



# 4-H Friday Update

April 25, 2014

WSU Grant-Adams Area Extension

Friday Update  
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Grant-Adams  
Area 4-H



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## Hello Everyone,

By now those of you with livestock projects are busy in the morning before school feeding and care for your projects. Enjoy the season!

Equine Project members and leaders mark your calendar for two (so far) county-wide events. Shannon Purdy's club will host Tuesday, June 10 at the Grant County Fairgrounds from 6-8 PM. Details are developing.

**4-H Youth Horse & Rider Training Camp Out — Ghost Gamers 4-H Club & Range Riders 4-H Club** have been moving forward with their planning of a two day training event and camp out (June 27 & 28). [Download the information and registration.](#) Looks like fun!

**Dairy Fitting and Showing Clinic — Barnyard Buddies 4-H Club** — (June 14) will be an exciting county event as well. [Download the information and registration.](#)

Let us know what you are doing this summer with your clubs. We would love to feature your story. Have a great week.

— *Diane*

## Attention Equine Leaders

Please attend a Horse Leader's meeting  
May 5<sup>th</sup> at 7:00 PM at the Extension Office.

There are some changes that I think we need to discuss. Thank you. See you there. —*Diane*



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Paper Clover Activity Day Tomorrow at Del's Feed and Farm Supply

Stop by Del's in Ephrata on Saturday between 9 AM & 3 PM  
We will have lots of **FREE** Duct Tape to be creative with!

Find out how to enter your finished design at the  
Washington State 4-H Fair **"Duct Tape Creations" Contest**

**Paper Clover Activity Day  
Del's Feed & Farm Supply Ephrata Store  
April 26, 2014 from 9:00 AM to 3:00 PM**



Tack Swap    Petting Zoo    Duct Tape Art Competition    Bake Sale    In-store Bingo  
Prizes! Prizes! Prizes! Prizes! Prizes! Prizes! Prizes! Prizes! Prizes! Prizes!

Area III Demonstration Night

Area III Demonstration Night

Tuesday, May 6, 2014

6:30 PM

Monroe House

If you need to reserve a time for your demonstration,  
please call Diana Weitman at 765-5005.

'Horsing Around' Reduces Stress Hormones in Youth

New research from Washington State University reveals how youth who work with horses experience a substantial reduction in stress – and the evidence lies in kids' saliva..

[Continue reading](#)

Kids Days at Moses Lake Farmers Market

MOSES LAKE  Like Us  
FARMERS MARKET

# KIDS DAYS

The 1st Saturday  
of each month

KIDS CAN SELL THEIR PRODUCE OR CRAFTS  
AT THE MOSES LAKE FARMERS MARKET  
FOR NO BOOTH OR MEMBERSHIP FEES

For more information

Call:  
750-7831

email:  
[mfarmersmarket@yahoo.com](mailto:mfarmersmarket@yahoo.com)

**Saturdays 8am - 1pm**  
McCosh Park on Dogwood St.

**May 3 - Oct 25**  
[moseslakefarmersmarket.com](http://moseslakefarmersmarket.com)

Sponsored By Rathbone Sales



## 2014 Grant County Fair Prep — 4-H Youth Horse & Rider Training Camp Out

**Fun for You & Your Horse!**  
**Friday & Saturday - June 27 & 28, 2014**  
**Overnight at the Grant County Fairgrounds**  
[Flyer and Registration Information](#)



### Scheduled events include:

- ★ Groom Squad
- ★ Horse Judging
- ★ Showmanship
- ★ Western/English Equitation
- ★ Reining
- ★ Bareback Equitation
- ★ Hippology/Interview for State with Diane Russo
- ★ Western Games
- ★ Trail
- ★ In-hand Trail
- ★ Poster Building
- ★ Teen Programming
- ★ Acknowledgements
- ★ "Dodge Girls" Tryouts on Saturday

### Win a Samsung Galaxy Tablet 3 at Teen Conference!

Would you like to **win a Samsung Galaxy Tablet 3** and get tons of information about an awesome event at the same time?

