4-H FOCUS





In This Issue:

Jump to section by clicking link

- Page 1 Club, Volunteer, Program News
- Page 2 Club, Volunteer, Program News and News You Can Use
- Page 3 Teen Opportunities & Volunteer Information
- Page 4 Equine News
- Page 5 Livestock News
- Page 6 Livestock News Cont. & 4-H Resources and Important Links
- Page 7 & Page 8- Calendar of Events





CLUB, VOLUNTEER & PROGRAM NEWS

CLUB NEWS!! STRUCTURE OF THE STRUCTURE



SAGEBRUSH RIDERS CLUB NEWS

Sagebrush Riders 4-H club put together 103 baskets for foster children to be distributed by DCYF! What a way "To Make the best better"

4-H CLUB NEWS WANTED!

Your club has been busy with fair & show exhibits, community service, meetings, and so many other events. We would like you to share your club news.I am asking each club to send in a small blurb EACH MONTH by the 20th about what your club has been doing to post in the newsletter. Please send to Bonnie Yakima.4h@wsu.edu, fax 509-574-1601 or drop off at the office.

STATE FAIR KIDS EXHIBIT!

The Washington State 4-H Fair is pleased to bring the Creative Kids Exhibits back **September 1-24. 2023** fair. This year's Creative Kids Exhibits include: Lego Creations, Recycled Cardboard Projects, Baked Cookies, Creative Poetry - "Autumn" or "Harvest Time", Photos "Springtime" and Garden Themed Gift Basket. Visit the 4-H State Fair website http://extension.wsu.edu/4h/fairs/state-4-h-fair/



On April 12, 2023, please join the WSU Cougar Family celebrating our achievements, learning about what's next in research and growth,

honoring our generous donors, and exploring what we can imagine and accomplish when we ask the question, "What if...?" WSU CAHNRS will be highlighting specialized funding priorities for #CougsGive 2023. How exciting is it that the WSU Washington State 4-H Excellence Fund has been chosen to be highlighted? Please help WSU spread the word by signing up as a #CougsGive Ambassador and sharing your own stories. Your support empowers Washington State University to serve its land-grant mission to the state and provide life-changing programming for all 4-H members. Go Cougs! Join the #CougsGive 2023 "behind the scenes" excitement by signing up to be an ambassador and downloading these 4-H #CougsGive. Sign up to be an Ambassador this year at https://cougsgive.wsu.edu.

CLUB, VOLUNTEER & PROGRAM NEWS CONTINUED

4-H EXPRESSIVE ARTS CONTEST GUIDELINES (Poster Contest)

The Expressive Arts (Poster Contest) gives 4-H members an opportunity to use the visual medium of poster fine art to promote public understanding and support of the 4-H program. 4-H'ers are encouraged to develop their visual communication skills to communicate to the external audience about 4-H. All posters must be designed on standard poster board of 14" by 22" dimensions. They may be horizontal or vertical, white or colored. The 4-H member's name, age, full address, age division, leader's name, club name and a brief artwork interpretive statement MUST be affixed to the back of the poster board in the upper left-hand corner. Examples of posters include illustrations of 4-H youth preparing healthy meals titled "4-H is Good for Me"; A frog leaping across a lily pad titled "Leap for 4-H"; 4-H'ers working with the rocketry curriculum could be titled "Shoot for the Stars". Poster resources and guidelines are available on the Yakima County Extension 4-H webpage https://extension.wsu.edu/vakima/poster-resources/ Turn your posters in to the Extension office on or before April 17.



NATIONAL VOLUNTEER WEEK, April 16-23

National Volunteer Week is an opportunity to celebrate the impact of volunteer service and the power of volunteers to tackle society's greatest

challenges, to build stronger communities and be a force that transforms the world. Each year, we shine a light on the people and causes that inspire us to serve, recognizing and thanking volunteers who lend their time, talent and voice to make a difference in their communities. National Volunteer Week was established in 1974 and has grown exponentially each year, with thousands of projects and special events scheduled throughout the week. Today, as people strive to lead lives that reflect their values, the expression of civic life has evolved. Whether online, at the office, or the local food bank; whether with a vote, a voice, or a wallet - doing good comes in many forms, and we recognize and celebrate them all. Points of Light: Shining a light on the people and causes that inspire us to serve: https://www.pointsoflight.org/nvw/ The President's Volunteer Service Award (PVSA) is the premier volunteer awards program:

https://www.presidentialserviceawards.gov/

We encourage you to take a look around, be inspired and take positive action that changes the world

