



# 4-H Friday Update

May 27, 2016

WSU Grant-Adams Area Extension

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## Happy Memorial Day Weekend,

We have been working hard at wrapping up 4hOnline enrollments and getting ready for summer activities. Remember that club secretary books are due to the office by June 15<sup>th</sup>. We still need reviewers so that we can get a quick turnaround time and get them back to the clubs as soon as possible. Call me if you can come in to the Extension office and help for an hour or so between June 15 and June 24.

## Have a safe and fun weekend!

Jeannie

*WSU Extension Program Coordinator*  
[jmkiehn@wsu.edu](mailto:jmkiehn@wsu.edu)

## 4-H Fair Building Superintendents Needed

### Grant County superintendents are wanted for these project areas:

- |                       |                            |
|-----------------------|----------------------------|
| • Creative Arts       | • Educational Posters      |
| • Food & Nutrition    | • Record Books             |
| • Clothing & Textiles | • Secretary Books          |
| • Gardening           | • 4-H Building Ambassadors |

### Adams County needs two general 4-H superintendents.

Names need to be in to the fair offices ASAP in order to be added to the exhibitor guide. If you are interested, please contact Jeannie, [jmkiehn@wsu.edu](mailto:jmkiehn@wsu.edu) at the Grant-Adams Extension office.



## Area Demonstrations Days

**Area I** – Thursday, June 23, 5:00-8:00 pm at the Ephrata Library.

**Area II** – Monday, June 13, 6:00-7:00 pm at the George Community Hall

If for some reason you cannot make the demonstration day in your area, you can give your demonstration at another area demonstration day.

## 4-H 101 Leader Education Sessions

There are a few potential 4-H 101 Leader Education session dates set for the rest of the year! Must have at least 5 firm RSVP's to schedule! Those of you assisting with or planning to volunteer in the Grant, Adams, or Lincoln County 4-H Volunteer program, and who have not yet completed your certification training should mark your calendars and RSVP ASAP to attend a 4-H 101 Part 2 and/or 4-H 101 Part 3 session. (ALL 3 sessions are required; **Part 1 is online**, and Part 2 & Part 3 can be taken in any order.)

Note change in potential June sessions:

- **June 14** - Part 3 - 6:00 - 8:30 pm - Moses Lake
- **June 21** - Part 2 - 6:00 - 8:30 pm - Moses Lake
- **November 9** - Part 2 - 6:00 - 8:30 - Davenport or Ritzville
- **November 10** - Part 2 - 6:00 - 8:30 - Moses Lake
- **November 16** - Part 3 - 6:00 - 8:30 - Davenport or Ritzville
- **November 17** - Part 3 - 6:00 - 8:30 - Moses Lake

## Horse Club Events and Information

- June 8 The Working Horse 4-H Club will be hosting an equine education event featuring showmanship, gaming, tack check and more at the Grant County fairgrounds
- June 9 Horse Committee meeting, 7:00 pm at the Huck Fuller Building (subject to change depending on program agenda)
- June 11 & 12 Barrel racing Clinic, at the Coulee City Rodeo Arena. [Download Flyer](#)
- June 18 Trail Clinic at RaeAnn Lewis's home, 10:00 am to 2:00 pm (Bring your horse and a lunch)
- July 14 White Trail 4-H Club is hosting a showmanship educational event at the Grant County fairgrounds
- July 17 In Hand Education Clinic – all are welcome
- July 26 Bits & Spurs 4-H will be hosting an educational equine event in Othello



If you have questions regarding these events, call Shannon Purdy at 509-771-3878.

**Reminder:** It is a requirement that all 4-H clubs with equine members are to help host a 4-H educational horse event before fairs

Save the Date – WA State 4-H Forum – October 21 – October 23



Benton-Franklin Counties' 4-H Program invites you to the 2016 4-H Leaders Forum! "Bridging the Gap Between Communities" Featuring: Hands-on Workshops to make the Best Better, Amazing Speakers, Live & Silent Auctions  
...[Find out more »](#)

Rodeo City Classic And Jackpot Show July 30<sup>th</sup>

# RODEO CITY CLASSIC

## SHOWMANSHIP ♦ CLINIC ♦ JACKPOT

Kittitas County's Sheepsteers 4-H club will be hosting the first annual Rodeo City Classic and Jackpot Show for 4-H sheep project members on Saturday, **July 30**, at the Kittitas County Fairgrounds.