Over the next 10 weeks there will be a contest to win a new *Samsung Galaxy Tablet 3* as you respond to Teen Conference Contest Pictures, posted on the FB page:

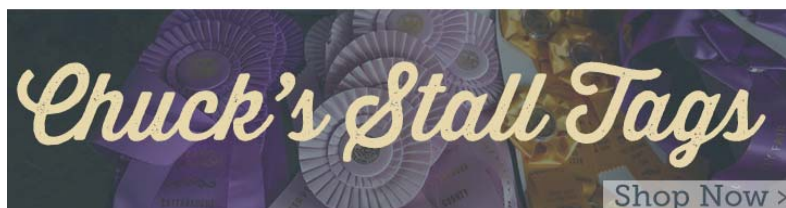
<https://www.facebook.com/TeenConference>. Everyone that wants to win, should read the [Contest Rules & Regulations](#). Just make sure you check in often for the chance to win an assortment of prizes.



### 4-H Small Business - Products by 4-H Alumni

Identifying yourself with 4-H doesn't end after high school, or even after college. Being a part of the 4-H community is a life-long experience. 4-H Alumni are paving their own road with an entrepreneurial spirit. Many small businesses have the resources to create a product, but getting that product in front of a national audience can be a daunting task.

4-H Mall created a program to support these entrepreneurs by launching their 4-H Small Business Initiative. This initiative offers the opportunity to purchase products made by 4-H Alumni. Right now, they are launching with one small business partner; Chuck McCubbins, who has developed stall and cage tags, made in the USA, for animals that are shown at 4-H fairs and other competitions. [Click here](#) to learn more.



## You are Invited to 4-H Doggone Fun Camp!

The 4-H Ferry County Dog Committee will be holding an overnight 4-H Doggone Day Camp at the Ferry County Fairgrounds in Republic, 5pm–5pm **May 30-31**. This two-day event will include fun and educational activities such as an evening campfire, grooming obedience, showmanship, dog agility, and a judging contest. Saturday will wrap up with a craft/service project of making squeaky dog toys to be donated to the animal shelter. The camp is open to all **4-H'ers ages 5-19**. It is not too late to enroll in 4-H and be able to participate!

Interested? Find the [Registration Form](#), complete the information, and return by **May 20<sup>th</sup>**. The cost is \$30 and includes all meals and snacks. A limited number of scholarships are available. To be eligible complete a 200-word essay describing "How the Dog 4-H Project Improves Your Leadership Skills"

### Will we be Ruffin it?

If you have questions, please email [Holly Haddenham](#) or phone, 509-779-4896.



## Celebrating 100 Years of 4-H Stories



100<sup>th</sup> Anniversary of Extension  
Extending Knowledge and Changing Lives  
[ext100.wsu.edu](http://ext100.wsu.edu)



*Erich Hodges – Boone County, Iowa.*

It was winter and the Hoard's Dairyman had just sent out the annual judging contest forms. Describing the attributes of an udder was new to me but I soon learned just how important that was. This first experience led to years of study and practice in 4-H judging—not only in dairy, but in horse and food and nutrition judging. I was ten years old. ***"The confidence instilled in me through 4-H judging and public speaking contests has helped me in every university course."***

Learn about the 100th Anniversary of Extension and read more stories about Washington 4-Her's [here](#).

Please Share This Contest With Youth You Know!

## How Can Youth Make a Difference?

We want to hear how youth make a difference directly from the **experts**: young **change makers** like you.

Can you think of a time when you were **eager to make a difference**? How did you turn your passion into action? **Share your advice** with other youth and young adults who want to make a difference and are figuring out where to start.

**Submit** your photos or a poster that inspires others to take action for a chance to win \$500!



Youth Engaged 4 Change  
engage.findyouthinfo.gov

Learn More



Applications are due May 4<sup>th</sup>!

### National 4-H History Preservation Newsletter

There's a new self-guided history tour at the National 4-H Youth Conference Center. Using QR Codes, six sites have been put up in and around the J.C. Penney lobby for visitors to scan and learn a bit about that piece of 4-H history. The tour covers a broad span of time from a portrait of the "Mother of 4-H" to artifacts from the most recent 10 years of the program. Scan the QR Code in this issue and see where it leads.

The "Voices of 4-H History" program of recording audio and visual memories continues the Centennial date of signing the Smith-Lever Act (May 8) nears, which gave federal funding to the Cooperative Extension Service. Progress updates from several states, some suggestions, and a list of available resources make up this month's coverage.

