



4-H Friday Update

May 22, 2020

WSU Grant County Extension 4-H Program

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Requests for reasonable accommodations for persons with disabilities and special needs should be made at least two weeks prior to an event by contacting the WSU Grant County Extension Office: 509-754-2011, ext. 4313.

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Happy Friday!



Memorial Day is the day set aside to remember with gratitude and pride all those who served and died for our country and our freedom. May your Memorial Day Weekend be filled with memories and peace.

A little history “Originally known as Decoration Day, it originated in the years following the Civil War and became an official federal holiday in 1971.”

Happy Memorial Day Weekend!

Jeannie Kiehn

WSU Extension Program Coordinator
jmkiehn@wsu.edu

Poultry Leader Meeting

Monday, May 25th, 6:30 p.m. via Zoom. See the Poultry Leaders’ Facebook Group Event for agenda. RSVP for the Meeting ID and Password to: dhundtoft4h@gmail.com

Poultry Leaders:Join the Grant County Poultry Project Leaders Facebook Group – “Grant Co WA 4-H & FFA Poultry Leaders”

Poultry Members:Join the County Project Facebook Group if you have not already – “Grant County Fair Poultry Barn”



Class of 2020 Featured 4-H Senior – Nora Medina

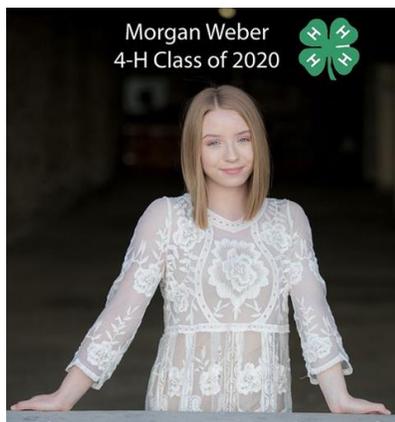
Grant/Adams/Lincoln 4-H Youth Development supports our Class of 2020! Watch for 4-H Seniors you may know to be featured on our [Facebook page](#) and in our 4-H Friday Update!



Hi! My name is and I'm a Running Start student from Quincy High School and Big Bend Community College. Throughout these last four years, I have been a member of 4-H as a 4-H Tech Changemaker. I also participate in Youth Action Interact, Quincy Partnership for Youth, and was a student representative on the Quincy City Council. Next year I will be studying Computer Science at the University of Washington and would also like to minor in Political Science.

Class of 2020 Featured 4-H Senior – Patrick Azevedo

Grant/Adams/Lincoln 4-H Youth Development supports our Class of 2020! Watch for 4-H Seniors you may know to be featured on our [Facebook page](#) and in our 4-H Friday Update!



Hi, I'm Morgan Weber and I will be graduating from Othello High School this year! I have been a part of 4-H for ten years and my animal projects have been swine for 9 years but I also showed beef for one year! I have also been a part of other clubs such as National Honor Society, FFA, Youth Group, and was a part of the High School volleyball team. I am excited that I will be attending the University of Washington this fall and I will be majoring in psychology with a minor in law, societies, and justice. Go Huskies!!

Feel Good Friday Recipe Exchange



These recipes were shared as a result of the Feel Good Friday presentation Resourcefulness in the Kitchen: Eating Well at Home by participants from across the US to help each other be creative in the kitchen and try something new.

Some may be treats to choose on occasion, while others may be great daily nutritious choices- but in a time when we all need a little comfort, they are just what we need!

2020 Virtual STAC Registration is Now Open!

Washington State 4-H Teens who have completed 8th grade through 12th grade are invited to participate in the University of Idaho Virtual STAC Conference, coming June 22 through 25, 2020! A great line up of speakers, workshops and activities are in store for all the participants. Registration is now open! Youth who register before June 8 will receive a free event t-shirt!

Registration is open through 4-H Online at <http://wa.4honline.com/>. If you are new to 4-H Online, a “how to register” link can be found at <https://extension.wsu.edu/4h/documents/2017/01/event-registration-instructions.pdf/>



Refer to the information packet (linked [here](#)) for the schedule and workshop choices.

