



JULY 2015

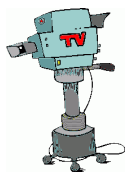
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YAKIMA & KITTITAS!

Hello, I'm back from maternity leave! My little girl isn't the only new development however, my position has changed too! As of July 1st, I am the 4-H Youth Development Regional Specialist for Yakima and Kittitas Counties (instead of Yakima and Klickitat). A regional assignment over Yakima and Kittitas is a more natural fit, given the close proximity of the Counties' largest cities. I am thrilled to join the Kittitas team and am looking forward to strengthening the existing connections between the two county programs, in addition to supporting new collaborations. I hope everyone is finding creative ways to beat the heat. Josie, our 5 month old, has just discovered the joy of splashing around in her kiddie pool. All the best - Alison White



SHOW OFF YOUR EXHIBIT!

The Central WA State Fair is looking for 4-H Members who'd like to be featured, alongside their animal/exhibit, in TV or radio advertisements. Interested? Contact the Extension Office for more information

CULTURAL EXCHANGE HOST OPPORTUNITIES

Open your home for a month and experience part of the world! For over 40 years, Washington has participated in a cultural exchange with Japan. Visiting delegates are placed in English speaking homes and matched with a host sibling within two years of age. This is a wonderful opportunity for our young people from Washington to gain international experience, which is

becoming more important in our increasingly global society. Japanese delegates come with their own insurance and spending money. The program stresses cultural and English immersion--not tourism. Japanese adult chaperones travel with the youth and are placed throughout the state to offer any needed assistance.

Families that have hosted have formed deep bonds of friendship that last for the rest of their lives. It truly is a learning experience for everyone open to all Washington families, not just those in 4-H. **Hosting dates are July 25-August 21, 2015.** Begin an application by visiting: <http://www.states4hexchange.org/host-families/create-account.aspx>

For a list of delegates, please contact Jenny in the Extension office, 574-1600 or Carolyn Russo, State Program Coordinator, at carolyn.russo@wsu.edu, 509-431-0719

CARING FOR ANIMALS DURING EXTREME HEAT

We welcome the longer days and warmer weather that summer brings, but with shifting weather patterns and a trend towards higher temperatures, extreme heat is emerging as an issue for livestock.



Managing animals in high temperatures requires good planning. Keeping an eye on the weather forecasts, and developing a plan for days of high to extreme temperature is essential in ensuring that your animals will have sufficient shade and water on very hot days.

Extreme heat causes significant stress for animals. There are a few simple guidelines you can follow to reduce the impacts of high temperatures on animals.

- Plentiful supply of clean, cool water.
- Suitable shelter or shade. Best type of shelter protects the animals from the sun and allows for the cooling effect of wind to breeze through.
- Handling. Try not to handle the animals during the heat of the day. Try early mornings or late evenings.

Animals at high risk of heat stress include:

- Young animals
- Sheep that are newly shorn are at risk of sunburn
- Beef cattle with black hair suffer more than those with lighter hair, although those with pink skin are at risk of sunburn.
- Holsteins are less tolerant than Jersey cows
- Cattle, alpacas and llamas are more prone to heat stress than sheep and goats.

Identifying heat stress: * *Panting* * *Increased respiration rate* * *increased water intake* * *loss of appetite* * *listless/lethargy* * *increased salivation* * *in severe cases may become unconscious.* If your animals are showing signs of heat stress, actions to cool them down should be taken immediately.

- Move them to shade somewhere with a breeze,
- Encourage them to drink cool water, but encourage them to drink small amounts,
- Spray them with cool water, especially on the legs and feet or stand them in cool water. Use sprinklers or hoses for cattle, pigs and horses. Starting from the feet and moving up slowly. Lay wet towels over them. Poultry should not be wet down unless there is a breeze to aid the cooling process.
- Increase air movement with fans, ventilation, or wind/breeze.

Pigs are highly susceptible to heat stress and sunburn, and should not be exposed to long periods of direct sunlight or extremes of temperature. Pigs are unable to sweat and so try to cool themselves by increasing water intake, lying on a cool surface, wallowing in mud/water, panting, reducing feed intake.