"Voices" participants are scripting, filming, editing, re-filming, and re-editing their potential entries in the national 4-H film festival, "2014 FilmFest 4-H." This year's festival will be in St. Louis and "Voices of 4-H History" is an official category in the August competition.

See these topics and more in the [April National 4-H History Preservation Newsletter](#).

### 4-H 101 Online Overview Webinar Now Available

A webinar has been recorded to share an overview of the 4-H 101 Online Training developed by Steve McKinley, 4-H Extension Specialist and Extension 4-H Military Liaison, at Purdue University through the Navy 4-H Youth Development Project at Kansas State University. The webinar is only 23 minutes long. Find 4-H 101 Online [here](#).

## This Weeks Featured 4-H International Exchange Hosting Opportunities

**Attention Families with boys age 11-15!** Consider welcoming a Japanese delegate into your home for one month this summer (July 24-August 20) and learn about your world through hosting! There are numerous delegates of all ages. This week we are featuring our six male delegates who are 13-years-old. Please see their biographical information below. Potential families must have a youth living in the home within two years of age of the delegate (either older or younger). Begin with the [online application](#); for more information please contact [Carolyn Russo](#).

### **M13 (Lex) WA#: 74**

**Allergies /Health Conditions:** None

**Character:** Friendly, quiet, pretty serious, laughs a lot, tidy

**Favorite School Subjects:** Science, PE, art, Japanese

**Interests:** Watching movies, for example, 'Spiderman' and 'Ironman;' running, dancing and playing games.

**What the delegate would like to do with HF:** Help around the house, take it easy and relax, arts and crafts, swimming, sports, eating, go camping, play basketball, ride a horse, make many friends. and teach you how to make origami.

### **M13 (Labo) WA#: 52**

**Allergies /Health Conditions:** None

**Character:** Quiet, patient, tolerant, shy, diligent, laughs a lot

**Favorite School Subjects:** PE

**Interests:** Walking, camping, watching sports games, playing baseball, giving massages.

**What the delegate would like to do with HF:** Make many friends, showing how to do origami, make an album about Japanese baseball, help with family chores, watch and play baseball.

### **M13 (Labo) WA#: 54**

**Allergies /Health Conditions:** None

**Character:** Sociable, tolerant, diligent, laughs a lot

**Favorite School Subjects:** Science

**Interests:** Eating, camping, tennis, music, playing and watching baseball, painting pictures.

**What the delegate would like to do with HF:** Make a lot of friends, make my album and show it to my host family and friends, play baseball.

### **M13 (Labo) WA#: 56**

**Allergies /Health Conditions:** Sensitive to dust and dust mites

**Character:** Curious, cheerful, likes reading

**Favorite School Subjects:** PE

**Interests:** Sports, camping, playing soccer, reading Manga, playing video games and cards.

**What the delegate would like to do with HF:** Make many friends, try everything I possibly can.

### **M13 (Labo) WA#: 70**

**Allergies /Health Conditions:** Mildly dry skin

**Character:** Talkative, cheerful

**Favorite School Subjects:** PE, Japanese History

**Interests:** Cooking, swimming, sports (soccer, basketball), painting pictures.

**What the delegate would like to do with HF:** Communicate with many people positively, play soccer with my host and his friends.

### **M13 (Labo) WA#: 72**

**Allergies /Health Conditions:** Sensitive to dust and dust mites

**Character:** Cheerful, laughs a lot, talkative, diligent

**Favorite School Subjects:** Social Studies

**Interests:** Swimming, eating, playing soccer, playing games, watching movies (x-men), reading comics

**What the delegate would like to do with HF:** Have experiences of difference between Japan and another country.



## Reminders --- Mark your Calendar --- Upcoming Events --- Due Dates

- **Paper Clover Activity Day at Del's Feed & Farm Supply in Ephrata**  
Saturday, April 26, 2014 – 9AM to 3PM
- **Dairy Fitting and Showing Clinic — Barnyard Buddies 4-H Club**  
Saturday, June 14, 2014 7:00 AM to 6:00 PM  
[Grant County Fairgrounds Pavilion I](#)  
[Flyer and Registration Information](#)  
**Contact:** Jackie Rupard at 509-289-0313
- **4-H Youth Horse & Rider Training Camp Out**  
Friday & Saturday - June 27 & 28, 2014  
Overnight at the Grant County Fairgrounds  
[Flyer and Registration Information](#)
- **Dairy Certificates are due May 1 each year**  
[Download a 4-H Dairy Certificate](#)  
(If you have project animal issues (sickness, won't breed, or death) please contact the Extension Office. Hardship cases will be considered to allow you to show at the fair.)
- **Northwest Junior Sheep Exposition**  
July 18 & 19, 2014  
[2014 Premium Book](#)
- **Animal Ownership and Due Dates are Listed Below in the Friday Update**