For more information, contact WSU Whitman County Extension, 509.397.6290, schmidty@wsu.edu.

Zoom-ing in on Healthy Horsekeeping

Join the University of Maryland Equine Extension Team for a series of webinars every Tuesday during the month of May, at 3:00 pm EST. **Webinars are FREE, but registration is required.** Follow the link for each event to register for them individually. See the flyer ([here](#)) for details!

The **June flyer** will be available soon. We hope to “see” you this month!

May 26: Parasite Resistance: It's a Numbers Game!

Maegan Perdue, Worcester County Extension

Register at <https://go.umd.edu/parasite>

Upcoming Webinar

A webinar titled **A Comprehensive Approach to Preventing Suicide: The Role of Law, Policy, and Social Determinants of Health** is scheduled for Tuesday, May 26, 2020 from 09:30 AM PDT – 11:00 AM PDT

The webinar will highlight how an evidence-based approach can be taken to reduce suicides in communities, which includes working with partners and various sectors to address the broader social determinants of health, while also leveraging legal and policy tools.

You will hear from leading public health, suicide prevention, and policy experts, government representatives, and community partners about how they've addressed the role of social determinants in preventing suicide. Given the considerable progress that partners have made over the past decade to achieve Healthy People 2020 Suicide Prevention-related objectives, we'll also discuss how these valuable lessons learned can help drive action over the next decade with Healthy People 2030.

To learn more or register for this event, visit https://events-na4.adobeconnect.com/20200526-suicide-prevention-webinar/&_charset_=utf-8

LR Dairy Presents Heifer Calf Giveaway Contest!

The Owner-Operators of LR Dairy, located in the Chehalis area of Washington State, are giving away a Holstein heifer calf!

This contest is open to any youth who is active in 4-H or FFA. Winner gets to pick their calf! The winner will be responsible for arranging transportation of the calf; the calf must be picked up within thirty (30) days of the winner being notified.

The contest rules are as follows:

1. An essay must be submitted detailing who you are and why you would like to win a calf.

The essay will include:

- How you plan to care for your animal
- A short description of your facilities where the calf will be living, and
- What your future plans are for the calf – Do you want to keep it and love it forever? Are you going to breed her and sell her as a springer? We want to know!

2. Along with the essay, please provide:

- Your 4-H or FFA club and leader contact information.
- Include a parent or guardian signature and contact information.
- If you have references from people in the industry, please include those as well.

We would like the winner to keep us up-to-date on the progress they're making with their calf, so please keep us in the loop.

Submissions **MUST** be postmarked no later than May 30th – so get those essays in!

Please mail the essays to:

LR Dairy Heifer Contest | 3148 Jackson Hwy | Chehalis, WA 98532-8614

4-H At Home: Healthy Habits, Sewing & More



Each Monday, 4-H will be sharing four at-home learning resources from 4-H programs across the country. How are you meeting the learning needs of children and families who are at home during COVID-19? [Submit your efforts](#) for an opportunity to be featured. [Read More...](#)

Join the 4-H Virtual Fun Fair

You
Gotta Go
Virtual!

The Virtual Fun Fair is open to 4-H Members in Chelan, Cowlitz, Douglas, Grant, Pierce and Yakima Counties. It is also open to youth from the Washington National Guard, Joint Base Lewis McChord, Fairchild, and Pierce and Kitsap YMCA Child Care.

[Learn more...](#)

Attention Washington YQCA Instructors



The YQCA flash sale has been popular in the first few weeks of initiation. Thank you for sharing this opportunity with your youth!

