



AUGUST 2013

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- Do you keep competition fun by providing success and rewards for everyone, not just the "winner"?
- When you choose a competitive activity, do you consider the age and developmental level of the participants? Does the activity have realistic goals?
- Is the emphasis of the competition on skill development and personal growth rather than winning or losing?
- Do you realize the tremendous impact one adult's attitude can have on a child?

If your answer is YES to most of these questions, then you are making competition a healthy, enjoyable part of your children's learning.

– Adapted from an article by Mary Y. Deen, Youth Developmental Specialist, WSU Extension

PROJECT NEWS

RECORD BOOKS -- WORTH THE EFFORT

Parents, have you seen your 4-H member's record book lately? Have you encouraged your 4-H'er to write about important events in his/her 4-H diary? Have you cross-referenced your 4-H member's calendar your family calendar? These are all ways you, as parents, can support your 4-H member in learning to keep good records. It's good training for adult life, income taxes, family health records, etc.

Record books are designed to help the 4-H member record important dates (meetings, vaccinations of 4-H project animals and county events), expenditures (animal feed, cost of fabric vs. ready-to-wear, etc.) and achievements/failures (not just prizes won but lessons "learned by doing")?

Encourage your 4-H member to record his/her learning experiences by taking snapshots throughout the 4-H year (not just at fairs, of prizes won, but at home while cooking, sewing or doing chores). These pictures will not only illustrate the record book but be something to cherish for years to come.

Yakima County Leaders' Council Meeting
 August 19, 6:30 PM
 WSU Conference Room
 2403 S 18th Street, Union Gap
 President Linda Weeks 248-4669

HAVE YOU "LIKED" US YET?



Yakima County 4-H is on Facebook! Please visit our page at <https://www.facebook.com/yakimacounty4h> and "Like" us to show your support and to make sure 4-H shows up in your news feed.

COMPETITION: HOW DO YOU HANDLE IT?

Competition itself is neither good nor bad. It's how it's handled. Adults have a tremendous impact on how competition affects youth. Here's a way to check if you're on the right track.

- When a child finishes a competition do you ask: *What did you learn? Did you enjoy yourself? Did you meet any interesting people? Did you do your best?* Instead of - *Who won? What did you get?*
- Do you have fun during competition yourself? Do you model it for children?

YAKIMA VALLEY FAIR & RODEO RECORD BOOK SCORESHEET

Below is the Score Sheet that will be used to judge the Yakima Valley Fair & Rodeo Record Books this year. Double check that all signatures are signed by member, parent and leader where required. **Remember:** the judging committee does not want your permanent record book – merely the record sheets listed for your current livestock projects, plus the front and back cover.

**Score Sheet for Judging Record Books
Yakima Valley Fair & Rodeo, Grandview Fair**

Name _____ Club _____

	Points	Score
1. General Appearance: Front Cover Neat & Complete, in binder.	5	_____
2. Calendar: Use to plan the whole 4-H year. Must include vents pertaining to project, club and all county activities such as poster contests, talent show, fairs, etc. Checked when attended.	5	_____
3. Code of Ethics: Must be signed & dated.	5	_____
4. Project Plans/Commitments: Needs to have complete and realistic plans for the project. Must show something you want to learn and some project goals. Done & signed at the beginning of the project year.	5	_____
5. Project Journal/Diary: Needs to show all project work and activities. Must be used from the beginning of the project to now. Show what was done, how it was done, what was learned, etc. Make comments.	10	_____
6. Project Pictures/Information: Date and caption.	5	_____
7. Project Highlights: Needs to tell what was learned, problems and/or successes.	5	_____
8. Project Expenses: Can be journal or add sheet. Up-to-date expense totals, beginning inventory complete, weights listed.	5	_____
9. A 4-H story started and supplemental information included. If applicable for project, member's statement and signature, parent's statement and signature, leader's statement and signature.	5	_____
TOTAL	50	_____

The judging committee does not want the member's permanent and complete record book – merely the record sheets listed for your current livestock projects plus the front and back cover.

40-50 points = Blue,
30-39 points = Red
20-29 points = White

WEST VALLEY DOG SHOW RESULTS

This year there was a very small turnout for the West Valley Fair dog show, but those that did participate had a good time. They appreciated the opportunity to show and loved the new show ring that was just built his year. They were the inaugural use of the ring and it worked very well. There were five participants from Yakima County and three from Kittitas County. Those participating from Yakima County and their results are:

Junior Division: Mabel Chervany–Grand Champion Showmanship, Amelia Haller–Reserve Champion Showmanship.