Expressive Arts Contest ~ Poster Contest



Posters due on April 17 to Extension Office

Poster - secrets of success

- Catch the eye of the passerby
- Be simple and clear (one main idea)
- Impress an idea or fact upon the viewer
- Can be seen from @ 10 feet away
- Keep words to a minimum, no more than 6 words
- · Use the correct 4-H clover on poster
- Use poster board size 14" x 22". May be white or colored.
 May be vertical or horizontal. Laminate poster if possible.

More poster resources available on Yakima Co. 4-H Extension website. https://extension.wsu.edu/yakima/poster-resources/



FASHION REVUE "SPRING FLING"

Annual Event for the 4-H Clothing Project

- Judging of Garment May 8, 4:00 7:00 pm,
 WSU Extension Conference Room
- Fashion Revue, Fruitvale Grange, May 12, 6:30
 pm. Talent show to follow

Sewn garments - will be judged on *overall appearance, *detail and creativity, * construction and knowledge of sewing, *modeling

Creative Consumer (Store bought or picked from your closet, not sewn by you) - will be judged on how well put together your theme outfit is. "appearance, "fit, "knowledge, * modeling

Forms and more information is available to download at the 4-H webpage;

https://extension.wsu.edu/yakima/4-h/4-h-forms/fashion-revue-forms/

Contact Bonnie <u>yakima.4h@wsu.edu</u>, 509-574-1600 or Jenny <u>jennifer.loyd@co.yakima.wa.us</u>,

509-574-1584 to schedule your judging of garment on **May 8**.

NEWS YOU CAN USE

GOT A QUESTION? ANY QUESTION? ASK DR. UNIVERSE!

If you've ever caught a whiff of someone's stinky morning breath, or even your own, it can be pretty rotten. We can trace the smell back to the tiny culprits that live in our mouths. They are called microbes and they live around your gums, between your teeth, and on your tongue. "They like to eat what you eat," said my friend Claire Burbick a veterinarian and microbiologist at WSU. Submit your questions to Dr. Universe...https://askdruniverse.wsu.edu/. Subscribe to Dr. Universe's weekly e-mail, Apple podcast, Spotify, Stitcher.

What would you like to explore today?



TEEN OPPORTUNITIES





VOLUNTEER INFORMATION

VOLUNTEERS: YOUR TIME MATTERS TO US

Every hour you spend supporting 4-H is a donation. All Certified 4-H Volunteers are required to report hours; reporting protects and supports you and the local program! By reporting your hours you give Yakima County 4-H the numeric proof we need to show our funders and higher-officials that our programs are greatly valued and needed. In addition, reporting your hours makes you eligible for the Dept. of Labor and Industries medical aid program (this program allows an injured volunteer's medical expense to be paid by the Department of Labor and Industries), and allows you protection under the state of Washington tort claims law, RCW 4.92.060, for acts or omissions while performing, or in good faith purporting to perform, your official volunteer duties. What qualifies as volunteer hours? Anything and everything you do for 4-H! Teaching, planning, prepping, shopping, helping at fair and other events, paperwork, training, driving, calling, mentoring, presenting, emailing, even reading this! If it's for 4-H, it counts! By now you should have received an email from GivePulse to claim your account. Follow instructions to claim your account and start entering your Volunteer Hours through the Impact section. Contact Bonnie at vakima.4h@wsu.edu, (509) 574-1600 or Jenny at jennifer.lovd@co.vakima.wa.us, (509) 574-1584 if you need assistance.

