



4-H Friday Update

May 29, 2015

WSU Grant-Adams Area Extension

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4-H 101- Laying the Foundation for a **SPARKLING** Youth Program!

Here's an opportunity for ANYONE (leaders, parents, supporters, teens) in the Grant-Adams-Lincoln Co. WA area to enhance their skills to organize and provide dynamic activities and programs for youth. Topics covered will include:

- Creating Safe & Supportive Environments
- 4-H Policies, Procedures & Program Management
- Educational Design & Delivery
- Principles of Positive Youth Development



Part 1 – Online ANYTIME!

"Basic Volunteer Training" E-Learning for Volunteers available [HERE](#). You will be directed to a window that requires a password. It is "volunteer" (Must complete the 4 modules prior to attending Parts 2 &/or 3.)

Part 2 – Wed., June 17 – 6 pm – 8:30 pm
WSU Extension Office 1525 E Wheeler Rd. - **Moses Lake**

Part 2 – Thurs., June 18 – 6 pm – 8:30 pm
WSU Extension Office 205 W Main Ave.- **Ritzville**

Part 3 – Wed., June 24 – 6 pm – 8:30 pm
1525 E Wheeler Rd. - **Moses Lake**

Part 3 – Thurs., June 25 - 6 pm – 8:30 pm
WSU Extension Office 205 W Main Ave. - Ritzville

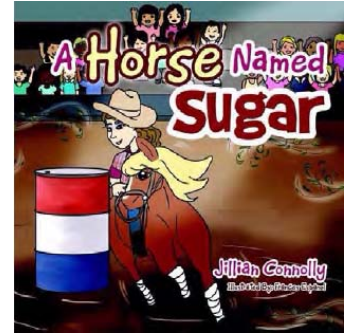
To Attend Parts 2 & 3:

- RSVP by June 10, 2015 to [Karen Robertson](#) 509-659-3209
- Submit Volunteer Application (or verify already on file) by June 10, 2015
Lincoln-(East) Adams: [Word Version](#) [PDF Version](#)
Grant-Adams: [Enrollment Applications](#)
- Complete Part 1: **"Basic Volunteer Training E-Learning for Volunteers"** PRIOR to attending—Password is "volunteer"
If you are unable to access or have technical difficulties completing the online module, let us know. We will provide an alternative method. Grant-Adams County – contact [Jeanie Kiehn](#) 509-754-2011 ext. 4309 ; Lincoln-Adams County – contact [Karen Robertson](#) 509-659-3209.

Those who can attend only Part 2 or only Part 3 will be able to pick up the other session next fall in October or early November.

2nd Wednesday 4-H to Feature Jillian Connolly and Her New Book

Lincoln Co. 4-H alumna, Jillian Connolly, and her new book, "A Horse Named Sugar" will be featured at **"2nd Wednesday 4-H" on June 10th at the WSU Extension Office, 205 W Main Ave, Ritzville, WA.** Jillian, daughter of Mike & Terry Connolly, grew up in Odessa and was a 4-H member in the Lincoln County 4-H program for ten years. She was very involved in the 4-H horse project from the beginning, over the years participating in Lincoln County and State 4-H activities including showing, instructing, and serving on the WA State 4-H Equine Committee.



On June 10th, horse themed activity stations will be available 4–6 pm. Jill will arrive at 5 pm for a book reading and signing. She will also share her experience of becoming a children's book author. The book is an enchanting and true story about a very beautiful and special horse named Sugar, who tackles each challenge that comes along the way to become a professional barrel racing horse. The message it inspires is to "never give up on your dreams, because they just might come true"! **A couple of copies of Jillian's book will be included in the door prize drawings!** Or attendees young and old can bring their own copies of "A Horse Named Sugar" for Jillian to sign.

The Saddle Warmers 4-H Club and the Ritzville Public Library will assist with the horse themed activity stations. The WSU Extension Office is open extended hours every 2nd Wednesday for 4-H members, leaders, parents and the general public to access youth and volunteer educational resources. WSU Extension programs are available to all without discrimination and accommodations for special needs can be requested at least 7 days in advance of programs. For more information visit <http://ext100.wsu.edu/lincoln-adams/> or call 509-659-3209.

Area I Demonstration Day-Members from All Areas Invited

June 4 - 5:30 to 7:30 at the Ephrata City Library. If you have questions, please contact Janelle Todaro, 509-760-2689.

