



HEAD



HEART



HANDS



HEALTH

The Clover Connection

Pacific County 4-H

May 25, 2023



DATES TO REMEMBER

May 2023

- 29 WSU Pacific County Extension Office Closed in Observance of Memorial Day
- 30 Washington State 4-H Fair Patch Design Contest Deadline

June 2023

- 14 Flag Day
- 19 WSU Pacific County Extension Office Closed in Observance of Juneteenth
- 24 Pacific County 4-H Public Presentation Contest 1:30 PM @ Falls Creek Retreat Center

July 2023

- 4 WSU Pacific County Extension Office Closed in Observance of Independence Day

August 2023

- 24-26 Pacific County Fair



WASHINGTON STATE 4-H FAIR PATCH DESIGN CONTEST

Submit Your Design Today!

Did you know that 4-H members create the design for the Washington State 4-H Fair Patch?

The submission deadline is May 30th. Learn more and find the submission form at

<https://extension.wsu.edu/4h/fairs/state-4-h-fair/>



IT'S PACIFIC COUNTY 4-H PUBLIC PRESENTATION CONTEST TIME!

-Submitted by Toni Gwin

Date: Saturday, June 24, 2023

Time: 1:30PM

Place: Falls Creek Retreat Center

32 Falls Creek RD

Raymond, WA 98577



The staff at the Falls Creek Retreat Center in Frances have graciously allowed us to hold presentations on their stage in the dining hall. You will need to schedule your time to arrive with Pacific County Extension Staff by June 19. Once you get to the retreat center, look for the 4-H signs outside of the dining hall. The judges will be ready for you!

A microphone and easel will be provided. If you need any other equipment let Extension staff know.

Presentations will be judged at this time. If you earn a blue ribbon you may give the presentation at fair and forget half of it. You earned a blue and will receive the blue and premium points at fair. If you receive a red or white you may give your presentation (the same presentation) over again and get rejudged. There is a blue ribbon in your future.

What does it take to earn a blue?

Pick a topic you can cover easily.

Make a poster to highlight your talk.

Example of a Presentation:

Introduce yourself (Hi, I am Chris Clover from the Happy Clover Club)

Tell the audience what you are going to teach them (Today I will teach you about toasters. We will look at the history of toast. Types of toaster elements. Why my family selected this toaster.)

Do the presentation.... (History, types, why - - - explain each section)

Close (Now I have taught you about toasters, the history, types and what we use at home. Thank you for your time.)

Ask for Questions (Are there any questions?) Pro tip - repeat the question before you answer it. (The question is "Can you eat burnt toast?") Second Pro tip - If you don't know the answer tell them you will get back to them after you have repeated the question. (The question is "Can you eat burnt toast?" I don't know but I will ask my 4-H leader and get back to you through my 4-H Extension staff)

Thank everyone again YOU ARE DONE.. wait for clapping.

FREE STEER FOR A 4-H FAMILY

Mark Huber has a young wild steer that needs a home. If you have a place to house the animal, time to work with it, and some funds to pay for hauling him to your home, call Mark at 360.875.1664.

The steer is an escape artist!



4-H INTERNATIONAL SUMMER HOSTING

Delegates from Japan and Taiwan will be visiting Washington State this summer!

Hosting Dates Sunday July 23-Wednesday August 16, 2023

Hosting Application <https://www.states4hexchange.org/apply/host/>



The 4-H International Exchange Program has been welcoming delegates from Japan for about 50 years. Each summer delegates visit the state of Washington to experience life in an American family and work on language skills. Families do not need to be 4-H families in order to host. The program requires that the families speak English in the home and have a child of the same gender and within three years of age. This is to help the young person communicate, adapt and hopefully develop a lifelong friendship. This is not about tourism, families are not required to travel or attend certain events, they are just to incorporate the visitor in their family—much like you would a visiting cousin. Hosting is voluntary and there is not any financial support given to host families. It is an interesting way to open the family home and encounter another culture face to face. These delegates are often rather young, sometimes as young as twelve. This year we also are hosting a small delegation from Taiwan. These kids are very eager to see agriculture in action and learn about 4-H here. Many of them are involved in 4-H in Taiwan.

If a family is interested in hosting, they will complete the online application and submit their background check information. There are two emailed references that are required (that are collected electronically). The final step is a home visit by Extension staff. We do not require elaborate homes or elite estates, but want a safe, comfortable homes for the visitors.

For a list of this year's delegates, please contact the Extension office.



