



# 4-H Friday Update

August 7, 2020

WSU Grant County Extension 4-H Program

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WSU Extension programs and employment are available to all without discrimination. Evidence of noncompliance may be reported through your local Extension office.

This email is for WSU 4-H communication and educational purposes only. Reference to commercial product(s), commercial entities, or trade names does not imply endorsement by WSU or bias against those not mentioned.

Requests for reasonable accommodations for persons with disabilities and special needs should be made at least two weeks prior to an event by contacting the WSU Grant County Extension Office: 509-754-2011, ext. 4313.

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Happy August.

There has been continued discussion regarding ways to share and showcase 4-H projects that would traditionally be displayed at fair. We hope to have the logistics ironed out very soon and share these opportunities with our members. There will be a virtual horse council meeting this coming Thursday August 13, please see the invitation below.

The Grant County Livestock Evaluation/Sale is fast approaching. For those who have signed up for fitting and showing, please make sure you sign up for market classes by August 10<sup>th</sup>. Visit the fairground's website for further details.

Enjoy your weekend.

**Carolyn Russo**

*Interim 4-H Program Coordinator*  
[grant.4h@wsu.edu](mailto:grant.4h@wsu.edu)



## Horse Council Virtual Meeting Thursday August 13, 2020 7PM

Date & Time: Aug 13, 2020 07:00 PM Pacific Time (US and Canada)

Join from PC, Mac, Linux, iOS, or Android:

<https://wsu.zoom.us/j/95906097222?pwd=RVhxY05yRIJxZGtsNE9kWklaZmJvdz09>

Meeting ID: 959 0609 7222 Passcode: 569029

Phone Call (long distance) +1 253 215 8782, Password: 569029

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## Grant County Livestock Evaluation Event/Sale

Registration for the market portion for the Grant County Livestock Evaluation Event/Sale (tentative dates August 19-21) is fast approaching. Those who signed up for fitting and showing will be able to register for market between August 1-10<sup>th</sup>. Sign up by visiting the Grant County Fairgrounds Website [www.gcfairgrounds.com/exhibitors](http://www.gcfairgrounds.com/exhibitors). Be sure to read directions listed on the website before beginning registration. If you have questions, please contact the fair office at (509) 765-3581. More information about details concerning this event will follow.

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## 4-H State Ambassadors To Host Zoom Talent Show!!



**ZOOM'S GOT TALENT!**

A collection of your videos! Talent show on ZOOM!

**JOIN US FOR A ZOOM TALENT SHOW  
HOSTED BY THE WA 4-H AMBASSADORS**

To participate: send an email to  
rayalightpigs\_14@yahoo.com for details (DEADLINE:  
8/15/20, 9pm Pacific)

Date of Event: 8/26/20

Time: ZOOM "doors" open at 5:30 PM



**4-H GROWS HERE**

**4-H**  
WASHINGTON STATE UNIVERSITY  
EXTENSION

## AQHA Young Horse Development Program Application is Now Available

The American Quarter Horse Association's Ranching Heritage Young Horse Development Program (YHD) showcases the stock being bred and raised by AQHA Ranching Heritage members by matching donated weanlings with AQHYA members. Youth in this program are engaged in the horse industry at a fundamental level that is both fun and educational. Participating Ranching Heritage breeders donate young horses for Young Horse Development participants to raise and train. Young horsemen and women learn responsibility and goal setting, important components of horse ownership – and life skills that can follow them for years to come. Encouraged by good fun, as well as key education in the horse industry, youth learn to raise and train their weanlings. Youth must be 13 years old.

The priority application deadline for the 2021 program will be August 15, 2020, and the late application deadline is October 1, 2020. Apply by the priority deadline for the best chance of admission into the program and the most likely match with a horse closest to your home. Participants may be selected and matched with horses any time after August 15, with the majority being selected and matched with horses October through December 2020.

Youth can participate in the Young Horse Development Program with a donated foal or purchasing a Ranching Heritage Challenge-enrolled foal from a Ranching Heritage Breeder.

The [2021 Ranching Heritage Young Horse Development Program Application Form](#) is now available.

To learn more about program requirements and guidelines, please view the [2020 YHD Record Book](#).

Learn more about AQHA at [aqha.com/youth/programs/young-horse-development](http://aqha.com/youth/programs/young-horse-development).

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## 4-H Volunteer Award Nomination



Download Washington State Volunteer Recognition Nomination forms [HERE](#).