Remember: The most important things you can do for your animals in hot weather is to provide them with rest and shade in the hottest parts of the day, and plenty of clean cool water.

You have a responsibility to ensure the well-being of animals under your care. With a bit of forward planning you can greatly increase the comfort and health of your animals during periods of hot weather

PROJECT NEWS

YAKIMA VALLEY FAIR & RODEO, GRANDVIEW FAIR LAMB SHEARING

Lamb shearing for the Yakima Valley Fair and Rodeo will be held at the Grandview Fairgrounds on July 18, 9:00 AM. Cost is \$10.00 per lamb. Please contact Jill Nettleton 854-2299 to schedule your appointment. The Yakima Valley Fair & Rodeo is August 5-8 at Country Fair Park in Grandview.

4-H HORSE-O-POLIS: JULY 13-15

The 2015 Klickitat County 4-H Horse-O-Polis is almost here! Horse-O-Polis is open to all youth (with their horse) who are in grades 3 through 12 (school year just completed).

The purpose of Horse-O-Polis is to prepare youth for showing in their county and state 4-H fairs or just improve their horsemanship skills. Riders will have showmanship and three riding classes each day for \$150. Check-in is Sunday evening, July 12, from 5pm to 7pm; dinner will be served at 6pm. **Shavings are NOT included – you must provide your own.**

PLEASE NOTE---The hours of 4-H supervision will be 7:00 am – 9:00 pm each day--all riders must have a designated on-site responsible adult overseeing them during the day and especially at night. Further information can be found in the registration materials. Registration forms are available at www.klickitat.wsu.edu under "Upcoming Events."

If you have questions, contact Martha Parsons at [509-365-4267](tel:509-365-4267) or [509-637-4016](tel:509-637-4016), or Pat Shamek at [541-993-9560](tel:541-993-9560).

FAIR AND SHOW NEWS

4-H EQUINE TRAINING SCHOOL RESCHEDULED

Due to the extreme heat we have been experiencing the Yakima County 4-H Equine Training school was rescheduled.

The NEW DATES are July 9-12! Bring horses in on Thursday, July 9 from 1:00 pm-9:00 pm. Classes start 9:00 am on Friday, July 10 and ends on Sunday July 11 approximately 2:30 pm.

Any items for the Silent Auction may be dropped off at the office any time before noon on Saturday.

Contact the Extension Office or 4-H Horse Council President, Kim Lansing, 539-0247, for more information. If you already registered please let us know if you can still attend. If you can attend on the new date and have not sent entries in yet, please send them in by July 2. Entries are available in the Extension office or available for download <http://ext100.wsu.edu/yakima/4-h/4-h-events/4-h-horse-events/>. Please use the same forms.

Thank you for hanging in with us!

LOWER VALLEY 4-H HORSE SHOW

The Lower Valley 4-H Horse show sponsored by Horse Heaven Ridge Riders will be July 25 at the Benton Co Jr Rodeo Association Arena, 38804 Hayes Rd, Benton City.

Entries are due July 18. Post entries accepted up to day of show with additional \$10.00 fee. Contact Kimberly Lansing 539-0247, ms.berly@yahoo.com.

Classes offered will Showmanship, English Equitation, Hunt Seat Equitation, English Pleasure, Hunt Seat Pleasure, Saddle Seat Equitation, Pleasure Driving, Reinsmanship, Western Equitation, Stock Seat Equitation, Working Ranch Horse, Western Pleasure, Bareback Equitation, Trail, Medal Classes, Command Class, Crete paper Pairs Class, Water Bucket Relay, 4-H Judging Tour, Record Books and Parent/Leader Class. Classes start at 8:00 am.

WASHINGTON STATE JR HORSE SHOW

The Washington State Junior Horse Show will be held August 14-16 at State Fair Park, Yakima. There will be English, Western, Trail, Driving and Horseless Horse classes. Classes begin at 7:30 am on Saturday and Sunday, Western classes on Saturday, English classes on Sunday. Trail class will be available Friday 1:00 pm-7:00 pm and Saturday 9:00 am-3:00 pm. Publication Presentations on Friday only, 4:00 pm-9:00 pm. Dressage on Friday only, 2:00 pm – 8:00 pm.

