



JULY 2013

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## EMERGENCY... HOST FAMILIES NEEDED!

Twenty Japanese youth already have plane tickets to travel to Washington State for a Summer Exchange Program at the end of this summer.

Last year two Yakima County families hosted Japanese exchange students and so far four families are hosting this summer. Two of the families this year hosted last year so, you know they had a wonderful experience last year with their Japanese youth.

Becoming a host family with the 4-H Exchange Program is a wonderful opportunity to experience another culture without leaving home. Families further develop their life skills and increase their cultural competency. We all can agree that in this ever evolving world, experience with other cultures is becoming a necessity. Let’s experience head, heart, hands and health in a new and fun way.

The online application for host families can be accessed at <http://states4hexchange.org/host-families>. Hosting dates for all delegates is July 25-August 21, 2013. Don’t worry if this is during your county fair. Many delegates have expressed how excited they were to be at the fair (some even camping) with their hosts. Last year’s delegates enjoyed all the families activities...fairs, travel, food, and even chores like milking goats.

For more information please contact: Jenny at (509) 574-1600 or [Jennifer.Loyd@co.Yakima.wa.us](mailto:Jennifer.Loyd@co.Yakima.wa.us) or Carolyn Russo, 4H Exchange State Coordinator at [carolyn.russo@wsu.edu](mailto:carolyn.russo@wsu.edu) or (509) 431-0719.

Thanks for considering this opportunity. If you cannot host this year, but want to host next year; please contact Jenny and put your family’s name on the list for 2014.

Here are some quotes off this year’s delegate’s biographies:

- “I want to eat a pizza”
- “I would like to see the grand nature”
- “I want to take care of animals”
- “I hope to see the horizon at sunset”

## 2013 MARION BUNNELL AWARDS

The Marion Bunnell 4-H Fund was established in 1976 to honor retiring County Extension Chair and long-time 4-H supporter, Marion Bunnell, who served Extension for over 40 years. Mr. Bunnell has since passed away, however his legacy for 4-H youth lives on through the fund. The fund is increased as individuals donate funds in the name of a loved one to benefit future activities of Yakima County 4-H’ers.

Although these investments funds were own, the fund allowed for these generous distributions.

Congratulations to the 2013 Award Recipients: West Valley Horse Show - \$100, Know Your Government - \$200.



## YAKIMA COUNTY 4-H FACEBOOK PAGE!

**Have You “Liked” Us Yet?** Yakima County 4-H is on Facebook! Please visit our page at <https://www.facebook.com/yakimacounty4h> and “Like” us to show your support and to make sure 4-H shows up in your news feed. Yakima County 4-H’s Facebook page will be used to share important program information, event news, photos and videos. Important updates and events will still be available in our monthly 4-H Focus newsletters as well.

Are you helping with a 4-H related event and need to get the word out? Let us know and we will help share the news. Do you have a great picture from an event or club activity to share? Send it our way or post it yourself. You can post 4-H related comments, pictures and videos to our page. However, please keep in mind that your post may not appear immediately since page administrators must individually approve certain post types before they show up.

Did you know you can see our Facebook page, look at pictures, watch videos and read important updates even if you don’t have a Facebook account? Go check it out! We look forward to seeing you online.

**CARING FOR ANIMALS DURING EXTREME HEAT**

We all welcome the longer days and warmer weather that summer brings, but with shifting weather patterns and a trend towards higher temperatures, extreme heat is emerging as an issue for livestock.

Managing animals in high temperatures requires good planning. Keeping an eye on the weather forecasts, and developing a plan for days of high to extreme temperature is essential in ensuring that your animals will have sufficient shade and water on very hot days.

Extreme heat causes significant stress for animals. There are a few simple guidelines you can follow to reduce the impacts of high temperatures on animals.

- ✓ Plentiful supply of clean, cool water.
- ✓ Suitable shelter or shade. Best type of shelter protects the animals from the sun and allows for the cooling effect of wind to breeze through.
- ✓ Handling. Try not to handle the animals during the heat of the day. Try early mornings or late evenings.

Animals at high risk of heat stress include:

- ❖ Young animals
- ❖ Sheep that are newly shorn are at risk of sunburn
- ❖ Beef cattle with black hair suffer more than those with lighter hair, although those with pink skin are at risk of sunburn.
- ❖ Holsteins are less tolerant than Jersey cows
- ❖ Cattle, alpacas and llamas are more prone to heat stress than sheep and goats.

Identifying heat stress: \* *Panting* \* *Increased respiration rate* \* *increased water intake* \* *loss of appetite* \* *listless/lethargy* \* *increased salivation* \* *in severe cases may become unconscious*. If your animals are showing signs of heat stress, actions to cool them down should be taken immediately.