The sheep showmanship clinic is led by Alyx Hanson of Hanson Livestock and is followed by a jackpot show featuring prizes for top finishers in each class.



We are excited for kids and parents to come and learn more about their sheep project, meet fellow showmen, and compete in our first ever jackpot show.

**Registration Form at:** [Facebook.com/rodeocityclassic](https://www.facebook.com/rodeocityclassic) or [hasonlivestock.com](http://hasonlivestock.com) or Jill Wade, 509-899-4770, [jillwade7@icloud.com](mailto:jillwade7@icloud.com).

### Community Service Projects Available for Relay for Life Event

Ephrata is looking for help during a Relay for Life Event in their Community June 17. Gain valuable leadership and community service experience. If your 4-H club is interested, contact: Susy Anderson, 509-398-1812



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## Just for Fun: More answers from Dr. Universe

Scientists ask important questions to unlock some of the biggest mysteries about the universe. [Send in a question](#), as Hannah did, and see if you can stump this cat.



### Why do we get brain freezes? -Hannah, 9, Monroe Elementary



Dear Hannah,

You're enjoying some ice cream, when suddenly you feel a pain in your head that hurts a whole lot. It's like it came out of nowhere, and in a matter of seconds, it's gone.

These instant headaches, or brain freezes, often strike when we eat or drink something cold. And like you, some scientists are curious about why brain freezes happen. So they're testing out some different ideas.

That's what I found out from my friend Bill Griesar, a brain scientist at Washington State University. [More ...](#)

## 2016 Fair Dates and Themes



**August 16 - 20, 2016**



**SEPTEMBER 14-17, 2016**

**★★BOOTS, CHAPS 'N COWBOY HATS★★**



**WSFA**

**Washington Fairs**

## Attention Grant County Families...

Have you ever thought of hosting a Japanese delegate, but are worried about being too busy at fair??

This year, the Utrek delegates are looking for hosts beginning Sunday July 24 and will leave their families August 15, which is Monday of Grant County fair week. The hosting period for these delegates is just over three weeks—a great way to sample the experience without worrying about fair schedules.

Below is a list of newly released delegates, never before shared with Grant-Adams County.

Interested families must have a young person of the same gender and within 3-4 years of the visiting delegate. This year, the delegates will be available for pick up at the host family program in Ellensburg Washington on the afternoon of July 24<sup>th</sup> and leave their host families on August 15<sup>th</sup> to attend a camp in Wenatchee.

The screening process consists of an online application, two letters of reference, background checks and a home interview. (Returning families may update a previous year's application but will need to have all the screening steps taken). To begin or update your application, please visit <http://www.states4hexchange.org/host-families/create-account.aspx>

Below is a list of available delegates. F or M indicates gender and the number immediately following is the age. For example: F13 would be a thirteen-year-old female.

Act fast and reserve your delegate today!! Please consider this amazing family learning experience and open your world.

For more information, please contact Carolyn Russo (509) 431-0719, [carolyn.russo@wsu.edu](mailto:carolyn.russo@wsu.edu)

**F63 July 24-August 15 WA#:** Adult Chaperone

**Allergies / Health Conditions:** none

**Character:** Social, curious, cheerful, patient, talkative, laugh a lot, tidy, tolerant, considerate, loyal, studious, energetic

**Interests:** camping, painting/drawing, nature/outdoors, museums, trying new food, gardening, hiking, animals, singing, dancing, studying, shopping, movies, home economics, English, traveling "I love everything that is fun! I love traveling, cooking, singing, playing tennis, begin with friends and family, being a grandmother, gardening, meeting new people. I don't get bored at all!!"

**Reason for participating:** "Both of my sons participated in the UTREK exchange programs when they were young. I've been a UTREK Board member and acting as a chaperone many times in the past and I love doing it. I love being with bright young people with lots of potential. I always have fun when I visit the US and I love spending a quality time with people there."

**F12 July 24-August 15 WA#:** 91

**Allergies / Health Conditions:** none

**Character:** tolerant, quiet, patient, laughs a lot, curious

**Interests:** camping, playing the violin, nature/outdoors, museums, cooking, boating, gardening, hiking, movies, soccer, tennis, basketball, skating, Social studies, history, English, Math, PE, "I love listening to music, especially Taylor Swift. I am interested in gardening as I always help my grandmother in her garden and love flowers as well as watching many movies. I also like taking care of our dog. MY future dream is to have a job to help people who need help. I've been practicing violin since I was 4 and I still love playing it."