Horse must have been under the care and management of the 4-H member for 90 days prior to show date, and registered as a project animal. You must attach a copy of your 4-H horse certificate to your entry form.

Record books must be turned in for High point awards. The WSJHS entry is available in the Extension office or download on the 4-H website at <http://yakima.wsu.edu/> under 4-H Horse Events.

For more information, contact Kimberly Lansing ms.berly@yahoo.com, 509- 539-0247.

WEST VALLEY FAIR SCHEDULE

The aim of the West Valley Fair is that by giving the exhibitors a chance to perform, it will teach them self-respect, responsibility, pride and honor. The West Valley Fair organization feels that these traits are necessary to assist youth of our area to grow into responsible young adults. The net result will be young adults that we can be proud to say are from our community. "Red, White & Moo" is the theme for this year's fair and parade. Clubs are encouraged to use the theme in their decorations and parade float.

There is definitely something for everyone at this year's fair. From the larger livestock to the small critters, to the entire fabulous Blue Barn-Family and Consumer Sciences projects. And speaking of the Family and Consumer Sciences, if you or someone you know sews, quilts, crafts, scrapbooks or takes pictures encourage them to participate in the contests.

Make your plans to attend the West Valley Fair, July 19 (horse & dog show), July 23-25 (livestock fair and events), 3120 South Wiley Road, Yakima.

Saturday, July 18, 8:00 am Horse Show, late entries accepted day of show

9:30 am, Dog Show

9:00 am-6:00 pm, Blue barn entries will be accepted, includes 4-H Family & Consumer Science, FFA, Fleece & Fiber entries.

Wednesday, July 22, 6:00 pm, Cat & Critter cage sue up in Blue Barn.

2:00 pm-4:00 pm, Weigh, tag, inspect steers

4:00 pm-7:00 pm, Weigh, tag, inspect Market

Swine and Market Lambs.

8:00 pm, Superintendent meeting and ALL

EXHIBITOR Record Books are due in Blue Barn.

Thursday, July 23, 8:00 am, Mandatory Exhibitor meeting in grandstands, Cats & Critters arrive for display.

9:00 am, 4-H, FFA & Adult Livestock judging

10:00 am, Poultry Show

11:00 am, Beef Market classes begin

1:00 pm, Swine, Sheep, Goat, Dairy classes

3:00 pm, Pony Express Horse Gaming Show

Qualifier, 4-H and Adult/Open classes

5:00 pm, Selection of Grand Champion market animals, Dress Revue, Pie Queen, and Pie auction in the Blue Barn.

Friday, July 24, 8:00 am, Cats and Critters arrive

7:00 am, Pancake feed

Saturday, July 26, 9:00 am, Parade line-up at Wiley Union Church, with the parade starting at 10:00 am.

11:00 am, Fun and games for all ages

12:00 pm, Blue Barn entries must be picked up

1:00 pm, Market Livestock sale starts, Exhibitors

appreciate your continued support.

NEW PIG WEIGHTS The weight classes will be 245-300. If pigs do not meet these requirements they will be sent home. There won't be a lightweight or heavyweight classes this year!

YAKIMA VALLEY FAIR & RODEO DOG SHOW

The fair will be held August 5-8. Before the fair actually starts there will be a 4-H Dog Show on August 1-2 starting at 8:00 am. There will be Fitting & Showing, and Obedience Classes.

The registration forms and more information can be found on-line www.yvfair-rodeo.org, and at the Yakima County Extension office, or contact Darla Simmons 509-773-5924, 509- 805-5844. Late entries accepted.

COUNTY NEWS**LEADER OF THE YEAR NOMINATIONS**

Each year Yakima County honors a 4-H leader as Yakima County Leader of the Year. This leader will be honored at the Washington State 4-H Forum in October.