- Move them to shade somewhere with a breeze,
- Encourage them to drink cool water, but encourage them to drink small amounts,
- Spray them with cool water, especially on the legs and feet or stand them in cool water. Use sprinklers or hoses for cattle, pigs and horses. Starting from the feet and moving up slowly. Lay wet towels over them. Poultry should not be wet down unless there is a breeze to aid the cooling process.
- Increase air movement with fans, ventilation, or wind/breeze.

Pigs are highly susceptible to heat stress and sunburn, and should not be exposed to long periods of direct sunlight or extremes of temperature. Pigs are unable to sweat and so try to cool themselves by increasing water intake, lying on a cool surface, wallowing in mud/water, panting, reducing feed intake.



*Remember: The most important things you can do for your animals in hot weather is to provide them with rest and shade in the hottest parts of the day, and plenty of clean cool water.*

You have a responsibility to ensure the well-being of animals under your care. With a bit of forward planning you can greatly increase the comfort and health of your animals during periods of hot weather.

**COMPETITION: HOW DO YOU HANDLE IT?**

Competition itself is neither good nor bad. It's how it's handled. Adults have a tremendous impact on how competition affects youth. Here's a way to check if you're on the right track.

- When a child finishes a competition do you ask: *What did you learn? Did you enjoy yourself? Did you meet any interesting people? Did you do your best?* Instead of - *Who won? What did you get?*
- Do you have fun during competition yourself? Do you model it for children?
- Do you keep competition fun by providing success and rewards for everyone, not just the "winner"?
- When you choose a competitive activity, do you consider the age and developmental level of the participants? Does the activity have realistic goals?
- Is the emphasis of the competition on skill development and personal growth rather than winning or losing?
- Do you realize the tremendous impact one adult's attitude can have on a child?

If your answer is YES to most of these questions, then you are making competition a healthy, enjoyable part of your children's learning.

- Adapted from an article by Mary Y. Deen, Youth Developmental Specialist, WSU Extension

**PEGASUS PROJECT LOOKING FOR 4-H PARTNERSHIPS**

The Pegasus Project, located along Highway 12 just outside of Yakima, provides therapeutic riding, hippotherapy and equine-assisted activities to an average of 50 individuals with special needs every week. Pegasus Project is looking for 4-H members, families or clubs who are interested in helping and believe in their mission to improve the health and well-being of people with special physical and emotional needs by providing quality therapeutic riding and equine related activities.

4-H'ers, 14 years or older, can volunteer individually or with a larger group to assist programs or help clean tack and stalls. In addition, clubs may schedule an Experience Pegasus Day to experience a day on the ranch to help with barnyard tasks, take part in hands-on activities with the horses and enjoy a picnic on the grounds.

Please contact Brooke Hamilton, Pegasus Project's partners and events coordinator, at (206) 255-0119 for more information about partnering, volunteering or scheduling an Experience Pegasus Day. Brooke is happy to come to club and council meetings to share information on the Pegasus Project as well. Check them out online at <http://www.pegasusrides.com/>. Lastly, please let us know if you are interested in this opportunity. We are excited to see 4-H'ers involved with the Pegasus Project!

## PROJECT NEWS

### 4-H WESTERN GAMING QUALIFIERS RESULTS

A series of gaming shows including barrel racing, pole bending, pole key hole, Idaho figure 1, flag races and of course fitting & showing were held at the Hart's Arena. These qualifiers help qualify the members for Western Games at State 4-H Fair in Puyallup. To qualify for State 4-H Fair the member must have received blue in Fit/Show and blue in Type/Performance or blue in Fit/Show and red in Type/Performance or red in Fit/Show and blue in Type/Performance.

The April 28 results: Senior Fitting & Showing – Champion Julian Pettijohn with Bella, Reserve Champion Shaelyn Andreas with LeRoy, Third place Taylor Siebol with Cheyanne; Intermediate Fitting & Showing Champion Kaytlin George with Kantishna; Junior Fitting & Showing contestants Amelia Haller with Rex, Mckinlie Desserault with Cappuccin, Kassidey Brownlee with Sweetie, Kyley Tremblay with Kahalua, Cali Mahre with Rascal and Champion award to Kaycie Leslie with Pepper, Reserve Champion award to Rachael Argento, High Point Winners were Senior Julian Pettijohn, Intermediate Kaytlin George, Junior Kyley Tremblay.

May 19 results are: Senior Fitting & Showing Champion Julian Pettijohn, Reserve Champion Shaelyn Andreas, Third Taylor Siebol; Intermediate Fitting & Showing Champion Kaytlin George; Junior Fitting & Showing contestants Kassidey Brownlee, Cali Mahre, Evin Harvey, McKinlie Desserault, Kyle Tremblay and Champion award to Amelia Haller, Reserve Champion Kaycie Leslie. High Point winners were Senior Julian Pettijohn, Intermediate Kaytlin George, Junior Kyley Tremblay

The July 20 show will be held at the West Valley Fairgrounds, Wiley City, and August 3 will be at the Yakima Valley Fair & Rodeo, Grandview Fairgrounds.