**Reason for participating:** "I want to brush up my English skills because I want to volunteer as a translator in English/Japanese when we have the Olympics in Tokyo in 2020. Also I want to experience different lifestyle in the US. I want to enjoy the beautiful nature in Washington. I want to become more mature and independent by participating in this program this summer."

**F14** July 24-August 15 **WA#:** 93

**Allergies / Health Conditions:** no peanuts, crab or shrimp

**Character:** curious, cheerful, laugh a lot, honest

**Interests:** camping, cooking, shopping, dancing, singing, playing piano, English, science, music, "My hobby is playing soccer".

**Reason for participating:** "I want to speak English a lot."

**F15** July 24-August 15 **WA#:** 85

**Allergies / Health Conditions:** none

**Character:** curious, shy, emotional, patient, laughs a lot, energetic

**Interests:** Reading, Nature/outdoors, camping, painting/drawing, dancing, animals, boating, hiking, singing, video games, English, Math, Science, Music, PE "I like listening to music, reading manga/watching anime, and I am interested in learning about foreign cultures such as good. I also like to practice how to play the guitar."

**Reason for participating:** "I want to try some outdoor activities like horseback riding and brush up my English skills. I would love to stay with a family with many children."

**F15** July 24-August 15 **WA#:** 83

**Allergies / Health Conditions:** mild cat allergy (outdoor cats okay) will have medication

**Character:** tolerant, tidy, sociable, curious, cheerful, talkative, laughs a lot

**Interests:** reading, arts/crafts, trying new food, cooking, movies, shopping, playing piano, singing, Japanese archery, English, biology, music, history "I love listening to music (both Korean and Japanese pop music), dancing, eating, reading books including comic books, taking photography, and speaking English with people from different countries."

**Reason for participating:** "I've heard about my friends' story about her homestay experience. I've always wanted to have my own homestay experience as well. I hope to make many friends in the US and share out culture with my host family and people I meet there. I would love to do things with my host friend."

**F17** July 24-August 15 **WA#:** 97

**Allergies / Health Conditions:** none

**Character:** Curious, shy, studious

**Interests:** reading, camping, nature/outdoors, arts/crafts, gardening, hiking, movies, shopping, tea ceremony, English, Music, Science, Home Economics "I like listening to music, going out with my friends, doing some sports/watching games, listening to orchestra, playing the piano and Disney."

**Reason for participating:** "I want to learn to become more social and capable by meeting new people during the program. I hope to enjoy the beautiful nature and do some outdoor activities such as horseback riding, canoeing, archery and fishing etc. I hope to spend a quality time with my host family and make many friends with people I meet there. Hopefully I will have a chance to visit a national park and state university."

**M13** July 24-August 15 **WA#:** 92

**Allergies / Health Conditions:** none

**Character:** tolerant, serious, honest, shy, quiet

**Interests:** ping pong, popular music, movies, video games "I love playing tennis so I hope to play tennis or table tennis with my host family if possible."

**Reason for participating:** "I hope to make many friends in the US. My sister participated in the UTREK summer exchange program a few years ago and she had a great time. I hope to have a good summer with my host family this summer."

**M15** July 24-August 15 **WA#:** 82

**Allergies / Health Conditions:** cats (outdoor cats okay)

**Character:** curious, shy, quiet, studious

**Interests:** writing, camping, reading, animals, arts/crafts, movies, hiking, trying new food, museums Social Studies, History, English. "I love both world and Japanese History. I also like reading anime/manga/novels as well as foreign novels. I like listening to music."

**Reason for participating:** "I've always been interested in participating in homestay program. I hope to brush up my English skills, but also experience new things. I also look forward to outdoor camp activities and listening to what people say about politics and history. "

**M15** July 24-August 15 **WA#:** 84

**Allergies / Health Conditions:** dogs and dust mites (mild)

**Character:** Social, curious, cheerful, laughs a lot

**Interests:** nature/outdoors, watching baseball and soccer, movies, shopping, swimming, PE, music, English "I like listening to Japanese pop music. I also like baseball basketball and swimming."

**Reason for participating:** "I am interested in different cultures especially I am happy about to be able to visit the US this summer. I am looking forward to learn about US culture, food and language during the program. I hope to make many new friends."

