



# 4-H Friday Update

September 21, 2018

WSU Grant County Extension 4-H Program

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## Happy Friday!

Yesterday thirty four 4-H program staff and faculty from Eastern Washington met here in Moses Lake to discuss our new 4-H year programming which includes policy, 4hOnline, inclusion, cultural competency, branding & social media, and verified volunteers. Enrollment fees are again changing for Grant County and we will discuss this at our upcoming **4-H Volunteer Leader Kick-Off on October 2<sup>nd</sup>** at the 4-H Building on the Grant County Fairgrounds. This meeting is mandatory for all general club leaders and it is highly recommended that project leaders also attend. Please **RSVP** to me at 509-754-2011 ext: 4309 or [jmkiehn@wsu.edu](mailto:jmkiehn@wsu.edu).

Not all results are in yet, so watch for information about our 4-H youth who competed in 4-H events at the Washington State 4-H Fair in Puyallup this month in next week's Friday Update!

November 2<sup>nd</sup>, 3<sup>rd</sup> and 4<sup>th</sup> is Eastern Washington 4-H Teen Rally in Spokane at the WSU Health Sciences Spokane Campus. To register go to: [4teenrally.brownpapertickets.com](http://4teenrally.brownpapertickets.com) Early registration is \$99 before October 10<sup>th</sup>. This is a wonderful opportunity for your teens to meet new friends in 4-H, learn about healthy living and health science occupations/careers and participate in a community service project to benefit Sally's House, Venessa Behan Crisis Nursery and Ronald McDonald House.

## Happy Labor Day Weekend!

WSU Extension Program Coordinator  
[jmkiehn@wsu.edu](mailto:jmkiehn@wsu.edu)



## New 4-H Year Annual Fall Kick-Off Meetings Schedule

The 4-H year begins on October 1, 2018. General club leaders, family 4-H group leaders, and volunteers assisting with 4-H finances are **required** to attend one of the annual Fall Kick-Off meetings. All leaders and prospective new leaders are welcome and encouraged to attend! Kick-Off meeting times are announced in the 4-H Friday Update.

### “Kick-Off” schedule:

- **October 2** – Moses Lake – Grant County Fairgrounds; 4-H Building – 5:30 - 8:00 p.m.
- **October 3** – Ritzville – WSU Extension Office – 6 PM
- **October 4** – Davenport – Details TBA

## 4-H 101 Part 2 Volunteer Leader Training Tentative Dates

New 4-H volunteers are required to complete the 4-H 101 Volunteer Leader Training Parts 1 & 2. See details below in the Friday Update for 4-H 101 Volunteer Leader Training Part 1 which is a prerequisite for Part 2.

**Saturday, November 3, 2018** – at a Super Saturday in Othello, WA  
Time and details to be announced.

**Monday, November 5, 2018** – Ritzville, WSU Extension Office  
Tentative time: 5:30 – 8:30 p.m.  
Watch for details. RSVP to Karen at [robertk@wsu.edu](mailto:robertk@wsu.edu) or 509-659-3209.  
Minimum 5 firm RSVPs required

**Tuesday, November 13, 2018** – Moses Lake, WSU Extension Office  
Tentative time: 5:30 – 8:30 p.m.  
Watch for details. RSVP to Jeannie at [jmkiehn@wsu.edu](mailto:jmkiehn@wsu.edu) or 509-754-2011 ext. 4309  
Minimum 5 firm RSVPs required

## Early Bird Registration for Eastern Washington 4-H Teen Rally!

**What:** Fun Filled Weekend

**Who:** 7th-12th Grade Youth

**When:** November 2 - 4, 2018

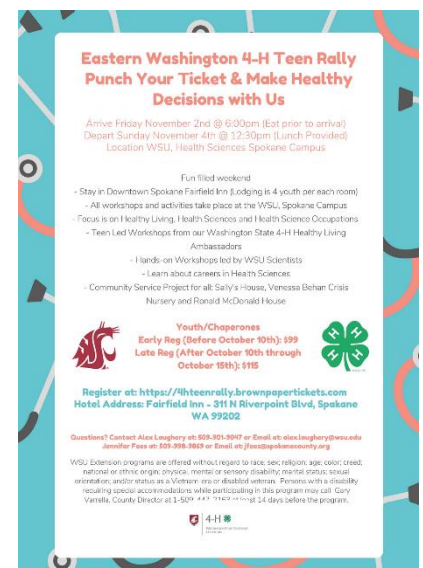
**Where:** WSU Spokane Campus

**Cost:** \$99 Early Bird Registration (**Before October 10**)  
\$115 Late Registration (After October 10 - 15)

**Register at:** <https://4hteenrally.brownpapertickets.com>

**Hotel Address:** Fairfield Inn – 311 N Riverpoint Blvd,  
Spokane, WA 99202

**Visit the [4-H Camps and Rallies Page](#) for Details.**



**Eastern Washington 4-H Teen Rally**  
**Punch Your Ticket & Make Healthy Decisions with Us**

Arrive Friday November 2nd @ 6:00am (Eat prior to arrival)  
Depart Sunday November 4th @ 12:30pm (Lunch Provided)  
Location: WSU, Health Sciences Spokane Campus