Food Preservation Requirement Completion – Guidelines for 4-H Food Preservation Leadership

The following will be accepted as meeting the requirement of having completed food preservation training to leader 4-H Food Preservation Projects: 4-H Food Preservation,

https://extension.wsu.edu/4h/for-volunteers/volunteer-training/

Master Food Preserver (MFP) – active participation in the program

Consumer Food Safety (CFS) – currently serving as a CFS advisor for WSU

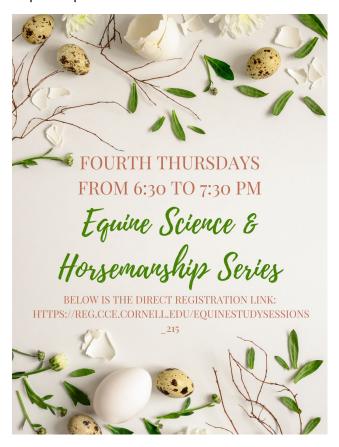
To demonstrate serving as an active MFP or CFS, the supervising faculty, staff, or county director sends an email affirming your participation to the Extension Volunteer Development Specialist (ferrisi@wsu.edu).

Also, we will be reviewing the requirement in the next few months and determine what, if any, future training might be required. Stay tuned for further information.

EQUINE NEWS

QUESTIONS ABOUT THE WA HORSE PROGRAM?

We are planning to have monthly Q & A for leaders, parents, members & staff on the 3rd Thursday of each month via zoom! Zooms will be from 6:30 to 7:30 pm starting in February and running through June. The Zoom meeting ID is 452-082-9765 with no passcode. You must have a zoom account to participate. The meeting will be facilitated by Jennifer Leach, WSU 4-H Equine Specialist.



OPPORTUNITIES IN HORSE JUDGING

Subscription service <u>livestockjudging.com</u> has over 100 classes on horses or performance. Classes include halter, reining, ranch riding, trail, western equitation, western pleasure, hunt seat equitation and hunter under saddle.



WASHINGTON STATE JUNIOR HORSE SHOW

The Washington State Junior Horse Show will be held June 22-25, 2023. The WSJHS Clinic will be held on June 22 at the Grant County Fairgrounds, Moses Lake. The WSJHS 4-H Horse Show is June 23, 24, & 25. There is also an Open WSJHS Show on June 24 & 25.

WSU HORSE COURSE IS BACK!

Open to youth 12 years old and up, this is a wonderful opportunity for members and adults alike to gain more equine knowledge and tour the WSU Veterinary College. The class will take place **April 8**, **2023**, tickets will include lunch and a hospital tour. Individual tickets cost \$40 per person or for groups 10+ \$35 per person. Please visit https://wsuhorsecourse.weebly.com/ for more information!

Upcoming Yakima County horse events at

https://extension.wsu.edu/.../4-h-events/4-h-horse-events/



Horse Bowl and Hippology

STATE HORSE BOWL AND STATE HIPPOLOGY May 6-7, 2023

The 2023 WA State 4-H Horse Bowl Contest and WA State 4-H Hippology Contest will be held at the Grant County Fairgrounds in Moses Lake. Horse Bowl will be on **Saturday**, **May 6** and Hippology will be on **Sunday**, **May 7**. All the details are in the registration packets, available below.

2023 Horse Bowl Registration Packet

2023 Hippology Contest Registration Packet

We hope 4-H members will try both!!

LIVESTOCK NEWS

SAVE THE DATE! – 2023 4-H LIVESTOCK JUDGING CONTEST

Make plans to attend the 2023 Washington 4-H State Livestock Judging Contest, scheduled for **Saturday**, **June 24, 2023 from 8:00 am to 5:00 pm** at the Ardell Pavilion on the Grant County Fairgrounds in Moses Lake, Washington.



CENTRAL WASHINGTON JUNIOR LIVESTOCK SHOW INFORMATION

The Central Washington Junior Livestock Show will be April 30 – May 3, 2019. Visit the CWJLS website https://www.centralwashingtonjuniorlivestockshow.com/ Download the premium book, final entry card, and calendar of Events. Click the tabs for information for each exhibit species, beef, swine and lamb. April 15, FINAL ENTRY DEADLINE – NO EXCEPTIONS!