**Grant-Adams Area 4-H Leaders Council** meets the **first Monday** of every other month at **7:00 PM**, alternating between Moses Lake and Othello.

**Moses Lake (December, April, August) & Othello (October, February, June)**

February 3, 2014 – Othello - Time Out Pizza  
April 7, 2014– Moses Lake – Grant County Fairgrounds Fuller Building  
June 2, 2014– Othello – Othello Fairgrounds 4-H Building  
August 4, 2014– Moses Lake – Grant County Fairgrounds Fuller Building  
October 6, 2014 – Othello - Time Out Pizza  
December 1, 2014– Moses Lake – Grant County Fairgrounds Fuller Building

**Grant County 4-H/FFA Livestock Sale Committee** meets the ~~second Thursday~~, at **7:00 PM**, Moses Lake, Grant County Fairgrounds Fuller Building.

**NOTICE: As of March 2014, Grant County 4-H/FFA Livestock Sale Committee Meeting Date has been changed to the third Tuesday** of the following months: **October, February, March, April, June, July, August. Location as not been changed.**

February 13, 2014  
March 18, 2014  
April 15, 2014      Election of officers will be held at this meeting.  
May 20, 2014  
June 17, 2014  
July 15, 2014  
August 19, 2014  
**September 11, 2014**

**Note:** subject to change - watch the Friday Update for any location or time changes.



## Important Dates & Information

- [4-H Volunteer time reported](#) – Report your volunteer hours each month.
- [Taxes – e-postcard is due by May 15<sup>th</sup>](#), annually.
- [Put the Child First](#) – **Volunteers and Leaders** are required to complete an online presentation called Put the Child First. This training is mandatory. To register for “Put the Child First” go to: <http://universalvoltraining.wsu.edu>. Fill in the information requested and press “Submit Request”. You will receive an automatic Email with log-in information to view the presentation. Your registration for the training will be kept in the system as proof of your participation. Website: <http://4h.wsu.edu/volntr/elearning.htm>.

**Grant-Adams Area 4-H Leaders Council** meets the **first Monday** every other month at 7:00 PM, alternating between Moses Lake (Fuller Building, Grant County Fairgrounds) and Othello (4-H Bldg, Othello Fair Grounds): Watch the Friday Update for any changes.

October - Othello	April - Moses Lake
December - Moses Lake	June - Othello
February - Othello	August - Moses Lake

**Area Council** meetings are determined by your area.

**Grant County 4-H/FFA Livestock Sale Committee** meets the **third Tuesday**, February through September at 7:00 p.m. at the Grant County Fairgrounds Fuller Building.

## General Due Dates for Grant-Adams Area 4-H

December 1	Enrollments are Due for Existing Clubs
December 1	Club Financial Summary is Due
June 1	Enrollments are Due for New Clubs
July 15	Pork Quality Assurance Needs to be Completed
August 1	Secretary Books are Due to Extension Office