Do you know a 4-H leader who deserves some special recognition? That special Leader who has helped you succeed in 4-H. Please take the time to say "Thank you" and nominate your favorite, hard working 4-H volunteer as this year's Leader of the Year!

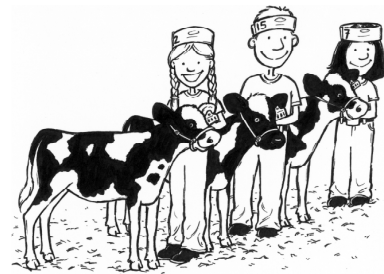
Nomination forms are available in the Yakima County Extension office or can be downloaded from our 4-H website forms page.

Nominations are due to the Extension office this year on August 28, so nominate a deserving leader today. Don't miss out on a wonderful opportunity to recognize Yakima's Best!

STATE NEWS**WA STATE 4-H DAIRY JUDGING CONTEST**

The State 4-H Dairy Judging Contest previously held in September at the Western Washington Fair in Puyallup, will be held July 15 at Monroe, WA to be held with State Holstein/Jersey show.

Any 4-H youth enrolled in the Dairy project may participate in this event. 4-H'ers must participate to qualify for the 2015 Washington 4-H Dairy Judging team that competes at the National 4-H Dairy Judging contest held in Madison, Wisconsin, September 27- October 1. For more information or questions, please contact Cathy Boisseranc boisser@comcast.net



2015 STATE 4-H FAIR EXHIBITOR GUIDE

The State 4-H Fair Premium Book is now known as the "Exhibitor Guide". This year's version is online at <http://4h.wsu.edu/statefair/index.htm>. There are several sections.....introduction, schedules, contests/activities, still life, livestock/small animals, and equine. Please print out the entire book or just what is needed for your participants. There will not be extra copies of the exhibitor guide available during the fair.

Yakima County allocations for this year's fair are as follows:

Cats = 2	Dog Obedience = 5
Rabbits = 5	Dog Agility = 2
Int. Western Games = 2	Sr. Western Games = 2
Int. Performance = 2	Sr. Performance = 2
Equine Dressage = 1	

No maximum number of entries on Beef, Swine, Sheep, Dairy, and Goats. Always check the Exhibitor Guide on numbers of animals you may exhibit, rules and regulations.

A copy of the Exhibitor Guide will also be available in the Extension office for your review or to make copies of interested fair exhibit sections.

NEW THIS YEAR! TALENT EXTRAVAGANZA

The WA State 4-H Fair Talent Extravaganza is open to intermediate and senior 4-H members.

Groups are encouraged to participate. All group participants must be in the same 4-H age division. There is no minimum time limit, but a maximum of six minutes. There will be 5-8 finalists in each of the two age groups.

All entrants must submit, no later than August 1, a DVD (either electronically or on a CD) to the State 4-H Fair Office. All entries will be reviewed, participants will be selected and alternates will be named.

Electronic submissions should be sent to st4hfair@wsu.edu or mail to WA State 4-H Fair, 2606 W. Pioneer, Puyallup, WA 98371.

Cash Awards will be presented in each age group First place \$100, second place \$50 and third place \$25.

For additional information contact the State 4-H Fair Office 253-445-4630 (until August 15); 253-770-5410 (Aug 16-Oct 1) or visit the website at www.4h.wsu.edu/statefair/index.htm. Flyer and entry form is also available in the Extension office.

OTHER 4-H NEWS YOU CAN USE**DR. UNIVERSE SCIENCE RESOURCES**

Does your curious 4-H club members have science questions? An awesome STEM project they're working on? Meet Dr. Universe! Dr. Universe answers kids' science questions with help from experts at Washington State University.

Send a message to Dr. Universe, and her helper, Rachel Webber: Dr.Universe@wsu.edu

Sign-up for her **free** weekly Q&A column: <http://askDrUniverse.com>

Follow Ask Dr. Universe on [Facebook](#) or [Twitter](#).

