



4-H Friday Update

April 24, 2015

WSU Grant-Adams Area Extension

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Hi Everyone!

The TSC/Del's Paper Clover Campaign is happening through May 3rd. Grant-Adams Leaders' Council benefited with funds totaling \$511 from last fall's campaign at both the Othello and Ephrata Feed & Farm Supply Stores. This is a wonderful partnership with 4-H and we want to support it all we can. Clubs and volunteers, please think about highlighting something your club does, having a fundraiser, or helping out at the store between now and May 3rd. Contact the Othello or Ephrata Del's Stores and let them know what you would like to do. It can be any day of the week. Encourage your friends and family to donate to 4-H when they visit the stores! These donations help sponsor camp, Know Your Government, Teen Conference, Teen Rally and Leader Forum, as well as many other events.

I am still looking for volunteers to help with the Still Life exhibits in the 4-H building during fair. If you can offer a few hours of your time to help organize the 4-H building exhibits and guide the youth with entries, it would be much appreciated. The success of our 4-H program depends upon you, our amazing volunteers!

Please look through all of the upcoming events listed below!

Happy Friday!
Jeannie

Grant-Adams County Hippology Team



Congratulations to our Grant-Adams County Hippology Team who took 6th place in the state competition on April 18th.

Pictured are: Meagan Forman, Morgan Marchand, Amelia Howe, MaKayla Hale, and (kneeling) Justin Shaffer

Joint Grant-Adams-Lincoln Leaders' Council Meeting & BBQ

Mark your calendars: May 31, 2015, 2:00 p.m. for BBQ & joint Grant-Adams-Lincoln Leaders' Council meeting and social.

Our host will be Adams County Extension in Ritzville (exact location t.b.a.)

Hope you can join us for a potluck, networking, educational programs and break-out sessions for each council. Everyone is welcome! Watch for more details.



Like us on Facebook!

Stay up to date with 4-H happenings.

Like us on Facebook at

<http://www.facebook.com/GrantAdamsLincoln4H>



Livestock Weigh & Tag Dates for Fair

Sheep Weigh & Tag Day, June 12, 2015, noon-7 PM

Goat Weigh and Tag Day, June 12, 2015, noon-7 PM

Klickitat County Invites all 4-Her's to their Upcoming Events

- 4-H Invitational Rabbit & Cavy Show
- Klickitat County 4-H Classic Buckle Series
- 4-H Horse-O-Polis Summer Horse Event, July 13-15

Information and registration for these events available online at <http://ext100.wsu.edu/klickitat> under "Upcoming Events."

The Annual Summer Sizzler 4-H Horse Show has added Clinic Classes!

Lincoln/Adams 4-H is inviting Grant County 4-H to participate in their Annual Summer Sizzler Horse Show & Clinic on Saturday June 22nd in Davenport Wa.

RSVP REQUIRED – Postmark by May 1st!

This is an earlier RSVP than originally requested!

At least 10 firm RSVPs must be received by May 1st or event will be canceled.

So don't delay – send RSVP today!

(You can let Clair Pimley know you're planning to attend at clairpimley1@hotmail.com and then mail RSVP form)

RSVP's only for now - \$ will be collected on the day of the:



Summer Sizzler 4-H Horse Clinic & Show

June 20, 2015

Lincoln County Fairgrounds

Davenport, WA

For all 4-H Horse Project members (3rd grade & up), who were enrolled by April 1, 2015. \$25 per rider for ALL DAY – or \$15 for Showmanship & Performance in morning OR Games in afternoon. RSVPs postmarked after May 1st will be assessed an additional \$5 fee – collected the day of the show.

Classes include: Showmanship; Western, English, & Bareback Equitation; Trail, and Western Games. Divisions include: Jr., Intermediate, Senior and a Walk/Trot division for ALL riders not currently ready to lope/canter in a competitive situation. (This division is NOT for capable riders on green horses.)

See Information Flyer and RSVP Form online at: <http://bit.ly/1ESFeYX>

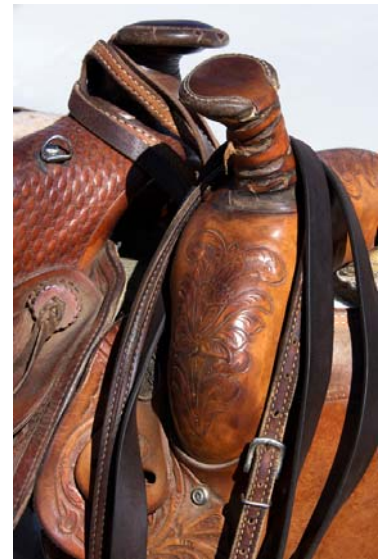
Questions? Contact Clair Pimley at clairpimley1@hotmail.com or 509-209-4391.

