



# 4-H Friday Update

January 13, 2017

WSU Grant-Adams Extension

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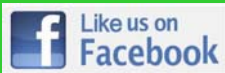
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## Brrrrrr....it's cold outside!

I hope this Friday Update finds you all warm and safe! Remember that the cold weather is also hard on our pets and livestock. Please make sure that they are well cared for during these bitter cold and snowy days.

I am so excited to have KIMSeattle providing a hands-on Super Saturday workshop titled Dissecting a Pig Heart! KIMSeattle stands for Kids in Medicine and Science and the organization is based out of Seattle. Please RSVP for this workshop (see information below). We would like you to also RSVP by January 18<sup>th</sup> to the Grant-Adams Extension office or myself (509-754-2011 ext. 4309) for the 4-H 101 workshop with Lauren. *All new leaders are required to take this training.* If you missed it last year, now is your opportunity!

Two more workshops we are excited to offer are First Aid Training and Disaster Preparedness. I really hope that you can all join us for Super Saturday on January 21<sup>st</sup> at Frontier Middle School beginning with registration at 8:30 a.m. Due to the wide variety of class sizes in the past, we will have class sign-up sheets to fill out as you register. At this time, class size is limited to 14 with the exception of PQA (all needing to attend this class can do so). If we have room for more in a workshop, we will add them after each class has filled. All of our workshops are chalked full of information and fun & educational hands-on activities - so don't miss Super Saturday!

Please remember to bring items for the silent auction to Super Saturday.

Have a great week!

**Jeannie**

WSU Extension Program Coordinator  
[jmkiehn@wsu.edu](mailto:jmkiehn@wsu.edu)



## Super Saturday Schedule & Workshop Descriptions

**Super Saturday**

**January 21, 2017**

**8:30 a.m. to 3:00 p.m.**

**Frontier Middle School, Moses Lake**

**\$5.00 Pizza Lunch**

**Silent Auction to Support Burundi, Africa 4-H School Gardens**

**Download  
Schedule**



### 4-H Tack and Show Clothes Swap/Sale at Super Saturday

*Your used items could become someone else's treasure!*

## **4-H TACK and SHOW CLOTHES**

### **SWAP/SALE**

**DATE:** January 21, 2017

**TIME:** 8:30 am—3:00 pm

**PLACE:** Frontier Middle School, Moses Lake

(Enter in rear of school next to multi-purpose room)



### **IN CONJUNCTION WITH 4-H SUPER SATURDAY**

4-H Super Saturday is open to anyone interested in a fun day of learning and understanding what 4-H offers youth in our community.

**HAVE YOU BEEN LOOKING FOR JUST THE RIGHT HORSE TACK, SHEEP OR STEER HALTERS, LEAD ROPES FOR LIVESTOCK, RABBIT CAGES, GROOMING EQUIPMENT, SHOW CLOTHES OR OTHER ITEMS?**

**WE MAY HAVE WHAT YOU ARE LOOKING FOR!**

**CONSIGN, DONATE, SWAP AND/OR PURCHASE**

*5% of all consignments go back to 4-H*

**HELP SUPPORT LOCAL 4-H YOUTH and 4-H YOUTH**

**IN BURUNDI, AFRICA** (*4-H in Africa! Burundi 4-H School Gardens*)



To consign items or for questions, please contact:

Shannon Purdy at 509-771-3878

Shannon Ganzales at 509-263-0528

Extension programs and employment are available to all without discrimination. Evidence of noncompliance may be reported through your local Extensions office. Reasonable accommodations will be made for persons with disabilities and special needs who contact the Extension office at 509-754-4313 at least two weeks prior to the event.

## KIMSeattle Heart Module Workshop Offered at Super Saturday

Put on a surgical gown, pull on some gloves, and pick up dissection tools to complete a full pig heart dissection! During this dynamic two-hour session each participant will pair with a lab partner to complete an 18-step dissection just as a Cardiac Surgeon would do. Expert instructors with diverse medical backgrounds will provide heart basics, activities and lead the lab - including cutting-edge cardiac device demos. A strong focus throughout the program is exposure to a breadth of science and medicine-related career options.

Program goals are to: 1) teach the anatomy and physiology of the heart, 2) provide an authentic laboratory experience, and 3) expose students to related careers not typically recognized. We look forward to meeting you in heart surgery!

This KIMSeattle workshop module is suitable for Ages 8 and up only. Students will learn about the cardiovascular system and also have hands on experience of dissecting a pig heart.

Please call or text Laura Smith at 509-750-5083 to **RSVP** by **January 18th** as space will be limited (please give members name, age, and the name of the 4-H club they belong to).

