



HEAD



HEART



HANDS



HEALTH

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Quick Links

- *Volunteer Sterlings Background screening*
<https://app.sterlingvolunteers.com/en>
- *4-H Online Enrollment Link*
<https://v2.4honline.com/>
- *4-H Online Enrollment: Creating Family Profile Youtube*
<https://extension.wsu.edu/yakima/2020/10/4honline-enrollment/>
- *4HOnline Enrollment Guide*
<https://s3.wp.wsu.edu/uploads/sites/2083/2020/10/N-EW-Family-Enrollment-2.0-09.21.2020.pdf>
- *Yakima County 4-H From Home*
<https://extension.wsu.edu/yakima/4-h/4-hfromhome/>
- *Yakima County 4-H website:*
<http://extension.wsu.edu/yakima/4-h/>
- *Yakima County Facebook Page:*
<http://www.facebook.com/YakimaCounty4H>

- State 4-H Website: <http://extension.wsu.edu/4h/>
- *WSU Extension Publications,*
<https://pubs.extension.wsu.edu/>
- *Volunteer Reporting Hours*
<https://volunteers.cahnrs.wsu.edu/logon.aspx>

WELCOME YADI TO YAKIMA COUNTY EXTENSION OFFICE

Yadi Guerrero grew up in the Lower Valley and is passionate about community-engaged research that promotes organization and system-level change. She aims to collaborate with her community and provide quality evidence-based programming to prevent adverse health outcomes for youth and families county and state-wide.

As an experienced Prevention Scientist, she has been involved in various community-based studies targeting childhood obesity, parent-child stress and coping strategies, and housing stability for domestic violence survivors. She specializes in culturally adaptive programs and engaging vulnerable populations in community research. Her research has given her the opportunity to work with diverse populations such as migrant and immigrant farmworker families, low-socioeconomic status families, domestic violence survivors, and individuals with diverse racial, ethnic, and sexual identities.

As the Family Resiliency, Health and Wellness Specialist, she will aim to strengthen community partnerships with WSU Extension, establish infrastructures for nutrition and food safety programs, work towards the sustainability of the current programs, and seek to implement new youth and family programs that fit the community's needs.

Contact information: Yadira (Yadi) Olivera Guerrero, Yakima County Extension Family Resiliency, Health and Wellness Specialist, Washington State University Extension, Youth and Families
yadi.olivera@wsu.edu, (509) 574-1582.



4-H Seniors of 2021!!

WSU Yakima County Extension 4-H Program would love to highlight our "4-H Seniors of 2021". Many of our youth have been a part of 4-H for many of their childhood years, some only one year, but all are truly our 4-H family!

We are asking the "4-H Seniors of 2021" to submit their projects, stories, accomplishments, and goals for the future, and any photos they would like to share to Jenny at Jennifer.Loyd@co.yakima.wa.us.

Note: Submitting is on a volunteer basis from our seniors and their families (submissions will be considered permission to post the below information on our 4-H Yakima County Facebook page.

Here is the information needed:

- ★ Name (Please let us know if you want your student's full name or only first name mentioned in the post.)
- ★ High School
- ★ 4-H Club(s)
- ★ How many years as a 4-H member?
- ★ A little information about your project(s)
- ★ Do you have a favorite 4-H moment and/or experience?
- ★ What are your future and post-graduation goals?

Be sure to include one photo!

Thanks & Congratulations Seniors and their families!

4-H ONLINE ENROLLMENT

If you haven't enrolled in 4-H, there is still time. The new 4H online version 2 enrollment link is <https://v2.4honline.com/>. The enrollment fee is \$25.00 per youth member. Volunteers/Leaders do not pay the fee. The enrollment fee can be waived by requesting a sponsorship from yakima.4h@wsu.edu. The request is confidential and requires you sending an email asking for sponsorship with the youth's name.

If you think you might participate in any 4-H event, it is best for you to enroll in 4-H to be covered by the 4-H accident insurance. 4-H Virtual events require you to be enrolled, so do it now instead of waiting to last minute and missing any 4-H event deadlines.

UPCOMING EVENTS - NEED YOUR INPUT!

Fashion Revue, Poster Contest, and Public Presentation Contests are events we usually have at this time of the year. Due to COVID restrictions last year these events were done virtually. Please send me your ideas, thoughts and suggestions on these events. What would be the best times to hold these contests as well. Your input will be greatly appreciated and considered very valuable in scheduling the above events this year. Please send your ideas to yakima.4h@wsu.edu.