The 7th Annual Saddle Up for St. Jude charity trail ride is coming on May 2, 2015. This event raises donations for St. Jude Children's Research Hospital, and will be at the Black Rock Coulee area northeast of Moses Lake.

The St. Jude ride is a great community service project for equine 4-H members and a wonderful family event. For more information call Vicky Walker at 989-9494 or Mary Ellen Warren at 361-3445.

[Download a Flyer with Information and Directions](#)

7th Annual Saddle Up For St. Jude



[Snap a Picture 4-H License Plate Promo](#)

Is your 4-H plated car taking you on a great summer adventure this year? We want to see it all! Snap a Picture of your 4-H plate in front of fun locations, famous landmarks, and share them with 4-H. The best pictures will be featured at Forum, and on future publications about the plates! Email pictures to wa4hplate@hotmail.com or post with the #WA4hplates **by October 1** to be seen at the 2015 Forum! (Note: your safety is important to us! Your plate number will be protected. Please do not park in a dangerous location for the perfect picture, we want you to be careful!). See the [promotional flyer](#) for more details and to distribute widely.

[Join the 4-H Mentoring Program](#)

Please sign up online at <http://goo.gl/forms/ZnkUUtyzmN> to receive more information about the WSU 4-H Mentoring Program being offered in Moses Lake, WA.

[Download a brochure](#) to find out more about the 4-H mentoring program.

Youth Mental Health First Aid Class

Scholarships are available for any volunteer who wishes to attend this training and report back to the county leader's council.



Join CWU Continuing Education for its first course in this field and become a positive impact on the young people in your life.

What is it?

Youth Mental Health First Aid is for anyone who knows or works with an adolescent (age 12-18) who is experiencing a mental health problem, addiction challenge or crisis. It is designed for adults who interact with young people, including parents, family members, caregivers, school staff, teachers, and counselors.

The Class:

Youth Mental Health First Aid

A groundbreaking public education program that helps the public identify, understand, and respond to signs of mental illnesses and substance use disorders. This 8-hour course demonstrates how to assess a mental health crisis; select interventions and provide initial help; and connect persons to professional, peer, social, and self-help care. This program also teaches about the risk factors and warning signs of specific illnesses like anxiety, depression, schizophrenia, bipolar disorder, eating disorders, and addictions.

Friday, May 1, 2015
\$95

8:00a.m. - 5:00 p.m. (1 hour lunch)
Clock Hours: 8 (Additional fee of \$24)

CWU – Moses Lake
Grant County Advanced Technologies Education Center
Classroom 1854
7662 Chanute Street NE
Moses Lake, WA 98837

Sign Me Up!

Visit www.cwu.edu/ce
Click on "Programs for Educators" or
Call 509-963-1712 for more information.

CWU | Central
Washington
University



CONTINUING EDUCATION PROFESSIONAL AND COMMUNITY EDUCATION

Teen Conference

Teen Conference

June 28 – 30, 2015 – WSU Pullman Campus

ALL teens 8th – 12th grades

Conference Scholarship Application due May 1st!

Registrations open May 1st.

[Workshop Descriptions](#)

Conference Website:

<http://4h.wsu.edu/conferences/teenconf/index.htm>



4-H International Exchange Seeks Host Families

Exchange Students Needing Year Long Hosts for the 15/16 School Year

There are many female high school aged delegates seeking year long host families for the 15/16 school year. They will arrive in August and depart the following June. All delegates come from either South Korea or Japan. Hosting for a school year is a marvelous way to share your family life and learn about another culture.

[Download Descriptions of the Female Exchange Students Needing Year Long Hosts for the 15/16 School Year.](#)

For more information or if you have questions, please contact Carolyn Russo, State Program Coordinator, at carolyn.russo@wsu.edu or 509-431-0719.

4-H International Month Long Exchange Seeks Host Families for Boys

Hosting dates are **July 25-August 21**. Any family interested in hosting can begin an application by signing in at <http://www.states4hexchange.org/host-families/create-account.aspx>. Other screening requirements include background checks, two references, and an in-home interview. Delegates cannot be matched to a family until ALL paperwork is finished, however we can hold one for a short time while the family completes the process. Delegates are labeled with their gender (M), their age, their Japanese organization, and then their individual state ID number. For example "M12 (Lex) WA#22" is a 12-year -old male who belongs to Lex in Japan with the state number of 22.