NOTE: Members from other areas in our county can attend any of the scheduled demonstration days to qualify for giving the presentation at fair.

Secretary Book Due Date

**All Secretary Books
are due to the
Extension office
Monday, June 15, 2015.**



Pure Country 4-H 5k Run/Walk Fundraiser

Save the Date! June 27th, 2015

Offering current 4-H members and parents/registered volunteers a \$5 off registration.

Visit the Pure Country 4-H Club website for more details: www.purecountry4h.com
(Include your club name on registration form for the \$5 discount.)



Na-Bor-Lee 4-H Youth Camp Still has Openings

Four fun-filled days of tent camping, swimming, crafts, classes, campfires, games and much, much more for youth 2nd – 6th grade (completed in June.). Camp will be July 8 – 11, 2015 and is held north of Davenport, WA on the banks of Lake Roosevelt. Registration is open to ALL youth – not just 4-H members. Registrations should be postmarked by June 2nd. Information and registration flyer available on <http://ext100.wsu.edu/lincoln-adams/4h/youthcamp/> or call 509-659-3209 or email Marci Dayton at marci_schwartz@wsu.edu



Welcome a New Family Member for Four Weeks During the Summer!

Open your home and experience another part of the world. Enhance your lives, experience new communication and increase your potential by hosting for only one month. Hosting Dates are **July 25-August 21 2015**. Application link: <http://www.states4hexchange.org/host-families/create-account.aspx> The 4-H International Exchange Program focuses on language and cultural immersion in a family setting. Delegates are seeking to experience American life and want to be part of a family. Everyday life is what the program asks for--not tours or full schedules. Please consider this wonderful educational opportunity that has been offered in the state of Washington for over 40 years.

The delegates will arrive in Seattle and then be transferred to Ellensburg. We are asking the host families to join us for a cultural program Saturday where the delegates will have their presentations and dances. The pick up time will be midday to accommodate driving.

Below is the current list of available delegates. They are labeled with their gender (F/M), their age, their Japanese organization and then their individual state ID number. For example "M12 (Lex) WA#22" is a twelve year old male who belongs to Lex in Japan with the state number of 22. We are asking the host families to join us for a cultural program Saturday in Ellensburg where the delegates will have their cultural presentations.

For more information or if you have questions, please contact the extension office or Carolyn Russo, State Program Coordinator, at carolyn.russo@wsu.edu or 509-431-0719.

F13 (Labo) WA#: 93

Allergies / Health Conditions: none

Character: shy, love to laugh, serious

Interests: watching baseball, reading books, dogs, watching variety show and drama, calligraphy and music. "I play with kids. I like to go shopping. I am interested in fashion. I like to see musicals and sing songs."

What the delegate would like to do with HF: "I will talk to my host and want to become a good friend. I will teach Japanese calligraphy and origami. I will cook chirastu-sushi. I want to sing 'Let it Go' with my host."

F14 (Labo) WA#: 53

Allergies / Health Conditions: none

Character: patient, cheerful, loves to laugh, talkative, serious, tolerant, studious, and considerate

Interests: animals (cats), studying, nature/outdoors, writing, trying new food, hiking, shopping, reading (mystery novels) playing the horn "My hobbies are playing tennis, reading books, doing magic tricks, knitting, cooking and swimming."

What the delegate would like to do with HF: "I'd like to be a good friend with my host, and learn English pleasantly. I'll try cooking Japanese food, folding origami, and calligraphy. I'd like to introduce Japanese culture and have fun with my host and host family."

M12 (Lex) WA#: 22

Allergies / Health Conditions: none

Character: tolerant, cheerful, laughs a lot, honest, patient, studious, loyal, considerate

Interests: "I like wrestling and martial arts, I like reading books." Museums, animals, hiking, outdoors

What the delegate would like to do with HF: "I want to try American [things]. I want to make a lot of friend in US. I don't have any pets in my house but I like animals. I want to ride a horse. I want to see America!"

M12 (Lex) WA#: 26

Allergies / Health Conditions: none

Character: sociable, curious, laughs a lot, talkative, energetic

Interests: trying new foods, cooking, painting/drawing, movies, nature/outdoors, arts/crafts "I like sports (soccer, swimming, climbing) drawing and cooking. I'm interested in American history."

What the delegate would like to do with HF: "I want to try outdoor sports, hiking, climbing. I want to make many friends. I want to become a part of your family."