CLUB NEWS

IN-PERSON ACTIVITIES

WSU and Washington State 4-H have agreed upon a model to allow for some in-person 4-H activities to be approved. What does this mean for Yakima County 4-H?

- No club or group can meet in person without approval from the 4-H office.
- Clubs or groups may seek approval to offer an in-person participation option for activities that cannot reasonably take place virtual or through at-home learning.
- Virtual or at-home learning options are still the first choice for all activities that can be conducted virtual-ly, independently or at-a-distance.

Interested in applying to host a 4-H activity in-person? You may apply for approval to run a single activity in-person or series of activities in-person. Just email or call Jennifer.loyd@co.yakima.wa.us, or 651-353-0353 (9:00 am-4:00 pm) to get started.

Getting an in-person activity approved takes time and creative planning! We request you notify the 4-H Office at least four weeks prior to the event. We'll work together to develop a safety and participation plan, which then has to be approved by the County Director.

An in-person activity must meet several conditions in order to be approved. The most notable (as of **March 1, 2021**) include:

- The activity cannot reasonably be completed virtually or through at-home learning.
- The nature of the activity allows for all safety procedures to be followed (physical distancing, masks, proper sanitation).
- The activity doesn't mix youth in groups larger than 15.
- There are at least two certified volunteers (or a combination of certified volunteers and staff) present.
- All key personnel/participants have completed safety training.
- The plan includes a virtual or at-home option to ensure the opportunity to participate isn't limited by safety or health concerns.

We recognize that there is still much uncertainty to navigate as we begin to plan for in-person activities this spring. As public health measures change so will our policies. We are thankful for your dedication to 4-H and the perseverance you have modeled for our youth. We love seeing the ways our 4-H community is staying connected virtually and through porch pick-ups.

RESOURCES:

- [4-H In-Person Flowchart](#): a simplified breakdown of the approval process
- [4-H At-Home Learning Links](#)
- [Yakima County 4-H From Home Links & Ideas](#)

SHARE YOUR EVENTS WITH US

We would love to see what everyone is doing! If you would like to send us some pictures and a small write up for us to share to the Facebook page that would be great! It is always fun to see what everyone is doing these days. Just send an email to Jennifer.Loyd@co.yakima.wa.us to get it on Facebook and posted in our 4-H Focus Newsletter!

PROJECT NEWS

HORSE CERTIFICATES DUE MAY 1

2020-2021 Horse Certificates are due May 1. Each year your 4-H horse certificate needs to be certified. If you have the same horse as last year, please send an email to yakima.4h@wsu.edu, with what horse you would like to certify for events this year. If our office has a copy of it, we will sign the certificate and email back to you. If we don't have a copy, please complete the certificate, scan and send it to yakima.4h@wsu.edu for signatures and return it to you. Bonnie will be sending out letters to 4-H Leaders with horse certificates on file with the Extension office.



Don't miss
Sharing the 4-H Trail
a virtual workshop
May 12, 6:30 p.m. PST.
It's FREE!

An introduction to enjoying the outdoors for youth hitting the trail with or without their animal friends.

Even during challenging times, 4-H'ers keep learning by doing. #Opportunity4All

EXPERIENCE 4-H! SHARING THE 4-H TRAIL ZOOM WORKSHOP SET FOR MAY 12TH!!

Are you thinking about hitting the trail? Join us for Sharing the 4-H Trail on **Wednesday, May 12, 6:30 to 8:30 p.m. PST.** This introductory Zoom workshop is for 4-H

members who plan to hike with or without their 4-H animal projects. We will cover hiking basics, safety, and trail etiquette when hiking with animals (such as dogs, horses, goats, and llamas). Hiking can be an outdoor adventure which is one of the projects 4-H offers.

To pre-register and receive the workshop link click here:

https://wsu.zoom.us/join/register/tJlsc-GtqjgiGtydCKIAbc3j-w4FAsd_juQD.

After registering, you will receive a confirmation email containing information about joining the meeting




SAVE THE DATE!
RHDV-2 Vaccine Clinics
Sunday, May 23 - Enumclaw Expo Center
Sunday, June 6 - WSU Extension Lewis Co. Office
\$35 per rabbit
Organized by the WSU Extension 4-H Youth Development Small Animal Committee
An opportunity for 4-H youth to protect their rabbits. To learn more about RHDV-2 visit the WSDA website.