Due to the popularity of the flash sale, YQCA has found a way for coupons to be purchased via credit card instead of check/purchase order. A help document outlining how to utilize this type of payment option (page 2 of the document) can be found [here](#). The updated order form with the new information can be found [here](#). Using this approach DOES result in a processing fee of \$.57 per coupon, which has been added to the flash sale price. This processing fee results in a total cost of \$9.57 per coupon, rather than a flat rate of \$9.00. This is a convenience fee that replaces the USPS cost (\$0.55, plus envelope) and reduces the time in receiving coupons. Further coupons purchased by April 30, 2020 will be good through May 31, 2020.

Coupons purchased online will be fulfilled in the same manner, being sent to the purchaser via email from Jennifer Hawkins (jhawkins@vivayic.com). Coupons will still be sent within 3-5 days of the order. A link to the letter that was sent in late MARCH ([click here](#)) includes all the original information with the exception of the added payment option.

Also included with the update was an attachment titled, "Getting Your YQCA Online Certification." It can be found [here](#).

4-H Meetings & Due Dates

Grant-Adams 4-H Leaders Council meets the **first Monday** of every other month; **7:00 PM**; alternating between **Moses Lake and Othello**:

Moses Lake (December, April, August) - Moses Lake meets at the Grant County Fairgrounds Fuller Building.

Othello (October, February, June) - Othello meets at Time Out Pizza.

Grant-Adams 4-H Area Meetings- Area Council meetings are determined by your area.

Grant County 4-H/FFA Livestock Sale Committee meets the **third Tuesday** of the Month, **February through November, 7:00 PM**, Moses Lake, Grant County Fairgrounds Fuller Building.

Grant-Adams 4-H Horse Leader Committee meets the **second Thursday** of each month, **7:00 PM**, Moses Lake, Grant County Fairgrounds Fuller Building.

Note: [Meeting Minutes are Online](#)

General Due Dates for Grant County 4-H

October 1	Volunteer Hours for the Current Year are Due
October 31	4-H Club Annual End of Year Financial Reporting Forms are Due to the Extension Office. (4-H clubs that do not handle finances are still required to turn in a report that shows no funds are being handled.)
December 1	Annual 4-H Chartered Club Plan is Due
December 1	Annual 4-H Family Group Plan is Due
December 31	Re enrollment Deadline for Returning 4-H Club Members – Online Registration - https://www.4honline.com/ . (\$25 late fee after December 31)
April 1	Ken Ardell Scholarship Applications are Due
May 31	New Member Enrollment Deadline
June 15	Secretary Books are Due to Extension Office
July 15	Youth for the Quality Care of Animals (YQCA) Completion Deadline

Annual Animal Ownership Dates for Grant County Fair

January 1	Dairy - Sale Springer & Bred Heifer Certificates are Due
April 1	Horse Ownership Certificates are Due
April 1	Market Steer Ownership Date (Weigh & Tag Day TBA)
May 1	Non Sale Dairy Ownership Certificates are Due
May 8	Market Swine Ownership Date
May 12	Llama Ownership Date
May 15	Poultry Ownership Date
June 15	Rabbit Ownership Date (updated 1.2020)
June 8	Market Goat Ownership Date (Weigh & Tag Day TBA)
June 10	Market Sheep Ownership Date (Weigh & Tag Day TBA)

Annual Animal Ownership Dates for Adams County Fair

February 1	Dairy - Sale Springer & Bred Heifer Certificates are Due
April 1	Horse Ownership Certificates are Due
April 30	Market Steer Ownership Date
May 1	Non Sale Dairy Ownership Certificates are Due
July 15	Poultry Ownership Date
July 15	Rabbit Ownership Date
June 12	Llama Ownership Date
June 15	Market Swine Ownership Date
June 15	Market Sheep Ownership Date
July 8	Market Goat Ownership Date

Note: If you have project animal issues (sickness, won't breed, or death,) please contact the Extension Office. Hardship cases will be considered to allow you to show at fair.

Information for Volunteers and 4-H Club Volunteer Leaders

New 4-H Year Annual Fall Kick Off Meeting

General club leaders, family 4-H group leaders, and volunteers assisting with 4-H finances are **required** to attend one of the annual Fall Kick-Off meetings. All leaders and prospective new leaders welcome! Kick Off meeting times are announced in the 4-H Friday Update each new 4-H year.