JUNE 4-H HISTORY PRESERVATION NEWSLETTER

Summer has officially started, typically the busiest season for 4-H. See the following articles in the June 4-H History Preservation Newsletter: 4-H Travel; 4-H Pledge and Motto; Kidnapped by 4-H'ers; Map Your 4-H History; FilmFest 4-H.

We know you're also busy with summer work (garden?) and plans (vacation?) but take a few minutes off and [enjoy this issue!](http://4-hhistorypreservation.com/) <http://4-hhistorypreservation.com/>.

MINI PONY LOOKING FOR NEW HOME

3 1/2 year old beautiful palomino mini mare. This little mini was bought for a granddaughter to train for 4-H, but the granddaughter lost interest. She can be registered and trained, A very sweet horse. She had been pushing a ball, stepping up on a two-step and jumping over a landscape pole. She is very willing to learn. Granddaughter lost interest and would like to place this mini with someone who would truly spend some time with her. For more details contact Charlotte 509-575-6338. *4-H does not endorse any firms, products, services, or sellers.*

RESOURCES:

State 4-H Website:

<http://4h.wsu.edu/>

Yakima County WSU Extension Website:

<http://yakima.wsu.edu>

Yakima County 4-H Websites:

<http://yakima.wsu.edu/4-h/>

<http://www.facebook.com/YakimaCounty4H>

WASHINGTON STATE UNIVERSITY

YAKIMA COUNTY EXTENSION

Washington State University Extension helps people develop leadership skills and use research-based knowledge to improve their economic status and quality of life.

Alison White

Regional Specialist, 4-H Youth Development

DATES TO REMEMBER**JULY 2015**

3	Independence Day Observed, Extension Office Closed	
8-11	4-H Youth Camp, Na-Bor-Lee Camp, Lake Roosevelt, Davenport	Marci Dayton, 509-994-7607 or Karen Robertson, 509-659-3209
9	7:00 PM, West Valley Fair Meeting, Blue Barn, West Valley Fairgrounds, Wiley City	Greg Boisselle 941-8720
9-12	4-H Equine Training School Rescheduled, State Fair Park, Yakima Fairgrounds	Kim Lansing 539-0247
10	West Valley Fair Dog Show Entry Forms Due (postmarked by)	Becky Johnson 969-7565
11	9:00 AM, West Valley Fair Work Days, Exhibitors are required to attend at least one work day prior to fair, Greg Boisselle 941-8720	
13	West Valley Fair Dog Show Participants Record Books due to Becky Johnson	Becky Johnson 969-7565
13	7:00 PM, Horse Council Meeting, First Street Conference Room, Yakima	Kimberly Lansing 539-0247
13-15	4-H Horse-O-Polis, Klickitat County, www.klickitat.wsu.edu Martha Parsons 509-365-4267, 509-637-4015, Pat Shamek 541-993-9560	
15	West Valley Fair Horse Show Entry Forms Due	Janet Boucher 966-1158
15	WA State 4-H Dairy Judging Contest to Qualify for National Contest, Monroe	Cathy Boisseranc boisser@comcast.net
18	8:00 AM, West Valley Fair Horse and Dog Show, West Valley Fairgrounds, Wiley City forms available on 4-H website	
18	9:00 AM, Yakima Valley Fair & Rodeo Lamb Shearing, Grandview Fairgrounds	Jill Nettleton 854-2299
18	9:00 AM, West Valley Fair Blue Barn entries due, more information to come later	Diane Jones 833-3175
18	3:00 PM, Wenas Pony Express Gaming Event, 4-H & Open Horse Gaming Events	Marcie Shull-Desserault 949-8603
19	7:00 PM, 4-H Livestock Judging Team meeting, WSU Conference Room, 2403 S 18 th Street, Union Gap	Cathy Finnell 985-7451
20	6:30 PM, Yakima Valley Fair & Rodeo (Grandview Fair) Mtg. Livestock Office	Yvonne Graham 305-1871
22-25	West Valley Fair, West Valley Fairgrounds, Theme: "Red, White and Moo" more details to come later, Greg Boisselle 941-8720	
23	9:00 AM, West Valley Livestock Judging Contest, West Valley Fairgrounds, Wiley City	Extension Office 574-1600
25	Lower Valley 4-H Horse Show, BCJRA, Benton City, Forms available on 4-H webpage	Kimberly Lansing 539-0247