**Open Entries Due September 1:**

[Outstanding Leader Form 05-2020](#)

[Outstanding Teen Leader Form 05-2020](#)

**Please note:** due to the lead time required to prepare a virtual event, no late entries will be accepted.

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## Area III Announcement

Area III Leaders Council will be accepting 4-H Record Books for judging at the end of September. Please drop off your books that you want to be judged to Pure Country Harvest and leave at the front desk for Laura. Or if you would rather, you can submit it digitally and send to [purecountry4h@yahoo.com](mailto:purecountry4h@yahoo.com)

If you have any questions please contact Laura at 509.750.5083

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## Share Your STEM Project Or Activity on the 4-H STEM Showcase Instagram Page!

An @4HSTEMShowcase Instagram page has been created, and we would love to profile 4-Her's STEM projects from around the state on it. If it's science of any kind – tech, engineering, or math – we want to see it!

It's easy to share. Just send a jpeg with the 4-Her's first name, county name and project they are sharing to Michelle Green at [michelle.green@wsu.edu](mailto:michelle.green@wsu.edu). If the county has an Instagram page, we will tag them if it posts. We have 4-Hers doing awesome things, and we want to see them learning by doing!

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## National 4-H Council Shares Survey on COVID-19 Effects on Youth Mental Health and Loneliness

A new survey commissioned by National 4 H Council, and conducted by the Harris Poll, finds that 7 in 10 teens are struggling with their mental health in the wake of COVID-19. More than half of those surveyed shared that the pandemic has increased their feelings of loneliness, with 64 percent believing it will have a lasting impact on their mental health. The survey, conducted in May 2020, is among the first to examine the impact this unprecedented public health crisis has had on U.S. teens. The aims of the survey are to help practitioners gain a deeper understanding of the state of teen mental health and to gather teen perspectives on the issue as 4-H aims to empower young people with the resources and support to address their health and well-being head on.

Read the full article at <https://4-h.org/media/new-survey-finds-7-in-10-teens-are-struggling-with-mental-health/>

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## 2020 4-H Stem Challenge Kits Are Now Available



The 2020 4-H STEM Challenge, Mars Base Camp (developed by Google & Virginia Cooperative Extension) teaches kids how to use STEM concepts such as engineering, physics, computer science and agriculture.

**New this year:** choose from family sized (up to 3 kids) or class room sized (up to 12 kids). For a limited time only, receive \$5 off each kit (limit 20 discounted kits per order) thanks to the generous support of the 4-H STEM Challenge national partner, Toyota. [Order your kit now](#) and the discount will automatically be applied at checkout.

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## Additional Equine Resources Added to Horse Project Page

Extension Horses COVID-19 Infographics for Equine Owners and Facilities have been added to the [Horse Project page](#). They are located under the "Other Resources and Websites" link and are intended to provide general information.

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## Washington State 4-H Fair Update from Fair Manager Tom Gwin

To Our 4-H Family,

You have all been made aware of the cancellation of the 2020 WA State 4-H Fair and the Washington State Fair due to COVID-19.

The Washington State 4-H Fair Board has been in serious discussions as to what fair exhibits and activities we will be able to conduct in a virtual format this year. We have already announced our plans for Virtual Still Life Exhibits. The Virtual Exhibit Guide and Entry Form is available by clicking [here](#) (Guide) and [here](#) (Entry Form). They are also available on the State 4-H Fair website.

For fair activities, we will only be able to offer Public Presentations in a virtual format. This will include public presentations, public speaking, and the national equine presentations. One change for this year is that live animals may be used in virtual public presentations. Details on the virtual public presentations and how to register will be released in the next few weeks.

All other activities (judging contests, groom squad, 4-H in action, performing arts, kitchen activities, and fashion revue) will not be offered in a virtual format. For those judging contests that have been used as national contest qualifiers (equine and livestock), WSU staff will take responsibility for developing a qualifying contest outside of the confines of the State 4-H Fair.

For the animal projects, we will not be able to offer virtual animal shows this year. The WA State 4-H Fair simply does not have the staff or volunteers to put together a positive learning experience for our youth exhibitors. We encourage counties and 4-H clubs to provide opportunities for your members to showcase their animal projects this year. While we will miss face to face contact with our fair exhibitors in 2020, we hope you will join us for the 2021 WA State 4-H Fair.

Best Regards,

Tom Gwin, State 4-H Fair Manager  
and the WA State 4-H Fair Board  
PO Box 1225  
Puyallup, WA 98371  
[tagwin@wsu.edu](mailto:tagwin@wsu.edu)

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### Washington YQCA Online Training



All youth that plan to exhibit **ANY Market Animal** at the 2020 Grant County Fairgrounds must be current with their YQCA Certification. Youth showing animals can acquire their YQCA certification by completing and passing the [online training](#).