[Download Descriptions of the Male Exchange Students Needing Month Long Hosts for July 25-August 21.](#)

For more information or if you have questions, please contact Carolyn Russo, State Program Coordinator, at carolyn.russo@wsu.edu or 509-431-0719.

2015 Male Delegate List, as of April 20

M12 (Lex) WA#: 22

Allergies / Health Conditions: none

Character: tolerant, cheerful, laughs a lot, honest, patient, studious, loyal, considerate

Interests: "I like wrestling and martial arts, I like reading books." Museums, animals, hiking, outdoors

What the delegate would like to do with HF: "I want to try American [things]. I want to make a lot of friend in US. I don't have any pets in my house but I like animals. I want to ride a horse. I want to see America!"

M12 (Lex) WA#: 26

Allergies / Health Conditions: none

Character: sociable, curious, laughs a lot, talkative, energetic

Interests: trying new foods, cooking, painting/drawing, movies, nature/outdoors, arts/crafts
“I like sports (soccer, swimming, climbing) drawing and cooking. I’m interested in American history.”

What the delegate would like to do with HF: “I want to try outdoor sports, hiking, climbing. I want to make many friends. I want to become a part of your family.”

M12 (Lex) WA#: 28

Allergies / Health Conditions: none

Character: sociable, curious, cheerful, patient, tolerant, honest, loyal, studious, energetic, positive

Interests: hiking, video games, camping, nature/outdoors, arts/crafts, TV, dancing “I like playing sports (swimming, soccer, tennis)!!! I like playing games!! And I’m interested in American pop music.”

What the delegate would like to do with HF: “I want to become a part of your family. I want to know about your country. And I can teach you how to make origami!”

M13 (Labo) WA#:31

Allergies / Health Conditions: mildly allergic to crab, lobster, prawns etc.

Character: quiet, patient, shy, loyal, tolerant, gentle, kind, supporting

Interests: animals, boating, nature/outdoor, shopping, movies, TV “I like the sea activities. Such as yachts and wind surfing. I always go to sea on the weekend. I also like the Nintendo games. I also enjoy BBQs.”

What the delegate would like to do with HF: “Since I want to be good friends with the host, I want to play outside together. I’d like to go to the big supermarkets. I’d like to eat American food such as burgers and BBQ. I’m looking forward to summer very much.”

M13 (Lex) WA#: 33

Allergies / Health Conditions:

Character: curious, laughs a lot, energetic

Interests: cooking, nature/outdoors, basketball, soccer “I like playing basketball, soccer, TV games, also playing piano, and calligraphy. I like dogs and cats.”

What the delegate would like to do with HF: “I want to play basketball with American friends. I want to make many friends. I want to become a part of your family.”

M13 (Labo) WA#: 36

Allergies / Health Conditions: Japanese cedar pollen (very mild)

Character: considerate of others, shy, honest

Interests: trying new food, arts/crafts, nature/outdoors, video games, watching soccer “I like playing soccer with my friends I like video games. I like eating anything. My favorite food is sushi.”

What the delegate would like to do with HF: “I’d like to become a close friend with my host. In order to do that, smiling and talking positively is important for me. I love soccer very much, so I wish I could play with host every day.

M13 (Labo) WA#: 37

Allergies / Health Conditions: mild allergy to fruit (especially bananas and melons)

Character: patient, curious, love to laugh, cheerful, tidy, outgoing

Interests: boating, museums, painting/drawing, nature/outdoors, camping, computers, animals (dogs) “I like playing the guitar and trombone. I like soccer. I like listening to music (the blue hearts). I like painting pictures. I have interest in Buddhism.”

What the delegate would like to do with HF: “I want to be friends with my host. So I want to have lifting match (how many times to lift soccer ball) and I try to talk a lot with my host family.”

M13 (Labo) WA#: 38

Allergies / Health Conditions: none

Character: patient, shy, serious, honest, considerate of others, quiet

Interests: photography, arts/crafts, gardening, I like swimming “I like to take picture of a train. D.I.Y. is my hobby.”

What the delegate would like to do with HF: “I speak many things with host family. I would like to see the freight train and go fishing in America.”