### RECORD BOOKS -- WORTH THE EFFORT

Parents, have you seen your 4-H member's record book lately? Have you encouraged your 4-H'er to write about important events in his/her 4-H diary? Have you cross-referenced your 4-H member's calendar your family calendar? These are all ways you, as parents, can support your 4-H member in learning to keep good records. It's good training for adult life, income taxes, family health records, etc.

Record books are designed to help the 4-H member record important dates (meetings, vaccinations of 4-H project animals and county events), expenditures (animal feed, cost of fabric vs. ready-to-ward, etc.) and achievements/failures (not just prizes won but lessons "learned by doing")?

Encourage your 4-H member to record his/her learning experiences by taking snapshots throughout the 4-H year (not just at fairs, of prizes won but at home while cooking, sewing or doing chores). These pictures will not only illustrate the record book but be something to cherish for years to come.

## FAIR NEWS

### CENTRAL WA JR LIVESTOCK SHOW SECRETARY POSITION

I have decided after 14 years to move on to new adventures and enjoy family a little more. I am planning on being a volunteer at the show because I totally enjoy the young exhibitors and their wonderful attitudes. If you know of anyone interested in this position (or spread the information) please let me know, 877-6332, or contact Ken Stroud at (509) 877-5776. I certainly plan to help the next in line learn the procedures and how everything works.

Have a good day, Peggy Cuillier

### YAKIMA VALLEY FAIR AND RODEO (GRANDVIEW FAIR) SHEEP SHEARING

Lamb Shearing for the Yakima Valley Fair and Rodeo held in Grandview will be conducted at the Grandview Fairgrounds on Saturday, July 20, 9:00 am. Cost is \$10.00 per lamb. Contact Jill Nettleton 854-2299 to schedule your appointment.

### YAKIMA VALLEY FAIR & RODEO, GRANDVIEW

The 2013 Yakima Valley Fair & Rodeo will be held August 7-10. The premium book is available at the Extension office or on-line at <http://www.yvfair-rodeo.org/>.

### CENTRAL WA STATE FAIR PREMIUM BOOK

The 2013 Central WA State Fair will be held September 20-29. The premium book is available on-line at <http://www.fairfun.com/fair/> or call their office at (509) 248-7160.

### STATE 4-H FAIR PREMIUM BOOK AND TENTATIVE ALLOCATIONS INFORMATION

The 2013 State 4-H Fair, Puyallup will be held September 6-22, 2013 and the Exhibitor Guide book is available on-line at <http://4h.wsu.edu/statefair/index.htm>. There are several changes from previous years, including a whole new livestock show schedule.

2013 State Tentative Allocations: Cats – 2, Dog Obedience – 5, Dog Agility – 2, Rabbit & Cavy – 4, Equine Int. Games – 4, Equine Sr. Games – 2, Equine Int. Performance – 2, Equine Sr. Performance – 3, Equine Dressage – 2, Equine Harness – 0. Other species have no maximum numbers of entries per County, but is limited to the number of animals one person may show. Call Bonnie at the Extension office 574-1600 if you have questions.

Please keep in mind the member must qualify in Fitting & Showmanship and the animal must qualify in Type/Performance/Obedience. State Fair qualifies in the following order:

- Blue - Fit/Show, Blue in Type/Performance/Obedience
- Blue - Fit/Show, Red in Type/Performance/Obedience
- Red - Fit/Show, Blue in Type/Performance/Obedience
- Red/Red combinations and white ribbons DO NOT QUALIFY for the State 4-H Fair.

### WASHINGTON STATE 4-H FAIR NEW CLASS "DISCIPLINED RAIL" RULES

This is an equitation class in which the rider performs maneuvers as a group, as a rail equitation class (i.e. no individual work).

Disciplined rail is a class that tests the skills of both the horse and rider, as they execute specific gaits, transitions, and/or movements as requested by the judge. The horse should do what the rider asks with the least possible effort on the part of the rider and the least amount of resistance from the horse. The member will be judged on correct posture, smooth gait transitions, and effective use of aids, with special emphasis on light hands. The performance of the horse is not to be considered more important than the methods used by the rider in obtaining that performance.

The judge is encouraged to call for reasonable tests of horsemanship with the rider demonstrating overall equitation as related to seat and hands; performance; and member and appointments as per the Equitation division of the Pacific Northwest 4H Contest Guide, current edition.

This is not a game (i.e. "Simon Says") or an elimination/out class.

Tack, Equipment, and Appointments: Same requirements as per the respective seats of the Equitation Division in the Pacific Northwest 4H Horse Contest Guide, current edition.