## Enrollment Forms for Grant and Adams Area: [Enrollment Forms & Enrollment Packet Information](#)

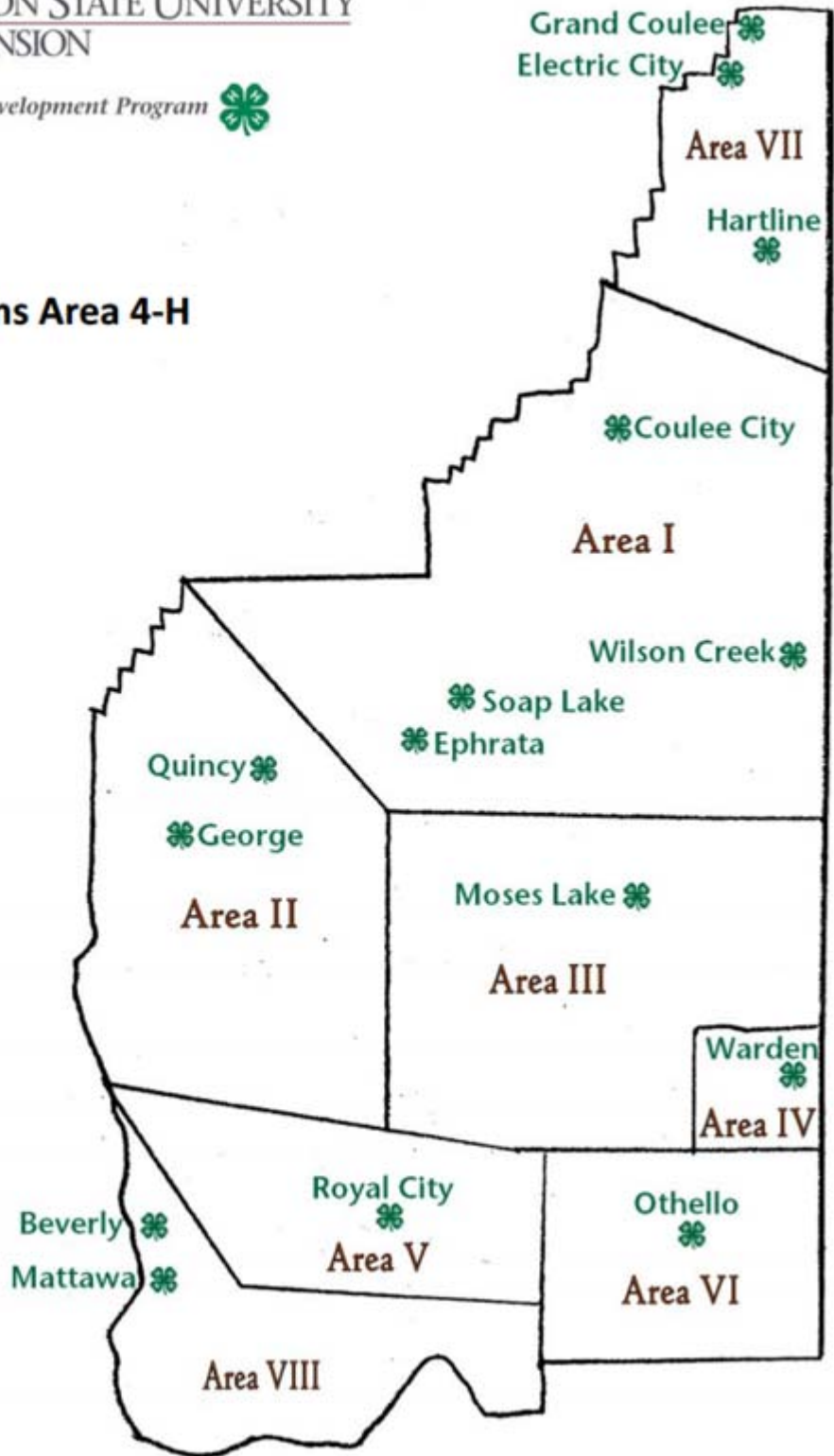
### Animal Ownership Dates for Grant County Fair

January 1	Dairy - Sale Springer & Bred Heifer Certificates are Due
April 1	Horse Ownership Certificates are Due
April 1	Beef Ownership Date(Weigh & Tag Day to be announced)
May 1	All other Dairy Ownership Certificates are Due
May 8	Market Swine Ownership Date
May 12	Llama Ownership Date
May 15	Poultry Ownership Date
May 15	Rabbit Ownership Date
June 8	Market Goat Ownership Date
June 10	Market Sheep Ownership Date

### Animal Ownership Dates for Adams County Fair

February 1	Dairy - Sale Springer & Bred Heifer Certificates are Due
April 1	Horse Ownership Certificates are Due
April 30	Beef Ownership Date
May 1	All other Dairy Ownership Certificates are Due
May 15	Poultry Ownership Date
May 15	Rabbit Ownership[ Date
June 12	Llama Ownership Date
June 15	Market Swine Ownership Date
June 15	Market Sheep Ownership Date
July 8	Market Goat Ownership Date

### Grant-Adams Area 4-H



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