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## Grant/Adams/Lincoln County 4-H Social Media Community Guidelines

The purpose of the Grant/Adams/Lincoln County 4-H Youth Development social media networks is to build a community of 4-H supporters and stakeholders (e.g., volunteers, families, youth, community members, partner organizations) to engage in positive and productive conversation and communication. Our social media networks are monitored daily to make sure postings and discussions are appropriate and consistent with 4-H program values. Social media administrators, typically 4-H staff or faculty, will respond from time to time, as necessary, or will direct a participant's questions or concerns to the appropriate party. [Read Guidelines Here.](#)

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## A Reminder: COVID-19 Resources Available from WSU Extension

The WSU Extension COVID-19 Updates and Resources page is updated as new information becomes available. The Link to the page is [extension.wsu.edu/covid-19/](https://extension.wsu.edu/covid-19/)

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## Keeping Your Distance to Stay Safe

With the number of COVID-19 cases increasing every day, psychologists offer insights on how to separate yourself from others, while still getting the social support you need. [www.apa.org/practice/programs/dmhi/research-information/social-distancing](http://www.apa.org/practice/programs/dmhi/research-information/social-distancing)

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## WSDA Shares Recommendations for Reducing COVID-19 Risk in Groups of People Caring for Groups of Animals

The Washington State Department of Agriculture has recently made some recommendations regarding reducing COVID-19 risk in animal care. The documents are available by clicking on the title:

[Cleaning and Disinfection Protocol](#)  
[Caretaker Contact List](#)  
[Group Livestock Care Instructions](#)

[Group Livestock Care Schedule](#)  
[WSDA Group Care of Livestock](#)

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## WSU Extension Grant County Contact Information

In response to COVID-19, the WSU Extension offices are closed to the public until further notice. All Grant County WSU Extension staff and faculty are working and available by phone, email, or appointment only. Visit your local extension office website for contact information and your county health department for information regarding COVID-19.

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## 4-H Meetings & Due Dates

**HORSE COUNCIL VIRTUAL MEETING** Thursday August 13, 2020 7PM  
Date & Time: Aug 13, 2020 07:00 PM Pacific Time (US and Canada)

Join from PC, Mac, Linux, iOS, or Android:

<https://wsu.zoom.us/j/95906097222?pwd=RVhxY05yRIJxZGtsNE9kWklaZmJvdz09>

Meeting ID: 959 0609 7222 Passcode: 569029

Phone Call (long distance) +1 253 215 8782, Password: 569029

**Note: In response to Covid-19, all in person meetings are cancelled until further notice. Virtual Meetings will be announced in the 4-H Friday Update.**

**Note:** [Meeting Minutes are Online](#)

### General Due Dates for Grant County 4-H

- October 1 [Volunteer Hours for the Current Year](#) are Due
- October 31 [4-H Club Annual End of Year Financial Reporting Forms](#) are Due to the Extension Office. (4-H clubs that do not handle finances are still required to turn in a report that shows no funds are being handled.)
- December 1 [Annual 4-H Chartered Club Plan is Due](#)
- December 1 [Annual 4-H Family Group Plan is Due](#)
- December 31 Re enrollment Deadline for Returning 4-H Club Members – [Online Registration](#) - <https://www.4honline.com/>. (\$25 late fee after December 31)
- April 1 [Ken Ardell Scholarship Applications](#) are Due
- May 1 New Member Enrollment Deadline if planning to show at current year fair.
- June 15 [Secretary Books](#) are Due to Extension Office
- July 15 [Youth for the Quality Care of Animals \(YQCA\)](#) Completion Deadline

### Annual Animal Ownership Dates for Grant County Fair

- January 1 [Dairy - Sale Springer & Bred Heifer Certificates](#) are Due
- April 1 [Horse Ownership Certificates](#) are Due
- April 1 [Market Steer Ownership Date](#) (Weigh & Tag Day TBA)
- May 1 [Non Sale Dairy Ownership Certificates](#) are Due
- May 8 Market Swine Ownership Date
- May 12 Llama Ownership Date
- May 15 Poultry Ownership Date
- June 15 Rabbit Ownership Date (updated 1.2020)
- June 8 Market Goat Ownership Date (Weigh & Tag Day TBA)
- June 10 Market Sheep Ownership Date (Weigh & Tag Day TBA)

### Annual Animal Ownership Dates for Adams County Fair

- February 1 [Dairy - Sale Springer & Bred Heifer Certificates](#) are Due
- April 1 [Horse Ownership Certificates](#) are Due
- April 30 [Market Steer Ownership Date](#)
- May 1 [Non Sale Dairy Ownership Certificates](#) are Due
- July 15 Poultry Ownership Date
- July 15 Rabbit Ownership Date
- June 12 Llama Ownership Date
- June 15 Market Swine Ownership Date
- June 15 Market Sheep Ownership Date
- July 8 Market Goat Ownership Date

**Note:** If you have project animal issues (sickness, won't breed, or death,) please contact the Extension Office. Hardship cases will be considered to allow you to show at fair.