## COUNTY NEWS

### COUNTY LEADER OF THE YEAR NOMINATIONS

Do you know a 4-H leader who deserves some special recognition? Nominate them for the "Leader of the Year" Award. Nomination forms are available in the Yakima County Extension office or can be downloaded from our 4-H website forms page at <http://county.wsu.edu/yakima/youth/Pages/4-HForms.aspx>.

The form needs to be filled out and returned to the Yakima County Extension office by September 1, 2013.



### DEL'S STORE OPEN TO 4-H EVENTS!

The spring Paper Clover Campaign at Del's Feed and Farm Supply, in Sunnyside, was so successful that Del's has announced an open invitation to any 4-H club to utilize their space for fundraisers or special events. Nationwide Del's /Tractor Supply Store is a proud sponsor of 4-H, and Ryan King, Sunnyside Del's manager, is no exception. Ryan is happy to host any club, on any date, for any event; project demonstrations (cooking, gardening, animal grooming/care, sewing, etc.), dog washes in the parking lot, educational displays, bake sales, public speaking practice or whatever works best for your club. Please contact Ryan at (509) 837-5529 to share ideas and schedule events.

## STATE NEWS

### 4-H HORSE-O-POLIS SUMMER HORSE EVENT, JULY 8-10, 2013

The Klickitat County 4-H Horse-O-Polis helps to prepare youth for showing in their county and state 4-H fairs and improve their horsemanship skills and knowledge while having fun. Youth will have showmanship and two riding classes each day for \$120 with the option of a third riding class for an additional fee of \$30.

The cost includes all meals, riding lessons and showmanship lessons. Check-in is 5:00-7:00 pm on Sunday, July 7 with the first meal served at 6:00 pm that day.

Shavings can be purchased on site for \$7/bale.

PLEASE NOTE---The hours of 4-H supervision will be 7:00 am to 9:00 pm each day - all participants must have a designated on-site responsible adult overseeing them during the day and especially at night. Further information can be found in the registration materials. Registration forms are posted online at [www.klickitat.wsu.edu](http://www.klickitat.wsu.edu) under "Upcoming Events".

If you have questions, please contact Martha Parsons, (509) 637-4016 or Nancy Beyerlin at (509) 773-4746, [beyerlin@gorge.net](mailto:beyerlin@gorge.net).

### 'VANITY' LICENSE PLATE DESIGN CONTEST

Do you have a creative way with words? Would you like to see your design as part of the cover for the upcoming 2014 edition of the WA 4-H Publications & Projects catalog?

We are looking for as many as 12 4-H focused or 4-H project-related designs of 'vanity' license plates. We need your creative ideas. To make the project more interesting Pat BoyEs, State 4-H Director, is offering generous prizes to the individuals whose designs are chosen:

- Adult Prize: Registration to the 2014 4-H Forum!
- Youth Prize: Registration to either 2014 KYG or 2014 State Teen Conference!

Personalized license plate criteria is described on the WA DOL website: <http://www.dol.wa.gov/vehicleregistration/sppersonalized.html>

Basically the design must consist of no more than 7 characters, limited to letters, numbers, hyphens, or spaces. For example: 4H4ME, KTZRULE, 4HALUM, WILD44H, 4HRB0TX, 4HSGR8T, 4HDOGRR, 4HPRIDE  
To enter:

1. Submit your 'vanity' plate design by email to [nancym@wsu.edu](mailto:nancym@wsu.edu)
2. Include your name, email, county, and indicate whether you are an adult or youth
3. Entries must be received no later than July 10.



**FEATHERS & FUN POULTRY CLINIC**

There will be a Poultry Clinic on July 27, 9:00 am – 2:00 pm at the Lincoln Co. Fairgrounds, Davenport WA

Open to 4-H youth & those interested in poultry!

Sponsored by the Town & Country 4-H Club.

This is a FREE clinic, but please pre-register as soon as possible! For more information and entry forms, [www.lincoln-adams.wsu.edu/4-H/PoultryClinic.htm](http://www.lincoln-adams.wsu.edu/4-H/PoultryClinic.htm)

Participants are welcome to come learn & have fun, with or without bringing their own chickens.

However to fully participate in showmanship and chicken washing; participants should bring a healthy chicken, cage, and towels for chicken washing.

Please bring a sack lunch & lots of drinking water!