Fun filled weekend

- Stay in Downtown Spokane Fairfield Inn (Lodging is 4 youth per each room)
- All workshops and activities take place at the WSU Spokane Campus
- Focus is on Healthy Living, Health Sciences and Health Science Occupations
- Teen Led Workshops from our Washington State 4-H Healthy Living

**Ambassadors**

- Hands-on Workshops led by WSU Scientists
- Learn about careers in Health Sciences
- Community Service Project for all: Sally's House, Vanessa Beham Crisis Nursery and Ronald McDonald House

**Youth/Chaperones**  
Early Reg (Before October 10th): \$99  
Late Reg (After October 10th through October 15th): \$115

Register at: <https://4hteenrally.brownpapertickets.com>  
Hotel Address: Fairfield Inn - 311 N Riverpoint Blvd, Spokane WA 99202

Questions? Contact Alisa Leachery at 509-325-3807 or Email at [alisa.leachery@wsu.edu](mailto:alisa.leachery@wsu.edu)  
Jennifer Foss at 509-358-9859 or Email at [jfoss@spokanecounty.org](mailto:jfoss@spokanecounty.org)

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4-H

## Inspire Kids to Do Ag!

Check out the new [My Little Ag Me eBooks](#) from the American Farm Bureau! Each of the three new online free print books introduces students to Ag terms and shows them different types of agriculture and related careers.

Books can be printed either single paged or in a booklet format.



## 30 Days of Doing Doer of the Day



### Ashlynn | Nebraska

As a 4-H Healthy Living teen ambassador in Lancaster County, Nebraska, Ashlynn is passionate about teaching kids how to live healthy lives. Through 4-H, Ashlynn has had the opportunity to travel to Washington, D.C. to attend Healthy Habits Training. Using the skills she learned from the training, she worked with her 4-H mentor to plan and deliver nine hours of nutrition and physical activity education to 46 youth so far!

## 4-H Projects Spotlight: Health

### Health

#### Health Objectives:

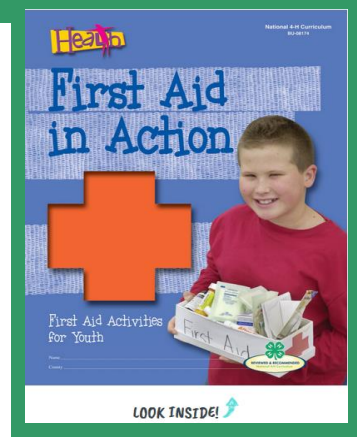
Promote health, exercise, and nutrition, put together a first aid kit, learn steps to take when faced with an emergency, share with others a commitment to healthy living, and design and manage a personal fitness plan.

Recommended publications; 08174 1—First Aid in Action, 08175 2—Staying Healthy, 08176 3—Keeping Fit

Order online at: <https://shop4-h.org/collections/curriculum>

#### 4-H Project Resources:

[WSU Extension 4-H Projects and Publications Catalog](#) | [National Curriculum](#) | [Shop 4-H Catalogs](#)