SAVE THE DATE! RABBIT VACCINE CLINICS

A Highly contagious and fatal rabbit disease has been spreading throughout the Western United States over the last year. Rabbit Hemorrhagic Disease

Virus type 2 (RHDV-2) was recently confirmed in both Oregon and Idaho. With recent confirmed cases of RHDV-2 having been found in neighboring states, the WSU Extension Small Animal Science Committee is organizing RHDV-2 drive-thru vaccine clinics for 4-H rabbit project members. The RHDV-2 vaccine is difficult to access as only a handful of vets in Washington State have the license necessary to provide the vaccine.

The following event dates have been scheduled: **Sunday, May 23**, at the Enumclaw Expo Center (King County Fairgrounds) and **Sunday, June 6**, at the WSU Extension Lewis County Office. More details and how to pre-register will be included in future Yakima 4-H Facebook pages and 4Honline emails.

Please Note: Pre-registration and pre-payment for vaccines will be required to participate and to reserve a spot in line for the RHDV-2 Vaccine Clinics. No day of event registrations. For more information about RHDV-2 and to help families make an educated decision about whether or not to vaccinate, please visit the Washington State Department of Agriculture (WSDA) RHD webpage at <https://agr.wa.gov/departments/animals-livestock-and-pets/animal-health/animal-diseases/rabbit-disease> and the American Rabbit Breeders Association (ARBA) website at <https://arba.net/announcements/>.

Again, please watch for more information to be announced on Yakima County 4H Facebook page and 4Honline emails.

WASHINGTON STATE JUNIOR HORSE SHOW

WSJHS committee is in the process of working out details to have the show as a one day 4-H event. More information to come later as the **June 25** date approaches and following COVID 19 restrictions.



WASHINGTON STATE 4-H DAIRY JUDGING AND QUIZ BOWL CONTESTS COMING

The State 4-H Dairy contests for Judging and Quiz Bowl determines the individuals that will represent Washington State participating at the National events. This year both contests will be held on **Tuesday, July 20, 2021** at the Fairgrounds in Monroe, Washington. Times for both contests will be announced at a later date.

General Dairy Judging Team information website link

<https://extension.wsu.edu/4h/dairy-endowment-fund/program-activities/dairy-judging-team/>.

General Quiz Bowl Team information website <https://extension.wsu.edu/4h/dairy-endowment-fund/program-activities/quiz-bowl-team/>.

If you have an individual 4-H'er or team that wants to compete, please contact Gary Fredricks at 360-577-3014 Ext. 3, or at garyf@wsu.edu.

EXPERIENCE 4-H! SMALL ANIMAL SERIES

The WSU Extension 4-H Youth Development Small Animal Committee will offer the following workshops in April and May:

- Introduction to Judging Contests for Rabbit & Cavy 4-H Members: You get to be the judge! An introduction to judging contests and how to mark your scorecard. Judge a few practice classes from photographs of rabbits and cavy. Note to parents: This workshop may be challenging for younger 4-H members as understanding number patterns is part of participating in a Judging Contest. Youth age 9 and younger should have an adult helper present during the workshop. **May 15, 2021, 1:00 to 2:30 PM Pacific Time** Register in advance for this meeting: <https://wsu.zoom.us/j/9456123456> After registering, you will receive a confirmation email containing information about joining the meeting.

APRIL 26 VIRTUAL LIVESTOCK JUDGING CONTEST RESULTS

Congratulations to our first round winners of our series of virtually Livestock Judging contests that ended April 26. Members had the opportunity to judge one round of market beef, market sheep, market goats and market swine.

Below are the results in each division?

Seniors:

Jared Sheehan	185 tied for first
Kendra Still	185 tied for first

Intermediates:

Darrin VanderMeulen	161
Caiden Beaman	159
Andrew Sheehan	158
Claire Sheehan	142
Annalies VanderMeulen	125

Junior: Jacob VanderMeulen 135

Cloverbud: Annelise Sheehan 154.

Thank you for taking the time to participate in our 4-H Virtual Livestock Judging contest series. Your scores and ribbons will be mailed to you. Remember for the overall year end high point prizes, you must participate in at least 3 of the 5 to qualify.

FAIR & SHOW NEWS

"LET'S STIRRUP SOME FUN IN '21" THE YAKIMA VALLEY FAIR & RODEO.