M12 (Lex) WA#: 28

Allergies / Health Conditions: none

Character: sociable, curious, cheerful, patient, tolerant, honest, loyal, studious, energetic, positive

Interests: hiking, video games, camping, nature/outdoors, arts/crafts, TV, dancing "I like playing sports (swimming, soccer, tennis)!!! I like playing games!! And I'm interested in American pop music."

What the delegate would like to do with HF: "I want to become a part of your family. I want to know about your country. And I can teach you how to make origami!"

M13 (Labo) WA#:31

Allergies / Health Conditions: mildly allergic to crab, lobster, prawns etc.

Character: quiet, patient, shy, loyal, tolerant, gentle, kind, supporting

Interests: animals, boating, nature/outdoor, shopping, movies, TV "I like the sea activities. Such as yachts and wind surfing. I always go to sea on the weekend. I also like the Nintendo games. I also enjoy BBQs."

What the delegate would like to do with HF: "Since I want to be good friends with the host, I want to play outside together. I'd like to go to the big supermarkets. I'd like to eat American food such as burgers and BBQ. I'm looking forward to summer very much."

M13 (Lex) WA#: 33

Allergies / Health Conditions:

Character: curious, laughs a lot, energetic

Interests: cooking, nature/outdoors, basketball, soccer "I like playing basketball, soccer, TV games, also playing piano, and calligraphy. I like dogs and cats."

What the delegate would like to do with HF: "I want to play basketball with American friends. I want to make many friends. I want to become a part of your family."

M13 (Labo)

WA#: 36

Allergies / Health Conditions: Japanese cedar pollen (very mild)

Character: considerate of others, shy, honest

Interests: trying new food, arts/crafts, nature/outdoors, video games, watching soccer "I like playing soccer with my friends I like video games. I like eating anything. My favorite food is sushi."

What the delegate would like to do with HF: "I'd like to become a close friend with my host. In order to do that, smiling and talking positively is important for me. I love soccer very much, so I wish I could play with host every day."

M13 (Labo)

WA#: 37

Allergies / Health Conditions: mild allergy to fruit (especially bananas and melons)

Character: patient, curious, love to laugh, cheerful, tidy, outgoing

Interests: boating, museums, painting/drawing, nature/outdoors, camping, computers, animals (dogs) "I like playing the guitar and trombone. I like soccer. I like listening to music (the blue hearts). I like painting pictures. I have interest in Buddhism."

What the delegate would like to do with HF: "I want to be friends with my host. So I want to have lifting match (how many times to lift soccer ball) and I try to talk a lot with my host family."

M13 (Labo)

WA#: 38

Allergies / Health Conditions: none

Character: patient, shy, serious, honest, considerate of others, quiet

Interests: photography, arts/crafts, gardening, I like swimming "I like to take picture of a train. D.I.Y. is my hobby."

What the delegate would like to do with HF: "I speak many things with host family. I would like to see the freight train and go fishing in America."

M13 (Labo)

WA#: 39

Allergies / Health Conditions: mild dust allergy

Character: sociable, curious, cheerful, talkative, tolerant, loves to laugh, outgoing, considerate of others

Interests: reading books, nature/outdoors, computers, hiking, camping, animal (cats), shopping "I like music. I love drums. I like ham radio. I like to camp very much. I like knitting too. I made caps."

What the delegate would like to do with HF: "I want to make a lot of friends. So I will study English hard. And I will speak to everyone actively. I want to find the difference between Japan and North America."

M14 (Lex)

WA#: 46

Allergies / Health Conditions: none

Character: tolerant, honest, patient, cheerful, tidy, loyal, considerate, energetic

Interests: hiking, animals, cooking, nature/outdoors, video games "I like soccer. I'm included in soccer club at a junior high school. I like going to a camp with the family. It is fun to play at a mountain and a river."

What the delegate would like to do with HF: "I like country. I'd like to enjoy American nature fully!! I'd like to help farming in a field with the family. I'll be a family member."

Open your Home to a High School Exchange Student for One Academic Year!

4-H High School Exchange Students Seek Hosts for 2015/2016 School Year.

There are many female high school aged delegates from Japan or South Korea seeking year-long host families in Washington for the 15/16 school year. They will arrive in August 2015 and depart the following June. Hosting for a school year is a marvelous way to share your family life and learn about another culture. Embark on an adventure of discovery and ask about hosting!! Delegates are listed below. For more information or if you have questions, please contact the Extension office 509-754-2011, x4313.