M13 (Labo) WA#: 39

Allergies / Health Conditions: mild dust allergy

Character: sociable, curious, cheerful, talkative, tolerant, loves to laugh, outgoing, considerate of others

Interests: reading books, nature/outdoors, computers, hiking, camping, animal (cats), shopping “I like music. I love drums. I like ham radio. I like to camp very much. I like

knitting too. I made caps.”

What the delegate would like to do with HF: “I want to make a lot of friends. So I will study English hard. And I will speak to everyone actively. I want to find the difference between Japan and North America.”

M14 (Lex) WA#: 46

Allergies / Health Conditions: none

Character: tolerant, honest, patient, cheerful, tidy, loyal, considerate, energetic

Interests: hiking, animals, cooking, nature/outdoors, video games “I like soccer. I’m included in soccer club at a junior high school. I like going to a camp with the family. It is fun to play at a mountain and a river.”

What the delegate would like to do with HF: “I like country. I’d like to enjoy American nature fully!! I’d like to help farming in a field with the family. I’ll be a family member.”

Mark your Calendar — 4-H Meetings

Grant-Adams Area 4-H Leaders Council meets the **first Monday** of every other month; **7:00 PM**; (alternating between Moses Lake and Othello)

Moses Lake (December, April, August) - Othello meets at Time Out Pizza.
Othello (October, February, June) - Moses Lake meets at the Grant County Fairgrounds Fuller Building.

Grant-Adams 4-H Area Meetings- Area Council meetings are determined by your area.

Area I - Ephrata & Soap Lake

Area II - Quincy/George

Area III - Moses Lake

Area IV - Warden

Area V - Royal City

Area VI - Othello

Grant County 4-H/FFA Livestock Sale Committee meets the third Tuesday of the Month, **February through November, 7:00 PM**, Moses Lake, Grant County Fairgrounds Fuller Building.

Grant-Adams 4-H Horse Leader Committee meets the first Thursday of each month at 7:00 PM, Moses Lake, Grant County Fairgrounds Huck Fuller Building.

Note: Subject to Change. Watch for any location, date, or time changes in the Friday Update. [Meeting Minutes are Online](#)

Important Dates & Information – [See More Online](#)

Report your Volunteer Hours Monthly: [WSU Volunteer Database](#)

Taxes – e-postcard is due by May 15th – Annually

Put the Child First – Volunteers and Leaders are required to complete an online presentation called Put the Child First. **This training is mandatory.** To register for “Put the Child First” go to: <http://universalvoltraining.wsu.edu>. Fill in the information requested and press “Submit Request”. You will receive an automatic **Email with log-in information** to view the presentation. Your registration for the training will be kept in the system as proof of your participation. Website: <http://4h.wsu.edu/volntr/elearning.htm>.

General Due Dates for Grant-Adams Area 4-H

- December 1 *Enrollments are Due for Existing Clubs
 - December 1 4-H Club Annual Financial Summary is Due
http://cru.cahe.wsu.edu/CEPublications/C1130E/C1130E_fill.pdf
 - June 1 *Enrollments are Due for New Clubs
 - July 15 Pork Quality Assurance Needs to be Completed
 - August 1 Secretary Books are Due to Extension Office
- *Enrollment Forms for Grant and Adams Area: [Enrollment Forms & Packet Information](#)

Annual Animal Ownership Dates for Grant County Fair

- January 1 Dairy - Sale Springer & Bred Heifer Certificates are Due
- April 1 Horse Ownership Certificates are Due
- April 1 Beef Ownership Date(Weigh & Tag Day to be announced)
- May 1 All other Dairy Ownership Certificates are Due
- May 8 Market Swine Ownership Date
- May 12 Llama Ownership Date
- May 15 Poultry Ownership Date
- May 15 Rabbit Ownership Date
- June 8 Market Goat Ownership Date
- June 10 Market Sheep Ownership Date

Annual Animal Ownership Dates for Adams County Fair

- February 1 Dairy - Sale Springer & Bred Heifer Certificates are Due
- April 1 Horse Ownership Certificates are Due
- April 30 Beef Ownership Date
- May 1 All other Dairy Ownership Certificates are Due
- May 15 Poultry Ownership Date
- May 15 Rabbit Ownership[Date
- June 12 Llama Ownership Date
- June 15 Market Swine Ownership Date
- June 15 Market Sheep Ownership Date
- July 8 Market Goat Ownership Date

NOTE: If you have project animal issues (sickness, won't breed, or death,) please contact the Extension Office. Hardship cases will be considered to allow you to show at fair.



4-H 

WASHINGTON STATE UNIVERSITY
EXTENSION

Grant-Adams Area 4-H