The Livestock Show will **not** be a 4-H/FFA event. It will be a **Youth Livestock Show** during the week of **August 11 - 14, 2021**. It will be open to youth with a permanent address within a Yakima County school district, those parts of Benton County including Prosser School District, Paterson School District, or Kiona Benton School District, and those parts of eastern Klickitat County including the Bickleton School District.

- ❖ No club/chapter signage will be displayed as pens will be based on family/exhibitor groups. Educational posters are encouraged.
- ❖ No record books will be required
- ❖ Hardmanship will be assessed.

We hope many of you have craft items (from the past quarantine year) that you would like to display, plus garden produce, flowers, baked & preserved foods. Please contact yakimavalleyfair.rodeo@gmail.com if your school or group would like to have a dedicated area for display.

Registration will be open **May 15** and close **May 31 at 10:00pm. No exceptions.**

Spring Cleanup will be May 4, 5:30 pm and May 8, 9:00 am.

Continue checking their website for updates <http://yvfair-rodeo.org/>

Livestock questions, please contact Ryan VanBeek at (509) 831-5820 or Chris VanBelle at (509) 728-8387 via text or phone call.

STATE NEWS

ENTER THE EXPERIENCE 4-H! TABLE SETTING CONTEST Due June 1

Choose a theme, example birthday party, garden party, etc. and create a table setting. Color, texture, design and creativity are important.

Submit a photo of the decorated table to tgwin@wsu.edu by **June 1, 2021**.

Bonus points given if participant appears in photo wearing clothes that match the theme/occasion of their table setting.

Prizes awarded by 4-H age group. Please contact Toni Gwin tgwin@wsu.edu if you have questions.

If Yakima County 4-H'ers enter the contest, please send a photo to yakima.4h@wsu.edu, so we can add

to our Facebook page. Remember the actual contest photo needs to be emailed to tgwin@wsu.edu.

ALL OTHER NEWS

FROM STATES' 4-H INTERNATIONAL EXCHANGE PROGRAM

Unfortunately, our Japanese partners have cancelled the month-long Summer Inbound Program as of April 16th of this year. This decision was made due to some international travel restrictions on safety around Covid-19. This is very sad for many families and students who were looking forward to the Exchange Program this summer. However, we are expecting next year's month-long Summer Exchange Program to be bigger than ever. Many students in other countries and our own wait many years to finally have an exchange opportunity. Our hope is that 2022 will allow these students this great trip of a lifetime!

CENTER FOR DISEASE CONTROL ONLINE YOUTH ACTIVITY

Play "Solve the Outbreak" on the CDC Website Today!

Your mission, if you choose to accept it, is to get clues and analyze data to Solve the Outbreak and save lives. In this fun, interactive app you get to try your hand at becoming a Disease Detective. You'll travel the world chasing outbreaks like the ones real-life CDC Disease Detectives help fight. Should you quarantine the town, send for more lab results, or alert the media?

The better your answers, the faster you'll climb the ranks and achieve Disease Detective status! Master Level 1 to unlock even more exciting scenarios and earn honors for your demonstrated expertise!

Link to CDC Activity Page:

<https://www.cdc.gov/mobile/applications/sto/sto-web.html>

LINKS TO ANIMAL SCIENCE RESOURCES

Dr. Susan Kerr

From Ohio 4-H Youth Development, a good resource for swine project youth:

[Swine Zoonotic Disease Fact Sheet 0](#)

Diseases commonly spread between swine, and some also spread between swine and humans. As a responsible livestock owner, you can take measures to reduce the spread of pig-to-pig and pig-to-human diseases.

Also from Ohio 4-H, a nice variety of lesson plans for 4-H Animal Science youth can be found at:

<https://ohio4h.org/statewide-programs/animal-science/s/livestock/livestock-resources/animal-sciences-lesson-plans>

Kansas State has some good 4-H marketing photos you can use. All you need to do to credit them

if you use them is to include "K-State Research and Extension, <https://creativecommons.org/licenses/by/2.0/>" in the caption.

<https://www.flickr.com/photos/ksrecomm/albums/72157663152102967/with/39262569404/> - Dr. Susan Kerr

YOUTH IN ACTION EVENT, VIEW THE RECORDINGS NOW!

Washington State 4-H celebrated Mayyadah Zagelow, recently named the Healthy Living Pillar winner, at the 2021 4-H Youth in Action Virtual Celebration on April 27th.