PACIFIC COUNTY 4-H VOLUNTEERS THIS PAGE IS FOR YOU! (HELPFUL INFORMATION FOR OUR LEADERS)

-Submitted by Toni Gwin

PACIFIC COUNTY 4-H LEADERS COUNCIL APRIL MEETING HIGHLIGHTS

In case you missed the Leaders Council Meeting on April 4th, here's a quick recap:

- Thanks were expressed for all that our valued volunteers do! If you haven't received your Thank-You-Gram-Bar yet, stop by the office and pick one up. We deeply appreciate each one of you and all that you bring to our 4-H program. We couldn't do what we do without you!
- The Public Presentation contest will be held at the end of June. Falls Creek Retreat Center wants to host us. If you need activities to show your club members how to do a presentation/demonstration, please contact Toni.
- Katrina and Casey updated us on their hunting discipline training for shooting sports. They plan to fundraise to help with expenses to attend the Level 2 hunting training course later this fall. You go girls! They are the only 4-H hunting leaders in the state.
- We had a long discussion about fair and what is possible in three days. It boiled down to us talking about recognition and recruitment. We want to see if we can have a time on the stage to honor our youth and show the community that we are still here.
- GivePulse is the new volunteer hours database being utilized by WSU. Volunteers are encouraged to claim your account (check your email!) and post your hours. Questions? Call the Extension office.
- Big thank you to Tania Remmers for stepping up to fill the Leaders Council treasurer position.

ACTIVITY KITS NOW AVAILABLE!

Looking for a fun activity to do at your next club meeting? Borrow an activity kit from the Extension office! Kits contain most everything you'll need for each activity. Reserve a kit by calling or emailing the office.

Kits now available:

Fish Printing

Wood Burning

Origami Circuits

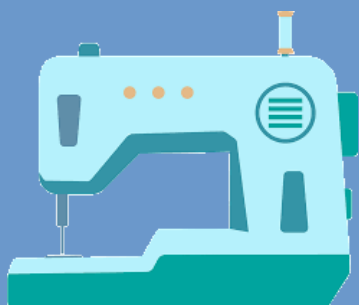
Alcohol Ink Necklaces

Photography

Completed projects would be great to enter in the fair! (hint, hint)



VOLUNTEERS READY TO SEW WITH YOUR CLUB



Did you know that our Quilting and Clothing volunteers are available to come sew with your club members? We have a large assortment of fabric as well as multiple sewing machines in the office. No prior sewing experience is needed.

Have a sewing project in mind? Need project ideas? Let us know!

VEGETABLES
FLOWERS
HERBS

SEED EXCHANGE LIBRARY

BORROW-GROW-SHARE



Need seeds? Check out our supply!
Have extra seeds? Donate them!

**Take seeds from our
library and plant them.
Enjoy what you grow!**



Visit the Seed Libraries

- WSU Extension - South Bend
- Raymond Timberland Library
- Ilwaco Timberland Library

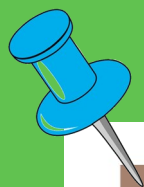


Pacific County

WASHINGTON STATE UNIVERSITY
EXTENSION

WSU Extension programs and employment are available to all without discrimination.
Evidence of noncompliance may be reported through your local Extension Office.

360-875-9331



Coffee & Conversation

For parents of a child with disabilities due to special health care needs. Organized by Grays Harbor and Pacific County Parent to Parent



Parent Support Group

Free meeting for parents and guardians who care for a child, adolescent or adult with disabilities or special health needs. Benefit from the experience and support of other parents. Share with others and get valuable information and tips and learn about valuable community resources. You're not alone!

What is the group like?

"Coffee & Conversation" is a support group in English & Spanish. For parents/guardians of a loved one with disabilities and/or special health care needs, where they come together over a cup of coffee to offer each other support and share their experiences. The group provides a safe and nurturing space for parents to meet, discuss their challenges, and provide emotional support to each other. Meetings are held regularly and are open to all Spanish-speaking parents in the community. The group's goal is not only to share information and resources, but also to empower families to advocate for their children and access the services they need to thrive.

2023 Calendar

Date: The second Monday of every Month

Time: 10 am to 11 am

Directions: The Hungry Heifer Diner
226 Duryea St,
Raymond, WA 98577

Questions? Call us at
360-537-7000

Free!

Grays Harbor and Pacific County Parent to Parent Programs are from The Arc of Grays Harbor.
Questions? Call us at 360-537-7000 or send us an email at info@arcgh.org.
www.arcgh.org



2023 PACIFIC COUNTY FAIR - AUGUST 24-26

Tentative 4-H Show Schedule

<u>Species</u>	<u>Day</u>	<u>Time</u>
Horse	Wednesday - Saturday	10:00AM
Cats	Saturday	12:00PM
Poultry	Thursday	11:00AM
Goats	Thursday	2:00PM
Swine	Thursday	9:30AM
Sheep	Friday	2:00PM
Dairy Cattle	Friday	9:30AM
Beef	Friday	11:30AM
Rabbits	Saturday	9:30AM
Auction	Saturday	1:00PM
Costume Contest	Saturday	3:30PM

Let's Steer up Some Fun!



Keep In Touch!

Facebook: [Pacific County 4-H](#)

[Explore 4-H With WSU Extension](#)

Washington State 4-H News: [Tuesday News](#)

Website: <https://extension.wsu.edu/pacific/>

WSU Pacific County Extension Office: 360-875-9331

Toni: tgwin@wsu.edu

Sue: sue.carbaugh@wsu.edu

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