We will fill up the morning class prior to offering the afternoon classes based on the number of RSVP's. Our suggestion is that if members who are showing pigs will be going to the afternoon PQA class they should attend the morning session of KIMSeattle.

KIMSeattle is a nonprofit organization that provides K-12 informal science education through authentic laboratory experiences that are relevant to students' lives, and exposes them to careers not traditionally recognized. Program offerings include: The Heart Module, Drug Heist (forensic science), Forensic Anthropology, Birth, Babies & Biotech (birthing simulation and genetics), and Anatomy of Movement. Programs can be scheduled as fieldtrips to our laboratory, or as outreach to a school.

The Heart Module is KIMSeattle's most popular and long-standing program. While the highlight is a full pig heart dissection with cutting-edge medical device demos - this module also includes instruction paired with activities about: heart disease and relevance to their current age, types of exercise and sugar intake, and the sequence of blood flow through the heart. A strong focus throughout the program is exposure to a breadth of future career options.

Program goals are to: 1) teach the anatomy and physiology of the heart, 2) provide an authentic laboratory experience, and 3) expose students to related careers not typically recognized.

This module is offered as a three-hour field trip to our laboratory, or can be done as outreach in a classroom during a 90 minute block. The program is appropriate for elementary, middle school and high school age students.



## Join the AgDiscovery 2017 Summer Experience

AgDiscovery is a summer camp outreach program designed to help middle through high school aged students explore careers in animal science, veterinary medicine, agribusiness, plant pathology, aquaculture, and much more. This 2-4 week program allows participants to live on a college campus, and discover agricultural science from university professors, practicing veterinarians, industry representatives, and professionals working for the U.S. government. Students who participate in AgDiscovery experience hands-on labs, workshops, field trips, and other group and team building activities.

View the [2017 AgDiscovery brochure HERE](#) to learn more about what the program has to offer and the [2017 AgDiscovery flyer and information synopsis HERE](#).

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## Scholarship Applications

Washington State 4-H is pleased to offer a number of different scholarships. Current and former Washington State 4-H members are eligible to apply. Applicants must have accumulated at least two years of 4-H affiliation. Previous Washington State 4-H scholarship recipients are not eligible to apply.

### Washington State 4-H Scholarships

**Deadline: March 15<sup>th</sup>**

### Avista-NWFCS/Garber/WSU CAHNRS Scholarships

**Deadline: March 31<sup>st</sup>**

[More Scholarship Opportunities HERE](#)

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# 4-H EVENTS CALENDAR

## January 2016 [Report Your Volunteer Hours](#)

### January 21 [4-H Super Saturday](#)

9:00 a.m. to 3:00 p.m.

Frontier Middle School, Moses Lake

### February 2 [4-H Horse Leader Committee](#)

7:00 p.m.

Grant County Fairgrounds Fuller Building

### February 6 [4-H Leaders Council](#)

7:00 p.m.

Othello Time out Pizza

### February 21 [4-H/FFA Livestock Sale Committee Meeting](#)

7:00 p.m.

Grant County Fairgrounds Fuller Building

**Note:** Subject to Change. Watch for any location, date, or time changes in the Friday Update.

**Note:** If you have questions regarding [4-H Horse Club Events](#), call Shannon Purdy at 509-771-3878.

**Note:** If you have an event you would like to add the calendar, please email [jmkiehn@wsu.edu](mailto:jmkiehn@wsu.edu)

## 4-H Meetings & Due Dates

**Grant-Adams 4-H Leaders Council** meets the **first Monday** of every other month; **7:00 PM**; (alternating between Moses Lake and Othello)

**Moses Lake (December, April, August) - Moses Lake meets at the Grant County Fairgrounds Fuller Building.**

**Othello (October, February, June) - Othello meets at Time Out Pizza.**

**Grant-Adams 4-H Area Meetings-** Area Council meetings are determined by your area.

**Grant County 4-H/FFA Livestock Sale Committee** meets the third Tuesday of the Month, **February through November, 7:00 PM**, Moses Lake, Grant County Fairgrounds Fuller Building.

**Grant-Adams 4-H Horse Leader Committee** meets the **first Thursday** of each month, **7:00 PM**, Moses Lake, Grant County Fairgrounds Fuller Building.

