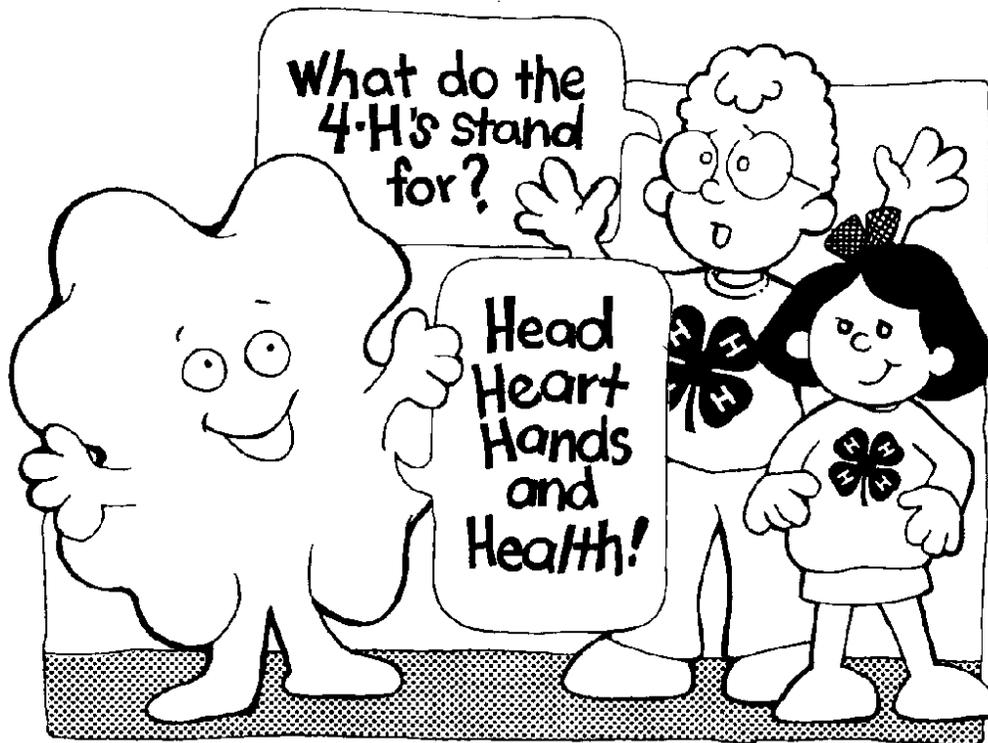


4-H RECORD BOOK

LEVEL 1 (Recommended for beginning 4-H members)



Name:		Year:
Address:		
Birthday:		Grade in School:
Age:	Number of years in 4-H:	
Club Name:		

INSTRUCTIONS

1. Use this record book and your Level 1 4-H Permanent Record for all the things you do in 4-H this year.
2. Use separate "Project Plan", "Project Diary", and "This is what I did in my 4-H project" forms for each of your projects.
3. There may be add sheets for projects with special planning or recording needs (breeding records, milk records, garden plan).
4. Use your record to look back at the progress you have made during the year. This will be helpful when you make plans for next year.
5. When you complete your 4-H program for this year, write your 4-H story.
6. You will want to keep only the most important materials in the memories part of your record. You may want to keep a scrap-book of ribbons, certificates, programs, and other materials.
7. The record book is your personal work. It should be kept current as the year progresses. Handwriting or typing should be your own.
8. You may want to organize your records with tabs in a binder. A suggested order for doing this is:
 - Introduction
 - My 4-H Planning Calendar
 - Projects (separate tabs for each project)
 - Permanent Record
 - My 4-H Story
 - My 4-H Memories

PROJECT PLANS

My 4-H project is:

I chose this project because:

Some of the things I want to do or learn in my 4-H project this year are:

Signatures

Member:

Parent/Guardian:

Leader:



This is what I did in my 4-H project this year:



Pictures of my project



PROJECT RELATED MATERIALS



MY 4-H STORY

Some things about myself and my family are. . .

I joined 4-H because. . .

Some of the things my club and project group did this year were. . .

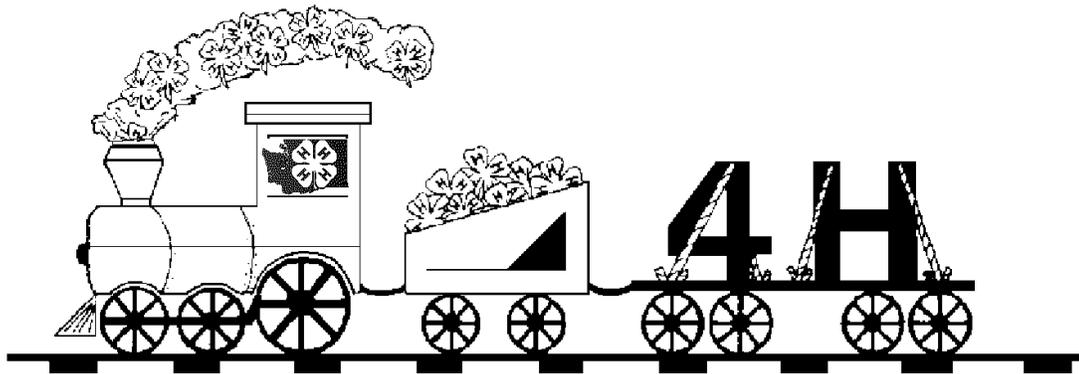
MY 4-H STORY (continued)

My favorite parts of 4-H this year were . . .

Some things I would like to do better, improve upon, or do more of next year are . . .

MY 4-H MEMORIES

Paste pictures of you, your club, drawings, newspaper clippings, letters, awards, or anything related to you and your club or 4-H project.



MY 4-H MEMORIES



THE 4-H PLEDGE

I PLEDGE

**my head to clearer thinking;
my heart to greater loyalty;
my hands to larger service;
and my health to better living;

for my club,
my community,
my country,
and my world.**

WASHINGTON STATE UNIVERSITY



4-H Youth Development Program



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