Intermediate Division: Brianna Hallenbeck–Reserve Champion Showmanship. Andre Nielsen and Kyla Lundberg received blue ribbons in Showmanship.

Congratulations to all the contestants who participated in the West Valley Dog Show, Good Luck to those who will be participating in the Yakima Valley Fair & Rodeo dog show on Saturday, August 3 at 8:00 AM.

FAIR NEWS

**YAKIMA VALLEY FAIR AND RODEO, COUNTRY FAIR PARK, GRANDVIEW
2013 Rule Changes:**

- ✿ Each swine, sheep, beef and goat exhibitor will provide a Market Health Record for each animal to be sold at the sale. **Health Records must be turned in at weigh in.** No Health Record, No Weigh In. Health Records are attached or an electronic copy can be found at <http://county.wsu.edu/yakima/youth/Pages/4-HForms.aspx>.
- ✿ No White Ribbon animal may be sold in the Market Stock Sale.
- ✿ **NEW DATE & TIME,** Livestock Judging will be on Wednesday, August 7, 2:00 PM.
- ✿ **NEW DATE & TIME,** Dairy Judging will be on Wednesday, August 7, 3:30 PM.
- ✿ A 3x5 picture is **required** to be turned in with Record Book for each animal that will be in the Market Stock Sale. Picture should have the name of the exhibitor and club/chapter written on the back
- ✿ The winners of the Herdsmanship Contest will be announced before their respective species sell on Saturday.
- ✿ The language of the Exhibitor Age Requirements has been changed to reflect that in the Washington State 4-H Youth

Development Program Policy. This is how it appears in the Premium Book. Members must be in the 3rd grade and have reached their 8th birthday by January 1 of the current 4-H year to be eligible for: Competitive situations, including livestock shows or sales. Enrollment in large animal projects including beef, dairy, goat, equine, sheep, llama and swine.

Junior: 3rd- 5th grade

Intermediate: 6th- 8th grade

Senior: 9th- 12th grades

If you have any questions, please feel free to contact Chris VanBelle (509) 728-8387 or Ryan Maiden (509) 539-0260.

YAKIMA VALLEY FAIR & RODEO HORSE SHOW AND DOG SHOW SCHEDULE

The Yakima Valley Fair & Rodeo will be held August 7-10. Before the fair actually starts there will be 4-H horse show contests held Friday August 2, 10:00 AM, 4-H & open horse show classes. Saturday August 3, 4-H & open horse show classes. Sunday August 4, Western Gaming show.

The dog show will be held Saturday August 3 starting at 8:00 AM. The registration forms and more information can be found on-line www.yvfair-rodeo.org, in the premium book, or at the Yakima County 4-H Extension office.

4-HER'S + LARGE ANIMALS = ACCIDENTS

4-H activities are reaching their peak and young people are preparing their horses and large animals for competitions at county and state fairs. Just a friendly reminder that bruises, sprains, and broken bones, while working with or riding horses, are the most common 4-H claim received by American Income Life. Also common is trauma suffered while working with a large animals. Typical scenarios are a youth or adult being struck or crushed while working with the animal in an enclosed area. A youth being dragged while hanging on to a large animal that has bolted is another common mishap. Be sure to follow safety guidelines implemented by the State 4-H Program and the facility housing shows and competitions. Proper supervision by parents or an adult leaders is always and effective deterrent to unexpected accidents. When the unexpected does occur, the American Income Life Special Risk Division provides easy-to-use claims service to promptly pay medical bills following a covered accident. Remember to cover your events before they begin by visiting www.AmericanIncomeLife.com and clicking the "Submit 4-H Activity Report" link.

– Carey Roos

FARM/SHOW ANIMAL HANDLING TOPICS

The intensity of 'Fair-Season' is here and along with the usual fair-frenzy often get roped/cornered into organizing a 'petting zoo'. Dale Moore our Extension Veterinarian has forwarded along to me a resource list of farm animal handling materials that you may find useful. I have attached two particular checklists for volunteer use which I think are especially helpful in preparing youth for fairs and shows as well as petting zoo management. I hope you will find them to be as useful resources as I did.

The best overall site I have found for farm safety for children is: <http://www.fs4jk.org/>.