CENTRAL WA JUNIOR LIVESTOCK SHOW 4-H OR FFA EXHIBITORS SALE SUPPORT

You can support any exhibitor by bidding on their market animal on the day of the sale. You will have the choice of taking it home (TAKE HOME) or having it sent to the butcher of your choice (CUSTOM), or "turning the animal" (TURN). "Turning the animal" means you win the bid and tell the auctioneer to "turn the animal", you do not get the animal it will be sent to the packing plant, you pay the difference from floor price (the price the packing plant pays) and what your winning bid was. Example, you bid \$2.50 on a 250-pound pig, the floor price is \$1.50 and you turn the animal. You will pay the difference of \$2.50 (your bid) minus \$1.50 (floor price). Therefore, you will pay \$250 and the packing plant will pay \$375. The exhibitor will receive \$625.00. If you wish to support an exhibitor by doing "Add on Support", this can be done any day of the show. You will determine an amount you wish to give directly to the exhibitor (\$15 minimum per animal). Stop by the show office and complete the "Add on Sheet".

DAIRY PROGRAM UPDATES

Evergreen Junior Dairy Show - April 28th & 29th - Evergreen State Fairgrounds, Monroe 2023 WA Dairy Judging Contest - July 18th - Evergreen State Fairgrounds, Monroe 2023 National Dairy Conference - October 1st thru 4th - Madison, Wisconsin - Applications due 4/1/23

YAKIMA VALLEY FAIR & RODEO August 9-12. Registration is now OPEN

http://yvfair-rodeo.org/



LINCOLN COUNTY SPRING SHOWCASE

WSU Lincoln County Extension is sponsoring a new Lincoln County Spring Showcase (LCSS) Livestock Jackpot Show to be held **April 15th** at the Fairgrounds in Davenport. This event is managed and conducted by the Wsu, Lincoln County Extension, 4-H staff and volunteers. Our main purpose is to connect the past with the present! This early spring show will provide an opportunity for kids to gain a valuable "learn by doing" experience and better prepare for upcoming regional jackpot shows, county fairs or a future market livestock show. LCSS will focus on providing kids with a fun, educational, competitive and positive experience as it relates to showing livestock. For more on LCSS, including the schedule, entry fees, eligibility and deadlines, rules and information, and on-line and mail-in entry forms, go to:

https://extension.wsu.edu/lincoln-adams/4h/lincoln-county-spring-show/

WEST VALLEY FAIR
West Valley Fair website
https://westvalleyfair.org/
Facebook page

https://www.facebook.com/WestValleyFair/

LIVESTOCK NEWS CONTINUED

WSU EXTENSION PRESENTS ONLINE WORKSHOP: Pasture Weed Control and Grazing Management

This free class will be held on Monday, April 4 from 6:00 – 8:00 pm. Topics for discussion include how to maximize grass production by using grazing management and weed control techniques. Other topics include grazing management, how to maximize grass quality, weed control and types of grass species. Presented by Chris Volmert, Lewis County Noxious Weed Control and Gary Fredricks, WSU Extension. YOU MUST HAVE A ZOOM ACCOUNT!—sign up for one at zoom.us], then join from PC. Mac, Linux, iOS, or Android: https://wsu.zoom.us/j/7756056320?pwd=RzVxbTl0dXpyUjJjSDdsWnJuTXdydz09

Meeting ID: 775 605 6320, Password: 12345, You can also call in by phone (no Zoom account necessary). Phone Call: +1 253 215 8782

775 605 6320# For help, call Gary Fredricks at garyf@wsu.edu or 360-577-3014 Ext. 3.

ANIMAL OWNERSHIP TIMELINES

4-H members need to be completely enrolled (forms completed, signed and turned in to the Extension office, their Club Assessment fee paid) and their animals must be under the 4-H member's regular care and management for the following periods of time prior to the official county exhibit activity, including junior livestock shows: Rabbits and Poultry – 45 days Cavies – 45 days Dogs – 60 days Cats – 60 days Goat – 60 days Llama – 90 days Sheep and Swine (Breeding & Market) – 60 days (Swine see Rule 5C for CWJLS)

Equine – 90 days (Make sure your horse certificate is on file 90 days before first show/event) Dairy – 90 days, Dairy Heifer Replacement– 60 days

Animals raised by the 4-H member from birth or hatching are exempt from the minimum time periods

BACKYARD FLOCK RECORDINGS

Are you thinking about getting chicks? What sort of brooder should you have before you bring them home? Where will they live as they get older? Let's discuss some safe, inexpensive, and healthy designs for your poultry housing. You can find the first half of the recording "Chicks 0-8 Weeks" at http://bit.ly/3Eat7uy