**M15 July 24-August 15 WA#: 86**

**Allergies / Health Conditions:** none

**Character:** Shy, honest, laughs a lot, talkative

**Interests:** Painting, drawing, singing, video games, English, Music, History "I like to play the piano and tennis as well as to draw pictures. I am interested in 2016 US Presidential Election"

**Reason for participating:** "I hope to be fluent in English and participating in this program can be the first step to my future goal. I am also interested in seeing great nature in US and also see how city is build. I love playing tennis so hopefully I can play tennis with my host family. I love to play musical instruments!"

**M16 July 24-August 15 WA#: 96**

**Allergies / Health Conditions:** no indoor cats (outside cats okay)

**Character:** tolerant, shy, patient laughs a lot, considerate, serious

**Interests:** camping, nature/outdoors, animals, shopping, boating, cooking, hiking, video games, movies soccer, tennis, ping pong, basketball, baseball, PE, History, English "I love watching baseball and soccer games."

**Reason for participating:** "This is going to be my first time visiting a foreign country in my life. I am excited to meet new people and make friends with them. I hope to be a more independent person."

#### 4-H International Exchange Hosting Opportunities



## States' 4-H International Exchange Programs

*Global Citizenship & Cultural Immersion Programming for 4-H Aged Youth*

### Month Long Summer Japanese Inbound Program

2016 Marks the 44<sup>th</sup> anniversary of Washington State participating in the one month International Exchange with Japan. We are searching for families with youth (age 9-16) who would be interested opening their home to a young person (age 12-18). This year's hosting dates are **Sunday July 24 through Saturday August 20th**. To begin the [online application](#), visit <http://www.states4hexchange.org/host-families/create-account.aspx>. For more information contact Carolyn Russo at [carolyn.russo@wsu.edu](mailto:carolyn.russo@wsu.edu).

### Year Long High School Hosting

Hosting an exchange student is an amazing experience. Families welcome students age 15-18 into their homes for the school year. Japanese or Korean youth have their own spending money, insurance and must attend a local public school. Potential host families do not need to have young people living in the home and they can be retired or single.

For more information, to request an application or more details on a specific delegate, please contact Carolyn Russo (509) 431-0719 email [carolyn.russo@wsu.edu](mailto:carolyn.russo@wsu.edu). [Download a list of students seeking hosts.](#)

## 4-H Meetings & Due Dates

**Grant-Adams 4-H Leaders Council** meets the **first Monday** of every other month; **7:00 PM**; (alternating between Moses Lake and Othello)

**Moses Lake (December, April, August) - Moses Lake meets at the Grant County Fairgrounds Fuller Building.**

**Othello (October, February, June) - Othello meets at Time Out Pizza.**

**Grant-Adams 4-H Area Meetings-** Area Council meetings are determined by your area.

**Grant County 4-H/FFA Livestock Sale Committee** meets the third Tuesday of the Month, **February through November, 7:00 PM**, Moses Lake, Grant County Fairgrounds Fuller Building.

**Grant-Adams 4-H Horse Leader Committee** meets the first Thursday of each month at 7:00 PM, Moses Lake, Grant County Fairgrounds Huck Fuller Building.

**Note:** Subject to Change. Watch for any location, date, or time changes in the Friday Update.  
[Meeting Minutes are Online](#)

### General Due Dates for Grant-Adams Area 4-H

December 1 Enrollments are Due for Existing Clubs  
December 1 4-H Club [Annual Financial Summary Report](#) is Due  
May 15 [Taxes – e-postcard is Due – Annually](#)  
June 1 \*Enrollments are Due for New Clubs  
June 15 Secretary Books are Due to Extension Office  
July 15 Pork Quality Assurance Needs to be Completed  
\*4-H Volunteer Materials and Application Forms: [4-H Volunteer Application Forms](#)

### Annual Animal Ownership Dates for Grant County Fair

January 1 Dairy - Sale Springer & Bred Heifer Certificates are Due  
April 1 Horse Ownership Certificates are Due  
April 1 Beef Ownership Date (Weigh & Tag Day to be announced)  
May 1 All other Dairy Ownership Certificates are Due  
May 8 Market Swine Ownership Date  
May 12 Llama Ownership Date  
June 15 Poultry Ownership Date  
June 15 Rabbit Ownership Date  
June 8 Market Goat Ownership Date (Weigh & Tag Day to be announced)  
June 10 Market Sheep Ownership Date (Weigh & Tag Day to be announced)

### Annual Animal Ownership Dates for Adams County Fair

February 1 Dairy - Sale Springer & Bred Heifer Certificates are Due  
April 1 Horse Ownership Certificates are Due  
April 30 Beef Ownership Date  
May 1 All other Dairy Ownership Certificates are Due  
May 15 Poultry Ownership Date  
May 15 Rabbit Ownership Date  
June 12 Llama Ownership Date  
June 15 Market Swine Ownership Date  
June 15 Market Sheep Ownership Date  
July 8 Market Goat Ownership Date

**Note:** If you have project animal issues (sickness, won't breed, or death,) please contact the Extension Office. Hardship cases will be considered to allow you to show at fair.