See also, "Keeping Farm Children Safe" <http://www.extension.umn.edu/distribution/youthdevelopment/DA6188.html>

Some topics covered include

- [Leading/grooming animals](#)
- [Calf pens or hutches \(cleaning\)](#)
- [Feeding of silages or corn \(to cattle\)](#)
- [Catching & holding a pig](#)
- [Feeding hay to cows \(square bales\)](#)
- [Feeding hay to horses \(square bales\)](#)
- [Milking cows \(using a pipeline\)](#)
- [Hitch/unhitch horses \(trailed implements\)](#)
- [Fieldwork with horses \(trailed implements\)](#)
- [Working with large animals \(horses, cattle, etc.\)](#)
- [Working with poultry](#)
- [Feeding milk to calves](#)

2013 CENTRAL WA STATE FAIR IS COMING, September 20-29, 2013

"Taste the Fun!" is this year's theme. Get your entries ready – 4-H Modern Living Building entries will be due September 14, more information to be sent out later. If there is a conflict with the September 14 date for entering your exhibits, you may also enter them on September 7 from 12:00-3:00 pm. For more information contact Diane Jones 833-3175. The Central WA State Fair website is at www.fairfun.com/fair.



SENDING EXHIBITS TO STATE 4-H FAIR IN PUYALLUP, September 6-22, 2013

Blue ribbon exhibits are eligible for the State 4-H Fair in Puyallup after our qualifying county events. Each exhibit entry and transportation to Puyallup Fair is the exhibitor's responsibility. Remove all county ribbons, comment sheets and county entry tags before entering. Fill out all state forms, which are available in the Extension office, and attach them to your exhibits. Any exhibit requiring a 3x5 information card at county will also need one for State 4-H Fair. Some exhibits require additional information so check the State Fair Premium book for entry requirements at <http://4h.wsu.edu/statefair/index.htm>.

If you have not already, please send in all results from any shows that were held this summer from any of the horse shows, dog shows, poster contest, speaking contest, including judging contests, etc. In order to determine who qualifies for state fair in Puyallup, I need this information as soon as possible. If you're not sure if I have the information from your show, or contest held, please contact Bonnie Abercrombie 509-574-1600 or yakima.4h@wsu.edu.

COUNTY NEWS

INTERESTED IN SHOOTING SPORTS? LET US KNOW!

Preparations for Yakima County's new Shooting Sports Club are still moving forward. Who's interested in archery or riflery? Please let us know! An informational meeting will be held in September (date and time coming soon) for interested youth, parents and leaders. The goal of the club is to provide safe, educational and fun shooting sport focused opportunities for youth. Youth (and Leaders) will:

- Learn how to use and maintain shooting sports equipment.
- Practice and compete to improve marksmanship skills.
- Discover valuable environmental and wildlife management related knowledge and skills.
- And more!

This is an exciting and educational program in which both adults and youth grade in 3 and up can participate. If you are interested in joining the club as a leader or member, or can help gather resources (equipment, practice space, etc.) please contact us at 574-1600 or Yakima.4H@wsu.edu or Shooting Sports leaders: Phil Scott 439-2130 or Gary Kirckof 966-8123.

VOLUNTEER HOURS REPORTING

Volunteers, please remember to report your Volunteer hours on the Volunteer Hours database at <http://ext.wsu.edu/Volunteers/default.aspx>.

If you experience problems reporting your hours, please send the following information: Location of Activity, What the Activity Was, Date of Activity, and start and end time of activity to Bonnie Abercrombie at Yakima.4h@wsu.edu and she will input the hours for you.

Washington State law requires that all volunteers working in support of WSU programs are covered by worker compensation insurance. The Washington State Department of Labor and Industry uses the dates and number of hours that volunteers work to determine the amount of insurance that must be purchased to adequately cover our volunteers. To be in compliance with State Law, WSU Extension has developed an online tool to facilitate collection and analysis of volunteer contributions. The system will be sequentially launched to each WSU Extension volunteer-based program.

STATE NEWS



WA STATE 4-H FORUM

The 2013 State 4-H Forum will be held in Vancouver, October 25-27, 2013. There will be many workshops to attend along with a silent auction. For more information visit the website <http://4h.wsu.edu/conferences/Forum/index.htm>.

4-H CLOTHING/TEXTILES BROCHURE AVAILABLE

The State 4-H Clothing/Textile Project Team has developed a brochure to promote clothing/textile projects in your county, to use as a promotional piece at events, or to distribute as a 4-H marketing tool at area fabric or needlework stores. It is available as either a .pdf file or .pub file that can be customized. There is space on the back for a county stamp or local contact information. Special thanks to Sally Walter, Clark County., for her efforts on this brochure. Download the versions here: [PDFVersion](#); [PubVersion](#).