## Important Upcoming Dates

<b>September</b>	<p><b>Report Your Volunteer Hours</b> 😊</p> <p>Volunteer hours are due each year by October 1</p>
<b>October 1</b>	<p><b>New 4-H Year Starts and Enrollment Begins</b></p> <p>The 4-H year begins October 1 and ends September 30 Enroll in 4-H using the <a href="https://www.4honline.com">4HOnline system (https://www.4honline.com)</a></p>
<b>October 1</b>	<p><b>Leaders Council Meeting</b></p> <p>Othello Time Out Pizza 7:00 p.m.</p>
<b>October 2</b>	<p><b>New 4-H Year Annual Fall Kick-Off Meeting</b></p> <p>Moses Lake - Grant County Fairgrounds; 4-H Building 5:30 - 8:00 p.m.</p>
<b>October 3</b>	<p><b>New 4-H Year Annual Fall Kick-Off Meeting</b></p> <p>Ritzville - WSU Extension Office 6:00 p.m.</p>
<b>October 4</b>	<p><b>New 4-H Year Annual Fall Kick-Off Meeting</b></p> <p>Davenport Details TBA</p>
<b>October 11</b>	<p><b>Horse Leader Committee Meeting</b></p> <p>Grant County Fairgrounds Fuller Building 7:00 p.m.</p>
<b>October 16</b>	<p><b>4-H/FFA Livestock Sale Committee Meeting</b></p> <p>Grant County Fairgrounds Fuller Building 7:00 p.m.</p>
<b>October 19-21</b>	<p><b>Washington State 4-H Forum</b>   Red Lion Spokane at the Park <a href="#">Forum Facebook Page</a>   <a href="#">WA State 4-H Forum Web Page</a></p>
<b>August 31 – September 23</b>	<p><a href="#">Washington State 4-H Fair</a>   <a href="#">WA 4-H Fair Exhibitor Guide</a></p>
<b>November 3</b>	<p><b>4-H 101 Part 2 Volunteer Leader Training (Tentative Details)</b></p> <p>At a Super Saturday in Othello, WA Time and details to be announced</p>
<b>November 5</b>	<p><b>4-H 101 Part 2 Volunteer Leader Training (Tentative Details)</b></p> <p>Ritzville, WSU Extension Office Tentative time: 5:30 – 8:30 p.m. Watch for details and/or changes. RSVP to Karen at <a href="mailto:robertk@wsu.edu">robertk@wsu.edu</a> or 509-659-3209. Minimum 5 firm RSVPs required</p>
<b>November 13</b>	<p><b>4-H 101 Part 2 Volunteer Leader Training (Tentative Details)</b></p> <p>Moses Lake, WSU Extension Office Tentative time: 5:30 – 8:30 p.m. Watch for details and/or changes. RSVP to Jeannie at <a href="mailto:jmkiehn@wsu.edu">jmkiehn@wsu.edu</a> or 509-754-2011 ext. 4309. Minimum 5 firm RSVPs required</p>

## 4-H Meetings & Due Dates

**Grant-Adams 4-H Leaders Council** meets the **first Monday** of every other month; **7:00 PM**; alternating between Moses Lake and Othello:

**Moses Lake (December, April, August) - Moses Lake meets at the Grant County Fairgrounds Fuller Building.**

**Othello (October, February, June) - Othello meets at Time Out Pizza.**

**Grant-Adams 4-H Area Meetings-** Area Council meetings are determined by your area.

**Grant County 4-H/FFA Livestock Sale Committee** meets the **third Tuesday** of the Month, **February through November, 7:00 PM**, Moses Lake, Grant County Fairgrounds Fuller Building.

**Grant-Adams 4-H Horse Leader Committee** meets the **second Thursday** of each month, **7:00 PM**, Moses Lake, Grant County Fairgrounds Fuller Building.

**Note:** [Meeting Minutes are Online](#)

### General Due Dates for Grant-Adams 4-H

- October 1 [Volunteer Hours for the Current Year](#) are Due
- October 31 [4-H Club Annual End of Year Financial Reporting Forms](#) are Due to the Extension Office. (4-H clubs that do not handle finances are still required to turn in a report that shows no funds are being handled.)
- December 1 [Annual 4-H Chartered Club Plan is Due](#)
- December 1 [Annual 4-H Family Group Plan is Due](#)
- December 31 Re enrollment Deadline for Returning 4-H Club Members – [Online Registration - https://www.4honline.com/](#)
- May 31` New Member Enrollment Deadline
- June 15 [Secretary Books](#) are Due to Extension Office
- July 15 [Youth for the Quality Care of Animals \(YQCA\)](#) Completion Deadline

### Annual Animal Ownership Dates for Grant County Fair

- January 1 [Dairy - Sale Springer & Bred Heifer Certificates](#) are Due
- April 1 [Horse Ownership Certificates](#) are Due
- April 1 [Market Steer Ownership Date](#) (Weigh & Tag Day TBA)
- May 1 [Non Sale Dairy Ownership Certificates](#) are Due
- May 8 Market Swine Ownership Date
- May 12 Llama Ownership Date
- June 15 Poultry Ownership Date
- June 15 Rabbit Ownership Date
- June 8 Market Goat Ownership Date (Weigh & Tag Day TBA)
- June 10 Market Sheep Ownership Date (Weigh & Tag Day TBA)

### Annual Animal Ownership Dates for Adams County Fair

- February 1 [Dairy - Sale Springer & Bred Heifer Certificates](#) are Due
- April 1 [Horse Ownership Certificates](#) are Due
- April 30 [Market Steer Ownership Date](#)
- May 1 [Non Sale Dairy Ownership Certificates](#) are Due
- July 15 Poultry Ownership Date
- July 15 Rabbit Ownership[ Date
- June 12 Llama Ownership Date
- June 15 Market Swine Ownership Date
- June 15 Market Sheep Ownership Date
- July 8 Market Goat Ownership Date

**Note:** If you have project animal issues (sickness, won't breed, or death,) please contact the Extension Office. Hardship cases will be considered to allow you to show at fair.