Topics include:

- Poultry Showmanship
- Chicken Washing and Show Preparation
- Poultry Care, Health & Disease Management
- Selecting your Bird for Breeding or Showing
- Quiz Bowl
- Rooster Crowing Contest
- Demonstrations

For more information contact Kathlene Shumway, Town & Country 4-H Club Project Leader (509) 999-9367, [sweetmamma@hotmail.com](mailto:sweetmamma@hotmail.com)

**WASHINGTON STATE 4-H AWARD NOMINATIONS**

Do you work with or know of an outstanding 4-H volunteer, staff member, alumni, or supportive business that deserves to be recognized for their outstanding efforts on behalf of 4-H in the state of Washington? Consider nominating them for one of the various WA State 4-H Awards. There are several awards available:

- **Salute to Excellence In Recognition of Outstanding Volunteerism Lifetime Achievement:** This award recognizes the efforts of an individual that has served as a 4-H volunteer for at least 10 years or more at the county or state level.
- **Salute to Excellence In Recognition of Outstanding Volunteerism Less than 10 Years:** This award recognizes the efforts of an individual that has served as a 4-H volunteer for less than 10 years at the county or state level.
- **Friend of Washington State 4-H Award:** This award recognizes outstanding persons or businesses/ organizations that have contributed to making Washington State 4-H what is today, those who have made a significant contribution to the development of 4-H in Washington
- **Washington State 4-H Volunteer's Staff Award:** This award recognizes outstanding staff members that have contributed to making Washington State 4-H what is today, whose work has impacted 4-H at both county and state levels (beyond their own job responsibilities).
- **Washington State 4-H Alumni Award:** This award recognizes outstanding 4-H Alumni that have contributed to making Washington State 4-H what is today. Anyone who was enrolled in 4-H as a youth

and has made a significant contribution to 4-H and/or the community.

- **Heather Rider Leadership Award for Young Adults:** This award recognizes the extraordinary leadership and service to others by a young person 19-22 years of age as of September 1 of the current year. This award seeks to recognize their 4-H involvement past and present at the club, county, regional, state, and/or national levels. The recognized youth will demonstrate a genuine passion for the 4-H Program.

All award recipients will be recognized at this year's WA State 4-H Forum Volunteer Recognition Banquet to be held on October 25 at the *Hilton* in Vancouver, WA.

For copies of the award nomination forms and instructions, see the State 4-H Award Nominations <http://4h.wsu.edu/conferences/Forum/awards.htm>.

Nominations for the Annual State 4-H Awards must be postmarked or emailed by August 1. Send completed nomination forms to: 4-H Advisory Board, c/o Betsy Fradd, WSU Puyallup, 2606 W Pioneer, Puyallup, WA 98371-4998.

**TEEN NEWS****POWER OF YOUTH CONTEST**

GenerationOn is hosting an online contest from now through July 9.

It's called the [Power of Youth Contest](#) and it calls on young people from 13-18 years of age to share a photo and a one-sentence description of their community service online.

The young person who gets the most votes for their entry will win an all-expenses-paid trip to the Variety Power of Youth event in Los Angeles on July 27, 2013.

Variety's Power of Youth event brings together the top young talent in Hollywood, encouraging young people everywhere to get involved in philanthropic and humanitarian causes. This year's event will celebrate Jake T. Austin, Tyler Posey, Nina Dobrev and Abigail Breslin for their contributions to philanthropic or charitable causes.

There are three ways you might want to get involved:

[Vote for your favorite to win](#). Adults can vote too!

You can learn more about the contest at the website <http://www.generationon.org/global/big-happenings/power-youth-contest>. The deadline for entry is July 9, 2013. Join us in celebrating the power of youth this summer!



### HHS/NIH/NIDA ACCEPTING APPLICATIONS FOR TEEN ADVISORY GROUP

The National Institute on Drug Abuse (NIDA) is now accepting applications from teens to join its Teen Advisory Group (TAG). The TAG meets online and by conference call four to six times a year to share thoughts and feedback about NIDA for Teens materials, the Web site, and other program components. Since 2009, the TAG has been critically important in helping NIDA reach teens with engaging information about drug abuse and addiction.

Additional details:

- ✓ All teens in grades 8–11 are welcome to apply.
- ✓ The TAG will meet online for 1 hour, four to six times during 1 year. TAG members receive a \$25 stipend for each discussion in which they participate.
- ✓ Discussions will be held in the evening via webinar and conference call.
- ✓ The TAG will start in September 2013 and end in August 2014.

To request an application Email [NIDATAG@iqsolutions.com](mailto:NIDATAG@iqsolutions.com). Application deadline is June 30. –Jan Klein

## NEWS YOU CAN USE

### E-JUDGING APP ON THE IPAD

In a previous edition of Tuesday News, New Mexico 4-H invited you to try a free new e-Judging app, available from the Apple Store. E-judging is designed to support extension educators and others involved in youth judging events in managing scores for individual competitors. Its sister app, Judging Contest, will be released soon and can be used to manage all the scores and competitors in a judging contest.

We have learned that if you are using an iPad, to find e-Judging at the App Store, you'll need to take a few initial steps during setup:

From your iPad...