AUGUST 2015

1	8:00 AM, Wenas Pony Express 4-H Club Gaming Event, 4-H and Open Gaming Show	Marcie Shull-Desserault 949-8603
1	Yakima Valley Fair & Rodeo Dog Show, Grandview Fairgrounds, www.yvfair-rodeo.org	Darla Simmons 509-773-5924
1	Talent Extravaganza, Puyallup State 4-H Fair entries due, 253-445-4630	www.4h.wsu.edu/statefair/index.htm
2	Klickitat County 4-H Classic Buckle Series, 50 Snowden Rd, White Salmon, WA	http://klickitat.wsu.edu
5-8	Yakima Valley Fair & Rodeo (Grandview Fair), County Fair Park, Grandview	www.yvfair-rodeo.org
13	7:00 PM, West Valley Fair Meeting, Blue Barn, West Valley Fairgrounds, Wiley City	Greg Boisselle 941-8720
14-16	Washington State Junior Horse Show, Yakima Fairgrounds, State Fair Park, Yakima fairgrounds	Kimberly Lansing 539-0247
15-16	Central WA Antique Farm Auction Expo, Fulbright Park, Union Gap	Cheryl Hall 949-2100
17	6:30 PM, Yakima Valley Fair & Rodeo (Grandview Fair) Mtg. Livestock Office	Yvonne Graham 305-1871
16	7:00 PM, 4-H Livestock Judging Team meeting, WSU Conference Room, 2403 S 18 th Street, Union Gap	Cathy Finnell 985-7451
28	Leader of the Year Nominations due in the Extension office	Jenny Loyd 574-1600

SEPTEMBER 2015

1	Leader of the Year Nominations due in State Office. Need to be in Extension Office by August 28	Jenny Loyd 574-1600
7	Labor Day Observed, Extension Office Closed	
10	7:00 PM, West Valley Fair Meeting, Blue Barn, West Valley Fairgrounds, Wiley City	Greg Boisselle 941-8720
21	6:30 PM, Yakima Valley Fair & Rodeo (Grandview Fair) Mtg. Livestock Office	Yvonne Graham 305-1871

OCTOBER 2015

8	7:00 PM, West Valley Fair Meeting, West Valley Fire Station, 10000 Zier Rd	Greg Boisselle 941-8720
9	National 4-H Hall of Fame Ceremony during 4-H youth Conference, Chevy Case, Maryland, more information to come later	
12	7:00 PM, Horse Council Meeting, First Street Conference Room, Yakima	Kimberly Lansing 539-0247
19	6:30 PM, Yakima Valley Fair & Rodeo (Grandview Fair) Mtg. Livestock Office	Yvonne Graham 305-1871
9/29-10/3	4-H Shooting Sports Workshop, Camp San Luis Obispo, CA	California 4-H Shooting Sports Facebook page

NOVEMBER 2015

9	7:00 PM, Horse Council Meeting, First Street Conference Room, Yakima	Kimberly Lansing 539-0247
11	Veteran's Day Observed, Extension Office Closed	
12	7:00 PM, West Valley Fair Meeting, West Valley Fire Station, 10000 Zier Rd	Greg Boisselle 941-8720
16	6:30 PM, Yakima Valley Fair & Rodeo (Grandview Fair) Mtg. Livestock Office	Yvonne Graham 305-1871
26-27	Thanksgiving Day Observed, Extension Office Closed	

DECEMBER 2015

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|----|---|-------------------------|
| 21 | 6:30 PM, Yakima Valley Fair & Rodeo (Grandview Fair) Mtg. Livestock Office | Yvonne Graham 305-1871 |
| 25 | Christmas Day, Extension Office Closed | |
| | West Valley Fair Board does not meet in December. Next meeting January 2016 | Greg Boisselle 941-8720 |