## Information for Volunteers and 4-H Club Volunteer Leaders

### New 4-H Year Annual Fall Kick Off Meeting

General club leaders, family 4-H group leaders, and volunteers assisting with 4-H finances are **required** to attend one of the annual Fall Kick-Off meetings. All leaders and prospective new leaders welcome! Kick Off meeting times are announced in the 4-H Friday Update each new 4-H year.

### 4-H Online Enrollment: Start of the New 4-H Enrollment Year is October 1

The 4-H year begins October 1 and ends September 30. Youth who have reached their 5th birthday before October 1 of the current 4-H year through youth who have not reached their 19th birthday before October 1 of the current 4-H year are eligible to enroll in a 4-H club. Enroll in 4-H using the [4HOnline system \(https://www.4honline.com\)](https://www.4honline.com). Please use Google Chrome or Firefox Web Browser for best results.

Grant County 4-H is able to offer financial hardship assistance scholarships on a case by case basis, some or all of the \$25 per member fee may be covered. [Membership Fee Scholarship Application](#).

### Report Your Volunteer Hours Each Month

Volunteer hours are due each year by October 1. If you are a volunteer leader, you need to log your volunteer hours at <https://volunteers.cahnrs.wsu.edu>. Your user name will be either your last name only or your first & last name with a space in between. The password is *password!* (don't forget the exclamation point). If you are unable to log in to the volunteer database, or if you have questions, please call the Extension office.

### "Put the Child First" WSU Child Protection Training Video

[Register for "Put the Child First"](#) - Fill in the requested information and press "Submit Request. You will receive an automatic **Email with log-in information** to view the presentation. Your registration for the training will be kept in the system as proof of your participation.

### 4-H 101 Leader Training Parts 1 and 2 for Club Leaders and Volunteers

Are you thinking about starting a new 4-H club or family 4-H group? Are you signing up as a volunteer with 4-H for the first time? Are you a returning volunteer and have not completed 4-H 101 Leader Training? If so, please contact Jeannie Kiehn, [jmkiehn@wsu.edu](mailto:jmkiehn@wsu.edu); 754-2011 ext. 4313.

**WSU 4-H Volunteer Application Forms:** [Fillable Word Version](#); [PDF Version](#). All volunteers signing up for the first time must submit application forms to the Extension Office.

New 4-H volunteers are required to complete the 4-H 101 Volunteer Leader Training Parts 1 & 2. This training (how to plan club programming, ensure you are up-to-date on WSU and state 4-H policies and procedures, risk management, etc.) will prepare you to become a certified 4-H volunteer of a 4-H club or group.

#### 4-H 101 Volunteer Leader Training Part 1 (Prerequisite for 4-H 101 Part 2):

- Completed WSU 4-H Volunteer Application on file at the Extension office.
- Complete the [Volunteer E-Learning Modules](#) online training course. The password is volunteer.
- Complete the online ["Put the Child First"](#) child protection training video.

#### 4-H 101 Volunteer Leader Training Part 2

- Trainings are held in Grant County and Adams County. Scheduled training dates are announced in the [4-H Friday Update](#) and an RSVP to the Extension Office is required.

### Preserve the Taste of Summer (Required Food Preservation Projects Leaders)

All 4-H project leaders leading food preservation projects and activities will need to have completed this online food preservation program training series to enroll as a food preservation project leader. [Details and Registration](#).

### Shooting Sports Training (Required for Shooting Sports Project Leadership)

Additional 4-H Shooting Sports Training for specific shooting sports disciplines is required for certified 4-H volunteers to lead 4-H Shooting Sports Projects. 4-H volunteers interested in leading shooting sports projects should contact Jeannie Kiehn at [jmkiehn@wsu.edu](mailto:jmkiehn@wsu.edu); 509-754-2011 ext. 4313. You will be notified when 4-H Shooting Sports Trainings are scheduled in WA or ID.

### 4-H Request to Fundraise Form

To be in compliance with 4-H policy, all fundraising activities need prior approval from the county 4-H Program Coordinator or 4-H Youth Development Regional Specialist. A [request to fundraiser form](#) is to be turned in to the Extension Office within 5 days prior to the fundraising activity of your club/group.

**HEART**  
relating, caring



**HEAD**  
managing, thinking



**HEALTH**  
being, living



**HANDS**  
giving, working



**4-H**   
**GROWS HERE**



**4-H** 

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EXTENSION