- Tap the App Store icon
- Type “e-judging” into the search box and press “search”
- Tap on the “iPhone\* Apps” box at the top of the screen
  - \*Although it is listed under “iPhone,” this version of the app will work for your iPad
- e-Judging should appear in the search results
- Next to the e-Judging graphic, tap “Free,” then tap “Install App”
- Wait for the app to download
- Open the app
- Once loaded, e-Judging will open on your iPad, but in a window that only fills the middle of the screen.
- If desired, tap the “2x” button in the lower right. This will expand the e-Judging window to fill the screen.

– Pat BoyEs,

Future Cougar?  
CLICK HERE TO  
SHARE YOUR DREAM



<http://www.wsu.edu/future-students/admission/request-info.html>

### 4-H HISTORY BELLS ARE RINGING ACROSS NORTH AMERICA

Warmest congratulations to 4-H Canada on its 100th birthday! Over 26,000 Canadian 4-H'ers are celebrating the Centennial with an innovative contest to honor their impressive past and to design the program they envision for the next 100 years.

In Iowa, a 4-H'er has researched key founders of US 4-H and created a school and fair exhibit to credit these important pioneers. How about researching the pioneers of 4-H and historic figures in your own state? As you dig deeper into your own 4-H history, consider the role that camps and conferences made to create a meaningful learning experience for youth. Look back at 1919 and 1938 versions of 4-H camps and conferences and see how they compare to today's activities.

Enthusiasm for “Voices of 4-H History” just continues to build and build! If you haven't started audio- and video-taping your club/county/state 4-H history, the History Preservation “Voices” Team now offers a Start-Up Kit; check it out.

With both Canada and the US celebrating 4-H History, much of the continent is awash in green! Mexico's Clubes de Futuros Agricultores (Future Farmers Clubs) were founded in 1954; maybe they'll join the festivities for a 60th anniversary in 2014.

Enjoy, and let us know your thoughts: [info@s4-HHistoryPreservation.com](mailto:info@s4-HHistoryPreservation.com). [Click here](#) for more information. – Pat BoyEs

### 4-H NIGHT WITH THE SEATTLE STORM

4-H night with the Seattle Storm will be August 9. Seattle Storm is the Seattle WNBA Professional Basketball Team. For more information about the team, see <http://4h.wsu.edu/news/alumni/KatieSmith.html> (sorry Katie is no longer with Storm). The tickets are now available at the King County 4-H Office. Please order your club's tickets together so you can sit together, using the [ticket request order form](#). They are only \$15. This is a great way for all of 4-H to celebrate our program and demonstrate that 4-H is alive and well. We will need youth and adults to sell the 50/50 raffle tickets and staff the 4-H booth before the game. We need your club participation to promote 4-H. Please contact Nancy Baskett, [nbaskett@wsu.edu](mailto:nbaskett@wsu.edu) (253) 224-2884, if you have any questions. – Nancy Baskett

**RESOURCES:**

State 4-H Website:  
<http://4h.wsu.edu/>

Yakima County WSU Extension Website:  
<http://county.wsu.edu/yakima/Pages/default.aspx>

Yakima County 4-H Website:  
<http://county.wsu.edu/Yakima/Youth/Pages/default.as>



Washington State University Extension helps people develop leadership skills and use research-based knowledge to improve their economic status and quality of life.



Alison White  
 Regional Specialist, 4-H Youth Development

**DATES TO REMEMBER**

**JULY 2013**

4	Independence Day Observed, Extension Office Closed	
8	7:00 PM, Horse Council Meeting, First Street Conference Room (Old Pizza Hut)	Kim Lansing 539-0247
11	7:00 PM, West Valley Fair Meeting, Blue Barn, West Valley Fairgrounds, Wiley City	Greg Boisselle 941-8720
12-14	Washington State Junior Horse Show, State Fair Park, Yakima Fairgrounds	Kim Lansing 539-0247
13	9:00 AM, West Valley Fair Work Day, West Valley Fairgrounds	Sharon Gillette 966-4568
15	6:30 PM, Yakima Valley Fair & Rodeo (Grandview Fair) Mtg., Livestock Office, fairgrounds	Yvonne Graham 305-1871
16	<b>NEW DATE</b> WA State 4-H Dairy Judging Contest, Whatcom Co. Fairgrounds, Lynden	Gary Fredricks 360-577-3014, Ext 3
19-20	Northwest Junior Sheep Exposition, Grant County Fairgrounds, Moses Lake	<a href="http://animalag.wsu.edu">http://animalag.wsu.edu</a>
20	West Valley Horse Show, West Valley Fairgrounds, Wiley City	Janet Boucher 966-1158
20	West Valley Dog Show, West Valley Fairgrounds, Wiley City	Becky Johnson 697-3889
20	West Valley Fair All EXHIBITS, blue barn entries due 10:00 AM-6:00 PM	Diane Jones 966-5336
20	9:00 AM, Yakima Valley Fair & Rodeo (Grandview Fair) Lamb Shearing, Call for appointment	Jill Nettleton 854-2299
25-27	West Valley Fair, West Valley Fairgrounds, Wiley City	Greg Boisselle 941-8720
27	9:00 AM, Feathers & Fun Poultry Clinic, Lincoln Co. Fairgrounds, Davenport	Kathlene Shumway 999-9367
7/21-8/21	Inbound Cultural Exchange Program July 25-August 21. Host families needed for Japanese Exchange students	Carolyn Russo 431-0719