– Nancy Mordhorst,

Pacific Northwest
4-H Horse Contest Guide



Effective October 1, 2012, through September 30, 2015

PNW0574, PACIFIC NORTHWEST 4-H HORSE CONTEST GUIDE

Please make sure you are using the current version of this guide. The current version is October 1, 2012-September 30, 2015.

You can obtain this form at the Yakima County Extension office or on-line at the WSU Publications

website at <https://pubs.wsu.edu/>. Type in the form name in the search area

TEEN NEWS

NATIONAL 4-H COUNCIL YOUTH TRUSTEE NOMINATIONS

As many of you know, National 4-H Council is governed by a Board of Trustees consisting of 35 members. National 4-H Council has the privilege of having four young people, between the ages of 16-23 years old, serve as Trustees.

Two youth seats will be available this fall. If you know of an interested young person who fits the following attributes, please encourage them to apply. Final candidates will be submitted to Council's Board for consideration on November 14 for election to a three year term.

Successful applicants will possess the following attributes:

- Minimum of 5 years of past involvement in 4-H.
- Be between the ages of 16-23 as of November 14, 2013.
- Be able to commit to a 3-year term as a Board of Trustee member.
- Be an experienced public speaker.
- Be willing to represent 4-H as a spokesperson for media opportunities (media training will be provided by National 4-H Council).
- Will have served previously in a state or national 4-H leadership/governance role.
- Proven youth adult partnership impact.

If you know of a candidate who would be interested in serving as a Youth Trustee, please have the candidate visit <http://www.4-h.org/youth-trustees> for nomination information and an application. All applications and accompanying nomination information is due August 19. If you have any questions please contact Carolyn Kent ckent@fourhcouncil.edu. The opportunity to serve as a trustee on the National 4-H Council's Board of trustees is a tremendous leadership opportunity for

the right youth. The select young people would quite literally be interacting with national and global business and industry leaders. I sincerely hope that we'll have candidates from Washington 4-H who will seriously consider this opportunity.

SE DISTRICT TEEN RALLY "WHERE OLD MEETS NEW"

Grant-Adams County is hosting this year's SE District 4-H Teen Rally! It will be held at Camp Delany, Sun Lakes, WA on October 18-20. The cost is \$75.00, which includes lodging, all meals, costs for additional off site adventures and a t-shirt. It's going to be an amazing weekend filled with fun as you explore the old Washington Territory, hike to Lenore Caves, explore the museum overlooking historic Dry Falls, leadership activities, a western dance (western outfit: pioneer, cowboy, Native American), and create a dream catcher.

Registration deadline is September 25. Early registration is encouraged as space is limited. Hope to see you there!

For more information and registration forms, visit the Grant-Adams County Extension website www.grant-adams.wsu.edu or 574-2011, ext 413.

NEWS YOU CAN USE

UPCOMING CHALLENGE TRAINING

Are you interested in learning how to lead team challenge activities with youth? Lisa Harness, a certified 4-H Portable Challenge trainer and 4-H Program Assistant, will teach a 3-day workshop for Yakima and Kittitas County 4-H Leaders this fall. We need at least 10 interested leaders to make this training happen. The training will take place in either Yakima or Ellensburg. For more information about 4-H Portable Challenge and other Challenge programs visit <http://4h.wsu.edu/challenge/challenge.html>. Please let us know soon if you're interested!

LIVESTOCK PROGRAMS AVAILABLE IN THE PACIFIC NORTHWEST

The Risk Management Agency's (RMA) Spokane Regional Office would like to remind Pacific Northwest livestock producers of the livestock risk management programs available in all counties in Idaho, Oregon, and Washington. The Livestock Risk Protection (LRP) program for Fed Cattle, Feeder Cattle, Lamb and Swine, and the Livestock Gross Margin (LGM) program for Swine begins sales for the 2014 crop year July 1, 2013

and continue through June 30, 2014; or until the maximum underwriting capacity is reached.

LRP coverage protects the policyholder from downward price risk during the insurance period. LGM provides protection against the loss of gross margin (market value of livestock minus feed costs). LRP and LGM do not cover any other peril (e.g., mortality, condemnation, physical damage, disease, individual marketing decisions, local price deviations, or any other cause of loss).

