty, William Et. al., The Impact of Couple and Marital Relationships on Parenting and Child Outcomes – a National Satellite Program (Iowa State University Extension, Dec 2, 2005) Part 1: 1 hr., 45 minutes, Part 2: 1 hr., 35 minutes

• The Real Family Meeting as Featured in Battles, Hassels, Tantrums and Tears (Conflict Management Consultants, Inc., 1997) 27 Minutes

• Bavolek, Stephen, PhD., Shaking, Hitting and Spanking: What to Do Instead (Park City, UT: Family Development Resources, Inc., 1990. Features four common scenes which result in spanking and alternatives (accompanied by 3 Leader’s Guides) 31 minutes

• Marriage and Couples Education: An Overview of an Emerging Issue (Cooperative State Research and Extension Service, 9/7/2000) 2 hours

• Myers-Walls, J, Come Play With Me – Play Activities and Infant Stimulation (IN: Purdue University) 28 ½ minutes

• Myers-Walls, J, Help Me Make It Through the Day (IN: Purdue University, 1987) 29 ½ minutes

• Myers-Walls, J., My, How You’ve Grown—Development in Early Childhood (IN: Purdue University) 28 ½ minutes
• Myers-Walls, J., **Why Won’t You Behave?** (IN: Purdue University) 28 ½ minutes
• Positive Parenting: A Video-Based Parent Education Curriculum (University of Minnesota Extension, 1995) Video with 6 sections ~ 5-10 min@ on physical punishment, limits, consequences, listening, anger, & challenging behaviors, 92 pp manual accompanied
• Smith, Charles A., **Basic Parenting Card Deck** (Manhattan, KS: Kansas State University, )
• Werner, Nicole E., **Non-Physical Forms of Aggression in Schools** (WSU Extension, 4/4/03)
• Werner, Nicole E., **With a Little Help from My Friends**
• **When Dependency Increases Series** (Corvalis, OR: OSU Extension Gerontology, 1990) 5 Videos: The Final Course, Due Upon Receipt!, 260 Primrose Lane, The Dollmaker, Best Wishes Edith and Henry!

**Other Trainings:**

• Caring Families: Parenting Choices Leader Guide (English and Spanish) 8-module program 1999 updated Spanish version
  1. Help Exercises and Suggestion Circles
  2. Taking Care of Yourself
  3. Yes, You Can! It’s a Spending Plan
  4. Communicating Caring
  5. You Are Your Child’s First Teacher
  6. Understanding Ages and Stages
  7. Structure: The Firmer Side of Care
  8. Empower Yourself and Your Family

• Families Have Choices (5 module volunteer training program covering priorities, communication, stress management, money management, diet tips, and parenting), ~1998.
• Barber, Kenneth E., and Diede, Ann, Parent Education Advisor Program, 1994 **Growing Up Again Leader Guide** ( )