You can find the second half of the recording "Chicks 8-28 Weeks" at http://bit.ly/3ELEidv

MARKET POULTRY RECORDING

Check out our recording from March 26th, 2023. We covered fryers, turkeys, ducks, and geese, with the focus being on fryers and turkeys. This program is available to all, not just 4-H youth. Find the link to the recording below.

http://bit.ly/3ze4SbT (WSU Zoom Recording). Please take our post-workshop survey after viewing the recording at (WSU Qualtrics) this link is also in the recording.

http://bit.ly/3LRPppa

Thanks for watching our workshop! Pam Watson, M.Ed., pwatson@wsu.edu, WSU Lewis County Extension, 4-H Youth Development Agent, WSU Faculty

4-H RESOURCES & IMPORTANT LINKS

Quick Links:

☐ Yakima County 4-H From Home

https://extension.wsu.edu/vakima/4-h/4-hfromhome/

☐ Yakima County 4-H website:

http://extension.wsu.edu/yakima/4-h/

☐ Yakima County Facebook Page:

http://www.facebook.com/YakimaCounty4H

☐ State 4-H Website:

http://extension.wsu.edu/4h/

□ Volunteer Reporting Hours

Now Using GivePulse

□ Volunteer Sterlings Background screening

https://app.sterlingvolunteers.com/en

☐ 4-H Online Enrollment Link

https://v2.4honline.com/

☐ 4-H Online Enrollment: Creating Family Profile Youtube

https://extension.wsu.edu/yakima

☐ 4HOnline Enrollment Guide

https://s3.wp.wsu.edu/uploads/sites.pdf



"WSU Yakima County Extension empowers our families, communities, and local partners through a network of educators and volunteers to provide research-based outreach and creative solutions to enhance agricultural productivity, environmental stewardship, and quality of life."

Alison White-Regional Specialist 4-H Youth Development alison.white@wsu.edu

Jennifer Loyd-Program Coordinator 4-H Youth Development jennifer.loyd@co.yakima.wa.us

4-H Program Email, Yakima.4h@wsu.edu

Design and Layout, Kassidey Brownlee

CALENDAR OF EVENTS

Date	Event	Contact Information	
April 2023			
1	Input your GivePulse Volunteer Hours for the Month of March	Bonnie or Jenny <u>yakima.4h@wsu.edu</u> 509-574-1600	
1	Yakima Valley Fair & Rodeo, Grandview - Beef pictures with ear tags due	http://yvfair-rodeo.org/	
4	WSU Extension online Workshop: Pasture Weed Control & Grazing Management	https://wsu.zoom.us/j/7756056320?pwd= RzVxbTl0dXpyUjJjSDdsWnJuTXdydz09	
8	Trail Clinic with Heidi Massengale, 4 Cross R Equestrian Center, yakima	Kim Lansing ms.berly@yahoo.com	
8	WSU Horse Course, open to youth 12 years old and up and adults.	https://wsuhorsecourse.weebly.com/	
12	WSU Cougar Family #GoCougsGive2023	https://cougsgive.wsu.edu/	
15	Central Washington Junior Livestock Show FINAL ENTRY DEADLINE	https://www.centralwashingtonjuniorlivest ockshow.com/	
15	CWJLS Lamb Shearing Day, Make appointment, CWJLS Fairgrounds, Toppenish	Make appointment Dave 509-570-2947	
15	Lincoln County Spring Showcase, Davenport Fairgrounds	https://extension.wsu.edu/lincoln-adams/4	
		h/lincoln-county-spring-show/	
16-23	National Volunteer Week		
17	4-H Expressive Arts (Poster Contest) due in Extension office	Bonnie or Jenny <u>yakima.4h@wsu.edu</u> 509-574-1600	
20	7:00 pm, Central Washington JR Livestock Show Meeting, Show office	https://www.centralwashingtonjuniorlivest ockshow.com/	
22	Equi-Fair Schooling Show, Riverside Arena, Yakima	Kim Lansing ms.berly@yahoo.com	
28-29	Evergreen Junior Dairy Show, Evergreen State Fairgrounds, Monroe	https://extension.wsu.edu/4h/dairy-endow ment-fund/program-activities/evergreen-ju nior-dairy-show/	
30	Central Washington JR Livestock Show, Haul in animals, turn in Record Books	https://www.centralwashingtonjuniorlivest ockshow.com/	
April 30- May 3	Central Washington Junior Livestock Show, Topenish Showgrounds	https://www.centralwashingtonjuniorlivest ockshow.com/	
May 2023			
April 30- May 3	Central Washington Junior Livestock Show, Topenish Showgrounds	https://www.centralwashingtonjuniorlivest ockshow.com/	
	JOANN Fabric Rewards - ends June 2023	https://www.joann.com/4-h/	
1	Input your GivePulse Volunteer Hours for the Month of April	Bonnie or Jenny <u>yakima.4h@wsu.edu</u> 509-574-1600	
4	Central Washington JR Livestock Show CLEAN-UP Day	https://www.centralwashingtonjuniorlivest ockshow.com/	
6-7	State Horse Bowl and State Hippology, Grant County Fairgrounds, Moses Lake	2023 Horse Bowl Registration Packet or 2023 Hippology Contest Registration Packet	