## Information for Volunteers and 4-H Club Volunteer Leaders

Report your Volunteer Hours at: [WSU Volunteer Database](#)

If you are a 4-H volunteer leader or a 4-H volunteer, you are **required** to record your volunteer hours at <http://ext.wsu.edu/Volunteers/logon.aspx>. Your **user name** will be either your last name only or your first & last name with a space in between. The **password** is password! (don't forget the exclamation point).

**Download How to Report Volunteer Hours** — includes a timesheet to help you keep track of your hours. If you are unable to log in to the volunteer database or if you have questions, please call the Grant-Adams Extension office, 754-2011 ext. 4313.

**Mandatory “Put the Child First” Online Training for all WSU Volunteers! (Returning and New)**

WSU Extension Volunteers are **required** to complete an online child protection training presentation. **This training is mandatory.** [Register for “Put the Child First”](#) - Fill in the information requested and press “Submit Request”. You will receive an automatic **Email with log-in information** to view the presentation. Your registration for the training will be kept in the system as proof of your participation. Website: <http://4h.wsu.edu/volntr/elearning.htm>.

**Shooting Sports Training (Required for Shooting Sports Project Leadership)**

**Additional 4-H Shooting Sports Training for specific shooting sports disciplines is required for certified 4-H volunteers to lead 4-H Shooting Sports Projects.** 4-H volunteers interested in leading shooting sports projects should contact Jeannie Kiehn at [jmkiehn@wsu.edu](mailto:jmkiehn@wsu.edu) or 509-754-2011 ext 4313. You will be notified when 4-H Shooting Sports Trainings are scheduled in WA or ID. [More info on WA State 4-H Shooting Sports.](#)

**Food Preservation Projects Leaders [Online Training Required](#)**

Preserve the Taste of Summer is a series of eight online lessons for 4-H project leaders leading Food Preservation curriculum and activities, as well as the in-home consumer. **Beginning September 1, 2015, all 4-H volunteers leading projects involving food preservation must have completed this training series to enroll as a Food Preservation Project Leader** (this is in addition to basic volunteer screening and training).

[Register for the online course](#) - <http://preservesummer.cahnrs.wsu.edu/> to. To participate, you will need a computer manufactured in the last five years and have a stable internet connection. The cost of the series is \$25.00. [Informational Flyer.](#)

**4-H 101 Education Series Required for New Volunteers or New Club Leaders**

*Are you thinking about starting a new 4-H club or family 4-H group? Are you planning to transition to be the club head leader? Are you signing up as a volunteer with 4-H for the first time?* If so, please contact Jeannie Kiehn [jmkiehn@wsu.edu](mailto:jmkiehn@wsu.edu), 509-754-2011 ext. 4313.

New volunteers or volunteers transitioning to become the head club leader are required to complete the 4-H 101 Education Series. This series will prepare you to oversee the administrative responsibilities of a 4-H club (insurance, taxes, finances), how to plan club programming and ensure you are up-to-date on WSU and state 4-H policies and procedures. The series is broken into three parts: Part one “Basic Volunteer Training-Packaged and Ready to Go” is available [online anytime](#). (You will be directed to a window that requires a password.) The password is “volunteer”. Parts two and three are held in-person. All volunteers signing up for the first time must submit a [WSU Volunteer Application Parts A & B](#) to the Extension Office for screening.

Completion of this series is required **prior** to taking on your exciting new role with 4-H. In-person sessions will be scheduled based on need. Call our office so we can help get you started!

**USDA Farm Service Agency Youth Loan Program**

Please see [News Release](#) for more information, or contact Libby Anderson 754-2463.

# 4-H GROWS HERE



4-H



WASHINGTON STATE UNIVERSITY  
EXTENSION

## Grant-Adams Area 4-H