The event, carried live on Facebook and YouTube, featured appearances from several celebrity guests and 4-H alumni, including: Carla Hall, Avery Williamson, Lazarus Lynch, Bill Nye "the Science Guy," and Dolly Parton.

If you missed the event, recordings are available for viewing on YouTube! Find the playlist at https://www.youtube.com/playlist?list=PLpKw1i-cDY_EGkFm4yfrkB41eKfxiVln4

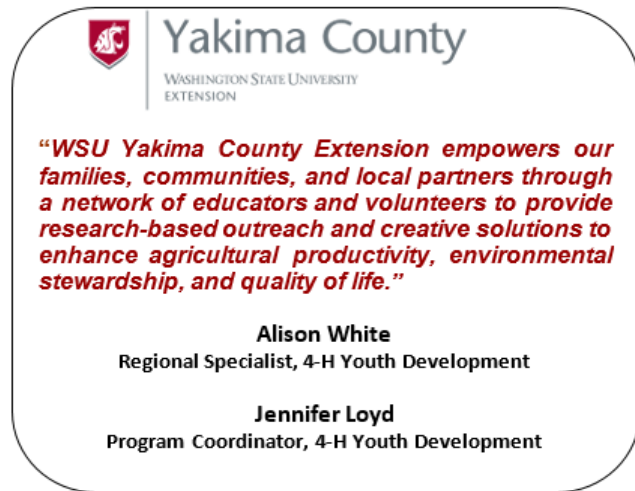


FUN QUIZ ABOUT FOCUS

Do you read the 4-H Focus Newsletter? Do you like Scavenger hunts? The first 2 people who respond to Yakima.4h@wsu.edu with the correct answers to the questions below wins a prize!

Congratulations to March contest winners Maia Pham and Robin Scott.

1. Who recently joined the Yakima County Extension team?
2. When is the table setting photo contest due to Toni Gwin?
3. What is the Yakima Valley Fair & Rodeo Youth Livestock Show theme?
4. What date is the Dairy judging and quiz bowl?
5. What is the 4-H Motto?
6. When are the horse certificates due?
7. What are the 4-H age divisions in 4-H?
8. Bonus Point: What is your favorite topic in the **4-H From Home** Website?



4-H CALENDAR – DATES TO REMEMBER

****Fair board meeting dates are not listed below, please contact the fair boards to find out how meetings are taking place. Due to COVID-19 concerns, these meetings should be occurring in an alternate format, no face-to-face meetings or gatherings.

MAY 2021	
1	Horse Certificates due in Extension Office
1	Application Deadline, 4-H Goat Scholarship, https://americangoatfederation.org/youth-scholarship-program/
1	4-H Horse Bowl Contest, https://s3.wp.wsu.edu/uploads/sites/2050/2021/03/HorseBowlRules.Final_2020.pdf
6	4:00 PM, Virtual Livestock Judging Contest ends, https://www.livestockjudging.com/contest/details.aspx?id=313 , Code: 9gbz
12	6:30 PM, 4-H Trail Zoom Workshop, https://wsu.zoom.us/j/6481234567890
15	1:00 PM, Small Animal Series, Introduction to Rabbit & Cavy Judging, https://wsu.zoom.us/j/6481234567890
15-31	Registration May 15-31, Yakima Valley Fair & Rodeo Youth livestock show. no 4-H or FFA divisions, http://yvfair-rodeo.org/
17	1:00 PM, Small Animal Series: Judging Contest for Rabbit & Cavy members. See link in April 4-H FOCUS
23	Rabbit Vaccine Clinic, Enumclaw Expo Center, King County Fairgrounds,
	Central Washington Junior Livestock Show Cancelled, https://www.centralwashingtonjuniorlivestockshow.com
JUNE 2021	
1	Deadline to submit Experience 4-H! Table Setting photos tgwin@wsu.edu
5	4-H Hippology Contest, https://s3.wp.wsu.edu/uploads/sites/2050/2021/03/2021-State-Hippology-Registration.pdf
6	Rabbit Vaccine Clinic, WSU Extension Lewis County Office
25	Washington State Junior Horse Show, 4-H division more information coming later Kim Lansing
JULY 2021	
20	Washington State 4-H Dairy Judging and Quiz Bowl Contests, Gary Fredricks 360-577-3014 ext 3, garyf@wsu.edu
AUGUST 2021	
11-14	Yakima Valley Fair & Rodeo Youth livestock show. no 4-H or FFA divisions. Registration May 15-31, http://yvfair-rodeo.org/