CALENDAR OF EVENTS

8	4:00 pm-7:00 pm, 4-H Fashion Revue judging garments, WSU Conference Room	Bonnie or Jenny <u>vakima.4h@wsu.edu</u> 509-574-1600	
12	6:30 pm, 4-H Fashion Revue, Fruitland Grange 2908 Castlevale Rd. Yakima		
15	6:30 PM, Yakima County 4-H Leaders' Council Meeting. WSU Extension Conference Room	Jenny 574-1600 Jennifer.loye@co.yakima.wa.us	
June 2023			
	JOANN Fabric Rewards - ends June 2023	https://www.joann.com/4-h/	
1	Input your GivePulse Volunteer Hours for the Month of May	Bonnie or Jenny <u>vakima.4h@wsu.edu</u> 509-574-1600	
3	Sagebrush Riders Annual 4-H Horse Show, Steve Flores' Arrow Over Diamond F Ranch	More information coming later	
20-23	WA State 4-H Teen Conference, WSU Pullman Campus	https://extension.wsu.edu/4h/stc	
22	WSJHS Clinic	Kim Lansing ms.berly@yahoo.com	
22-25	WA State Junior Horse Show, Grant County Fairgrounds, Moses Lake	Kim Lansing ms.berly@yahoo.com	
23-25	WA State Junior Horse Show, 4-H Horse Show, Grant County Fairgrounds, Moses Lake	Kim Lansing ms.berly@yahoo.com	
24-25	WA State Junior Horse Show, Open Horse Show, Grant County Fairgrounds, Moses Lake	Kim Lansing ms.berly@yahoo.com	
24	8:00 am - 5:00 pm, 4-H Llvestock Judging Contest, Grant County Fairgrounds	Jenny 574-1584, Jennifer.loyd@co.yakima.wa.us	
	July 2023		
1	Input your GivePulse Volunteer Hours for the Month of June	Bonnie or Jenny <u>vakima.4h@wsu.edu</u> 509-574-1600	
1	National Congress Application due	https://www.national4-hcongress.com/	
18	Washington Dairy Judging Contest, Evergreen State Fairgrounds, Monroe	Gary Fredricks, 360-577-3014 ext 3, garyf@wsu.edu	
	West Valley Fair, Wiley City, https://westvalleyfair.org, https://ww	ww.facebook.com/WestValleyFair/	
August 2023			
1	Input your GivePulse Volunteer Hours for the Month of July	Bonnie or Jenny <u>vakima.4h@wsu.edu</u> 509-574-1600	
9-12	Yakima Valley Fair and Rodeo	http://yvfair-rodeo.org/	
September 2023			
1	Input your GivePulse Volunteer Hours for the Month of August, or year of 2023	Bonnie or Jenny <u>vakima.4h@wsu.edu</u> 509-574-1600	
1-24	Washington State 4-H Fair, Puyallup Fairgrounds	http://extension.wsu.edu/4h/fairs/state-4-h -fair/	
	Central Washington State Fair	https://www.statefairpark.org/	
October 2023			
1	4-H Year Begins 2023-2024		