## Information for Volunteers and 4-H Club Volunteer Leaders

### New 4-H Year Annual Fall Kick Off Meeting

General club leaders, family 4-H group leaders, and volunteers assisting with 4-H finances are **required** to attend one of the annual Fall Kick-Off meetings. All leaders and prospective new leaders welcome! Kick Off meeting times are announced in the 4-H Friday Update each new 4-H year.

### 4-H Online Enrollment: Start of the New 4-H Enrollment Year is October 1

The 4-H year begins October 1 and ends September 30. Youth who have reached their 5th birthday before October 1 of the current 4-H year through youth who have not reached their 19th birthday before October 1 of the current 4-H year are eligible to enroll in a 4-H club. Enroll in 4-H using the [4HOnline system](https://www.4honline.com) (<https://www.4honline.com>). There is an additional \$25 fee for late enrollments. Please use Google Chrome or Firefox Web Browser for best results.

Grant County 4-H is able to offer financial hardship assistance scholarships on a case by case basis, some or all of the \$25 per member fee may be covered. [Membership Fee Scholarship Application](#).

### Report Your Volunteer Hours Each Month

Volunteer hours are due each year by October 1. If you are a volunteer leader, you need to log your volunteer hours at <https://volunteers.cahnrs.wsu.edu/logon.aspx>. Your user name will be either your last name only or your first & last name with a space in between. The password is *password!* (don't forget the exclamation point). If you are unable to log in to the volunteer database, or if you have questions, please call the Extension office. **You CAN – and if possible, please do**, put in your volunteer hours retroactively.

### WSU Put the Child First Training Video

[Register for volunteer courses](#).

WSU Put the Child First – Enrollment Key: GRANT/ADAMS4H

### 4-H 101 Leader Training Parts 1 and 2 for Club Leaders and Volunteers

Are you thinking about starting a new 4-H club or family 4-H group? Are you signing up as a volunteer with 4-H for the first time? Are you a returning volunteer and have not completed 4-H 101 Leader Training? If so, please contact Carolyn Russo;grant.4h@wsu.edu, 754-2011 ext. 4313.

New 4-H volunteers are required to complete the 4-H 101 Volunteer Leader Training Parts 1 & 2. This training (how to plan club programming, ensure you are up-to-date on WSU and state 4-H policies and procedures, risk management, etc.) will prepare you to become a certified 4-H volunteer of a 4-H club or group.

**WSU 4-H Volunteer Application Forms:** [Fillable Word Version](#); [PDF Version](#). All volunteers signing up for the first time must submit application forms to the Extension Office.

### 4-H 101 Volunteer Leader Training Part 1 (Prerequisite for 4-H 101 Part 2):

- Completed WSU 4-H Volunteer Application on file at the Extension office.
- Complete the [Washington 4-H Volunteer Orientation Modules](#). Enrollment Key: GRANT
- Complete the [WSU Put the Child First](#) training video. Enrollment Key: GRANT/ADAMS4H
- If you are handling finances, complete the

### 4-H 101 Volunteer Leader Training Part 2

- Trainings are held in Grant County and Adams County. Scheduled training dates are announced in the [4-H Friday Update](#) and an RSVP to the Extension Office is required.

### Preserve the Taste of Summer Training (Required of Food Preservation Projects Leaders)

All 4-H project leaders leading food preservation projects and activities will need to have completed this online food preservation program training series. The cost of the series is \$25.00. [Details and Registration](#).

### Shooting Sports Training (Required for Shooting Sports Project Leadership)

Additional 4-H Shooting Sports Training for specific shooting sports disciplines is required for certified 4-H volunteers to lead 4-H Shooting Sports Projects. 4-H volunteers interested in leading shooting sports projects should contact Carolyn Russo;grant.4h@wsu.edu, 509-754-2011 ext. 4313. You will be notified when 4-H Shooting Sports Trainings are scheduled in WA or ID.

### 4-H Request to Fundraise Form

To be in compliance with 4-H policy, all fundraising activities need prior approval from the county 4-H Program Coordinator or 4-H Youth Development Regional Specialist. A [request to fundraise form](#) is to be turned in to the Extension Office within 5 days prior to the fundraising activity of your club/group.

**HEART**

relating, caring



**HEAD**

managing, thinking



**HEALTH**

being, living



**HANDS**

giving, working