Mark your Calendar

- [06/01/2015 4-H Leaders Council Meeting](#)
- [06-16-2015 Grant County 4-H/FFA Livestock Sale Committee Meeting](#)
- [06-19 and 20 2015 Columbia Basin Fit & Show Challenge](#)
- June 4, 2015 [Area I Demonstration Day](#)
- June 12, 2015 Sheep Weigh & Tag Day, noon - 7 PM
- June 12, 2015 Goat Weigh and Tag Day, noon - 7 PM
- June 15, 2015 [Secretary Books](#) Due
- [June 28-30, 2015 Teen Conference](#)
- [07-17 and 18 2015 Northwest Junior Sheep Exposition](#)

4-H Meetings

Grant-Adams Area 4-H Leaders Council meets the **first Monday** of every other month; **7:00 PM**; (alternating between Moses Lake and Othello)

Moses Lake (December, April, August) - Othello meets at Time Out Pizza.
Othello (October, February, June) - Moses Lake meets at the Grant County Fairgrounds Fuller Building.

Grant-Adams 4-H Area Meetings- Area Council meetings are determined by your area.

Area I - Ephrata & Soap Lake	Area IV - Warden
Area II - Quincy/George	Area V - Royal City
Area III - Moses Lake	Area VI - Othello

Grant County 4-H/FFA Livestock Sale Committee meets the third Tuesday of the Month, **February through November, 7:00 PM**, Moses Lake, Grant County Fairgrounds Fuller Building.

Grant-Adams 4-H Horse Leader Committee meets the first Thursday of each month at 7:00 PM, Moses Lake, Grant County Fairgrounds Huck Fuller Building.

Note: Subject to Change. Watch for any location, date, or time changes in the Friday Update. [Meeting Minutes are Online](#)

Important Dates & Information – [See More Online](#)

Report your Volunteer Hours Monthly: [WSU Volunteer Database](#)

[Taxes – e-postcard is due by May 15th – Annually](#)

[Put the Child First](#) – **Volunteers and Leaders** are required to complete an online presentation called Put the Child First. **This training is mandatory.** To register for “Put the Child First” go to: <http://universalvoltraining.wsu.edu>. Fill in the information requested and press “Submit Request”. You will receive an automatic **Email with log-in information** to view the presentation. Your registration for the training will be kept in the system as proof of your participation. Website: <http://4h.wsu.edu/volntr/elearning.htm>.

General Due Dates for Grant-Adams Area 4-H

December 1	Enrollments are Due for Existing Clubs
December 1	4-H Club Annual Financial Summary is Due http://cru.cahe.wsu.edu/CEPublications/C1130E/C1130E_fill.pdf
June 1	Enrollments are Due for New Clubs
June 15	Secretary Books are Due to Extension Office
July 15	Pork Quality Assurance Needs to be Completed

Enrollment Forms for Grant and Adams Area: [Enrollment Forms & Packet Information](#)

Annual Animal Ownership Dates for Grant County Fair

January 1	Dairy - Sale Springer & Bred Heifer Certificates are Due
April 1	Horse Ownership Certificates are Due
April 1	Beef Ownership Date(Weigh & Tag Day to be announced)
May 1	All other Dairy Ownership Certificates are Due
May 8	Market Swine Ownership Date
May 12	Llama Ownership Date
May 15	Poultry Ownership Date
May 15	Rabbit Ownership Date
June 8	Market Goat Ownership Date
June 10	Market Sheep Ownership Date

Annual Animal Ownership Dates for Adams County Fair

February 1	Dairy - Sale Springer & Bred Heifer Certificates are Due
April 1	Horse Ownership Certificates are Due
April 30	Beef Ownership Date
May 1	All other Dairy Ownership Certificates are Due
May 15	Poultry Ownership Date
May 15	Rabbit Ownership[Date
June 12	Llama Ownership Date
June 15	Market Swine Ownership Date
June 15	Market Sheep Ownership Date
July 8	Market Goat Ownership Date

NOTE: If you have project animal issues (sickness, won't breed, or death,) please contact the Extension Office. Hardship cases will be considered to allow you to show at fair.



4-H 

WASHINGTON STATE UNIVERSITY
EXTENSION

Grant-Adams Area 4-H