**Note:** Subject to Change. Watch for any location, date, or time changes in the Friday Update.  
[Meeting Minutes are Online](#)

### General Due Dates for Grant-Adams 4-H

October 31	<a href="#">4-H Club Annual End of Year Financial Reporting is Due</a>
December 1	Re enrollment Deadline for Returning 4-H Club Members – <a href="#">Online Registration-https://www.4honline.com/</a>
December 1	<a href="#">Annual 4-H Chartered Club Plan is Due</a>
December 1	<a href="#">Annual 4-H Family Group Plan is Due</a>
June 15	<a href="#">Secretary Books</a> are Due to Extension Office
July 15	Pork Quality Assurance Plus (PQA+) Needs to be Completed

### Annual Animal Ownership Dates for Grant County Fair

January 1	Dairy - Sale Springer & Bred Heifer Certificates are Due
April 1	Horse Ownership Certificates are Due
April 1	Beef Ownership Date (Weigh & Tag Day TBA)
May 1	All other Dairy Ownership Certificates are Due
May 8	Market Swine Ownership Date
May 12	Llama Ownership Date
June 15	Poultry Ownership Date
June 15	Rabbit Ownership Date
June 8	Market Goat Ownership Date (Weigh & Tag Day TBA)
June 10	Market Sheep Ownership Date (Weigh & Tag Day TBA)

### Annual Animal Ownership Dates for Adams County Fair

February 1	Dairy - Sale Springer & Bred Heifer Certificates are Due
April 1	Horse Ownership Certificates are Due
April 30	Beef Ownership Date
May 1	All other Dairy Ownership Certificates are Due
May 15	Poultry Ownership Date
May 15	Rabbit Ownership[ Date
June 12	Llama Ownership Date
June 15	Market Swine Ownership Date
June 15	Market Sheep Ownership Date
July 8	Market Goat Ownership Date

**Note:** If you have project animal issues (sickness, won't breed, or death,) please contact the Extension Office. Hardship cases will be considered to allow you to show at fair.

## Information for Volunteers and 4-H Club Volunteer Leaders

### 4-H Online Enrollment

<https://www.4honline.com/> (Use Chrome or Firefox Web Browser for online registration.)

- [4HOnline \(Washington\)](#)
- [Download Firefox web browser](#)
- [Download Google Chrome web browser](#)

### Report your Volunteer Hours Each Month

**WSU Volunteer Database**, <http://ext.wsu.edu/Volunteers/logon.aspx>

If you are a 4-H volunteer leader or a 4-H volunteer, you are **required** to record your volunteer hours at Your **user name** will be either your last name only or your first & last name with a space in between. The password is **password!** (don't forget the exclamation point).

[Download How to Report Volunteer Hours](#) — includes a timesheet to help you keep track of your hours. If you are unable to log in to the volunteer database or if you have questions, please call the Grant-Adams Extension office, 754-2011 ext. 4313.

**“Put the Child First” Online Volunteer Training for WSU Volunteers.**  
(Mandatory for Returning & New Volunteers) <http://extension.wsu.edu/4h/for-volunteers/volunteer-training/>

**Register for “Put the Child First”** - Fill in the requested information and press “Submit Request”. You will receive an automatic **Email with log-in information** to view the presentation. Your registration for the training will be kept in the system as proof of your participation.

### 4-H 101 Education Series Required for New Volunteers or New Club Leaders

*Are you thinking about starting a new 4-H club or family 4-H group? Are you planning to transition to be the club head leader? Are you signing up as a volunteer with 4-H for the first time? If so, please contact Jeannie Kiehn [jmkiehn@wsu.edu](mailto:jmkiehn@wsu.edu), 509-754-2011 ext. 4313.*

All volunteers signing up for the first time must submit [WSU Volunteer Application Forms Parts A & B](#) to the Extension Office for screening.

New volunteers or volunteers transitioning to become the head club leader are required to complete the three part 4-H 101 Education Series. This series will prepare you to oversee the administrative responsibilities of a 4-H club (insurance, taxes, finances), how to plan club programming and ensure you are up-to-date on WSU and state 4-H policies and procedures. The series is broken into three parts: 4-H 101 Part 1, [4-H Volunteer e-Learning Modules](#), is available online. (You will be directed to a window that requires a password.) The password is “volunteer”.

4-H 101 Parts 2 & 3 are held in-person. Call the Extension Office to schedule.