**AUGUST 2013**

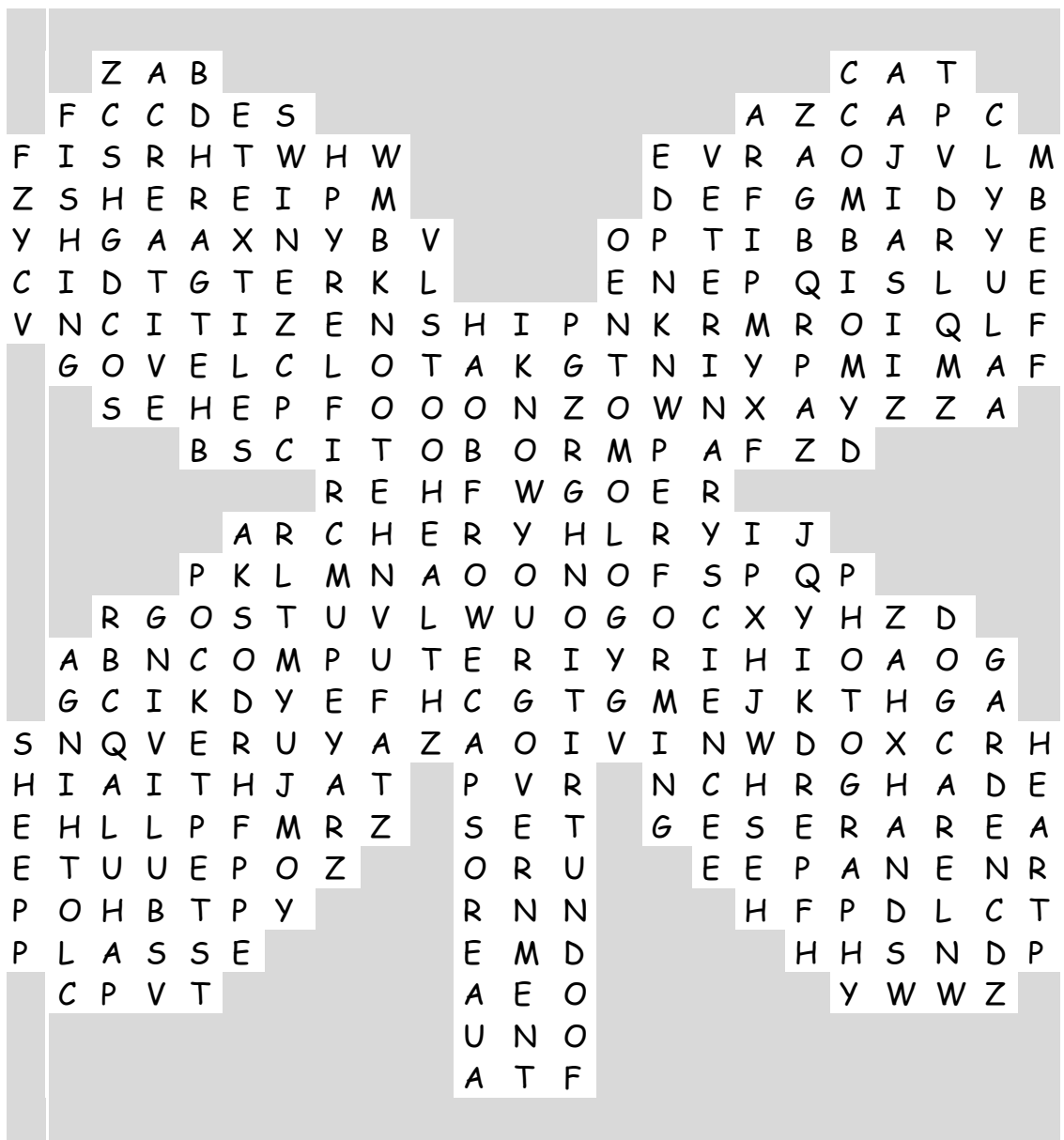
1	WA State 4-H Award Nominations Due	<a href="http://4h.wsu.edu/conferences/Forum/awards.htm">http://4h.wsu.edu/conferences/Forum/awards.htm</a>
2	8:00 AM, Office opens, 4-H & Open Horse Show, Yakima Valley Fair & Rodeo, Country Fair Park, Grandview	Kim Lansing 539-0247
3	6:30 AM, Office opens, 4-H & Open Horse Show, Yakima Valley Fair & Rodeo, Country Fair Park, Grandview	Kim Lansing 539-0247
3	8:00 AM, Dog Show, Yakima Valley Fair & Rodeo, Country Fair Park, Grandview	
4	8:00 AM, Office opens, 4-H & Open Gaming Show, Yakima Valley Fair & Rodeo, Country Fair Park, Grandview	
7-10	Yakima Valley Fair and Rodeo (Grandview Fair), Country Fair Park, Grandview	<a href="http://www.Yvfair-rodeo.org">www.Yvfair-rodeo.org</a> , 882-1197
8	7:00 PM, West Valley Fair Meeting, Blue Barn, West Valley Fairgrounds, Wiley City	Greg Boisselle 941-8720
19	6:30 PM, Yakima County Leaders' Council Meeting, WSU Conference Room	Linda Weeks 248-4669
19	6:30 PM, Yakima Valley Fair & Rodeo (Grandview Fair) Mtg., Livestock office, fairgrounds	Yvonne Graham 305-1871
19-25	Feeding A Hungry Plant Global Youth Ag Summit, Calgary, Alberta, Canada	<a href="http://www.youthagsummit.com">www.youthagsummit.com</a>
7/21-8/21	Inbound Cultural Exchange Program July 25-August 21. Host families needed for Japanese Exchange students	Carolyn Russ 431*0719