Cattle, swine, and lamb producers are encouraged to contact a local livestock insurance agent to learn additional details. Federal crop insurance program policies are sold and delivered solely through private crop and livestock insurance companies. A list of livestock crop insurance agents is available at all USDA Service Centers throughout the U.S. or at the RMA Web site address: <http://www.rma.usda.gov/tools/agent.html>.

– Pat BoyEs

RESOURCES:

State 4-H Website:
<http://4h.wsu.edu/>

Yakima County WSU Extension Website:
<http://county.wsu.edu/yakima/Pages/default.aspx>

Yakima County 4-H Website:
<http://county.wsu.edu/Yakima/Youth/Pages/default.as>



Washington State University Extension helps people develop leadership skills and use research-based knowledge to improve their economic status and quality of life.

Alison White
Regional Specialist, 4-H Youth Development

Future Cougar?
CLICK HERE TO
SHARE YOUR DREAM

<http://www.wsu.edu/future-students/admission/request-info.html>

DATES TO REMEMBER

AUGUST 2013

1	WA State 4-H Award Nominations Due	http://4h.wsu.edu/conferences/Forum/awards.htm
1	NW District Teen Rally, Registration opens up. Closes September 23	http://4h.wsu.edu/members/rallydates.htm
2	8:00 AM, Office opens, Yakima Valley Fair and Rodeo Open Horse Show, Country Fair Park, Grandview	Kim Lansing 539-0247
3	6:30 AM, Office opens, Yakima Valley Fair and Rodeo, 4-H & Open Horse Show, Country Fair Park, Grandview	Kim Lansing 539-0247
3	8:00 AM, Dog Show, Yakima Valley Fair and Rodeo, Country Fair Park, Grandview	Becky Johnson 697-3889
4	4:00 PM, Yakima Valley Fair and Rodeo, 4-H & Open Western Gaming Show, Country Fair Park, Grandview	
7-10	Yakima Valley Fair and Rodeo (Grandview Fair), Grandview Fairgrounds	www.yvfair-rodeo.org
8	7:00 PM, WV Fair Meeting, Blue Barn, West Valley Fairgrounds, Wiley City	Greg Boisselle 941-8720
19	6:30 PM, Yakima County Leaders' Council Meeting, WSU Conference Room	Linda Weeks 248-4669
19	6:30 PM, Yakima Valley Fair & Rodeo (Grandview Fair) Mtg., Livestock office, fairgrounds	Yvonne Graham 305-1871
19-25	Feeding A Hungry Plant Global Youth Ag Summit, Calgary, Alberta, Canada	www.youthagsummit.com
7/21-8/21	Inbound Cultural Exchange Program July 25-August 21. Host families needed for Japanese Exchange students	Carolyn Russ 431*0719

4-H WORD SCRAMBLER

Please unscramble the words below. These are words used in 4-H.

- | | |
|-----------------------|-------------------------|
| 1. TPOITNCIEOM _____ | 16. ARTEH _____ |
| 2. AHNSD _____ | 17. ARTYPOOHGPH _____ |
| 3. YLFAIM _____ | 18. NREEIOBSLPS _____ |
| 4. ETSER _____ | 19. EMEMBR _____ |
| 5. AIRFS _____ | 20. ECRIEORGPNDKE _____ |
| 6. BRISIBON _____ | 21. WNISE _____ |
| 7. UNF _____ | 22. IGFRMEPNRO _____ |
| 8. CPETORJ _____ | 23. HTEHAL _____ |
| 9. TAGO _____ | 24. DAHE _____ |
| 10. ETLOOYGMNO _____ | 25. HESEP _____ |
| 11. REEVLNUTO _____ | 26. RLAEDE _____ |
| 12. MNIHECEAVTE _____ | 27. OSERH _____ |
| 13. RNNWEI _____ | 28. MNCHAOP I _____ |
| 14. TAC _____ | 29. KIOCOGN _____ |
| 15. OSIOTCRB _____ | 30. OGD _____ |

Answers:

- | | |
|-----------------|-------------------|
| 1. Competition | 16. Heart |
| 2. Hands | 17. Photography |
| 3. Family | 18. Responsible |
| 4. Steer | 19. Member |
| 5. Fairs | 20. Recordkeeping |
| 6. Ribbons | 21. Swine |
| 7. Fun | 22. Performing |
| 8. Project | 23. Health |
| 9. Goat | 24. Head |
| 10. Entomology | 25. Sheep |
| 11. Volunteer | 26. Leader |
| 12. Achievement | 27. Horse |
| 13. Winner | 28. Champion |
| 14. Cat | 29. Cooking |
| 15. Robotics | 30. Dog |