### Food Preservation Projects Leaders Online Training Required

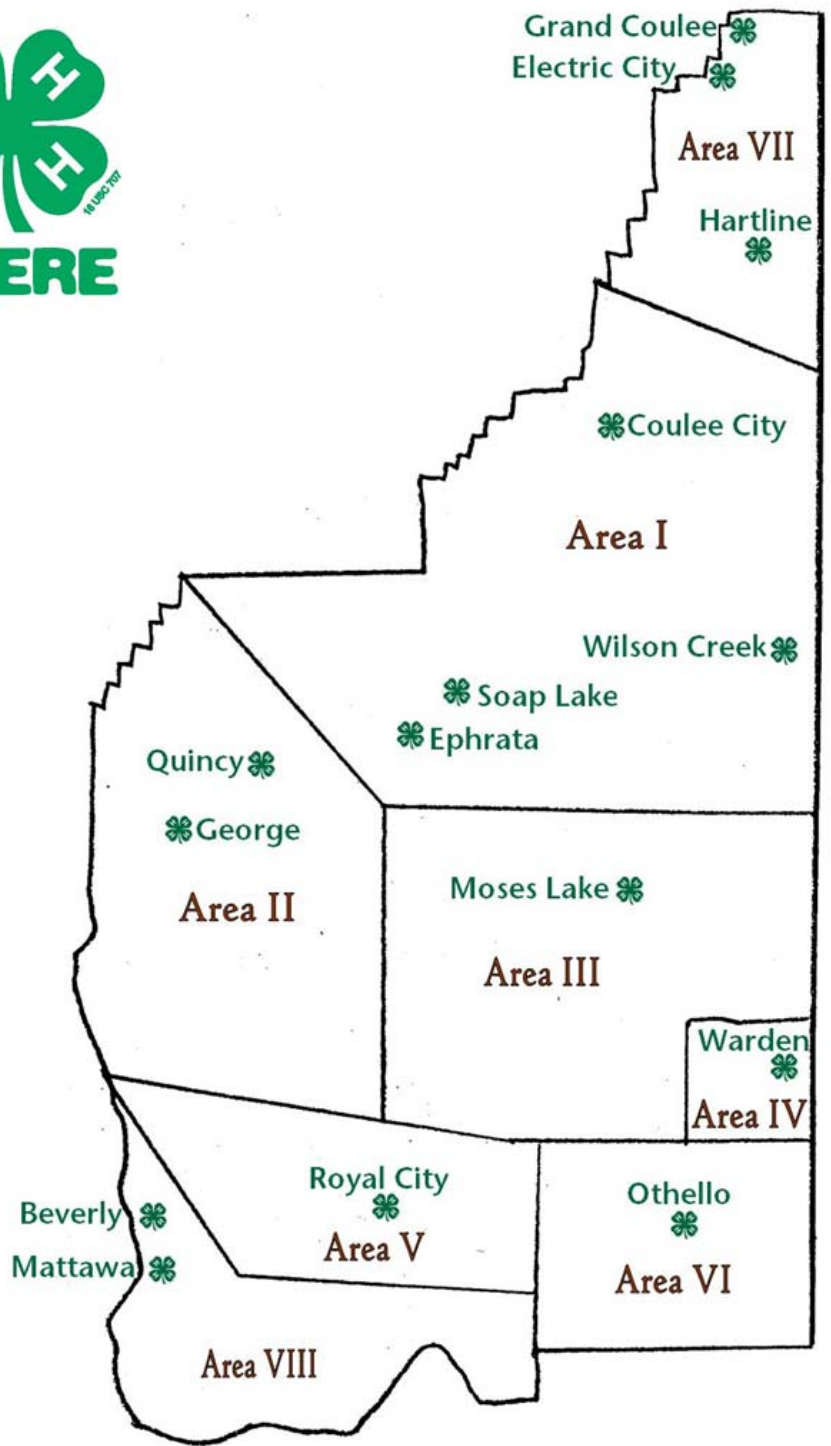
Preserve the Taste of Summer is a series of eight online lessons for 4-H project leaders leading Food Preservation curriculum and activities, as well as the in-home consumer. All 4-H volunteers leading projects involving food preservation must have completed this training series to enroll as a Food Preservation Project Leader (this is in addition to basic volunteer screening and training).

[Register for the online course](http://preservesummer.cahnrs.wsu.edu/) - <http://preservesummer.cahnrs.wsu.edu/> to. To participate, you will need a computer manufactured in the last five years and have a stable internet connection. The cost of the series is \$25.00.

### Shooting Sports Training (Required for Shooting Sports Project Leadership)

**Additional 4-H Shooting Sports Training for specific shooting sports disciplines is required for certified 4-H volunteers to lead 4-H Shooting Sports Projects.** 4-H volunteers interested in leading shooting sports projects should contact Jeannie Kiehn at [jmkiehn@wsu.edu](mailto:jmkiehn@wsu.edu) or 509-754-2011 ext 4313. You will be notified when 4-H Shooting Sports Trainings are scheduled in WA or ID. [More info on WA State 4-H Shooting Sports.](#)

**4-H**   
**GROWS HERE**



*Grant/Adams County*

**4-H** 

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EXTENSION