**SEPTEMBER 2013**

2	Labor Day Observed, Yakima County WSU Extension Office Closed	
6-22	Washington State 4-H Fair, Puyallup	<a href="http://4h.wsu.edu/statefair/index.htm">http://4h.wsu.edu/statefair/index.htm</a>
5-9	WA State 4-H Fair Puyallup, Senior Performance	
7	WA State 4-H Fair Puyallup, Equine Judging Contest, Groom Squad	
7	8:30 AM-3:30 PM, Parliamentary Procedure Youth Day Conference, Portland, OR	Janice Strand <a href="mailto:Janice.strand.prp@gmail.com">Janice.strand.prp@gmail.com</a>

## 4-H PROJECTS AND PROGRAMS

Answers available in the Extension Office



WORD LIST – Words go Across ⇨, Up ↑, Down ↓, Diagonal ↗ ↘ ↙ ↚, Backwards ⇩

- |             |          |          |          |          |             |
|-------------|----------|----------|----------|----------|-------------|
| AEROSPACE   | ARCHERY  | BEEF     | CAT      | CAVY     | CITIZENSHIP |
| CLOTHING    | TEXTILES | COMPUTER | CREATIVE | ARTS     | DAIRY       |
| ENTOMOLOGY  | FAMILY   | LIVING   | GARDEN   | GOAT     | HANDS       |
| HEAD        | HEALTH   | HEART    | HORSE    | LLAMA    | PERFORMING  |
| PHOTOGRAPHY | POULTRY  | RABBIT   | RIFLERY  | ROBOTICS | SHEEP       |
| SPORT       | FISHING  | SWINE    |          |          |             |

These searches are found together as one word

- |             |                    |                      |
|-------------|--------------------|----------------------|
| DOG CARE    | FOOD NUTRITION     | KNOW YOUR GOVERNMENT |
| POCKET PETS | VETERINARY SCIENCE |                      |



# 101 Ways to Praise a Child

Wow – Way to go 🏆 You're special – Outstanding – Excellent – Great – Good – Neat – Well done – Remarkable – I knew you could do it – I'm proud of you – Super Star★ Nice work – Looking good – You're on top of it – You're catching on – Now you've got it 💡 How smart – Good job – That's incredible – Hot dog – Remarkable job – You're Beautiful – You're a winner – You make me happy – Hip, Hip Hooray – You're important – Magnificent – Fantastic – Beautiful – You're on target – You're on your way 🌹 How nice – You're Spectacular – You're Darling 💋 Super – Super job – Beautiful work – Good for you – Nothing can stop you now – Dynamite 💣 You're fantastic – Awesome – You're precious – Fantastic job – You've discovered the secret – Bingo – Great discovery – You are responsible – You are exciting 🎉 You are fun – You're a real trooper – Marvelous – Terrific – You're growing up – Outstanding performance – You tried hard – You figured it out – What a good listener – You're a treasure – You mean a lot to me – You're a good friend ❤️ That's correct – A big hug – What an imagination – You learned it right – You're incredible – Now you're flying – Bravo – Beautiful – I like you – I respect you – You're Sensational – Phenomenal – A+ job – Hooray for you – You're unique – You care – Creative job – You belong – You brighten my day ☀️ Super work – That's the best – You made my day – Beautiful sharing – Say I love you! ❤️ You mean the world to me – You're important – You've got a friend – You're a joy – You make me laugh – You're A-OK-my buddy – I trust you – You're perfect – You're wonderful – A big kiss – Exceptional performance – p.s. Remember, a smile 😊 is worth a 1000 Words!