4-H Online Enrollment: Start of the New 4-H Enrollment Year is October 1

The 4-H year begins October 1 and ends September 30. Youth who have reached their 5th birthday before October 1 of the current 4-H year through youth who have not reached their 19th birthday before October 1 of the current 4-H year are eligible to enroll in a 4-H club. Enroll in 4-H using the [4HOnline system](https://www.4honline.com) (<https://www.4honline.com>). There is an additional \$25 fee for late enrollments. Please use Google Chrome or Firefox Web Browser for best results.

Grant County 4-H is able to offer financial hardship assistance scholarships on a case by case basis, some or all of the \$25 per member fee may be covered. [Membership Fee Scholarship Application](#).

Report Your Volunteer Hours Each Month

Volunteer hours are due each year by October 1. If you are a volunteer leader, you need to log your volunteer hours at <https://volunteers.cahnrs.wsu.edu/logon.aspx>. Your user name will be either your last name only or your first & last name with a space in between. The password is *password!* (don't forget the exclamation point). If you are unable to log in to the volunteer database, or if you have questions, please call the Extension office. **You CAN – and if possible, please do**, put in your volunteer hours retroactively.

WSU Put the Child First Training Video

[Register for volunteer courses](#).

WSU Put the Child First – Enrollment Key: GRANT/ADAMS4H

4-H 101 Leader Training Parts 1 and 2 for Club Leaders and Volunteers

Are you thinking about starting a new 4-H club or family 4-H group? Are you signing up as a volunteer with 4-H for the first time? Are you a returning volunteer and have not completed 4-H 101 Leader Training? If so, please contact Jeannie Kiehn, jmkiehn@wsu.edu; 754-2011 ext. 4313.

New 4-H volunteers are required to complete the 4-H 101 Volunteer Leader Training Parts 1 & 2. This training (how to plan club programming, ensure you are up-to-date on WSU and state 4-H policies and procedures, risk management, etc.) will prepare you to become a certified 4-H volunteer of a 4-H club or group.

WSU 4-H Volunteer Application Forms: [Fillable Word Version](#); [PDF Version](#). All volunteers signing up for the first time must submit application forms to the Extension Office.

4-H 101 Volunteer Leader Training Part 1 (Prerequisite for 4-H 101 Part 2):

- Completed WSU 4-H Volunteer Application on file at the Extension office.
- Complete the [Washington 4-H Volunteer Orientation Modules](#). Enrollment Key: GRANT
- Complete the [WSU Put the Child First](#) training video. Enrollment Key: GRANT/ADAMS4H
- If you are handling finances, complete the

4-H 101 Volunteer Leader Training Part 2

- Trainings are held in Grant County and Adams County. Scheduled training dates are announced in the [4-H Friday Update](#) and an RSVP to the Extension Office is required.

Preserve the Taste of Summer Training (Required of Food Preservation Projects Leaders)

All 4-H project leaders leading food preservation projects and activities will need to have completed this online food preservation program training series. The cost of the series is \$25.00. [Details and Registration](#).

Shooting Sports Training (Required for Shooting Sports Project Leadership)

Additional 4-H Shooting Sports Training for specific shooting sports disciplines is required for certified 4-H volunteers to lead 4-H Shooting Sports Projects. 4-H volunteers interested in leading shooting sports projects should contact Jeannie Kiehn at jmkiehn@wsu.edu; 509-754-2011 ext. 4313. You will be notified when 4-H Shooting Sports Trainings are scheduled in WA or ID.

4-H Request to Fundraise Form

To be in compliance with 4-H policy, all fundraising activities need prior approval from the county 4-H Program Coordinator or 4-H Youth Development Regional Specialist. A [request to fundraise form](#) is to be turned in to the Extension Office within 5 days prior to the fundraising activity of your club/group.

HEART

relating, caring



HEAD

managing, thinking



HEALTH

being, living



HANDS

giving, working

